



### FRESNO COUNTY BEHAVIORAL HEALTH BOARD

DBH Health and Wellness Center  
 1925 E. Dakota Ave.  
 Fresno, CA 93726

#### Minutes

September 18, 2019

<u>MEMBERS PRESENT</u>	<u>BEHAVIORAL HEALTH</u>	<u>PUBLIC MEMBERS –</u> <u>Continued</u>
Carolyn Evans Francine Farber David Thorne Donald Vanderheyden Marta Obler Kylene Hashimoto	Susan Holt	Angela Yopez Mayly Vang Mayra Fuentes Julia Copeland Jessica Underwood Marian Aldaz Mark Carney Trish Small Elizabeth Williams F. Novelo Coleen Overholt
<u>ABSENT</u> Jerry Wengerd Shantay Davie-Balch Amanda Boone	<u>PUBLIC MEMBERS</u> Rondy Earl Packard, Jr. David Bonested Tyler Avila Stan Luna Monique Peralta Amber Molina Sharon Ross Theresa Comstock Debbie Xiong	
<u>BOARD OF SUPERVISORS</u> Sal Quintero (absent)		

#### I. Welcome and Opening Remarks

The Behavioral Health Board (BHB) meeting was called to order at 2:31 PM.

Announcement was made that the month of September is National Alcohol and Drug Addiction Recovery month as well as Suicide Prevention.

Kylene Hashimoto read the Proclamation on National Alcohol and Drug Addiction Recovery Month that was issued by the Board of Supervisors. Within the Proclamation Sober Stock XIV celebration was mentioned and an informational flier provided.

Rondy Earl Packard, Jr. and David Thorne read the Suicide Prevention Month Proclamation declaring September 8<sup>th</sup> through September 14<sup>th</sup>, 2019 Suicide Prevention week here in Fresno County

An announcement was made inviting all to sign the promotional “green” vehicle on location in support of suicide awareness. A brief explanation was given on how the vehicle is representing Suicide Prevention as it travels to several different event locations in the community. A short video from the Fresno downtown Art Hop event was played that

showed community members making pledges about self-care and awareness.

Jeannette Dominguez was introduced as a new Administrative Assistant for DBH. Among other duties, Jeannette will primarily support the Behavioral Health Board.

An announcement inviting anyone interested in becoming a new BHB member, to fill out an application and submit to the Board of Supervisors.

Nominees for Officers of the Board for year 2020 will begin to be accepted in October.

## **II. Approval of Agenda by Board**

Agenda approved with a note to move item New Business VII. (c) to be heard immediately after Item III. Approval of August 21, 2019 minutes.

## **III. Approval of Minutes from August 21, 2019**

Minutes from meetings held August 21, 2019 approved with edits.

## **IV. New Business item VII. c.**

- c. Election of Marta Obler to Vice Chair for remainder of year 2019. Vice Chairman officer position is vacant due to resignation from Katie Rice.
  - **Motioned by:** Francine Farber
  - **Seconded:** Donald Vanderheyden
  - **Ayes:** David Thorne, Kylene Hashimoto, Marta Obler, Francine Farber & Donald Vanderheyden
  - **Abstain:** Carolyn Evans
  - **Motion approved**

## **V. Information regarding the California Association of Local Behavioral Health Boards & Commissions – Theresa Comstock, Executive Director**

California Association of Local Behavioral Health Board & Commissions (CALBHBC) support 59 BHB's that are integrated with Drug and Alcohol rehabilitation across the state of California. The association provides information and resources to aid in the understanding and performing of the BHB duties. The information is distributed through quarterly and monthly newsletters, additional updates, teleconferences and by attending meetings.

The newsletter this month contains a summary on some of California's biggest issues:

- Housing
- Crisis Services Continuum
- Workforce
- Criminal Justice

CALBHBC participated in their first Capital Day event this past April in collaboration with NAMI. Focus was placed on mental health workforce development. CALBHBC invites Fresno County to join in on future Capital Day events.

Theresa extended an invitation to BHB members to attend an upcoming training on October 19, 2019 in Stockton hosted by San Joaquin BHB. The training location will be at the Stockton BHB Services Building. Twenty Mental Health Boards within the Central Region are invited to attend. Topics to be discussed: the role of the board, best practices and cultural competence. As well as an additional piece led by Norcal Mental Health America on understanding Mental Health Services Act Program Planning.

