

Fresno County, Department of Behavioral Health Full Service Partnership Program Outcomes Reporting Period – Fiscal Year (FY) 2015-16

The Fresno County, Department of Behavioral Health strives to evaluate Contract Providers and In-House programs on an ongoing basis to measure cost effectiveness, need for service, program success, and program improvement. This particular data report seeks to measure the departments Mental Health Services Act (MHSA) funded Full Service Partnership Programs (FSP), reporting period Fiscal Year (FY) 2015-16.

The MHSA, FSPs are an intensive and comprehensive case management programs that provide treatment and supportive services with a client/family –centered philosophy, doing, “Whatever it Takes” so that individuals with serious mental illness and/or serious emotional disorders can achieve more independent, meaningful and productive lives. The department MHSA Division encompasses seven (7) FSPs, all of which are contracted out for services and identified below:

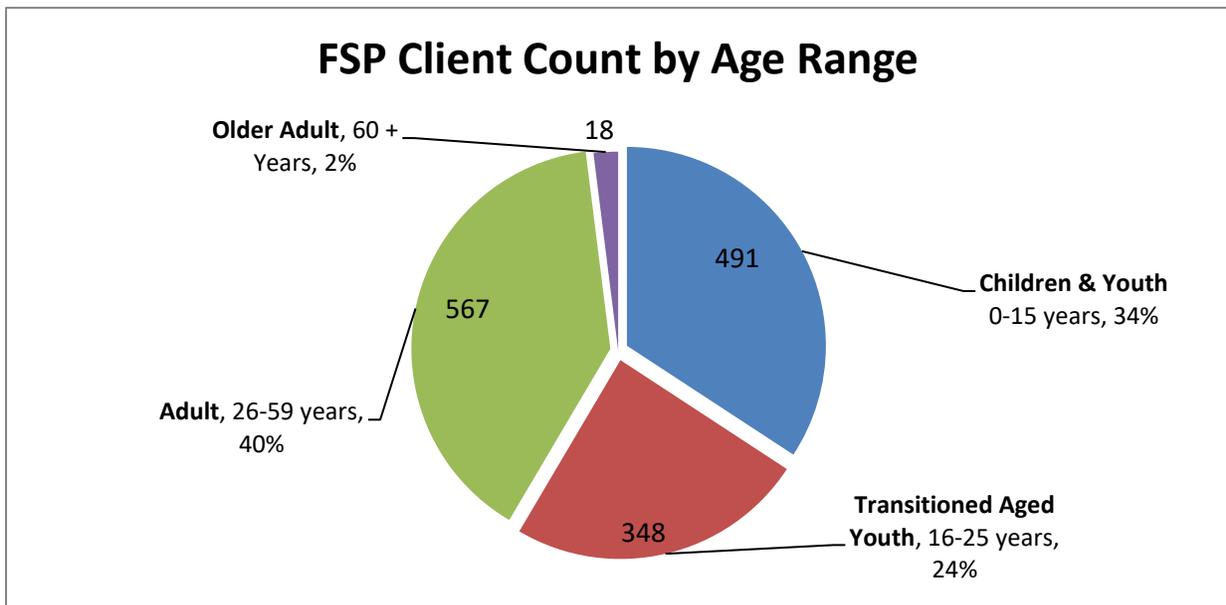
PROGRAM	PROVIDER	AGE RANGE	SERVICES PROVIDED
IMPACT	Mental Health Systems, Inc.	Adult (26-59) Older Adult (60+)	Provides and coordinates mental health services, housing and substance abuse treatment for seriously and persistently mentally ill adults and older adults. Program also supports three (3) Substance Use residential beds
Rural FSP	Turning Point of Central, Inc.	Adult (26-59)	Services include outpatient individual and group therapy, co-occurring disorders, medications, case management, rehabilitation, crisis services, housing, client supports and other supports and services as needed to support client and family. Rural FSP offers three levels of Services; Outpatient, Intensive Case Management and FSP
VISTA	Turning Point of Central, Inc.	Adult (26-59)	Focusing on homeless mentally ill adults. Services include outpatient individual and group therapy, co-occurring disorders, medications, case management, rehabilitation, crisis services, housing, client supports and other supports and services as needed to support client and family.
FSP First Street Center	Turning Point of Central, Inc.	Youth (18-25) Adult (26-59) Older Adult (60+)	Key features of AB109 include: Initial assessment, Communication, collaboration, and compliance with Fresno County Probation Department and AB109 regulations, Provide appropriate mental health services, linkage to appropriate services as needed, Follow-up with each consumer on a regular basis to ensure consumer is still actively participating mental health and community support services, The team shall be culturally sensitive and offer natural supports to the client and families, Family support services through Peer Support Specialists and Case Managers.

