



County of Fresno

ADVISORY BOARDS AND COMMISSIONS

FRESNO COUNTY BEHAVIORAL HEALTH BOARD DBH Health and Wellness Center 1925 E. Dakota Ave. Fresno, CA 93726

Meeting Minutes
July 17, 2019

<u>MEMBERS PRESENT</u>	<u>BEHAVIORAL HEALTH</u>	<u>PUBLIC MEMBERS – Continued</u>
Carolyn Evans Francine Farber David Thorne Donald Vanderheyden Marta Obler Amanda Boone Kylene Hashimoto	Susan Holt Ahmad Bahrami	Mari Hamm Monica Myers Mark Carrey Colleen Overholdt Zia Xiong Clarene White
<u>ABSENT</u> Jerry Wengerd Katie Rice Shantay Davie-Balch	<u>PUBLIC MEMBERS</u> Rodney Earl Packard, Jr. Stan Lum Amber Molina Angela Yepez Jessica Underwood Pam Cummlly Dr. Christopher Zubiata Trish Small Autumn Lindberg Sharon Ross Autumn Lindberg	
<u>BOARD OF SUPERVISORS</u> Sal Quintero (absent)		

I. Welcome and Opening Remarks

Chair Carolyn Evans called the meeting to order at 2:31 PM.

Carolyn announced the retirement of long-time member, Curt Thornton. Curt served on the Behavioral Health Board (previously named the Mental Health Board) for 19 years. Curt served as the At Large member of Executive Committee; Jerry Wengerd will now serve in that capacity.

During the June Behavioral Health Board (BHB) meeting, a success story of an individual that participated in the Multi-Agency Access Point (MAP) program was presented by video message. The BHB sent the individual a letter congratulating him on his success

II. Approval of Agenda by Board

Agenda approved.

III. Approval of Minutes from May 15, 2019 and June 19, 2019

Minutes from meetings held on May and June 2019 were approved with edits.

IV. Update & Program Review – Department of Behavioral Health – Deputy Director Susan Holt

Contracts / Board Agenda Items

July 9, 2019

- Memorandum of Understanding with Clovis Unified School District
- Acceptance of No Place Like Home Non-Competitive Allocation - \$2.138M

August 2019

- Master Agreement Youth Empowerment Services
- Corporation for Supportive Housing
- Inpatient Master Agreement Amendment
- Specialized Residential Services Master Agreement

Statewide Updates

Network Adequacy Requirement

- Continue to await determination on April/May Submission
- Submitted July 1 NACT on time
 - Added Timeliness Data

Clarification from DHCS was requested, there is a moving target with regards to counting who can be included in the count of those that are able to provide services. If still out of compliance, fines and sanction will be imposed.

New requirement by state will include timeliness data.

DHCS sent reversion report with error

- Report for FY 15/16 stated we had \$0 to revert
- Revised report stated \$577K was subject to reversion
- Will return to the state August 17, 2019

DBH Communications Plan

- Using focus groups, A form of qualitative research to provide deeper insights into specialty populations. This will help with department branding.
- Carefully planned discussion with 6-12 people led by a moderator, designed to engage individuals and gather opinions on a defined topic
- Allows for collection of detailed information about:
 - Personal and group feelings
 - Perceptions and opinions

- Saves time and money compared to individual interviews
- Data collected from focus groups is typically in the form of:
 - Transcripts, word clouds, narratives, and audio/video recordings
 - Goal of this market research for DBH is to ensure messaging is created that is:
 - Appealing
- Sensitive to target populations
- Avoids bias/cultural assumptions

The research is supported by the Cultural Humility Responsive Plan.

Market Research:

Approach of Fresno County

Identify populations perhaps most difficult to reach and most vulnerable

- Young People Living in Rural Areas ages 14-25
- LGBTQ Community Member 18+
- Family/ Friends of those with Mental Health Issues
- African American Ethnicity 18+
- Hmong Ethnicity 18+
- TAY ages 14-25 (not living in the rural areas)
- Older Adults (over 55)
- Spanish Speaking (all ages)

- All groups were required to have a 50% participation of persons with a diagnosed mental health condition (self-reported).

- Utilize insights to inform strategies and shape language of the Communication Plan currently in development.

- 8 focus groups held in Fresno, CA the week of June 24, 2019 with a total of 78 participants in attendance

- Facilitators guided conversations around these topics:
 - Personal Definitions of Mental Health and Mental Health Issues
 - Feelings about and/or Cultural/Community Influences around Mental Health Issues
 - Understanding of Fresno County Resources for Mental Health Needs
 - Opinions on Best Messaging Strategies, Distribution Networks and Delivery Methods for Reaching Target Populations
 - First draft of the Executive Report is in progress

“Sample” Discoveries were captured from the focus groups. Comments reflected the following:

- Participants quickly felt comfortable sharing their personal mental health issues and experiences
- One participant said that their culture is guided by the mantra “What happens in the house, stays in the house” therefore they do not talk about it; they are raised to be strong and “suck it up”
- Many participants suggested they were raised to believe that mental health issues were only for Caucasians
- A male participant described that in his culture men are not allowed to show emotion, which results in internal anger

The BHB will be provided with the following information: How were the focus groups marketed and what were the specific marketing strategies?

