

Fresno County Breastfeeding Resource List 2020

This breastfeeding resource list includes community resources that offer breastfeeding support during the coronavirus (COVID-19) response period. Please contact each individual agency for specific questions regarding their services as resources are constantly changing.

Breastfeeding Guidance from the CDC, released April 4, 2020

If you are sick and choose to **direct breastfeed**:

- ⇒ Wear a facemask and wash your hands before each feeding.

If the you are sick and choose to **express breast milk**:

- ⇒ Express breast milk to establish and maintain milk supply.
- ⇒ A dedicated breast pump should be provided.
- ⇒ Wash hands before touching any pump or bottle parts and before expressing breast milk.
- ⇒ Follow recommendations for proper pump cleaning after each use, cleaning all parts that come into contact with breast milk.
- ⇒ If possible, consider having someone who is well feed the expressed breast milk to the infant.



Women, Infants and Children

Clinica Sierra Vista, WIC

Contact: Melissa Robles, DN, IBCLC

Phone: 559-457-5828

Services: All WIC and breastfeeding support services are provided by phone. For a breast pump, participants must enroll by phone prior to pick up.*

Website: www.clinicasierravista.org

Fresno EOC, WIC

Contact: Julie Casillas, RD, IBCLC

Phone: 559-263-1162, Mon-Fri 8:30am—7pm and Sat 10am—2pm

Services: All WIC and breastfeeding services are provided by phone. Video calls are an option for breastfeeding support. For a breast pump, participants must enroll by phone prior to pick up.*

Website: www.fresnoeoc.org

Facebook: Breastfeeding Momma's Group www.facebook.com/groups/FresnoEOCWICbf

United Health Centers , WIC

Contact: Kathleen Harriss, RD, IBCLC

Phone: 559-638-3948

Services: All WIC and breastfeeding support services are provided by phone. For a breast pump, participants must enroll by phone prior to pick up.*

Website: www.unitedhealthcenters.org

Breastfeeding Support

La Leche League

Phone: 559-426-5553

Services: All in-person meetings have been canceled until further notice. Group and peer support are available via video calls.

Contact La Leche League for more information.

Website: www.lllfresno.org

Email: llloffresno@gmail.com

Facebook: www.facebook.com/La-Leche-League-of-Fresno-268532926524698/



Saint Agnes Medical Center, The Plaza

Mom-to-Mom Group

1111 E. Spruce Avenue, Fresno, CA

Phone: 559-450-5210

Contact: Cathryn Herrin, RN, IBCLC

Services: Support group is put on hold until further notice. Contact Saint Agnes for more information.

Website: www.samc.com

Hospitals with Lactation on Site

Adventist Health

Reedley Hospital
372 W. Cypress Avenue, Reedley, CA

Phone: 559-391-3985

Contact: Robin Heyde-McCoy, RN, IBCLC / Noreen Siebenaler, RN, IBCLC

Services: In-person scheduled appointments and phone counseling services are available. Clients are encouraged to call by phone to schedule an appointment.

Website: www.adventisthealth.org/reedley



Community Regional Medical Center -

Mother's Resource Center
2210 E. Illinois Avenue, St. 103, Fresno, CA

Phone: 559-459-6288

Contact: Suzanne Stipe, IBCLC

Services: In-person, voice and video calls are available. If coming for an in-person appointment, clients will be screened. No other children allowed except mom and 1 support person. Breastfeeding ABC classes are available and limited to a small group.

Website: www.communitymedical.org

Kaiser Permanente Hospital

MILC Lactation Clinic (Mon, Wed, Fri)
4785 N. First St., 3rd floor, Fresno, CA

Phone: 559-448-5881

Contact: Vicki Avakian, RN, IBCLC

Services: Lactation clinic is open by appointment. If coming in for in-service, mom and 1 support person allowed, however clients are encouraged to schedule appointments via phone. All prenatal, breastfeeding, and group visits are suspended at this time.

Website: www.kp.org

Saint Agnes Medical Center

Lactation Support Services
1303 E. Herndon Avenue, Fresno, CA

Phone: 559-450-5210

Contact: Cathy Seeto, RN, IBCLC

Services: Lactation support is available by phone and by video counseling. Secure conversation via lactation telehealth is provided. One-on-one breastfeeding counseling, Bundle of Joy classes and Stork Tours are suspended at this time.

Website: www.samc.com

Helpful websites:

Centers for Disease Control and Prevention (CDC): www.cdc.gov

World Health Organization (WHO): www.who.int/

Academy of Breastfeeding Medicine: www.bfmed.org/



Last updated: 4/17/2020

Please refer to the Babies First webpage for the most updated information:

www.co.fresno.ca.us/departments/public-health/babies-first

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