

Jim  
RECEIVED

MAY 26 2006

DIRECTOR'S OFFICE  
DEPARTMENT OF BEHAVIORAL HEALTH



CALIFORNIA DEPARTMENT

# Mental Health

1600 9th Street, Sacramento, CA 95814  
(916) 654-3551

May 19, 2006

Giang Nguyen, RN, MSN, Director  
Fresno County Department of Behavioral Health  
4441 E. Kings Canyon Road, Room 48B  
Fresno, CA 93702

*Giang*  
Dear Ms. Nguyen:

Congratulations. The Fresno County funding request for an Extension of Community Program Planning and System Improvement funds from the Mental Health Services Act (MHSA) Community Services and Supports allocation has been approved. This letter constitutes the Department of Mental Health's (DMH) notice of funding based on your county's response to DMH Letter No.: 05-06. Funding for Extension of Planning Funds in the amount of \$395,000 and the System Improvement component in the amount of \$95,600 have been approved. The total amount of start-up funding approved under this request is \$490,600. Attached is a copy of your request letter and budget for the Extension of Community Program Planning. As provided in the attached Budget Worksheet, these funds shall be used for the following:

- Increase of solicitation for community summits and input.
- The outreach to specific target populations and the facility and cost required to achieve these actions
- Cost of ongoing consultant services necessary to assist in the completion of the MHSA Three-Year Program and Expenditure Plan
- Travel and transportation for County-paid consumer advocates and to do outreach to County consumers
- Office supply, facility and equipment costs
- Training for two clinic supervisory staff, three mental health program staff and five consumer family members to attend the Recovery Immersion training at the Village Integrated Service Agency
- CIMH Consultation
- Development of Contracts
- System Review and establishment of ongoing accountability measures

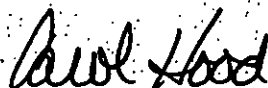
Giang Nguyen, RN, MSN, Director

May 19, 2006

Page 2

Feel free to contact Angel Jenkins, your County Operations liaison, at (916) 651-6090 if you have any questions. I look forward to continuing this effective partnership for transforming the delivery of mental health services in California.

Sincerely,



CAROL HOOD  
Deputy Director  
Systems of Care

Attachment

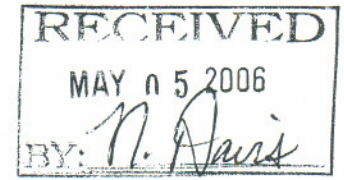
cc: Mental Health Services Oversight and Accountability Commission  
California Mental Health Planning Council  
Chief, County Operations  
Chief, Adult and Older Adult Program Policy  
Chief, Community Services and Supports Policy Section  
Chief, Child and Family Program Policy  
Chief, Fiscal Systems  
Chief, Local Program Financial Support

Nicole



**Department of Behavioral Health**  
**Giang T. Nguyen, RN, MSN, Mental Health Director**

*Quality Mental Health, Substance Abuse and Social Services for the People of Fresno County*



April 19, 2006

Ms. Angel Jenkins  
Associate Mental Health Specialist  
Department of Mental Health  
1600 9<sup>th</sup> Street – Room 100  
Sacramento, CA 95814

Dear Ms. Jenkins:

As authorized by DMH Letter 05-06, Fresno County is herein submitting its request for start-up funding of the Extension of Community Program Planning Funding and System Improvement Funding. You will also find attached Budget Worksheet A for the Fiscal Year 2005-06 MHSA Extension of Community Program Planning submission. Our focus for utilization of the requested resources is the increase of solicitation for community input, the outreach to specific target populations and the facility and equipment costs required to achieve these actions.

We appreciate your consideration of this request and look forward to your response. Upon notification of approval, Fresno County will take immediate action to implement the proposed strategies. Thank you for your time and attention to this matter. If there are any questions regarding our requests, please contact me at (559) 253-9180.

Sincerely,

Giang Nguyen, Director

Cc: Gary Zomalt, Director of Children and Family Services  
Vicki Samarin, Deputy Mental Health Director  
Debbie DiNoto, Division Manager

