

Policy Title: Physicians Consultation

Policy: The Department of Behavioral Health shall contract with addiction medicine professionals to be made available to County of Fresno SUD contracted providers when needed to seek expert advice in treatment plan design for specific DMC-ODS beneficiaries.

Purpose: Physician consultation services are to support DMC providers with complex cases which may address medication selection, dosing, side effect management, adherence, drug-drug interactions, or level of care considerations.

Procedure: If a complex situation is encountered during the course of treatment of a Drug Medi-Cal eligible beneficiary and additional assistance is required the service provider's Medical Director may contact the Clinician Consultation Center to request advice on the following items:

- Assessment and treatment of opioid, alcohol, and other substance use disorders
- Approaches to suspected misuse, abuse, or diversion of prescribed opioids
- Methods to simplify opioid-based pain regimens to reduce risk of misuse and toxicity
- Urine toxicology testing- when to use it and what it means
- Use of buprenorphine and the role of methadone maintenance
- Withdrawal management for opioids, alcohol, and other CNS depressants
- Harm reduction strategies and overdose prevention
- Managing substance use in special populations (pregnancy, HIV, hepatitis)
- Productive ways of discussing (known or suspected) addiction with patients.
- Other complex cases regarding medication selection, dosing, side effect management, adherence, drug-drug interactions, or level of care considerations.

Contacting the Clinician Consultation Center

Option 1: (Immediate Assistance between the hours of 6am and 5pm, Monday - Friday): (855) 300-3595

Option 2: (Non Urgent Electronic Case Submission): <http://nccc.ucsf.edu/clinician-consultation/substance-use-management/>

Documentation

When this service is utilized, the medical director or LPHA working within their scope of practice who provided the treatment service to the DMC beneficiary shall record a progress note and keep in the beneficiary's file. Progress notes shall include the following:

1. Beneficiary's name
2. The purpose of the service
3. Date, start and end times of each service
4. Identify if services were provided face-to-face, by telephone or by telehealth.



CLINICIAN CONSULTATION CENTER

National rapid response for HIV management and bloodborne pathogen exposures.

Substance Use Warmline
Peer-to-Peer Consultation and Decision Support
10 am – 6 pm EST Monday - Friday
855-300-3595

Free and confidential consultation for clinicians from the Clinician Consultation Center at San Francisco General Hospital focusing on substance use in primary care

Objectives of the Substance Use Warmline:

- Support primary care providers in managing complex patients with addiction, chronic pain, and behavioral health issues
- Improve the safety of medication regimens to decrease the risk of overdose
- Enhance the treatment, care and support for people living with or at risk for HIV
- Discuss useful strategies for clinicians in managing their patients living with substance use, addiction and chronic pain.

Consultation topics include:

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The CCC's multi-disciplinary team of expert physicians, clinical pharmacists and nurses provides consultation to help clinicians manage complex patient needs, medication safety, and a rapidly evolving regulatory environment.

Learn more at <http://nccc.ucsf.edu/clinician-consultation/substance-use-management>

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