



County of Fresno

ADVISORY BOARDS AND
COMMISSIONS

FRESNO COUNTY BEHAVIORAL HEALTH BOARD

Wednesday, February 21, 2018 at 2:30 PM

Department of Behavioral Health

1925 E. Dakota Avenue - Fresno, CA 93726

Regular Meeting Minutes

<u>MEMBERS PRESENT</u>	<u>BEHAVIORAL HEALTH</u>	<u>PUBLIC MEMBERS –</u> <u>Continued</u>
Anna Allen	Dawan Utecht	Fidel Garibay
Carolyn Evans	Kathy Anderson	Alicia Townsend
Francine Farber		Jorge Romero
Marta Obler	<u>PUBLIC MEMBERS</u>	Chris Roup
Katie Rice	David Miller	Mary Morrison
Renee Stilson	Cherri Taylor	Zia Vang Xiong
Curt Thornton	Mark Leanhart	Claudia Soria-Delgado
David Thorne	Jose Manjarrez	
Donald VanDerheyden	Stan Lum	
	Rondy Early Packard	
<u>MEMBERS ABSENT</u>	Deborah Tobias Gatewood	
John Duchscher	Rosio Laguna	
David Weber	Rachael Ensom	
	Brent Potter	
<u>BOARD OF SUPERVISORS</u>	David Tan	
Sal Quintero (absent)	B. Lee	

I. Welcome and Opening Remarks

Chair Carolyn Evans called the meeting to order at 2:31 PM.

Carolyn announced that the Behavioral Health Board (BHB) meetings will be held at Blue Sky. The location is temporary, and anticipated to last from March through June 2018.

It was also announced that Brandy Dickey resigned from the BHB. The Board will need to select a new Vice Chair at a future meeting.

B. Success Story

Lynn Kliever works for the Department of Behavioral Health (DBH) as a Licensed Marriage and Family Therapist with the First On-Set Team, a family education and support group that began in March 2012. The support group is geared towards families of individuals who are experiencing psychosis, but open to all, even those who do not receive services from DBH. The group meets every third Thursday of the month in the Yosemite Room at Metro.

Lynn approaches participants by asking what brought them to the group, conversations go from there. Participants include family members, neighbors, care providers – those in the lives of clients. The group helps to give an understanding of mental health disorders. Other service providers are welcome to attend; they come from Transitional Age Youth (TAY), Kaiser, Turning Point, professionals from hospitals, etc. It was a program started through MHSA as an outreach to the community. The meetings make a difference for clients and family members.

II. Approval of Agenda by Board

Agenda approved.

III. Approval of Minutes from January 17, 2018

BHB members voted to include abstentions in the minutes for all votes.

Minutes from January 17, 2018 approved with changes.

IV. Update & Program Review – Department of Behavioral Health – Director Dawan Utecht

Upcoming Contracts:

Crisis Intervention Team (CIT) – the contract for CIT contract will go to the Board of Supervisors meeting on March 6, 2018. There will a future item presented to the BOS to expand the contract, to include additional services that are not currently being provided such as co-response.

Physician coverage – on April 3rd there will be an item on position coverage.

School Based Coverage – on May 1st there will be an item on the partnership with the Fresno County Superintendent of Schools. The services of this contract will significantly enhance prevention and early intervention services as well as other school based services.

Legislative Update:

SB 906 Medi-Cal: The bill was introduced from last year; it would require Department Health Care Services to establish statewide peer, parent, transition-age, and family support specialist certification programs. This is part of the state's comprehensive mental health and substance disorder delivery system of care and Medi-Cal program.

AB 1795 Emergency Medical Transfers: Allows any emergency technician units to transport to alternate destinations.

SB 1004 MHSA Prevention and Early Intervention: Amended act and expand prevention and early intervention. Trying to determine if it will be geared towards only those categories or beyond that.

A. Outcomes: Star Youth Psychiatric Health Facility (PHF)

Central Star Behavioral Health Inc., the contracted provider for Star PHF. It has a 16 bed psychiatric unit for youth. Services are 24/7 acute inpatient care, intensive treatment programs with individual care plans for youth ages 12 – 17 who present a threat of harm to self, and / or others, and / or is gravely disabled. Clients are referred to the PHF by DBH, contracted providers, hospital emergency departments, Juvenile Justice Campus, and other agencies.

The program began in January 2015. Initially the unit opened with 12 beds, in July 2016 four beds were added.

From FY 2016 – 17, the percentage of youth returned to their family (85%) and foster family (11%) with varied level of prognoses: 61% fair, 29% good and 10% poor. Consistent attention to referrals for follow-up services, all obtain at least one, with an average of 2.4 follow-ups.

From April 1, 2017 – June 30, 2017 there were 1,437 admissions. There were fewer than 5% that had 3 or more admissions. During FY 16 – 17, 693 admissions of 544 unduplicated youth; from Fresno County there were 418 admissions of 301 unduplicated youth.

Length of stay on average during FY 2016-17 was 5.8 days, median 4.5 days. Fresno County youths averaged 5.9 days, median 4.3 days.