Enclosures: 2

## Budget Worksheet A

### Fiscal Year 2005-06 MHSa Extension of Community Program Planning

Date: 03/28/06

<u>County:</u> FRESNO COUNTY	County Mental Health Department	Community Mental Health Contract Providers	Total
<b>1. Salaries and Benefits</b>			
a. Salaries, Wages and Overtime	\$47,346		\$47,346
b. Bi-Lingual Pay Supplement			\$0
c. Employee Benefits	\$20,291		\$20,291
d. Total	\$67,637	\$0	\$67,637
<b>2. Consumer and Family Member Support</b>			
a. Stipends, Wages and Contracts			\$0
b. Translator Services			\$0
c. Travel and Transportation (including meals, housing, mileage, etc.)			\$0
d. Childcare			\$0
e. Other			\$0
f. Total	\$0	\$0	\$0
<b>3. Other Operating Expenditures</b>			
a. Professional Services	\$265,863		\$265,863
b. Travel and Transportation	\$25,000		\$25,000
c. Supplies (Postage, Copying, Office Supplies, etc.)	\$10,000		\$10,000
d. Rent, Utilities and Equipment	\$1,500		\$1,500
e. Other	\$5,000		\$5,000
f. Total	\$307,363	\$0	\$307,363
<b>4. Inter/Intra-Governmental Transfers</b>			
a. County Social Services Agency			\$0
b. County Health Services Agency			\$0
c. County Probation Agency			\$0
d. Education Agency(ies)			\$0
e. Other			\$0
f. Total	\$0	\$0	\$0
<b>5. Administration</b>			
a. County Overhead	\$20,000		\$20,000
b. Contract Overhead			\$0
c. Total	\$20,000	\$0	\$20,000
<b>6. Total-Proposed Community Program Planning Budget</b>			
	<b>\$395,000</b>	<b>\$0</b>	<b>\$395,000</b>

## Fresno County Start-up Funding Request

In accordance with DMH Letter No. 05-06, Fresno County is requesting start-up funding as described below:

### 1. Extension of Community Program Planning Funding

During the MHPA three-year plan development, Fresno County made significant efforts to solicit input and participation from individuals and groups widely representative of the County's unserved and underserved populations. Through a qualified contractor, sixteen public forums were held throughout the County, and five diverse task groups developed mental health transformation strategies and priorities. During the 30-day period for public review of the draft plan, four additional public forums and a final public hearing were hosted by the Mental Health Board. Finally, there was extensive public input at the widely publicized Board of Supervisors meeting where the Plan was approved.

Despite this extensive effort, discussion and comments in each of the forums expressed the consistent theme that outreach efforts were still not sufficient. The observations were, in general, that the barriers of language, culture, ethnic origin, and geography affected those most in need and least able to participate.

Based on the extended planning needs mandated by consumers, families and community advocates, Fresno County requests community planning funds (Budget Worksheet A, \$395,000) to continue planning to ensure the fidelity of the Plan implementation process. The County anticipates that further community planning will result in identification of even greater members of uncaptured, unserved and underserved individuals and families. The proposed funding includes:

- A. Support costs for an assigned Interim Plan Coordinator and other appropriate staff resources to initiate a community-wide debriefing process while the County makes revisions to the Plan and awaits review and approval by the State (\$67,637) The facilitated debriefing will seek to identify gaps and weaknesses in the original outreach efforts and solicit community input on strategies for an improved, focused, effective process for review and revision of the adopted Community Services and Supports Plan.
- B. Fund community-based services and County operating expenses (\$307,363) for:
  - Outreach by agencies and organizations most qualified to reach specific target populations, such as older adults, gay, lesbian and transgender individuals, migrant farm workers, Southeast Asian communities, Native Americans, Russian immigrant and East Indian cultures, physically disabled persons, family members of consumers, educational institutions, and homeless persons.

Each contracted vendor will provide support services such as consumer/family member stipends, travel reimbursement, meeting facility costs and refreshments, interpreter services, relevant media campaigns, and child/respite care to assure maximum access for the specific population. In addition, each vendor will, at the conclusion of the outreach process, provide written feedback and recommendations to the Plan Coordinator for transformation strategies to be implemented during years two and three. (\$143,748)

- Professional services to assure that the revised two-year Plan is, after adoption by the Fresno County Board of Supervisors, accurately translated into Spanish, Hmong, Lao and Cambodian. In addition, a tape (for visually impaired individuals) will be made, in English, summarizing the Fresno County MHSA Plan. Also, a user-friendly, easily understood, information brochure will be prepared to highlight State-approved strategies and funding priorities, to be distributed in English, Spanish, Hmong, Lao and Cambodian. This includes copying costs for the revised Plan and brochure. (\$122,115)
  - Travel and transportation costs for County-paid consumer advocates to do outreach to County consumers, including those housed in board and care facilities; institutions for mental disease, both in and outside of Fresno County; peer support groups and networks; and other consumer locations as needed. (\$25,000)
  - Office supply costs as needed to support the community planning process. (\$10,000)
  - Facility and equipment costs for County-hosted public meetings. (\$1,500)
  - Meeting supplies and refreshments for County-hosted public meetings. (\$5,000)
- C. Partial support for County overhead costs related to the extended planning process (\$20,000).

## 2. System Improvement Funding

To ensure that appropriate actions are taken to prepare for timely implementation of strategies adopted in the Plan, Fresno County will utilize System Improvement funding shown in Budget Worksheet B (\$1,829,021) for:

- A. The County will contract with professional consultants to obtain system review and community-based services, including (\$405,685):
  - Review and assessment of all County mental health services and recommendations for improvement (\$290,476). Includes development and release of Request for Proposals, implementation and management of MHSA outcomes (\$64,284); support and services from other County Departments (\$50,925).
  
