



# County of Fresno

ADVISORY BOARDS AND COMMISSIONS

## **FRESNO COUNTY BEHAVIORAL HEALTH BOARD**

Wednesday, April 17, 2019 at 2:30 PM

**DBH Health and Wellness Center**

1925 E. Dakota Avenue, Fresno, CA 93704

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### **Minutes**

<p style="text-align: center;"><u>MEMBERS PRESENT</u></p> <p>Carolyn Evans Francine Farber Curt Thornton David Thorne Donald Vanderheyden Jerry Wengerd Katie Rice Marta Obler Margaret Corasick Amanda Boone Shantay Davies-Balch Kylene Hashimoto</p> <p style="text-align: center;"><u>BOARD OF SUPERVISORS</u></p> <p>Sal Quintero (not available)</p>	<p style="text-align: center;"><u>BEHAVIORAL HEALTH</u></p> <p>Dawan Utecht Ahmad Bahrami Tami DeFehr</p> <p style="text-align: center;"><u>PUBLIC MEMBERS</u></p> <p>Scott Hollander Fidel Garibay Amber Molina Ryan Banks Fausto Novelo Colleen Overholt Sharon Ross Janet C. Rondy Earl Packard, Jr. Clarene White Pauline Jacobson</p>
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#### **I. Welcome**

The Behavioral Health Board (BHB) meeting was called to order at 2:33 PM.

Chair Carolyn Evans introduced new board member, Amanda Boone. Amanda is from District... She joined the board as a consumer; with her experience and knowledge, she will advocate for consumers. Amanda is currently attending California State University, Fresno studying social work.

#### **II. Approval of Agenda by Board**

Agenda approved.

#### **III. Approval of Minutes from April 17, 2019**

Minutes approved with noted changes.

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#### **IV. Update – Department of Behavioral Health—Dawan Utecht, Director**

a. General Update, including Items going to Board of Supervisors

##### Contracts

In May 2019, the contract with Turning Point for individuals under AB 109, will be amended.

As previously reported, Substance Abuse Mental Health Services Administration (SAMHSA) funds cannot be utilized for services received while incarcerated. Therefore, the department will reallocate funds in order to continue providing jail medical services.

At the time of this meeting, the item for No Place Like Home did not have a Board of Supervisors meeting date.

##### Statewide Updates

Director Dawan Utecht reported on the penalties that Behavioral Health is facing under the Network Adequacy Requirement. The non-compliance stems from not having an adequate number of providers that are able to deliver clinical services if needed.

Penalties include \$2.1 million per month, which will begin in June. Once the department is determined to be in compliance, the funds will be returned. In addition to the penalties, there are sanctions of \$750,000 monthly, which will end upon becoming compliant, but will not be returned.

The department will ensure to count each person that is able to deliver such services with a clinical background, Peer Support Specialists, etc. Fresno County DBH is working closely with the Department of Health Care Services (DHCS) to become compliant; DBH also reached out to the other counties that were determined to be compliant, to get guidance. The deadline to resubmit the Network Adequacy Certification Tool (NACT) is Monday, April 22<sup>nd</sup>. Findings will be reported to DBH possibly in mid-May.

The first submission of the tool showed areas where the department is out of compliance. Rules from DHCS had changed after the time of submission. In September DBH was informed they were short 252 providers; however, the number has changed to 54. The formula of the ratio of adults to provider is 1:50 and children to provider 1:30. This is part of the Mega / Final rule. In addition to staffing ratios, they also consider geographic and timeliness of access to care.

##### New West Annex Jail

On housing levels 2 and 3 there will be housing, program and treatment services available. The capacity of those levels is 200. Services will include the following:

- Medical / Mental Health Treatment Staff
- 14-cell /28-bed unit
- 12-cell/24-bed unit with 12 sub-dayrooms
- 10-cell/20-bed unit with 10 sub-dayrooms (shelved)
- Acute care / segregation housing 3 cells / 6 beds (shelved)
- Safety cells
- Program rooms
- Officer workstation

The first floor will have space for a warm hand-off. (Personally I dislike this expression. Is there some other way to phrase it?)

