Don’t Let the Bed Bugs Bite!

What are Bed Bugs?
- Tiny insects that feed on the blood of warm-blooded animals.
- Adults are reddish-brown flattened ovals about 0.2 inches long.
- Nymphs are very small, about the size of the head of a pin.

Signs of a Bed Bug infestation:
- **Bites**: Bed bug bites look like a raised red bump or flat welt. They can itch intensely and are often mistaken for mosquito or flea bites.
- **Dirt Spots**: Look for small dark spots of fecal matter on bed linens and around areas where people sleep.

Where do Bed Bugs hide?
- Bed bugs hide during the day and bite at night when people are sleeping. Most bed bugs are found within 8-10 feet of where people sleep. They hide in crevices of mattresses, box springs, bed frames and headboards; in drapes; in crevices of walls and furniture; under rugs; under wallpaper and even in radios and picture frames.

Contact your local health department if you have questions about bed bug infestations in:
- hotels
- homeless shelters
- hospitals
- correctional facilities
- nursing homes
- on public transportation

Contact a Licensed Pest Control technician if bed bugs are found in a private residence.

For more information contact:
Vector-Borne Disease Section
California Department of Public Health
(916) 552-9730

http://www.cdph.ca.gov/HealthInfo/discond/Pages/BedBugs.aspx