- B. The County will also contract with professional consultants to outreach to minority populations within Fresno County (\$400,831), including: (year 1 – County staff contract development and implementation - \$48,031; year 2 – consultant on-going surveys, need assessment, outreach, recommendations, implementation - \$176,400; and year 3 – on-going surveys, need assessment, recommendations and implementation - \$176,400)
  - Technical assistance regarding cultural competency implementation of services. This would involve gathering demographic information on service areas for planning of future services; develop methodologies inclusion of minority communities (e.g., Native American, African-American, Southeast Asian); and conduct need assessment surveys so future outreach and services can be developed.
  - Outreach to migrant farm worker population within Fresno County.
  - Outreach and needs assessment survey of the physically challenged with severe mental illness, including the deaf, developmentally disabled and physically disabled populations.
  
- C. Ongoing contracts with various agencies (e.g., CIMH, etc) for consultation for system change for Fresno County (\$249,631): (year 1- County staff contract development and implementation, \$48,031; year 2 – Consultant,\$100,800; and year 3 – Consultant, \$100,800)
  
- D. Equipment & supplies, including PC, color printer, scanner (and maintenance) , projector, laptop, and printing supplies. (\$17,380)
  
- E. On-line medical records, hardware and software and recurring costs (\$719,530).
  
- F. Teleconferencing equipment, including installation (\$14,730)

G. Training for Mental Health Board (\$21,234)



## Budget Worksheet B

### Fiscal Year 2005-06 MHSA System Improvement Funding

Date: 05/04/06

<u>County:</u> FRESNO COUNTY	County Mental Health Department	Community Mental Health Contract Providers	Total
<b>1. Salaries and Benefits</b>			
a. Salaries, Wages and Overtime	\$2,590		\$2,590
b. Bi-Lingual Pay Supplement			\$0
c. Employee Benefits	\$1,110		\$1,110
d. Total	\$3,700	\$0	\$3,700
<b>2. Consumer and Family Member Support</b>			
a. Stipends, Wages and Contracts			\$0
b. Translator Services			\$0
c. Travel and Transportation (including meals, housing, mileage, etc.)			\$0
d. Childcare			\$0
e. Other			\$0
f. Total	\$0	\$0	\$0
<b>3. Other Operating Expenditures</b>			
a. Professional Services	\$75,730		\$75,730
b. Travel and Transportation			\$0
c. Supplies (Postage, Copying, Office Supplies, etc.)			\$0
d. Rent, Utilities and Equipment	\$14,730		\$14,730
e. Other			\$0
f. Total	\$90,460	\$0	\$90,460
<b>4. Inter/Intra-Governmental Transfers</b>			
a. County Social Services Agency			\$0
b. County Health Services Agency			\$0
c. County Probation Agency			\$0
d. Education Agency(ies)			\$0
e. Other	\$1,440		\$1,440
f. Total	\$1,440	\$0	\$1,440
<b>5. Administration</b>			
a. County Overhead			\$0
b. Contract Overhead			\$0
c. Total	\$0	\$0	\$0
<b>6. Total-Proposed Community Program Planning Budget</b>	<b>\$95,600</b>	<b>\$0</b>	<b>\$95,600</b>

## Fresno County Start-up Funding Request

In accordance with DMH Letter No. 05-06, Fresno County is requesting start-up funding as described below:

### System Improvement Funding

To ensure that appropriate actions are taken to prepare for timely implementation of strategies adopted in the Plan, Fresno County will utilize System Improvement funding shown in Budget Worksheet B (\$95,600) for:

- A. Agreements with various agencies (e.g., CIMH, etc.) for consultation for on-going system review/community-based funding for Fresno County (\$80,870). County staff will conduct contract development and implementation, beginning October 2006, \$2,978; February/March 2007 Consultant, \$75,730; beginning July 2007, and support from other County departments, beginning November/December 2006, \$2,162.

This funding will be used to contract with various agencies, e.g., CIMH for consultation for system reviews, e.g., for development of system outcomes that are recovery oriented, and consumer directed. The agreement(s) are to assess Fresno County Department of Behavioral Health's and the Department of Children and Family Services mental health delivery system.

Currently there are large amounts of realignment funding for the intensive types of services, e.g., inpatient, crisis, conservatorship, etc. It is proposed that this funding be utilized to provide an assessment and plan for the Departments to follow to provide more recovery/wellness philosophy to its service delivery and to reduce the number of intensive/crisis types of services, increase outpatient services that are best practice, client directed with family involvement.

- B. Teleconferencing equipment, including installation (\$14,730), August 2006.

The teleconferencing equipment is approximately, \$12,030. The installation of cabling is approximately \$1,200. The installation of phone lines for this type of equipment is approximately \$1,500. The Department of Behavioral Health is looking at purchasing a system equal or similar to the Polycom Viewstation VSX 7000.