



# County of Fresno

## ADVISORY BOARDS AND COMMISSIONS

### **FRESNO COUNTY BEHAVIORAL HEALTH BOARD**

Wednesday, December 19, 2018 at 2:30 PM

Sierra Building

1925 E. Dakota Avenue, Fresno, CA 93704

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## **Minutes**

### **I. Welcome**

The Behavioral Health Board (BHB) meeting was called to order at 2:31 PM. Chair Carolyn Evans welcomed everyone to the last BHB meeting for 2018.

Hmong New Year will be celebrated December 26, 2018 through January 1, 2019. Dancers, Chandra and Shayne, were invited to demonstrate a few Hmong traditional dances.

### **II. Approval of Agenda by Board**

Agenda approved.

### **III. Approval of Minutes from November 14, 2018**

Minutes approved with corrections.

### **IV. Update – Department of Behavioral Health—Dawan Utecht, Director**

#### **a. General Update, including Items going to Board of Supervisors**

Director Dawan Utecht discussed three proposed bills:

##### **1) SB10: Peer Provider Certification Act of 2019**

The two primary goals include requirements to establish four distinct certification, categories: peer, parent, transition-age, and family support specialist. Secondly, to increase family support, individualized focus on clients to promote recovery and self-sufficiency

##### **2) SB11: Mental Health Parity**

Prohibits a mental health plan or insurer that provides prescription drug benefits for the treatment of authorization requirements on FDA approved prescriptions. It also requires health plans and insurers to submit an annual report to the Department of Managed Health Care or the Department of Insurance to certify compliance with state and federal parity laws.

##### **3) SB12: Youth Mental Health Drop-In Centers**

Directs the Legislature to establish a series of at least 100 youth drop-in centers across the state and allocate funding to establish these centers.

Recently the Board of Supervisors (BOS) approved a number of items from the Department of Behavioral Health (DBH), including the BHB bylaws and the contract with Beacon. The contract provides authorization and access for Substance Use Disorder (SUD) services as part of the Drug Medi-Cal Redesign (DMC). Expanded the contract of the Crisis Intervention

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Team (CIT) for the metropolitan area. The expansion will provide four clinicians to the Fresno Police Department, two to the Clovis Police Department, and two to the Fresno Sheriff's Office to cover the metropolitan area. Of note, there is also the rural triage personnel in the rural areas. Both contracts for the rural triage and metropolitan area held by Kings View. DBH will continue to have law enforcement field clinicians, the services discussed are an addition. They will partner with law enforcement to respond to crisis calls for individuals in crisis.

Other items that passed include the Drug Medi-Cal Master Agreements, a variety of new treatment contracts, the Supported Overnight Stay, and Translation Agreement. The translation agreement is about assisting a statewide effort to translate all the Department of Health Care Services required forms in the threshold languages across the state. Fresno County is serving as the funding mechanism for the agreement and will receive reimbursement from the state.

A request was made by the BHB to provide more detail of the BOS Agenda Items. Historically DBH has provided a spreadsheet of all the upcoming items, the Contract staff will work to add further details the existing spreadsheet. DBH requests that the BHB advise the department in advance of the regular BHB meeting, of any items they have particular interest in, which will be addressed during the meeting.

**b. Substance Use Disorders (SUD) Services**

1. SUD Prevention Services Annual Evaluation Report
2. Availability of SUD Inpatient Services for Individuals with Mental Health and/or Cognitive Disorders

**Notes from LPC presentation to be added.**

Dawan added, with the new partnership with the Fresno County Superintendent of Schools (FCSS) in the coming year, the contract will be amended to include SUD services. Part of the strategy will include convening with stakeholders, providers, school districts, and parents and students.

Dawan addressed a question posed during the November 17<sup>th</sup> BHB meeting, regarding a change overall participation in the perinatal program. It was reported that there were 351 unique clients in Fiscal Year (FY) 15-16, 790 in FY 16-17, and 763 in FY 17-18. After reviewing the data it was found that FY 15-16 data was incorrect, the number of unique clients was 624, not 351.

A question about what services will be available particularly for individuals with co-occurring disorders. Starting January 1, 2019, DBH will be required to offer multiple levels of SUD services within three years of the waiver. The American Society of Addiction Medicine has three levels of residential care. The levels range from 3.1 Low (available Jan. 1, 2019), 3.5 Medium (available within 3 years) and 3.3 High (available on Jan. 1, 2019).

**Update on Collaboration with Superintendent of Schools  
DBH-FCSS Partnership**

The contract was approved June 2018. The ramp up period is expected to conclude at the end of December 2018. The contract will include a five-year rollout with a Hub and Spoke

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model. The Hub is the home base clinic for staff who serve a region of satellite sites. The spokes will be the networks of satellites surrounding the Hub.

Current services included in the contract include integrated services with DBH Systems of Care, for ages 0 – 22, have specialty mental health treatment, prevention and early intervention, and have available services in schools, at home or in the community.

In year one, Hubs will be located downtown, in Firebaugh and a Population Hub, which is a Mobile Behavioral Health Unit for ages 0 -5 and scheduled dates services will be available. The downtown, any school district will have access to services there. The Firebaugh Hub will include primary, intermediate and high school. Year one districts will include Firebaugh, Mendota, Kerman, Los Deltas, Golden Plains, Porterville, Sierra, and downtown charter schools.