This month CALBHBC newsletter presented some additional pieces. The piece titled "Criminal Justice Brief" is brand new and the CALBHBC welcomes feedback and encourages requests on topics to be included or information they would like posted within the Criminal Justice Brief piece.

The second additional piece to the CALBHBC Newsletter this month is a section on "Older Adults" focusing on the dramatic increase since 2010 on the access and engagement needed for the older adult population age 60 years and older.

Theresa opened the floor for any questions or comments. Francine Farber inquired on what help could Theresa provide the board with advocating for SB10. Theresa stated CALBHBC has also been in support of SB10. This includes making a personal visit to the Capitol while submitting letters to committees along the way to its present location of the Governor's desk. While there is no definite timeframe for when the Governor may sign the bill. Theresa assured the Board that the Bill was hand delivered by staff from Senator Bell's office to the current location of the Governor's desk.

Carolyn advocated to hold a training in Fresno County or in one of the nearby surrounding counties within the central valley. Members were reminded that one member of the board may attend a training conducted outside of Fresno County and they will be reimbursed for lunch, materials and lodging. Theresa also replied that in scheduling future training she will keep in mind the request from Fresno County with consideration for the large size of the Central Valley as well as budget permitting.

## **VI. Update – Department of Behavioral Health – Susan Holt, Deputy Director**

### **a. General Update**

- September Board Agenda Items - Proclamation for National Alcohol and Drug Addiction Recovery Month as well as Suicide Prevention Month Proclamation.
- Budget Week September 16<sup>th</sup> – 20<sup>th</sup> - Department of Behavioral Health budget approved pending final County wide budget approval by the end of the week.
- Network Adequacy (NACT) Department of Health Care Services – Department of Health Care Services (DHCS) of California requirements that include components of access to care and staffing time and distance. An update to the April/May NACT resubmission reflects the department to be in compliance.

July results received, informed DBH is conditionally approved with a notation to develop a plan of correction. DBH team will review the area of findings from the

notice, determine if in agreement, create a plan of correction accordingly, and will report back to the board

- Legislative updates -  
SB79 – allows counties more time to utilize innovative funding ~ Passed~  
SB10 – peer support specialist certification ~ Awaiting signature~  
SB428 – school personnel that deal directly with pupils to receive youth mental health first aid training and school districts to provide proof of 10% implementation by the year 2023 ~ Awaiting signature ~  
AB1642 – codify authority with The Department of Health Care Services to impose fines, penalties & sanctions ~ awaiting signature ~  
AB1767 – Expansion of Pupil Suicide Prevention Plan. Schools to develop an appropriate plan for school aged children in grades kindergarten through 6<sup>th</sup>. Currently the plan addresses only 7<sup>th</sup> grade on ~awaiting signature ~
- Suicide Prevention Month - Acknowledgement made toward all the benefits received through the support of our newly added Public Behavioral Health Division. An uplifting addition of a dedicated resource to the team with help in the areas of stigma reduction, community & stake holder engagement, the community we serve as well as staff. Thank you to all team members.
- Suicide Prevention Plan - formally adopted by the Board of Supervisors (BOS)
- Columbia Suicide Severity Rating Scale - also formally adopted by the Board of Supervisors. Which affords all county departments to work from the same screening tool. While endorsing the rating tool, it will welcome other community partners to support it as well.
- Local Outreach to Survivors of Suicide Loss team (LOSS) - up and running. The team is made up of a clinician and a survivor of suicide loss. The team is deployed by law enforcement when death related to suicide occurs. The team provides immediate support to the bereaved affected by the loss from suicide by assisting with resources and real-life practical struggles that come when coping with the unplanned death to suicide. This is a postvention model, that provides services to families after a death by suicide, but is used as a prevention strategy for all those bereaved, by rallying around them with support and services to decrease the risk.