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PROGRAM	PROVIDER	AGE RANGE	SERVICES PROVIDED
Bright Beginnings	UPLIFT	Child (0-10)	Mental health and community support services including intensive case management, crisis intervention, and evidence based treatment, and in home therapeutic services to children ages 0-10 and their families. This program collaborates with Exceptional Parents Unlimited and CYS
Children and Youth FSP	UPLIFT	Child/youth (10-18)	Services include outpatient individual and group therapy, co-occurring disorders, medications, case management, rehabilitation, crisis services, housing, client supports and other supports and services as needed to support client and family. Program specifically targets children and Youth involved in the criminal justice system.
Transitioned Aged Youth Services (TAY)	Turning Point of Central, Inc.	TAY (16-25)	Services include outpatient individual and group therapy, co-occurring disorders, medications, case management, rehabilitation, crisis services, housing, client supports and other supports and services as needed to support client and family. Program specifically targets transitioned aged youth

FSP Age Range

During reporting period, FY 2015-16, FSPs provided services to 1,424 clients targeting all age ranges; Children and Youth aged 0-15 years (491 served); Transitioned Aged Youth aged 16 -25 years (348 served); Adult aged 26-59 (567 served); and Older Adult aged 60 years and older (18 served).



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Methodology

FSPs are mandated to report and track client domains, via the Partnership Assessment Forms (PAF) completed at enrollment and Key Event Tracking (KET) Forms during enrollment. The data gathered within these forms is self-reported by the client and entered by designated program staff into the State's web based platform Data Collection Reporting (DCR) system. Fresno County is provided access to retrieve data from the DCR system for county reporting purposes.

The data in this report measures the overall FSP programs under the County's MHSA Division. FSP reports are divided into five (5) domains; Housing; Justice System, Hospital, Employment, and Academic Performance; this report measures three (3) of the five FSP domains. The data identifies the number of Clients and Key Event Days for each of the three domains. The data identifies clients' 12 months *Prior* enrollment versus 12 months *Post* enrollment. The data captured utilizes only those clients who were active for a 12 month period during FY 2015-16. Of the 1,424 clients enrolled during reporting period, 837 (59%) were actively enrolled for a 12 month period or more.

Domain Outcomes

[Table A](#) provides for overall FSP percentage change of **Client** experience from Pre enrollment vs Post enrollment in comparison to each individual active FSP programs. [Table B](#) provides for overall FSP percentage change of Key Event **Days** from Pre enrollment vs Post enrollment in comparison to each individual active FSP program performance.

Housing Domain:

The FSP housing domain captured in this report is divided into three categories; Homelessness, Emergency Shelter, and Group Home/Community Treatment programs.

Client experience – client Homelessness was reduced by 65%, the number of clients who reported homelessness prior to enrollment was reduced from 106 clients to 37 clients' homeless during reporting period. Client Emergency Shelter was reduced by 39%, the number of clients who reported utilization of emergency shelters prior to enrollment was reduced from 58 clients prior to enrollment to 34 clients during reporting period. Client Group Home/Community Treatment programs was reduced by 71%, the number of clients who reported utilizing the Group Homes/Community Treatment programs was reduced from 17 clients prior to enrollment to five clients during enrollment.

