



County of Fresno

ADVISORY BOARDS AND COMMISSIONS

FRESNO COUNTY BEHAVIORAL HEALTH BOARD
DBH Health and Wellness Center
1925 E. Dakota Ave.
Fresno, CA 93726

Meeting Minutes
 October 16, 2019

<u>MEMBERS PRESENT</u>	<u>BEHAVIORAL HEALTH</u>	<u>PUBLIC MEMBERS –</u> <u>Continued</u>
Carolyn Evans	Dawan Utecht	Greg Hodges
Francine Farber	Ahmad Bahrami	Pam Hodges
David Thorne	Lawrence Seymour	Dominique Brown
Donald Vanderheyden		Mark Carney
Marta Obler	<u>PUBLIC MEMBERS</u>	Chris Roup
Kylene Hashimoto	Rondy Earl Packard Jr.	
Amanda Boone	Curt Thorton	
Debbie Xiong	Scott Hollander	
Nikia Shumate	Amber Molina	
<u>ABSENT</u>	Fausto Novelo	
	Jessica Underwood	
	Mary Lou Brauti-Minkler	
<u>BOARD OF SUPERVISORS</u>	Elizabeth Williams	
Sal Quintero (absent)	Trish Small	
	Trina Frazier	

I. Welcome and Opening Remarks

Chair Carolyn Evans called the meeting to order at 2:32 PM.

- a. **Honoree** - An Announcement was made to honor Curtis Thorton for his dedicated service of 19 years as a member of the Behavior Health Board (BHB), formerly known as the Mental Health Board. Appreciation was expressed with acknowledging how fortunate the Board and the community were to have Mr. Thorton's participation on the Board because of the unmeasurable amount of knowledge and expertise he provided. Mr. Thorton was presented with a plaque.
- b. **Success Story – Dominique Brown - Breaking the Chains - Mentoring Program Specialist** - Breaking the Chains is an organization that offers services to

Victims and Survivors of Human Trafficking. Dominique Brown a specialist from the mentoring program recited a poem that she wrote about her personal life story. She wrote it and recites it hoping to reach others who may be affected by Human Trafficking.

- c. **Board Members** – Carolyn announced and welcomed two new BHB members, Debbie Xiong and Nakia Shumate. Debbie and Nikia will fill two recently vacated positions. Both members were invited to give a brief introduction about themselves.

Nakia Shumate is a native to Fresno County. She has worked for the Sheriff's Department for 21 years and her current assignment is at the Fresno County Jail. Nakia explained her interest in serving on the BHB came from life experiences through family members living with mental health illness, as well as through employment and witnessing a tremendous growth of those affected by mental health illness within the jail population.

Debbie Xiong shared her interest in becoming a BHB member has come from having family members who have lived experience, both with substance use disorder and mental health. With a degree obtained in public health Debbie plans to assist the Asian community by being a voice for their needs.

II. **Approval of Agenda by Board**

Agenda approved

III. **Approval of Minutes from September 18, 2019**

Approval accepted as written and amended.

IV. **Update – Department of Behavioral Health (DBH) – Dawan Utecht, Director**

Dawan opened with reading of the Departments Mission, Vision and Goals statement.

a. **General update -**

Legislative update

Legislative session ended last Sunday and SB10 bill was not signed by the Governor. The department will continue to follow the work they have been doing and further expand the role of the Peer Support Specialist (PSS). The department will also continue to advocate on a statewide basis for PSS certification.

SB428: Youth Mental Health First Aid was also vetoed

Items going to the Board of Supervisors

October

- PATH Agreement Amendment – HMIOT (Homeless Mentally Ill Outreach and Treatment) is a one-time grant Fresno County received from the state. The contract amendment addresses the need to expand and include Homeless Mentally Ill Outreach Treatment to our rural

communities as well as allow subcontracting with other Fresno/Madera Continuum of Care outreach and service partners.

- No Place like home Housing Technical Assistance (Corporation for Supportive Housing) includes the Housing Institute.

November

- SAMSHA Grant - Routine agreement
- DHCS Performance Agreement – Routine Agreement with the state

Network Adequacy Requirement

The Department is currently out of compliance. Part of the challenge the department faces comes from implementation of new requirements. The Department plans to continue working with the state to receive clarification on the different aspects of information submitted and work toward consistent formatting of information to gain compliance.