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### External Quality Review Organization (EQRO) Annual Visit

The onsite review period was held from March 19 to March 21, 2019. Forty-five days from the review, DBH will receive a draft report and the final report will be posted on the DBH website. The overall feedback from the review reflected the DBH Team to be very responsive and contractors' staff were helpful.

- **Highlight of Initial Strengths:**

- ~ Performance Improvement Projects (PIPs) were well written with a lot of data
- ~ QI Work Plan had clearly defined structures and specified some standards
- ~ CRU was beautiful and EQRO Team was impressed with the location and its peacefulness
- ~ Enjoyed CIT session and found it inspiring as well as a benefit for the community because of this community-law enforcement focus
- ~ Appreciated the idea of having clinicians in the schools (FCSS)
- ~ Impressed with the Pathways to well-being/Katie A implementation how DBH seems to work so well with DSS
- ~ Youth at the youth empowerment center (TAY Warehouse) expressed valuing the program and the services it offers

- **Highlight of Initial Opportunities:**

- ~ QI Work Plan: Revisit and specify the 10 business day standard as an expectation and define the goal to achieve
- ~ Based on the review experiences with other counties, having various levels of care or programs at the same site/location is easier to access for beneficiaries
- ~ Leadership from contracted providers asked to be able to provide more collaboration and feedback
- ~ Obtain an off-the-shelf tool to track EHR (Avatar) report issues
- ~ Some IT projects still pending: streamlining medical team documentation and ADT tracking implementation

### Mental Health Services Act (MHSA) Annual Update

- ~ Draft posted April 12, 2019
- ~ Currently in the 30-day Public Comment
- ~ Public Comment Ends/Closes May 14, 2019
- ~ Public Hearing May 15, 2019
- ~ Present to the BOS on June 18, 2019
- ~ Due to the DHCS and MHSSOAC by June 30, 2019

This year the department will focus on programs and plans developed in previous plans; therefore, there will be less activity, though feedback will be sought using the same methods.

MHSA Reversion – There is potential reversion of nearly \$4 million in Innovation (INN) funds from Fiscal Year (FY) 2015-16 and FY 2016-17 as of July 1, 2019. DBH pursued a statewide / multi-county Innovation opportunity to improve Full Service Partnership approaches. The MHSSOAC approval process has been prolonged, putting funds at risk. If the project is approved before July 1, the funds will not be reverted.

Another possible reversion of funds of approximately \$4 million, also in Innovation, has a deadline of June 30, 2020. The funds are part of the AB 114 spending plan.

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DBH has two innovation projects with the Mental Health Services, Oversight and Accountability Commission (MHSOAC), and has begun the process for project approval, with a third project beginning to develop. DBH has two additional INN that will be initiated that are anticipated to be ready for the coming FY. DBH will likely have 5 INN plans approved by the MHSOAC in FY 2019-2020. We anticipate all the funding in AB 114 to be approved as INN Plans.

Any funds reverted will go back to the state.

#### Housing Update

The contract with the Independent Living Association (ILA) was approved. The following will be provided through the contract:

- ~ Community Health Improvement Partners (CHIP)– Program Provider
- ~ ILA training provided February and April
- ~ Meeting with Contracted Providers in April
- ~ Needs Assessment in Progress
  - o Provider & Community Partner focus groups
  - o Independent Living Home Operators
  - o Independent Living Home Residents
- ~ ILA Work Team formation – April/May
- ~ Will review and finalize local ILA standards, application, policies

The project is anticipated to go live in July. There will be a registry for all Room and Board providers.

