



County of Fresno

ADVISORY BOARDS AND
COMMISSIONS

FRESNO COUNTY BEHAVIORAL HEALTH BOARD

Wednesday, July 18, 2018 at 2:30 PM
Blue Sky Wellness Center
1617 E Saginaw Way - Fresno, CA 93704

Regular Meeting Minutes

<u>MEMBERS PRESENT</u>	<u>BEHAVIORAL HEALTH</u>	<u>PUBLIC MEMBERS –</u> <u>Continued</u>
Carolyn Evans	Dawan Utecht	Jorge Romero
Marta Obler	Kathy Anderson	Rondy Early Packard, Jr.
Katie Lynn Rice		Fidel Garibay
Curt Thornton	<u>PUBLIC MEMBERS</u>	Virginia Sparks
David Thorne	Rachel Ensom	Kym R. Moore
Donald VanDerheyden	Sharon Ross	Keith Ennis
	Marilyn Bamford	Leon Hoover
<u>MEMBERS ABSENT</u>	Krystal Rios	Rosio Laguna
Renee Stilson	Dana Riley	Trish Small
Francine Farber	Lilith Assadourian	Brian Conway
	Stan Lum	
<u>BOARD OF SUPERVISORS</u>	Amanda Takahashi	
Sal Quintero	Elizabeth Escoto	
	MaryLou Brauti-Minkler	

I. Welcome and Success Story

Meeting was called to order at 2:34 PM.

a. Success Story

Fidel Garibay and Brian Conway discussed the success of Crestwood Behavioral Health. Within Fresno County, there are two facilities the Fresno Bridge and Kingsburg Healing Center.

The organization is celebrating its 50th anniversary. The facility was founded by James Dobbins, Sr., in 1968. In search of a facility to care for his mother, he found there was no adequate place for her. With the help of friends and partners, the first facility Crestwood Hospitals was built in Sacramento, CA. Over time, the institute was reorganized as Crestwood Behavioral Health. Their culture is one of hope, family and wellness, and they go by the philosophy that, “they (clients) don’t live in our office, we work in their home”.

The Kingsburg Healing Center opened in 2004, currently serving 66 Department of Behavioral Health clients. The clients were all conserved by the county, with

exception that some of them currently receive Mentally Incompetent to Stand Trial (MIST) services. The average length of stay is 6 to 9 months; most referrals come from Exodus Psychiatric Healthcare Facility (PHF) and Community Behavioral Health Center (CBHC), and laterals are accepted.

Invitations regarding the celebratory events are forthcoming; each facility is having its own celebration.

II. Approval of Agenda by Board

Agenda approved.

III. Approval of Minutes from July 20, 2018

Minutes approved with changes as noted by Curt Thornton.

IV. Update & Program Review – Department of Behavioral Health – Director Dawan Utecht

Executive Summary, including:

1) Mental Health Services ACT (MHSA)

Currently the department is recruiting for an MHSA Coordinator. The Annual Update process is at the early stages. The department will combine AB 114 Reversion Spending Plan and Innovations Plan; however, the Innovations Plan has its own set of requirements. There will be Program-Based stakeholder input, requesting providers and contracted providers to convene a group of stakeholder meetings (clients, families, staff, etc.) to gather input. Additionally, there will be a form on the DBH website that can be completed via a Survey Monkey; hardcopies will also be available. The department will also advertise via media and steps on how to access information. Lastly, in the process of establishing dates for public stakeholder meetings, Dawan asked the Behavioral Health Board (BHB) to consider holding a meeting before or after the regular BHB meeting.

Mental Health Systems Oversight and Accountability Commission (MHOAC) will visit Fresno County September 6th and 7th. . They will meet and attend the Suicide Prevention Collaborative meeting. Dawan added that the Collaborative completed the first draft plan; she noted the plan will be a living document.

Youth Listening Sessions were incorporated into the MHSA Plan. This is a potential new program that includes gathering input from youth receiving behavioral health services.

2) Adult Services

The new Crisis Residential Unit (CRU) is complete; currently it is going through licensures. The CRU services will be provided Central Star.

Crisis Intervention Team Expansion – the RFP was released; there was only one session held where questions were taken. The expansion of the RFP will add more officers; currently there are four. It will also add some from Clovis.

Thus additional clinicians will be added.

Space Planning – The department contracted a consultant team, Harbage + Co., to assist the department with planning for current and future space needs. They will help solidify improving existing space or search out new space.

3) Misdemeanant Incompetent to Stand Trial – In the January, Governor’s Budget proposal, it was intended to add Incompetent to Stand Trial. They also created an In Custody Restoration Plan. They asked county jails to assist with creating a Restoration Program. MIST is a county behavioral health responsibility. Currently there are 15 California counties that use restoration plans; for that they receive funding to address the issues. Fresno County is one of the 15; the work is ongoing.

4) Children’s Services

Schools Contract Implementation

Fresno County Superintendent of Schools (FCSS) contract signed, it will serve clients ages 0 – 22. The department will continue to have school-based staff on campus to support and augment the work. Anticipate good partnerships with managed care plans and private insurances to ensure linkage. Still lots of work to do. There will be a presentation during the August BHB meeting.

Presumptive Transfer (AB 1299)

If a child resides in one county but receives services in another county, this should help ensure there are no barriers when receiving treatment. Working out how agencies are paid, because Medi-Cal is based on county origin, to pull down funds that county has to bill. Further, the county of origin may not have the services / providers available to receive appropriate services. The goal is to have the county where the child is placed to have contracts with providers in the home county and they will pay for services via the contract and through a banking pool that will be used for counties to exchange funds for services rendered. There are details that still need to be worked out.