Selma Unified was identified as a year two district. Additional school districts are being met with for consideration.

Services for year one hubs and satellite sites will begin in January 2019. There will be flexibility given based on staffing site readiness, and other capacity variables. Pre-rollout discussions for district and school-site leadership among school administration, school psychologists, counselors, and social workers. Training for administration will include confidentiality and information sharing, clinician role school and integration with school campus, and space needs for clinical services. Training for all staff will include responsiveness, mindfulness, and verbal de-escalation techniques. Training to all schools through the partnership includes trauma responsiveness, dynamic mindfulness, positive discipline, verbal de-escalation techniques, mental health first aid, Applied Suicide Intervention Skills Training (ASIST), SAFETalk (Suicide Alertness for Everyone Talk, and Columbia Suicide Severity Rating Scale (C-SSRS).

Future work includes SUD services for youth, SUD convening to occur in winter or spring, and the Program for Rapid Response to Trauma and Stress. There is working being done to develop and refine.

**c. California Forensic Medical Group/Wellpath: Introduction and Work within the Fresno County Jail and the Juvenile Justice Campus, specifically with inmates with behavioral health disorders—Yvonne Maxfield, Regional Operations Director, and Dr. Carin Kottraba Mental Health Director**

Contract was enacted as of July 1, 2018. The name change recently took place from California Forensic Medical Group (CFMG) to Wellpath; however, continue to operate under CFMG and contract with Fresno will remain as such. It is the largest contract for Wellpath.

Additions of positions in the jail include 24/7 Crisis Counselors, which has reduced the use of safety cell chair restraints. They also provide SUD services; individuals are identified for needing SUD services. Further, prior to discharge they are linked to SUD services in the community. They added a psychiatric nurse practitioner; he will begin on January 7, 2019.

Wellpath staff include: (Present for meeting) Yvonne Maxfield, Director of Operations, she oversees nine counties in California. Stephanie Patrick, Administrator at the Fresno County

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Jail (FCJ), Rick Virk, Administrator at Juvenile Justice Campus, David Alanis, Mental Health Director at FCJ, and John Eby, Regional Mental Health Director.

John added there is a total of 17 mental health workers at the jail and available 24/7. Staff include 5 SUD workers, 3 Crisis workers fully licensed, 3 General Clinicians, and 1.8 Clinicians that work with individuals that are deemed Seriously Mentally Ill.

Rick stated the JJC expanded their hours for mental health workers to be available from 8:30 AM to 11:00 PM, seven days a week. There are 4 full-time clinician, 1 per-diem and in the process of hiring 2 more per diem to assist with coverage.

## V. Old Business

*Reports will be carried over to the January 2019 BHB meeting.*

- a. Report from *Ad Hoc* Committee to Review/Revise Vision and Mission Statements
- b. Report from *Ad Hoc* Committee to Review/Revise Goals and Standing Agenda

## VI. New Business

### a. Select date for BHB Workshop—January 12 or 26, 2019

The forum will be held on January 12, 2018 at 9:00 AM to 1:00 PM.

### b. Community Meeting at Renaissance at Santa Clara

The BHB would like to hold a community meeting / ice cream social. The proposed date is February 13, 2019 at 2:30 PM.

### c. Formation of Ad Hoc Committee to complete the Data Notebook for the California

Behavioral Health Planning Council

BHB will form ad-hoc will complete notebook for this year; Vice Chair Katie Rice will chair; however, two more members are needed. Have until March to complete.

### d. Election of Officers

Nominations are:

Chair – Carolyn Evans  
 Vice Chair – Katie Rice  
 Secretary – Francine Farber

Carolyn asked to approve on slate

Donald Vanderheyden made a motion to vote on slate; Margaret Corasick seconded the motion. Comments held; none received.

Ayes: Margaret Corasick, Francine Farber, Marta Obler, Jerry Wengerd, David Thorne, Curtis Thornton, Donald Vanderheyden,

Abstain: Carolyn

Absent: Katie Rice (not present during vote), Ward Scheitrum

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**VII. Committee Reports****a. Adult Services**

The topic was General Relief (GR), which acts as a safety net for individuals that do not qualify for other forms of assistants. They were informed of the process for caregivers and providers, how they are able to assist their clients through process with minimal complications. They are also working to improve services for GR as well as helping individuals that need to apply for Social Security Disability Benefits through other programs through grants they received.

Lively discussion about future agenda items. Since there is no longer an SUD committee; asking for someone from DBH to attend February meeting on the subject.

**b. Children's Services Committee**

Meets on Thursday, December 2018 at the Uplift Program.

**c. Justice Committee**

Meeting January 14, 2019.

**d. Holistic Cultural Education and Wellness Center Advisory Council – December meeting, pending finalization of plan.****e. Other reports or announcements****VIII. Public Comment** *(Any person wishing to address the Board will be limited to 5 minutes or less according to the time available and the number of those wishing to address the Board)*

Held; none received.

**IX. Meeting adjourned at 4:11 PM**

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