**b. Substance Use Disorders System of Care (SUD)**

- New organized delivery system of services regarding medical to individuals with substance use disorders, that began in January 2019
- With feedback from individuals served and provider community the department used a youth related workshop series organized around prevention and early intervention/treatment of substance use disorders
- With findings from the workshop an implementation plan was developed through processes of a steering committee to determine the work needed and continue to transform how youth in the community receive substance use disorder prevention & early intervention treatment. Updates to follow.
- While hosting a two-day workshop on opioid transitions an opportunity was

presented to have a broader SUD focus. The department along with providers were able to get technical assistance to streamline care delivered for improved outcomes. The department learned from provider input that the new Drug Medical Organized Delivery System of Care (DMC-ODS) is a big shift for the industry. Working with a different assessment, it takes longer to complete as it is so new. The department will continue gaining feedback, while working with American Society of Addiction Medicine (ASAM) criteria and utilize tools during this learning process.

- Billing/payment issues have been one of many challenges when going live in January. Claiming processes called for some unanticipated change in business practices where more staff was needed which caused a delay in payments to some providers. While working closely with providers and identifying the need for more staff the department continues to push forward through the workflow challenge to meet the payment deadlines. More positions were added in the budget and there is a plan to take an item to the Board for additional positions this fall.
- Partner agencies have expressed concerns within the new DMC-ODS and the big shift more specifically the ASAM criteria and feeling restricted. The department is openly listening to concerns, working very closely with providers and infusing more robust training to ensure adherence to the modality of ASAM criteria.
- Inquiry on the closing of CAP. CAP being the only social detox program in Fresno County which is a required component within the DMC-ODS. The department rapidly began communicating with colleagues in emergency, providers, and nearby counties to ensure the ability in delivering the needs to the community. By Including things such as transportation assistance, strategy of following through to assure that after an individual completes detox, they are transported back to Fresno county to be connected to services at the appropriate level of treatment.

**c. MHSA 3-year planning timeline:**

- October – January 2020: Stakeholder engagement
  - Over 25 forums for stakeholder involvement
  - Targeted In-person Population Focused Forums (e.g. Latino, LGBTQ, Hmong, first responders, etc.)
  - In-person Geographical Forums (e.g. San Joaquin, Selma, etc.)
  - In-person Facilitated by Providers (e.g. Individual Served, Family Caregiver, etc.)
  - Virtual/Social Media (e.g. Facebook, YouTube, etc.)
  - Surveys
  - Key Informant Interviews
- January – February 2020: Plan Development
- March – April 2020: Public Posting
- April – May 2020: BHB Review/Public Hearings
- May-June 2020: Plan Adoption
- July 2020: Plan implementation

**d. Youth Empowerment Centers Outcomes Report**

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### Services include-

- Age appropriate support groups
- Socialization
- Life-skills training
- Peer-support activities
- Curriculum-based classes for youth and families
- Referrals to mental health resources for serious emotional disturbance (youth) or serious mental illness (adults)
- Arts, crafts, music and more

### Annual Goals include-

- Minimum of 400 peer support groups
- Minimum of 20 mental health presentations, servicing 150 youth
- Minimum of 350 one-to-one contacts with youth
- Individualized WRAP (Wellness Recovery Action Plans)
- Satisfaction and feedback through client surveys

### Current Youth Empowerment Centers-

- Kings View a component from Blue Sky Wellness center agreement
- Services provided at various locations (schools & community sites)
- TAY Warehouse who Serves transitioned aged youth
- Live Again Fresno an addition to our providers through the new Master Agreement contract structure change that allows us to have more than one contracted partner delivering the same type of model
  - Kings View department review:
    - Dates of operation – October 2010 – Present
    - Reporting Period – July 1, 2017 – June 30, 2018
    - Program Actual Expense - \$357,408.08
    - Number of unique individuals served – 572
    - Cost per individual – \$624.84
    - Unique client efficiency scale - increase from FY 2016 – 2017 by 151 more clients for a total of 572 in FY 2017 – 2018
    - Support Groups – 754 (minimum requirement 400)
    - Program Goals – exceeded all targets by at least 5%

## **VII. Old Business**

### **a. Youth Empowerment Site visit report BHB members reported the following:**

- Safe place with staff that create a positive environment for the children
- Would like to see more age appropriate activities
- Recommend that training be provided for adults who are present that are not staff or not be allowed in the area
- Carolyn recommended conducting a longitudinal study
- They added however it was difficult to evaluate in one day

The department aims to study all work completed. Including a plan to invest in program outcome studies including an update in Mental Health Services Act (MHSA). There is a plan to invest in program outcome studies.

