WHEN TO USE A MASK

Masks are to be used by persons infected with the COVID-19 virus

IF YOU ARE HEALTHY
Only wear a mask if you are a medical professional caring for a person with COVID-19

WEAR A MASK IF YOU ARE COUGHING OR SNEEZING

MASKS ARE EFFECTIVE ONLY WHEN combined with frequent hand cleaning using alcohol based hand rub of 60% or more, or soap and water for at least 20 seconds.

IF YOU WEAR A MASK
It is important to know how to properly dispose of masks after each use.

Cleaning frequently used items and surfaces is effective in preventing the spread of COVID-19

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