Quarterly Housing Update

Independent Living Association (ILA) – a program designed to assist with good quality independent living for individuals with mental health. ILA hired a sub-contractor in April 2019; hired a coordinator and had two leveling sessions. They are working with DBH to develop community standards and application process, and local ILA policies.

- Meeting held among Central Valley Health Policy Institute (CVHPI), local ILA subcontractor secured April 2019
- ILA – Fresno Community Outreach Coordinator hired on May 1, 2019.
- ILA Strategy Leveling – second training conducted on April 11th
- ILA Fresno Work Team was formed to review and finalize ILA Fresno Quality Standards, application and ILA Fresno policies.
- ILA Fresno met with and delivered ILA presentation at the Fresno County MH Contractors meeting in April
- Needs Assessment of independent living operators, tenants and treatment providers completed by CVHPI
- Results reviewed by ILA Fresno Work Team
- Final report presentation to ILA Work Team anticipated in August 2019
- Second ILA Fresno contract phase (Oct 2019 – Sep 2020) will include further operator outreach and engagement, provider relationship development, and launch of website and education courses for operators and residences.

No Place Like Home (NPLH)

- DBH and Fresno Housing Authority submitted three applications for NPLH Competitive Allocation Program funding on January 30, 2019:
- In June HCD notified Fresno County of the successful award of all three NPLH applications
- DBH and Fresno Housing Authority are currently working on community engagement in the neighborhoods surrounding the three properties
- The properties will be branded “Villages” such as, The Villages at Broadway

Development Sponsors for Permanent Supportive Housing

- Through the Fresno County Procurement process, an MOU will be executed on August 20, 2019, with two additional development sponsors
- The MOU provides DBH with additional supportive housing development sponsors to apply for future NPLH funding as well as other development opportunities
- Only those development properties mutually agreed upon by DBH and the development sponsor will be pursued
- During the DBH Three-Year Planning process, DBH will seek additional stakeholder input specific to permanent supportive housing to inform upcoming development opportunities

NPLH and Permanent Supportive Housing Technical Assistance

- \$150,000 grant made available by Housing and Community Development (HCD) to assist Fresno County in preparing for NPLH program.
- Corporation for Supportive Housing (CSH) to be recommended to BOS for contract in August 2019.
- Funds will be used as needed for NPLH Technical Assistance consultation services to assist DBH with meeting NPLH Guidelines for 2nd, 3rd and 4th funding rounds of NPLH.

Fresno Housing Institute

- Contract to BOS in August 2019, in conjunction with the NPLH TA contract, with both services to be provided by CSH.
- Housing Institute is a successful model used in several other states to create teams of developers, service providers and property managers
- In-depth, intensive 80-hour training; 2.5 days per month over a 4-month period
- Builds strong development team(s) able to navigate complex financing/development aspects of PSH
- Results in supportive housing development applications ready for submittal to funding sources

Cultural-Based Programs Update

Culture-based Services

- Subsequent to a competitive procurement process, DBH developed a Master Agreement for Culturally Specific Services
- Program design includes multi-level services so that individuals can stay within the program as recovery and needs change over time
- Outpatient
- Intensive Outpatient
- Full-Service Partnership
- First provider awarded contract was The Fresno Center serving Southeast Asian youth and adults
- Outpatient and Intensive Outpatient began 10/01/2018
- Active caseload of 220 clients (as of 7/08/19)
- Three individuals have since been enrolled in this FSP
- Working closely with DBH teams to identify and transition individuals who prefer

- culture-based services
- Working with schools to engage youth and families
- Working with SEA Nurse Association to identify individuals with SMI/SED in the hospital system.
- Other DBH providers have been informed of the program – integration of all programs remain a DBH stated goal
- During the current fiscal year DBH will release a second-round procurement process to identify and evaluate additional culture-based services proposals
- DBH had a very small outpatient team of staff (4) serving individuals who identified as Asian Pacific Islander
- Team members have been integrated into other DBH Teams in keeping with the stated intention to increase diversity across all DBH programs
- Individuals served by those team members received a full review of services and were provided with choices and options based on their recovery needs and preferences

This November, Fresno County DBH will host the Asian Pacific Islander Mental Health Empowerment Conference.

The BHB requested a list of the clinical teams within DBH.

Peer Support Update DBH Work with Resilience, Inc.