State Waiver Planning –

- 1915 (b) expires June 30, 2020 – The waiver allows for “carve out” of county mental health plans
- 1115 (b) expires December 31, 2020 – The waiver allows for Drug Medical Organized Delivery System

The state intends to ask for an extension of 1915 (b) to expire at the same time as 1115 (b) with a plan to redesign the 1915 (b) waiver and have a goal to improve care coordination and integration of care through the medical insurance plan. The state is to develop work groups from names submitted by the different counties. Dawan will report back throughout the year in terms of progression and what types of outcomes to expect with the changes.

Focus Groups Conducted by JP Marketing – There were eight (8) focus groups that presented on how mental health services that are provided are viewed and understood.

These specialty focus groups were held within the following populations:

- African Americans (18+)
- Young Adults in Rural Communities (14-25yrs of age)
- Young Adults (14-25yrs of age)
- LGBTQ+ (18+)
- Older Adults (55+)
- Friends and Family of Diagnosed Individuals (18+)
- Hmong (18+)
- Spanish Speakers (18+)

From the feedback received and information gathered a lot was learned with a plan to apply work in the following areas:

- Explore strategies on how to frame positive discussions in the home and outside of the home
- Distribute clear messages with easy to find/use information that clearly

lists services available and any costs to eliminate possible barriers that are present when seeking treatment.

- Promote the 24/7 Access line
- More advertising on social media
- Develop more testimonials with positive true stories that inspire and instill hope
- Utilize more trusted sources like churches and educators where individuals are comfortable/familiar such as churches/schools.
- Continue to partner with Fresno Unified Superintendent of Schools to have clinicians at all schools
- Explore additional focus groups of other populations and ages

Human Trafficking Update

Friday Court is a collaborative treatment court for victims of human trafficking.

- Juvenile Court received a grant in March 2017
- Collaborative partners (DBH included) participated in a multi-month planning phase
- DBH provides mental health assessments, consultation and linkage for the collaborative court participants

DBH is in the process of working with cross-sector partners to finalize Request for Proposals (RFP) for a multi-level treatment program for youth and young adults also affected by human trafficking.

b. Quarterly Housing Report

Department of Behavioral Health Housing New Leadership:

- Jolie Gordon-Browar – MSN, RN-BC, PMH, Division Manager
- Lucia Aguilar – MS, PPS, LMFT, Clinical Supervisor

DBH & Fresno Housing Authority Updates:

- MOU (memorandum of understanding) with Renaissance supportive housing programs will be revised
- Plan to have the Corporation of Supportive housing involved once the agreement with them is formed
- RFP will be put out in early 2020 for Supportive Services Housing of new and existing properties
- Supportive Housing workshop will be hosted at the beginning of calendar year that will include attendees of:
 - Housing Authority staff
 - DBH housing staff
 - Interest community-based organizations
- Complete MOU revisions once the evaluation from Corporation for Supportive Housing, the review from Senior Leadership as well as staff and tenant input are received

Progress on funding received for the three new Permanent Supportive Housing Developments

- Properties are:

- The old Econo Inn (downtown Fresno)
- Property at Olive & Cedar
- North Fresno area off Barstow & Blackstone
- Two of the three properties have received tax credits
- Third property to apply for tax credits in March cycle
- Will continue to report out as development continues

Homeless Mentally Ill Outreach and Treatment Program

- One-time funds received from California Department of Health Care Services – 729,000
- Stakeholder input – focus on outreach in rural communities
- Pilot – fund 3 mobile outreach teams:
 - 1 East County Team
 - 1 West County Team
 - 1 Roving Team
- Each team consists of two outreach workers, a van stocked with outreach supplies, roving clinicians deployed by the outreach team as needed, the pilot expansion project is to occur through amendment of contract for existing Projects for Assistance in Transition from Homelessness (PATH) program, operated by Kings View.

Upon conclusion, the pilot outcomes will be reviewed to decide whether to continue, revise or expand with another county funding.

Innovations Plan Update – “The Lodge” –

The Lodge is placed to stay for people who are eligible, or currently are in our system of care and who have no other place to stay

- Additional stakeholder input received from residents in existing supported housing programs
- Design includes 24/7 peer support personnel trained in motivational interviewing
- Persons lodged will have access to behavioral health services, but not required to accept services
- Anticipate releasing RFP in November or December
- Anticipate review from Mental Health Services Oversight and Accountability Commission in February/March