5) Substance Use Disorders Services

- Department of Healthcare Services Readiness Review

Required by the Federal Government and DHCS. The review looks at work being done, documents, planning and how the county intends to implement. The review was complete in June (3 months prior to anticipated Go Live date) - it went well. There were 70 – 80 narrative responses that required a response and back-up documentation; there were approximately 8 additional responses required, mostly adding sentences to PPG’s, ensuring clear language. Near submitting last responses to the state.

- Intergovernmental Agreement (IA) – this is with the state; it outlines old and new county responsibilities, in order to participate in DM Waiver and requirements for monitoring providers to ensure compliance.

- CMS has delayed approval of final “boilerplate”
Federal Government plays a big part in the agreement; they have been making some modifications to the language which have not been finalized; therefore, the counties scheduled to Go Live after July 1st have been delayed, including Fresno County.
- “Go Live” will be delayed to January 2019
- Funding the DMC-ODS (Drug Medi-Cal – Organized Delivery System)
Lot of expanded services under the waiver, changes and restrictions that go along with those services. The estimate for the total system is \$76 million, \$57 million will come through Drug Medi-Cal. Current cost system is \$21 million, \$17 million of that is Drug Medi-Cal. Looking at where to pull funds for to cover non-drug Medi-Cal cost.
- Strategies for Success
Developing provider readiness support program such as checklists and technical assistance such as business operations. Will start in the next few months, will be an on-going service. Additionally, URL’s will be done - daily, weekly, monthly tracking.

V. Old Business

Discussion and decision on possible meeting time changes: BHB monthly meeting
The BHB members discussed changing the monthly board meeting suggested from 2:30 – 4:30 PM to 3:30 – 5:30. Curt Thornton asked that it remain the same for logistical reasons such as business hours. Also, providers and / or staff may be required to work overtime to attend the meetings. Donald added, for consumers that attend and use the city bus, it may be difficult for them and must consider safety reasons. Keeping meeting time at 2:30; may bring agenda item back if needed.

Public comment held and received.

Curt motioned to keep current meeting time, Donald 2nd.

Ayes: Katie Rice, David Thorne, Don Vanderhayden, Marta Obler, Curt Thornton.

Abstain: Carolyn Evns

VI. New Business

A. Future site visits

Exodus PHF Psychiatric Unit for August and Renaissance Center / Santa Clara Housing Project in September.

DBH requested a list of potential sites the BHB would like to visit throughout the year. Curt agreed some spectrum of what the BHB wants to see is needed. The matter will be discussed during the next BHB Executive Meeting.

B. Behavioral Health Board Evaluation

Workshop requested ideas for BHB evaluation. Carolyn and Don volunteered to form an Ad Hoc committee to create an evaluation form from the materials that were provided.

VII. Committee Reports

A. Adult Services – No report

B. Children’s Services

At last meeting, Kyra Zimmerman, City without Orphans attended. She provided handouts and discussed multiple trainings, and trauma informed class – there is one-day seminar (spots available). There will be a teen support group for adoptive teens on August 3rd and other various on-line resources. Respite care night, held Friday night only held at Wellnore campus.

For DBH update talked about Lesby, discrepancy in billing; provide an update at a future meeting. Psychiatry contracted out to CCFMG and using Telepsychiatry, want to invite Dr. Tran. There are 300 referrals per month; CANS implementation started on Monday. Youth Wellness center added psychiatrist and LVN, psychiatrist can provide services in the home for more of the challenging cases.

Clovis Unified still is not allowing providers to meet with children on campus. Lesby will provide further information. School based services contracted with FCSS. Lesby will follow-up in October.

Next meeting August. 23rd, at Uplift 1630 E. Shaw Ave., Suite 150, 93710.

C. Justice Services

Staff from the newly contracted agency, California Forensic Medical Group (CFMG) visited. They reported David Alanis will be the Program Manager for the adult jail. They discussed the intake and screening process to ensure those in need of mental health services receive them while incarcerated, as well as the issuance of medication upon release and / or when being placed in which the individual will be given a two-week prescription. Justice will ask them to return later in the year.

Future topics may include Human Traffic Court and a guest speaker from the Conservator’s Office. Next meeting is September 10, 2018.

D. Ad Hoc Committee to Review and Possibly Revise Meeting Regulations and By-Laws

Ad-hoc meeting regulations and by-laws: Curt, Renee and Francine, all busy and impossible to get together. Curt developed a draft of changes of both documents, sent to BHB members. One subject with the ad-hoc committee was the Brown Act

and board committees.

E. Housing Task Force

Housing Task Force met on June 28th; most of the topics were covered last month during Dawan's Housing report. The report was sent electronically and also by hard copy. The report merits discussion by board. Corporation for Supportive Housing met with Stasis and Santa Clara staff to assess current housing programs and reported their findings. Discuss next month or September during next quarterly report. Concerns underutilizing the available housing, lack of communication between housing and clinical team, getting referrals in a timely manner, and sustainability.

F. Other reports or announcements

Mary Lou Braunti-Minkler announced save the date for the NAMI Dinner Dance / Silent Auction on October 26th. There will be a notice going out soon. NAMI will honor Ken Katz with American Ambulance for Crisis Intervention Training of the Fresno Police Department.

VIII. Public Comment

Rachel discussed meeting times, asked for consideration of holding BHB meeting in the evenings. Some family members of consumers are unable to attend as they are working. If trying to draw more people for awareness, may want to consider changing times to meet needs of public.

Kym added that she receives behavioral health services, and through Blue Sky, she learned of BHB meetings. She is happy there is a committee that addresses the individuals with behavioral health issues.

IX. Adjournment

Meeting adjourned at 3:56 PM.

This meeting is open to the public under the Ralph M. Brown Act.