

WHEN TO USE A MASK



Masks are to be used by persons infected with the COVID-19 virus

IF YOU ARE HEALTHY

Only wear a mask if you are a medical professional caring for a person with COVID-19



WEAR A MASK IF YOU ARE COUGHING OR SNEEZING

MASKS ARE EFFECTIVE ONLY WHEN

combined with frequent hand cleaning using alcohol based hand rub of 60% or more, or soap and water for at least 20 seconds.



IF YOU WEAR A MASK

It is important to know how to properly dispose of masks after each use.

Cleaning frequently used items and surfaces is effective in preventing the spread of COVID-19