DBH Master Leasing – New Starts Program –

- Operated by MHS (Mental Health Systems)
- 5 -year contract through June 2022
- MHS provides supplemental case management whereas DBH team provides primary treatment and supportive services
- Currently 60 units available for sublease with 54 currently occupied and 6 units pending lease
- Additional 15 units within the process of being secured.
- DBH has allocated funds to continue to expand the New Starts program

c. Outcomes from Crisis Residential Treatment –

- Crisis Residential Treatment Services (CRT) is a level of care and a temporary alternative for adults who have experienced an acute psychiatric episode, but they don't meet the criteria or need to be hospitalized. For various reasons these individuals are not ready to go back in-to the community so is they can access CRT Services that include:4-hour residential services
- Activities throughout the day that involve recovery, group-focused support, motivating self-discipline for daily structure and self-management
- Development of communication and socialization skills
- Residents receive medication support where they are taught to be self-dependent in taking their medication and the importance of following up on Dr. appointments and other needs

Wellness and Recovery Acton Plan (WRAP concepts are learned through of group settings as well as individual rehab Through the California Health Facilities Finance Authority (CHFFA) grant a new facility was built for CRT Services that was awarded to Central Star Behavioral Health in November 14, 2017. On February 28th, 2019 a voluntary unlocked facility providing 24-hour CRT services Seven days a week was opened on Kings Canyon Ave. Currently individuals are referred through the Crisis Continuum of Care Inpatient, Crisis stabilization unit, Crisis Intervention Team (CIT) or Hospital emergency rooms. Upon admission residents are guided to a write a WRAP and discharge plan that is followed through by case management and weekly assessments. The budget for program is \$1,321,085 of that \$24,019.73 is per individual with an average of 30 – 45-day length of stay (<\$1,000 bed/day). Annual Goals:

- Minimum of 194 unique individuals served annually
- 30-day average length of stay
- Within 24 hours of admission individual assessment and Service Planning process to begin
- 85% of individuals create and/or refine existing WRAP and achieve progress on most/all treatment goals
- Minimum 85% to experience prescription continuity
- Minimum 85% to gain transportation assistance needed to participate in aftercare services
- 90% overall resident satisfaction rating via questionnaire given at discharge

V. Old Business

a. Site Visit Report on Crisis Residential Unit –

Central Star Crisis Residential Unit was visited on October 4, 2019 by members of the BHB who noted:

- Currently CRU is not full and often is not.
- Suggestion of a Substance Abuse Specialist staff member on-site to be

included within daily activities of treatment plan and available to support those residents challenging substance abuse.

b. Visits with Board of Supervisors

No visits took place. Plan to pursue a discussion with Supervisor Mendes about creating a recruitment video for his district.

c. Kerman Community Forum –

Tuesday October 22, 2019 at 5:00 pm Kerman High School Library

d. Data Notebook –

Prepared and distributed annually by California Behavioral Health Planning Council in collaboration with California Association of Local Behavioral Health Boards/Commissions (CALBHBC). The notebook seeks data on programs / services funded through DBH. The BHB received assistance on from DBH in completing the notebook. All BHB members agreed on the data contained in the notebook and approved for submitting.

VI. New Business

a. Site Visit to Juvenile Justice Campus in November-

No set date. Coordination has begun amongst WellPath and the Probation Department for a tour and site visit of the Juvenile Justice Campus (JJC).. Probation staff will respond with a date that will work for all.

b. Nomination of Officers for 2020

Now accepting nominations through November with election in December
Nominees Presented:

- Carolyn Evans for Chairman nominated by Francine Farber
- Amanda Boone for Vice Chairman nominated by Francine Farber
- Francine Farber for Secretary nominated by Carolyn Evans

VII. Committee Reports

a. Adult Services – Continue to learn about services provided to individuals of diverse cultural backgrounds. Within the past month a lot has been learned from meetings with members of the black community.

Brokers from Holistic cultural and Education Wellness Center attended a meeting and discussed techniques used when engaging clients at the center. The common denominator amongst many techniques was building trust, along with understanding and appreciation of client's backgrounds. More to come next month with reporting on Living Well program.

b. Cultural Committee- Cultural Humility Committee meets the first Thursday of every month at the Heritage Center. Data presented from the Department and its contracted service providers was on service by utilization. The data gathered was presented in the eight different formats of: age, race and ethnicity, language, gender, sexual orientation, service type, hours by service type and average percent of hours per client

by service type. In order to more accurately identify where service is needed, the training of service providers on working with the LGBTQ community was found. JP marketing will have a representative attending the next communications committee meeting to provide more information on what it is that they are doing.

c. Other Reports or announcements –

Children's Committee - Thursday October 24, 2019 at 9:00 am at Uplift Services

Justice Committee - Monday November 4th at 1:30 pm at BlueSky Wellness Center

VIII. Public Comment

Community member concerned about the challenges he and his wife face with the HIPPA laws when trying to help their son. They want to know if there is any new information on any upcoming changes with HIPPA laws in the future.

IX. Adjourned

3:50 pm