

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

PROGRAM TITLE: OPTIONS

PROVIDER: WESTCARE

PROGRAM DESCRIPTION:

The Options Daily Access Program serves consumers with a serious mental illness who are at risk of psychiatric hospitalization or recently hospitalized with the goal of optimizing community living skills, improving symptom management and interpersonal effectiveness and offering support toward wellness and recovery. Persons with co-occurring substance abuse disorders also receive specialized services to address the role that substance abuse plays in the management of their psychiatric illness. The focus is on those consumers most at risk of psychiatric hospitalization who are not otherwise linked to mental health resources and are frequent visitors to area emergency departments and inpatient psychiatric units. Days and times of operation are Monday-Friday 8am-8pm, Saturday/Holidays 8am-5pm.

AGES SERVED:

Children
 Adult

TAY
 Older Adult

DATES OF OPERATION: June 15, 2009 – Current

DATES OF DATA REPORTING PERIOD: Oct. 2010 through Jan 2011

OUTCOME GOAL

1. Immediate contact post crisis to determine level of need and interventions to alleviate repeated ED access; as indicated by those referred with viable contact information who are engaged and do not have recidivism to ED for 72 hours.

OUTCOME DATA

93 persons were referred to OPTIONS from October 2010 through January 2011

OPTIONS staff made initial contact attempt same day of referral for 34% (32 persons), and within 24 hours for 29% (27 persons), 28% (25 persons) were contacted two days after referral and 9% (9

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persons) could not be contacted due to inadequate contact information.

26 of the 93 persons referred (28%) were admitted to service. 67 of the 93 persons referred (72%) were not admitted due to clients not meeting program criteria, no or insufficient response to program staff, etc.

Of those 26 persons admitted 61.5% (16 persons) were admitted within 3 days of referral, 23% (6 persons) were admitted between 4-6 days; the remaining 15.5% (4 persons) were admitted from 15 to 21 days after referral after multiple contact attempts.

None of the 26 persons admitted for OPTIONS services during the reporting period had a subsequent ED visit while in OPTIONS care.

2. Consumers achieve goals of adequate health care, independent living and self-sufficiency; indicated by number of OPTIONS participants who achieve

54 clients were discharged from September 2010

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stable health, housing, etc; are referred to other ongoing systems of care

through January 2011; of these 27 (50%) were linked to ongoing care. The remaining 27 self-discharged or refused further services.

15 successfully linked to FSP
2 successfully linked to UCWC
1 successfully linked to Metro
2 successfully linked to CVRC
1 successfully linked to TP Rural Program
1 successfully linked to Blue Sky Wellness Center
1 successfully linked to SEES
1 successfully linked to First Onset
1 successfully linked to PATHS
2 referred to AOD treatment

3. Consumers with psychological disorders achieve wellness and recovery, improved quality of life from the patient's perspective for those with depressive disorder. Decrease in symptoms; indicated by scores on PANSS (for psychotic disorders), MADRAS (for mood disorders), LOCUS score and GAF as compared at Admission and Discharge.

41 clients were discharged for the reporting period October 2010 to January 2011; of these; 8 clients were assessed but did not engage in subsequent treatment; 9 clients did not have a complete data set (incomplete data - clients

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self-discharged or refused further services), leaving 24 clients that had a complete data set (admission and discharge scores). Thus Information presented for the outcome measures below are for these 24 clients.

LOCUS:

Mean score at admission was 25.6 with a range of 17-31;

Mean score at discharge was 20.5 with a range of 14-21

Five point average decrease in LOCUS score indicates significant improvement in overall functioning with reduction in level of care assessment.

DSM IV GAF Rating

Average increase in GAF score from Admission to Discharge was 13.5 points indicating substantially reduced symptoms at time of discharge.

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PANSS (Psychotic Rating)

Average PANSS score at admission was 121 indicating seriously disabling psychotic symptoms; range of 142-65

Average PANSS score at discharge was 80, a decrease of 41 points; a decrease of 10-12 points is considered significant when medications are evaluated for efficacy.

