

# FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

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**PROGRAM TITLE:** Older Adult Mental Health MHSA      **PROVIDER:** Department of Behavioral Health

**PROGRAM DESCRIPTION:** The Department of Mental Health (DBH) MHSA, Older Adult Team's mission is to provide, through the utilization of a culturally competent, strength-based, and solution-focused approach to treatment – outpatient mental health services to older adults, ages 55-60 (transition aged older adults with Depressive Disorders) and 60 and older (all SMI disorders). The goal of the program is to increase outreach and engagement of services to seniors which will lead to a reduction in incarcerations, homelessness, and hospitalizations, as well as make access to mental health services convenient to consumers and their families. Another component to the program has been the provision of Adult Protective Services consultation and co –response to Mental Health consumers 55 and older or potential Mental Health consumers with outreach engagement in mind. The team is dedicated to supporting and inspiring Older Adults and their families of all ethnic backgrounds in Fresno County who are challenged by serious mental illness (which may also include substance abuse issues) to achieve the highest possible quality of life.

**AGES SERVED:**

Children  
 Adult

TAY  
 Older Adult

**DATES OF OPERATION:** September 2007 – Current      **DATES OF DATA REPORTING PERIOD:** Jan.1, 2011- Mar. 31, 2011

**OUTCOME GOAL**

Consumers will demonstrate improvement in overall functioning and ability to move toward less restrictive settings. A lower over-all score on the LOCUS measurement tool over a period of time, to be administered at admission, at 6 month intervals and upon discharge. Consumers will also demonstrate improvement by way of discharging from this Outpatient Specialty Mental Health service into a primary care setting with other supports as needed (i.e. also attending a “drop-in” Wellness Center/Group as needed).

**OUTCOME DATA**

The program started to implement LOCUS tool in January 2011. LOCUS Jan 2011 thru March 2011 baseline data being gathered at this time. Total number of LOCUS tools administered so far is 59 with a mean (average score) of 16.35. This falls between levels 2-3 on Levels between 1 thru 6. LOCUS scores will then be

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measured after 6 month and/or at discharge and will be reported at that time.

The program has reported a decrease in the number of hospital bed days by 60% and number of hospitalization episodes decrease by 50%. The program's hospitalization rate is less than 5% of consumers, with a length of stay of 6 days or less. The incarceration rate is less than 1%.

Some positive outcomes based on tracking clients for three (3) years prior to inception of program and three (3) years after its formation are shown in tables 1 and 2 and graph 1 below.

## **DEPARTMENT RECOMMENDATION(S):**

Based on the outcome and contract measurements reported, the Department recommends to continue MHSA funding for this program for Fiscal Year 2011-12.

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## Older Adult MHA Teams

Table 1

Program	Measure	July 2004-June 2007 (Prior to MHA Program Implementation)	July 2007-June 2010 (after MHA Program implementation)
PACT	Episodes	39	38
PHF	Episodes	11	4
JPS	Episodes	2	0

Table 2

Program	Measure	July 2004-June 2007 (Prior to MHA Program Implementation)	July 2007-June 2010 (after MHA Program implementation)
PACT	No. of Days	62	46
PHF	No. of Days	70	23
JPS	No. of Days	2	0

PACT – Psychiatric Assessment Center for Treatment

PHF - Psychiatric Health Facility

JPS – Jail Psychiatric Services

Forty-one (41) out of 170 clients studied had episodes in one of the three program categories during one or both time periods.

The episodes decreased only slightly in PACT but the number of days declined significantly from 62 to 46.

The episodes in PHF were cut by more than half and the number of days decreased significantly from 70 to 23.

The episodes in JPS dropped from 2 episodes of 1 day each to zero.

# FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

Graph 1

In this Graph, the blue line represents three years prior to MHSA program implementation and the number of overall Days consumers spent in PACT, PHF or the Jail. The purple line represents the three years after MHSA program inception and the reduction in total number of Days in these programs.

