

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

PROGRAM TITLE: Living Well Program (LWP) **PROVIDER:** Fresno Center for New Americans (FCNA)

PROGRAM DESCRIPTION: The Living Well Program (LWP) goals are primarily to provide culturally and linguistically competent mental health services to meet the needs of the Southeast Asian (SEA) community in Fresno County, to serve as a training site to achieve diversification in the mental health workforce, and to provide cross-cultural training for health care professionals. This program serves as a training/practicum site for SEA graduate and post-graduate SEA students (post Master's or post-Doctorate Degrees) to work toward completing all of the requirements necessary to take the licensure exams to become licensed mental health clinicians. These services are provided in traditional SEA languages and therapeutic methods are adapted appropriately to respond to the diverse mental health needs of SEA consumers.

AGES SERVED:

Children
 Adult

TAY
 Older Adult

DATES OF OPERATION: September 1, 2008 to present

DATES OF DATA REPORTING PERIOD: Jan. 2010 to Dec. 2010

OUTCOME GOAL

To increase access to culturally and linguistically appropriate mental health services for SEA consumers.

90% of those engaged in services will not access higher levels of care.

Those engaged in services will have zero (0) days of homelessness.

To increase the number of bicultural and bilingual mental health clinicians (contract goal was 4 clinicians)

OUTCOME DATA

Compared to the contract goal of 75, an average of 88 consumers have received Psychotherapy (individual and group) and/or other mental health services by bilingual and bicultural clinicians.

100% of consumers served have not required a higher level of care.

No (0) consumers served were homeless at intake, during or after engaging in services. No consumers served have declined housing assistance.

1 Clinician (currently the Clinical Director) passed the LCSW exam in 2009; 3 student interns have successfully completed their field practicum hours; 2 unlicensed clinicians have completed 50% of their required clinical hours in preparation to take their exams.

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Evidence of improved access of services for all engaged in the program

100% of consumers with Medi-Cal insurance have been linked to PCP. 100% of those who have no Medi-Cal or any other form of medical insurance have been linked or attempted to be linked to the Medically Indigent Service Program (MISP).

57 (65%) of consumers served receive SSI benefits.
16 (18%) of consumers have been assisted with application for SSI benefits, their benefits are in progress/pending.
15 (17%) of consumers have been denied benefits.

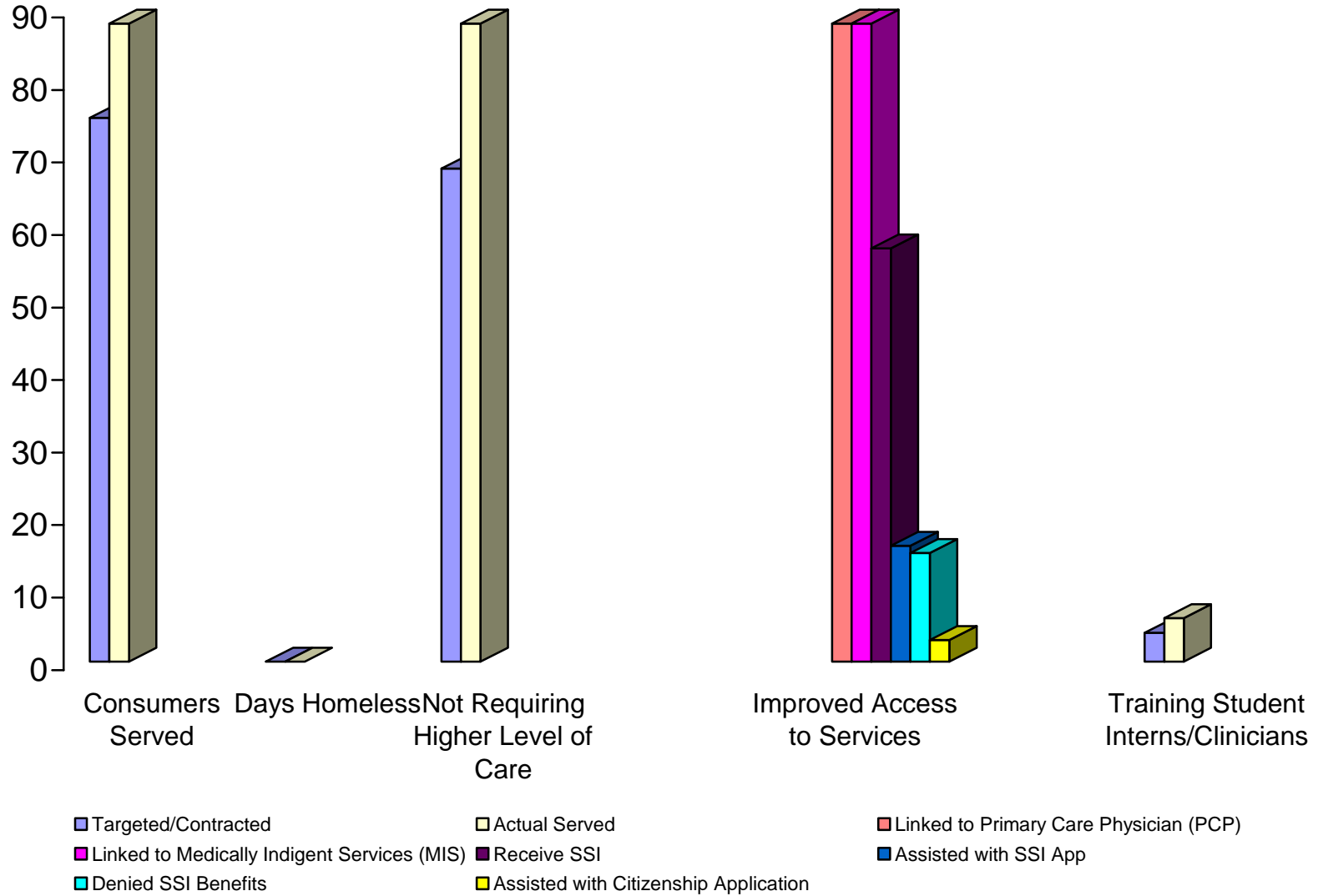
80% of consumers are aware of services available to assist in becoming naturalized citizens. 3 consumers have been helped with citizenship applications. Of the three, 1 obtained US citizenship, 1 was denied, and one is in progress.
(See tables below)

DEPARTMENT RECOMMENDATION(S): Based on outcome and contract measurements reported, the Department recommends continuing MHSA funding for this program for FY 2011-12.

See pages 3-4 for tables

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FCNA Comparison of Outcomes



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	Consumers Served	Days Homeless	Not Requiring Higher Level of Care	Improved Access to Services	Training Student Intern/Clinicians
Targeted/Contracted	75	0	68 (90% of 75)	75 (100%)	4
Actual Count	88	0	88 (133%)	88 (133%)	6 (150%)
Linked to PCP				100% of those with Medi-Cal	
Linked to MISP				100% of those non-Medi-Cal	
Receives SSI	57			57 (65%)	
Assisted with SSI App	16			16 (18%)	
Denied SSI Benefits	15			15 (17%)	
Assisted with Citizenship	3			3 (3.4%)	