Timeline Review to Date

- Oct. 2017- Sept. 2018: Prep-work and Planning with Resilience
- Sept. 2018: Resilience Inc. Peer Workforce One-Day Summit
- Sept. 24, 2018 - Oct. 5, 2018: Resilience Inc. 80-Hours Peers Professionals Training
- Feb. 2019- Resilience Two-Day Site Visit with the three Action Resilience Teams (ARTs)
- Recovery and resilience tools were reviewed including the Resilience Performance Wheel, PREP and Leading and Coaching Strengths Appraisal.
- April 18, 2019- California Association of Mental Health Peer Run Organizations (CAMPRO) Fresno Regional Forum on Peer Support

ART #1 FOCUS AREA: Staff Development

- GOAL: To prepare the system of care to implement the Peer Support Initiative.
- PROGRESS – current activities:
 - Develop a communication campaign to promote the expansion of the Peer Support Specialist (PSS) role.
 - Create a presentation to communicate present work on ART activities to all stakeholders (All Supervisor Meeting, Behavioral Health Board Meeting, Division meetings, Unit meetings, All Staff Meetings, etc.)
 - Monday Morning Magazine- Peer Support Specialist telling their story and/or provide information regarding the expansion of the Peer Support Specialist role.

- Create a Peer Support component to be included in the new staff Onboarding Training.
- Future activities:
 - Include a Peer Support Specialist in the New Employee Orientation to present on their story and/or their job role (Oct 2019)
- Training
 - Resilience, Inc. will provide a second 80-Hour Peers Professionals Training (September 16-29, 2019)
 - Plan for sustainability
 - Develop a training program for individuals that Supervise Peers

ART #2 FOCUS AREA: Children's Mental

- GOALS: Update the Scope of Work for PSS and Implementation of PSS in Children's Mental Health
- PROGRESS – current activities:
 - Collaborating to achieve consistency in PSS role at DBH county operated programs and FCSS
 - Cross divisional work within DBH to ensure PSS role consistency
- Future Activities:
 - Share draft Scope of Work with DBH Leadership, HR and Compliance for feedback
 - Finalize Scope of Work
 - Recruitment and Hiring of PSS for DBH Children's Mental Health Division

ART #3 FOCUS AREA: CONTRACTED SERVICES DIVISION

- GOAL: To prepare the system of care to implement the Peer Support Initiative through the Department's contracted services.
- PROGRESS – current activities:
 - Identify and develop innovative mental health funding options for peer inclusion.
 - Ensure that peer support is included in all newly awarded contracts as well as contract amendments.
 - Update the program development template to include a new section for meaningful peer inclusion.
 - Meet with contracted providers to get input on how to effectively integrate peer support in their programs.
 - Review all current contracts to determine which ones currently contain language regarding peer support and which contracts need to be amended.

Future activities:

- Develop a standardized scope of practice and job description for Peer Support Specialists
 - During future bidding processes, the Contracted Services Division will include the Peer Support Specialist job specifications in the Request for Proposal (as a guideline)
 - Once the scope of practice is approved, it will be disseminated to the Department's contracted providers
- Develop systems to support the billing of peer support services upon reimbursement through Medi-Cal
- Develop evaluation tools to monitor and track the provision of peer support services.
- Continue to identify and develop innovative funding options to support peer inclusion in behavioral health services

The BHB requested the number of Peer Support Specialist that work for the department. Currently, the department has 50 percent vacancy rate in this classification. Information regarding the number of PSS's that work for contracted providers will be provided to the BHB at a future date.

Program Review:

Collaborative Treatment Court Coordinators

- The Collaborative Treatment Court Coordinators provide support in specialty courts:
 - Service coordination
 - Data compilation
 - Outcome evaluation

Dates of Operation

- Adult Behavioral Health Court - ABHC: September 11, 2012 - Current
- Family Behavioral Health Court - FBHC: September 11, 2012 – Current
- Adult Drug Court - ADC: July 1, 2015 – Current
- Family Dependency Treatment Court - FDTC: July 1, 2017 - Current
- Reporting Period: July 1, 2017-June 30, 2018
- Budget: \$70,000.00
- Actual Expenses: \$66,839.05
- Unique Clients Served: 1,569
- Services Rendered: 557
- Actual Cost Per Client: \$44.45

The costs incurred by Specialty Courts are mostly spent in Adult Drug Court and Family Dependency Treatment Court, the remaining is spent on Adult Behavioral Health Court and Family Dependency Treatment Court.

Target Populations:

- Adult Behavioral Health Court (ABHC):
 - Adults with severe mentally illness
 - Family Behavioral Health Court (FBHC):
 - Youth with serious emotional disturbance
 - Adult Drug Court (ADC):
 - Adults with substance use disorders
 - Family Dependency Treatment Court (FDTC):
 - Adults with substance use disorders
- For each collaborative treatment court, further eligibility and suitability requirements are determined by the respective court teams.