Key Event Days – homeless days was reduced by 84% (from 14,728 homeless days prior to enrollment to 2,336 days). Emergency Shelter days were reduced by 33% (from 5,255 emergency shelter days to 3,519 days). Group home/Community Treatment days were reduced by 79% (from 3,807 group home days prior enrollment to 791 days post enrollment).

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Justice System Domain:

The FSP justice system domain is divided into two categories; Arrests and Incarceration.

Client Experience – the number of clients arrested during reporting period was dramatically reduced by 93% (from 135 client arrests prior to enrollment to 9 client arrests post enrollment). The number of clients incarcerated, jail and/or juvenile hall, was also reduced by 47% (from 137 client's jailed pre enrollment to 72 clients jailed post enrollment).

Key Event Arrests-Jail/Days – number of arrests prior to enrollment vs post enrollment was reduced by 93% (from 200 arrests pre enrollment to 14 arrests during enrollment). The number of incarceration days was reduced by 45% (from 15,281 jail days prior to enrollment to 8,425 days post enrollment).

Hospitalizations:

The FSP hospitalization domain is categorized into Psychiatric hospitalization and Physical hospitalization.

Client Experience – the number of clients who utilized psychiatric hospitals was reduced by 51% (from 262 client's pre enrollment to 129 clients post enrollment). The number of clients who utilized hospitals for physical emergencies was significantly reduced by 90% (from 384 client hospital visits prior to enrollment to 38 client hospital visits post enrollment).

Key Event Days – psychiatric hospital days was reduced by 43% (from 6,685 psychiatric hospital days pre enrollment to 3,780 days post enrollment). Hospital days were significantly reduced by 96% (from 1,548 hospital days prior to enrollment to 59 hospital days post enrollment).

Estimated Community Cost Benefits:

Table C Identifies the Fresno County, Department of Behavioral Health, MHSA, Full Service Partnership's (FSP) during reporting period; July 1, 2015 through June 30, 2016. There were a total of seven (7) MHSA FSP Programs, with a total 1,424 FSP clients enrolled at any given time during this reporting period of which 837 (59%) clients were actively enrolled for a minimum of 12 months.

Fresno County acknowledges that FSP programs are not only beneficial to County beneficiaries but also beneficial to the County and Community and estimates a total of \$5,470,463 in cost benefits for FY 2015-16. The estimate cost benefits are based on 837 client reduction in *Homelessness, Incarceration, and Hospitalization* (psychiatric and Physical) days.

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Homelessness cost benefit rate is based on the 2009 study, “Where we sleep: The Cost of Housing and Homelessness in Los Angeles”. The study’s findings concluded that the cost of homelessness is \$96 per day, while Emergency Shelters are estimated at a cost rate of \$73 per day.

In FY 2015-16, Fresno County FSPs experienced an 84% reduction in homeless days of 12,392 days at an estimated cost benefit of \$1,189,632. Clients also experienced a 33% reduction in the utilization of Emergency shelter days for an estimated cost benefit of \$126,728. Overall estimated benefits for homelessness and emergency shelter days is \$1,316,360 for FY 2015-16

Incarceration cost benefit rates is based on the Fresno County, *Community Corrections Partnership Meeting* report (May 14, 2012) at \$71 per day to house an inmate. In FY 2015-16 FSPs reported a 45% reduction in incarceration days (6,856 jail days) for estimate cost benefit of \$486,776.

Hospital (psychiatric, medical) cost benefits are based on an average cost per day for Fresno County, adult and youth Psychiatric Health Facilities (\$715/day) and Fresno County cost per day for Community Hospitals (\$1,068). In FY 2015-16, FSP clients experienced a 43% reduction in Psychiatric hospitalization days (2,905 psychiatric days) for an estimate cost benefit of \$2,077,075. In addition, FSP clients experienced a 96% reduction in hospital visits (1,489 visits) for an estimate cost benefit of \$1,590,252 for FY 2015-16. An overall estimated cost benefit for psychiatric days and physical hospital visits for FY 2015-16 is \$3,667,327.

October 31, 2016