- **January 29th, Board of Supervisors approved Memorandum of Understanding with Fresno Housing Authority**
  - ~ Development sponsor and co-applicant for NPLH funding
  - ~ Development of permanent supportive housing sites with MHSA Special Needs Housing Program funds
- **January 30th, DBH and Fresno Housing Authority submitted 3 applications for NPLH funding:**
  - ~ Econo Inn - 25 total units with 12 NPLH restricted units
  - ~ Barstow Commons - 41 total units with 20 NPLH restricted units
  - ~ Plaza Terrace - 27 total units with 13 NPLH restricted units
  - ~ DBH is working closely with Housing and Community Development (HCD) to provide award notice in June.

#### b. Quarterly Housing Update

Permanent Supportive Housing

- **No Place Like Home Technical (NPLH) Assistance:**
  - ~ Standard Agreement executed on 11-29-18 (allowing county to receive funds)
  - ~ Six year term to expend funding of \$150,000
- **NPLH Technical Assistance Consultant Services**
  - ~ RFP closed January 29th
  - ~ Finalizing contract negotiations
  - ~ Contract tentatively planned for Board of Supervisors in May
- **The Housing Institute**
  - ~ Included as new program in last year's MHSA Annual Update

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- ~ Has been a successful model used in other states
  - ~ In-depth, intensive training over approximately 6 months
  - ~ Intended to create development teams of housing developers, service providers and property managers
  - ~ Builds strong development team(s) able to navigate complex financing/development of Permanent Supportive Housing
  - ~ Intended to result in supportive housing development applications ready for submittal to funding sources
  - ~ DBH is finalizing contract negotiations
  - ~ Contract tentatively planned for Board of Supervisors in May
- **Request for Statement of Qualifications**
    - ~ Seeks to generate a list of interested and qualified development sponsors to partner in developing Additional Permanent Supportive Housing units through NPLH or other funding opportunities
    - ~ Released March 26
    - ~ Will close April 23

Under the New Starts Master Lease Program there have been 55 referrals as of March 2019. Of those referrals the following occurred:

- ~ 67.3% housed
- ~ 9% pend move-in
- ~ 16% permanently housed
- ~ 4% declined services
- ~ 3% displacement

There are currently 40 units, 37 Leased.

#### DBH Housing Supports

With regards to staffing, there are housing and field-based access teams. Staff are cross trained and function as one team. There are nine Community Mental Health Specialists, three vacancies and four Peer Support Specialist positions with three vacant. The Housing Authority supportive services team also have staffing shortages and reassignments. DBH will continue to work with County Human Resources (HR) to improvement recruitment timeliness.

#### Supportive Services

DBH Team has participated in significant training related to Permanent Supportive Housing. The scope of services was adjusted - now focused on tenancy support. The team will assist tenants to develop a tenant council. Terms and conditions of the Memorandum of Understanding (MOU) to be mutually explored for renegotiation in Fiscal Year 2019-2020.

#### c. Conservatorship, RISE, and SHINE Outcome Reports

- ~ Conservatorship serves individuals that are gravely disabled due to mental illness and placed on Public Lanterman-Petris-Short (LPS) Conservatorship by the Superior Court of California, County of Fresno
- ~ Current staffing for the program consists of: 2 Clinicians, 3 Community Mental Health Specialists, 1 Peer Support Specialist and 2 Psychologists
- ~ Conservatorship operated at an average staff vacancy rate of 23% throughout FY 17-18 due to the vacant psychologist positions
- ~ Conservatorship provides mental health evaluation and placement services to

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- individuals on Public LPS Conservatorship
- ~ Staff members are involved in court proceedings that establish LPS Conservatorship as well as renewals and dismissals
- ~ Individuals served are monitored for readiness to step-down from inpatient treatment and prepared to move back into the community
- ~ Individuals receive services and support in the community to achieve the goal of no longer requiring LPS conservatorship. Assistance is provided to restore their independence and promote recovery

Services include:

- o Assessment
- o Evaluation and Placement
- o Linkage & Consultation
- o Individual and/or Group Therapy and Rehabilitation
- o Case management
- o Collateral
- o Crisis intervention
- o Conservator/Court related duties

The program has been in operation since February 2007. The reporting period of this report is from July 1, 2017 to June 30, 2018. The actual expense of the program is just over \$25 million for 368 people. The cost per client is just below \$69,000. Number of clients fluctuate year. For FY 16-17 there were 331 clients; in FY 17-18 there were 368. Further the costs increased, possibly due to higher rates of the newer facility at the Mental Health Recovery Center in Kingsburg.

Recovery with Inspiration, Support and Empowerment (RISE)

- o RISE provides clinical support to individuals on LPS Conservatorship in returning to the community from an Institution for Mental Disease (IMD) or Mental Health Rehabilitation Center (MHRC) level of care
- o Current staffing for the program consists of: 5 Clinicians, 7 Community Mental Health Specialists, and 2 Peer Support Specialists

The goal of RISE is for individuals to increase the use of natural supports to improve overall wellness and independence, while reducing recidivism back to LPS Conservatorship and locked treatment facilities.

RISE collaborates with medical health, substance use disorder services, spiritual organizations, educational institutions, cultural brokers, and other community partners for an integrated and holistic care experience.

Services include:

- o Assessment
- o Linkage & Consultation
- o Individual and/or Group Therapy and Rehabilitation
- o Intensive Case management
- o Collateral
- o Crisis intervention

The program has been in operation since January 2014. The reporting period of this program is July 1, 2017 to June 30, 2018. The actual expense is approximately \$1.3 million with the number of unique clients served at 308, at a cost of \$4,136 per client.

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During FY 16-17, there were 276 unique clients served and for FY 17-18, 308 were served. This cost for this service is less than a locked setting and reflects the static cost of the team.

Updates for Conservatorship and Rise:

- ~ Integration of staff under a single supervisor to increase program efficiency, reduce redundancy, and increase clinical support for people on LPS conservatorship
- ~ Conservatorship/RISE now collocated with SHINE team at Kings Canyon campus
- ~ April 2019, four additional staff deputized as Deputy LPS Conservators

Program Review: Self Healing & Improvement thru Nurturing & Engagement (SHINE)

- ~ SHINE provides support to clients who are at moderate risk of returning to LPS Conservatorship or re-hospitalization
- ~ Current staffing for the program consists of: 5 Clinicians, 6 Community Mental Health Specialists, and 1 Peer Support Specialist
- ~ SHINE operated at an average vacancy rate of 31% throughout FY 17-18.

SHINE promotes self-sufficiency, provides culturally relevant services and utilizes a person/family-centered approach. Services are individualized and are designed to assist in instilling a sense of dignity, empowerment and respect. Serves as a step-down location for individuals on the RISE team or a step-up for individuals now in need of Intensive Outpatient Mental Health Services

Services include:

- o Assessment
- o Linkage & Consultation
- o Individual and/or Group Therapy and Rehabilitation
- o Intensive Case Management
- o Collateral
- o Crisis intervention

SHINE has been in operation since September 2016. The reporting period for this program is July 1, 2017 to June 30, 2018. The actual cost of the program is \$808,888, with 150 unique clients being served at a rate of \$5,393 per client.

The efficiency rate for FY 16-17 is 56 unique clients served and in FY 17-18, there were 150 served. The significant difference in clients served between the fiscal years is due to static staffing and a result of the program just beginning in 2016-17.