Collaborative Treatment Court Coordinators

- Adult and Family (juvenile) BHC:
 - Meets once a week for 6-8 hours
 - Coordinator provides linkages, barrier removal services, and data collection
 - Care coordination and case management is provided through contracted service providers
- Family Dependency Treatment Court:
 - Meets twice a month for half a day
 - Coordinator provides care coordination, case management, barrier removal and data collection
- Adult Drug Court:
 - Meets 4.5 days a week - Increased from 2 days a week as a result of Prop 47 impacts
 - Substance Use Disorder Specialist is present in court to screen and engage individuals to consider services and ADC participation
 - Coordinator provides care coordination, case management, barrier removal and data collection

Collaborative Treatment Court Coordinators

- Community collaboration
- Cultural competence
- Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services
- Access to underserved communities
- Integrated service experiences

Effectiveness

1,569 individuals were served by the four collaborative courts (ABHC, FBHC, FDTC, and ADC). Of that, 864 continue to participate and 270 (33%) successfully completed the program requirements and graduated. The successful completion rate is an average standard across California in the four courts.

Access

Suitable referrals for the four courts were reported as follows:

66% - ABHC

66% - FBHC

66% - FDTC

- Access was measured by the number of people who were found suitable and eligible as 'entries' to the court
- All collaborative treatment courts other than Adult Drug Court, track the number of clients found unsuitable in the staffing prior to entry

What the future holds:

- Collaborative Treatment Courts will be moved into a DBH Division with an area of specialized focus on individuals with justice involvement
- A full-time Clinical Supervisor will oversee DBH staff, serve as a liaison with Courts and providers, and support the Division Manager in exploring redesigns and growth of DBH participation in the collaborative treatment courts
- DBH Agreement renewal with Superior Courts for coordination services was executed on July 1, 2018 at the same funding levels
- As Superior Court considers expansion of existing collaborative courts and the addition of new collaborative courts, DBH will expand our role
- DBH will work with the Federal Court to assist individuals participating in a new collaborative treatment court

V. Old Business

a. Site Visit Report—Behavioral Health Court

Judge Chittick and other entities work together to assist individuals towards their recovery. Though they may not always agree, they work as a team acting in best interest of individual. There are incentives for participants.

It is a good collaboration of agencies for individuals involved in criminal justice system. Inspiring to hear stories. The attending members had an opportunity to speak with Judge Chittick after Court. She shared her wish list with the group which includes, but is not limited to: changes to conservatorship laws – some do not qualify under gravely disabled; a higher fidelity treatment teams; a co-occurring inpatient Substance Use Disorder (SUD) program with mental health (currently done with the new SUD system of care 3.3); appropriate supportive housing for Seriously Mentally Ill (SMI); and implementation of Laura's Law. Additionally, to work with individuals in Veteran's Court to create a foundation for specialty courts to help provide additional incentives.

b. Behavioral Health Board Evaluation

A link of the BHB self-evaluation was sent to members and the public. Responses will be shared at a future meeting.

VI. New Business

a. August Site Visit

Youth Empowerment Centers or Crisis Residential Unit.

b. Visits with Board of Supervisors
Meetings with the BOS members will continue to be scheduled with members from their respective districts.

VII. Committee Reports

a. Justice Services

Carolyn reported on the July 8th Justice Services Meeting. Ahmad Bahrami, Division Manager for DBH Public Health Division presented on SB 10, previously known as SB 906. The bill would create a process and / or requirement for the Peer Support Certification classification.

Forty-eight other states have peer certification programs which gives formality to certification process via training but has not been implemented in California. The passage of the bill will give agencies / organizations the ability to bill Medi-Cal for some of the services provided by certified peers (as recognized as part of an evidence-based model of care) and increase opportunities for peers to have meaningful and gainful employment opportunities in the system.

If passed, it will be known as the Peer Support Specialist Certification Act of 2019. There are an estimated 6,000 peer providers in California.

b. Cultural Committee

c. Other reports or announcements

2020 will mark the 100th anniversary for Women's Voting Rights. League of Women Voters will be organizing community events geared towards history and importance of suffrage.

Public Comment – Ms. White a Central Valley regional ambassador announced upcoming stakeholder and community forums for Access California. A conference will be held in August. Information can be accessed on their website. Journey through Access California has been positive, and she enjoys advocating. Ms. White works with New Connections.

Jessica from Blue Sky Wellness Center announced they will be holding an ART Hop show on Thursday, August 9th beginning at 5:00 PM, at the Blue Sky Wellness Center. Client art will be displayed.

VIII. Meeting adjourned at 3:34 PM.

This meeting is open to the public under the Ralph M. Brown Act.