

# FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

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**PROGRAM TITLE:** Assertive Community Treatment (ACT)      **PROVIDERS:** EMQ FamiliesFirst

**PROGRAM DESCRIPTION:** The ACT team, a Full Service Partnership, provides a wide range of mental health and rehabilitation services to SED youth, who are at risk of involvement with the juvenile justice system who have been through traditional service delivery, aged 10-18 and their families. Services include individual and family therapy, case management, substance abuse, educational and vocational support, and psychiatric services. Program goal capacity is 100 youth at any given time. Based on FSP State Data Collection Records (DCR) the ACT program had 118 active partners during calendar year 2010 (January 1, 2010-December 31, 2010), of which 30 have been discharged.

**Note:** there are more outcome goals and outcome data included in this report than those identified by the Department's Outcomes Committee to provide more information on the performance of this program.

## AGES SERVED:

Children  
 Adult

TAY  
 Older Adult

**DATES OF OPERATION:** August 25, 2009- Current

**DATES OF DATA REPORTING PERIOD:** Jan-Dec 2010

## OUTCOME GOALS:

**1. Reduce incidents of incarcerations for consumers on probation.** The number of arrests, citations, and probation violations experienced during the twelve month period prior to program entry is compared to the number experienced during the six month period prior to discharge.

**2. Youth and Caregivers will report an improvement in youth's social and emotional well being**

## OUTCOME DATA:

80% decreased or maintained at zero their number of arrests, citations or probation violations.

The Fresno ACT program began in August of 2009, so the November, 2009 administration of the Youth Satisfaction Surveys (YSS) and Caregiver Surveys (YSS-F) would have been the first opportunity to receive satisfaction feedback from the youth and families being served. Unfortunately, the State suspended the November, 2009

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administration of the YSS and YSS-F surveys, so no data was received at that time. Due to state budget constraints, the May, 2010 administration of the YSS and YSS-F surveys was also delayed.

**3. Reduce incidents of inpatient hospitalizations for consumers enrolled in the program.** The number of hospitalizations experienced during the twelve month period prior to program entry is compared to the number experienced during the six month period prior to discharge.

86% decreased or maintained at zero their number of hospitalizations.

**4. Youth will exhibit emotional and behavioral improvement, increase pro-social behavior, and improve adult/youth relationships.** Child and Adolescent Needs and Strengths (CANS) scale to measure improvement in this area.

No matched pair intake and discharge CANS data is available for the January-December, 2010 calendar year. Going forward, a summary of average intake and discharge CANS scores will be provided, as well as outcome data on the percentage of youth who improve on their total CANS scores between intake and discharge.

**5. Youth will be able to live in a stable home setting** (includes the home of birth or adoptive parents, a foster home, a relative's home, or living independently)

A majority of youth (69%) were discharged to a stable home setting.

**6. Academic Performance Will Improve** Improvement is measured by comparing each youth's academic performance during the 12 month period prior to ACT program enrollment, to the youth's academic performance during the 6 month period prior to discharge. Academic performance is determined by reviewing youth report cards as well as parent reports

Nearly half of the youth (43%) improved their school performance or maintained at least a C average.

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## **7. School Attendance Will Improve**

School attendance is assessed for the twelve month period prior to program entry and for the six month period prior to discharge. School attendance is determined by parent/caregiver reports as well as staff observation.

80% of youth improved their school attendance or were maintained at regular attendance.

## **8. Youth Will Stay Out of Trouble - Decrease Suspensions and Expulsions from School**

The number of suspensions and expulsions experienced during the twelve month period prior to program entry is compared to the number experienced during the last 6 months of program participation.

82% decreased or maintained at zero their number of suspensions/expulsions.

## **9. Improve Functional Stability and Reduce Need for Crisis Care - Decrease Children's Crisis Assessment and Intervention and Resolution (CCAIR) Visits**

The number of CCAIR visits experienced during the twelve month period prior to program entry is compared to the number experienced during the six month period prior to discharge.

81% decreased or maintained at zero their number of CCAIR visits.

**DEPARTMENT RECOMMENDATION(S)**: Based on outcome and contract measurements reported, the Department recommends to continue MHSA funding for this program for FY 2011-12.