### **b. Behavioral Health Board Evaluation**

Carolyn reminded attendees that there was an opportunity to give input of the BHB through a survey. There were two separate evaluations. A self-evaluation for BHB members and the second was provided to the public for their input

#### Self-Evaluation-

- High turnover rate of board members
- Currently have a lot of new board members partly due to the high turnover
- It takes time for new members to fully understand the workings of the board
- Recognized more effort needed in educating and mentoring new members
- Carolyn referenced useful the Orientation binder containing pertinent documents
- January 2019 the Mission and Vision Statement, Goals and Standing Agenda were revised and adopted the documents for 2year period
- There was a mention of needing more support with attending meetings, although board chairman was unaware of any such issue
- Full description of agenda items missing. Carolyn stated taking full responsibility as chairman of the board

#### Public Evaluation –

Behavioral Board has created an evaluation for the public two consecutive years now. Adapting an evaluation to use has been a little challenging and are open to suggestions from CALBHBC regarding the format for the evaluation they use.

- Positive tone
- Presentations are in the area of interest
- Location is centralized and convenient to all areas of the community
- Lack of cultural diversity
- Inquiries on the Departments responsiveness to recommendations from the board

Carolyn stated that upon reviewing past records of recommendations submitted by the board, she is pleased to report that all have implemented or are still in progress.

#### **c. Visits with Board of Supervisors**

Met with Supervisor Magsig and discussed Division Manager Ahmad Bahrami recommended implementing getting constituents more involved with help from our marketing contracts using resources such as Facebook live feeds where individuals can ask question and get direct answers, as well as visuals with videos.

Carolyn provided Supervisor Magsig a list of BHB's recommendations for 2019 including a letter of support on SB10. Which is in support of certification for Peer Support Specialist. Supervisor Magsig was also made aware of having an open slot for BHB member from his district.

Supervisor Pacheco's office was able to provide the BHB clarification within the bylaws on attendance from County Counsel. The BHB also requested his assistance on working with the other Supervisors to fill the vacant slots for their districts. We will also work on making appointments with Supervisor Mendes and Supervisor Quintero to discuss appointing members to fill vacant slots.

David Thorne also shared on discussion had with Sup Magsig on the topic of “Yes we can” Certified Peer Support Specialist and how important it is to get to know the client because that will ultimately reveal what services are needed to best serve the client.

**d. Community Forum Kerman October 22, 2019 at High School Library**

- Fliers available
- Representatives from Turning Point Rural Clinic and Kings View Rural Triage Team will provide presentation on program and answer questions from the local community

**VIII. New Business**

**a. Central Star Crisis Residential Unit Site Visit**

- Carolyn proposed the afternoon of October 4<sup>th</sup>

**b. Turning Point Rural Clinic Site Visit**

- October 22<sup>nd</sup> at 3:15 p.m. prior to Kerman Community Forum at High School Carolyn suggested Juvenile Justice Campus (JJC) Substance Use Disorder Program for November site visit.

**c. Election of Vice Chair for remainder of 2019**

- Item was heard after the approval of minutes August

**d. Status of letter of support SB10 Peer Support Specialist Certification**

- Carolyn signed a letter on behalf of the BHB that will be sent to the Governor’s office

**IX. Committee Reports**

**a. Children’s Services Committee report from August**

- Breaking the Chains – Guest Speaker Dominique Brown. The discussion included the following:
  - Non-Profit organization who assists victims of human trafficking
  - Assist both Children and Adults
  - 6 bed 90day adult residential program
  - Minors not eligible for residential but may receive counseling and support group services
  - Referrals come from “Friday Court” (specialty court geared for human trafficking), schools, social media and word of mouth
  - Services paid through medical, Medicaid and the organization itself through donations

**b. Other reports or announcements**

- Free admission to the fair for persons with disabilities and one chaperone from 9am – 1pm on Special Interest Day Monday October 7<sup>th</sup>. After 1pm admission price for persons with disabilities is \$4.00

**X. Public Comment**

- Department of Public Health Tabaco Prevention Program partnered with USCF for an all-day training October 16<sup>th</sup> breakfast, lunch & snack provided. Fliers available

**XI. Meeting Adjourned**

4:01 pm

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**This meeting is open to the public under the Ralph M. Brown Act.**

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