MADRAS (Mood Disorder Rating)

Average MADRAS score at admission was 36 indicating significant and disabling depressive symptoms.

Average MADRAS score at discharge was 13. Threshold for diagnosis of depression on MADRAS scale is 12.

10 clients with MADRAS scores had a greater than 50% reduction in depressive symptoms.

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**SIGNIFICANT IMPROVEMENT
WAS DEMONSTRATED IN
ALL METRICS**

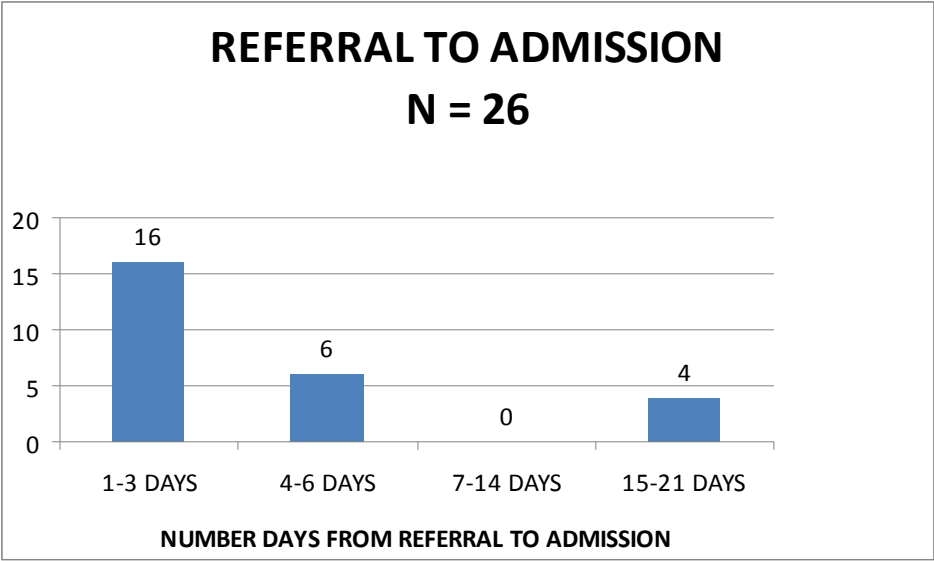
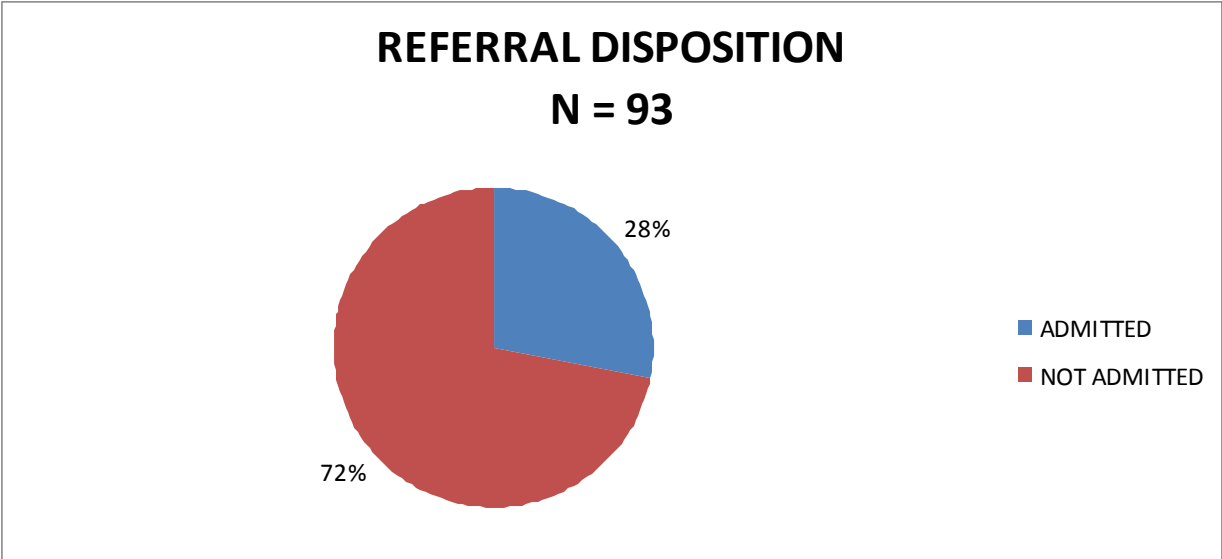
DEPARTMENT RECOMMENDATION(S):

Based on the outcome and contract measurements reported, the Department recommends to continue MHSA funding for this program for Fiscal Year 2011-12.