In the future Central Star PHF will include careful monitoring of volumes and out of county placements to ensure prioritization of Fresno County clients. Collaborative approaches and treatment strategies to reduce readmission of clients, include follow-up care/care coordination efforts. Additional data collection within their electronic medical record future reporting capability.

A sample of a Central Star Youth PHF satisfaction survey is provided to everyone who walks in the door, not a random survey.

V. Old Business

A. Report on site visit to Star Youth PHF

Members that participated in the visit all agreed that the staff is very caring and attentive to the well-being of the patients. Staff appreciate the privacy that is ensured to the clients. Additionally of note, is the cleanliness, safe environment, the several group sessions held daily with clients, and high client engagement and participation.

B. BHB Workshop – March 3, 2018

The workshop will be held at the DBH building (Sierra), 1925 E. Dakota Ave., Fresno, from 10:00 AM to 1:00 PM. The workshop is open to the public.

VI. New Business

A. BHB Members Inclusion in Request for Proposals (RFP) Panels – Gary Cornuelle

Purchasing Manager Gary Cornuelle from Internal Services presented on the Request for Proposal process (RFP). As part of the process, vendors / providers are asked to submit their proposal and must include experience, cost, and the method of their proposal. The review team of the proposals is developed by the department; however, requires approval from Purchasing in order to ensure there is not a conflict of interest. Importance is placed on having a fair and transparent RFP process, also it is important for staff to go over the process with interested vendors / providers.

The process is time consuming; however, to help streamline an electronic bid process is used. Further, reviewers / panelists are given adequate time to review the RFPs and are provided a sheet for comments. There is no scoring system rather a ranking process; additionally, panelists / reviewers are expected to discuss each proposal. To conclude the process, reviewers / panelists must come to a consensus in selecting the vendor / provider. There is an appeals process for vendors / providers.

B. Fresno County Data Notebook on Needs and Services for Older Adults

Carolyn reported that the data notebook for 2017 is mostly complete, with one remaining question regarding languages. Information for that question will be provided by DBH.

For the 2018 Notebook, Carolyn suggested having an ad-hoc committee to assist in completing the document. Further, a site visit related to the Notebook topic will be scheduled.

C. SB 906: Peer, Parent, Transition-Age, and Family Support Specialist Certification Program

Two years ago a recommendation from the BHB addressed increases to pay for Peer Support staff; now part of this bill provides justification for a pay increase. Currently over two-thirds of the states have a certification process for Peer Support. It was noted that one of the reasons for the low pay is due to level of education needed to be a Peer Support. A suggestion was made to draft a letter to Legislators and the BOS in support of the bill.

Francine Farber motioned to draft a letter of support of SB 906 to include development of alternate routes for the current workforce. The letter would be brought back to the BHB for discussion. Curt Thornton seconded the motion; Marta Obler and Anna Allen abstained.

Public comment was held. Motion carried.

D. Site Visit: Older Adult Services

The BHB's site visit for March will be the Older Adult Program.

VII. Committee Reports

A. Adult Services

SEES is a program of the Department of Behavioral Health that seeks to assist clients in reaching their goals in education and/or employment. The program links clients to local colleges and helps with course selection and paperwork. The program also

assists clients in preparation for competitive employment. DBH has a contract with Department of Rehabilitation (DOR) to assist clients of both DOR and DBH; only certain types of services are available to these shared clients. Due to the limitations of DOR, SEES is unable to provide the types of supportive employment opportunities that would be necessary for many DBH clients to be hired and successful on the job.

In an effort to provide an effective, new plan for supportive education and employment services, DBH will be writing a Scope of Work and putting out to bid a Request For Proposals (RFP).

Next meeting is scheduled for March 5th.

B. Children's Services

Next meeting is scheduled for Thursday, February 22nd.

C. Justice Services

Due to scheduling conflicts, the March Justice meeting will be moved from the 12th to the 5th.

D. DBH Cultural Diversity Committee

At the last Cultural Diversity Committee meeting, new regulations from the state were discussed for a cultural competency plan. Depending on what comes from the state, the plan may have to be re-written or modified.

The meeting was held at Sierra (DBH), 10 -12 participants attended. The next meeting will be held on April 25th, thereafter meeting quarterly. Dawan added that Division Manager Amina Flores / Administration Unit of DBH will be designated oversight of the meetings.

E. Ad Hoc Committee on Expansion of Lock It Up Program

The ad-hoc is currently stalled pending additional volunteers / members. Dawan suggested having a member of the Substance Use Disorder team participate.

F. Ad Hoc Committee on Issuance of Alcohol Licenses

This item will be removed from future agendas pending a volunteer to spearhead the effort.

G. Other reports or announcements

VIII. Public Comment

Town Hall Meeting on Teen Suicide Prevention is scheduled for Tuesday, March 13th at Clovis Veteran's Memorial District. Highly encourage community partners and board members to attend. It will be televised live on KMPH Channel 26, the KMPH website and via Facebook Live.

IX. Adjournment

Meeting adjourned 4:19 PM.

This meeting is open to the general public under the Ralph M. Brown Act.