

WASH YOUR HANDS!



STEP 1: WET

Wet your hands with warm water.

STEP 2: GET SOAP

Lather up with soap.



STEP 3: SCRUB

Rub and scrub your hands together for at least 20 seconds.

STEP 4: RINSE

Rinse your hands thoroughly with warm, running water.



STEP 5: DRY

Dry your hands completely with a clean towel or paper towel.