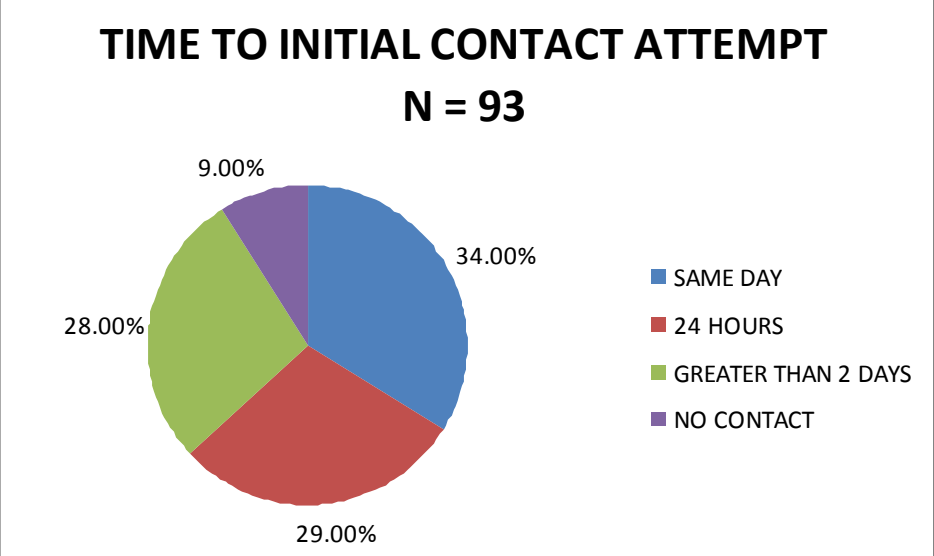
See Figures below

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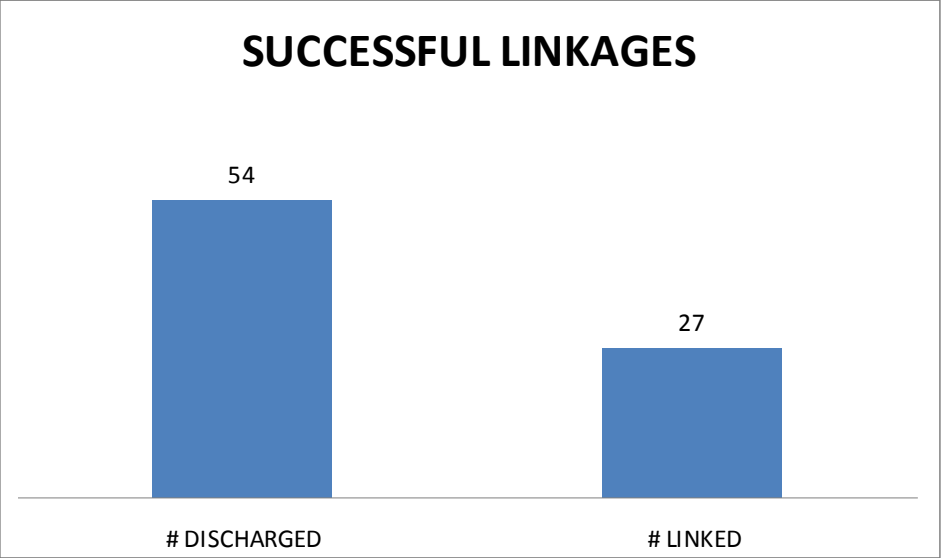
OUTCOME ONE



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OUTCOME TWO



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OUTCOME THREE