Analyze our data to determine the following:

- ~ Average length of conservatorship
- ~ Recidivism rate
- ~ Impact of RISE and SHINE teams
- ~ Gaps in care, particularly placement/housing
- ~ Variables which influence successful community reintegration

## **V. Old Business**

- a. Site Visit Report—Conservatorship, RISE, and SHINE

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Curt Thornton reported that it was a good site visit. Staff seemed to understand uniqueness of individuals. Donald Vanderheyden reported that staff were coordinated and doing work for the common good. Staff stressed importance of matching individual with appropriate placement. The transitions include going from RISE to SHINE program and perhaps outpatient facility, down from that would be room and board or board and care, or placement with family. Jerry Wengerd asked for a breakdown of statistics of people conserved i.e. sex, age and race.

b. Report from Ad Hoc Committee on Data Notebook for California Behavioral Health Planning Council

The notebook is complete. Katie Rice made two additions, which will be added to the final report.

c. Report on Discussion with County Purchasing Department

Carolyn and Curt met Gary Cornuelle from County Purchasing on April 16th. They asked Gary if in the process are they taking into account the needs of the clients being served, particularly needs during transition. The response was, no, as that should be not be considered when reviewing the proposal. Committees are to make decisions based on proposals in front of them to ensure transparency and fairness. They also asked about milestones that should be met by the provider. This is something that has never been done in the social services arena. It was noted, the department head can overrule the panel's recommendation. Curt added that he would like to see improved participation rate of BHB members. Further, departments should ramp up oversight of milestones. Gary will attend the May 15th BHB meeting to explain the process.

Katie added that performance expectations and contingencies are included by the county. However, panel members can ask questions through the panel; in addition to that, there are places to ask and / or discuss potential barriers. People need to work together and speak up when concerned or more information is needed.

## **VI. New Business**

a. May Site Visit to Turning Point – First Street Center and Full-Service Partnership

The site visit is scheduled for May 6<sup>th</sup> at 2:00 PM.

b. Community Forum

The first forum of 2019 will be held at the County Library in downtown Fresno from 5:00 – 6:30 on May 22nd. Crisis Intervention Team will be asked to attend.

c. Letter in Support of SB 10

A letter in support of SB 10 was submitted to the legislature. When the bill moves on a second letter from the board will be written.

d. Operating Guidelines for Ad-hoc Committee

Last summer the BHB received training from Susan Wilson, a facilitator who provides training across the state to mental and behavioral health boards. They discussed meetings that are do not particularly fall under the Brown Act.

Due to complications it sometimes is hard for all ad-hoc committee members to meet. It would be helpful to have basic guidelines. Further, the task of the ad-hoc committees should be included. Some projects are more ambiguous; it needs to be determined when the project is complete or the ad-hoc is over.

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Tabled for future discussion and possibly come up with alternative language.

## **VII. Committee Reports**

### **a. Adult Services**

Did not meet due to holiday.

### **b. Children's Services Committee**

Will meet on April 25<sup>th</sup>.

### **c. Justice Committee**

Next meeting is scheduled for May 13, 2019.

### **d. Cultural Responsiveness Committee**

The committee wants to create branding and calendar of community cultural events. They discussed bilingual certification for county employees and the differential received for those qualified and in a designated assignment. They will work on the governance with Main HR.

### **e. Independent Living Association**

A big turnout from Fresno County. **Jerry** was overall impressed by ILA / Community Health Improvement Partners. He summarized, there is no oversight or regulation of room and board, anyone can offer rooms at any rates. The ILA is in San Diego; they work in Alameda County and are new to Fresno. They are similar to the Better Business Bureau; they will provide a set of standards of living – how many beds, bathrooms, cleanliness. The big deal is locking and not locking – there are people that rent rooms to individuals and lock up rooms like the kitchen. The overview was good, gave material out.

### **f. Other reports or announcements**

**VIII. Public Comment** *(Any person wishing to address the Board will be limited to 5 minutes or less according to the time available and the number of those wishing to address the Board)*

NAMI walk scheduled for May 11<sup>th</sup> at Fresno State, exact location to be announced.

Rural Mental Health Programs will host some open houses, dates to be provided.

## **IX. Meeting adjourned at 4:30 PM**

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