

FRESNO COUNTY MENTAL HEALTH PLAN

OUTCOMES REPORT- Attachment A

PROGRAM INFORMATION:

Program Title: HTCC	Community Garden - Horticultural Therapeutic Community Center (HTCC)	Provider:	Sarbat Bhala, Inc.
Program Description:	Community Gardens - HTCC is a prevention and early intervention program aimed at reducing risk factors and stressors, building protective factors and skills, increasing social supports, and reducing stigma across all ages in culturally sensitive, linguistically appropriate format.	MHP Work Plan:	3-Culturally and community defined practices Choose an item. Choose an item.
Age Group Served 1:	ADULT	Dates Of Operation:	March 8, 2012 - present
Age Group Served 2:	OLDER ADULT	Reporting Period:	July 1, 2016 - June 30, 2017
Funding Source 1:	Prevention (MHSA)	Funding Source 3:	Choose an item.
Funding Source 2:	Early Intervention (MHSA)	Other Funding:	Click here to enter text.

FISCAL INFORMATION:

Program Budget Amount: \$41,898.00	Program Actual Amount: \$17,020.13
Number of Unique Clients Served During Time Period: N/A	
Number of Services Rendered During Time Period: N/A	
Actual Cost Per Client: N/A	

CONTRACT INFORMATION:

Program Type: Contract-Operated	Type of Program: Other, please specify below
Contract Term: July 1, 2015 - June 30, 2020	For Other: Prevention and Early Intervention (PEI)
	Renewal Date: July 1, 2020

Level of Care Information Age 18 & Over:

Level of Care Information Age 0- 17: Choose an item.

The Level of Care information above does not apply to this contracted program.

TARGET POPULATION INFORMATION:

Target Population: Punjabi-Sikh communities of Selma, Fowler, Sanger and Parlier.

CORE CONCEPTS:

- **Community collaboration:** individuals, families, agencies, and businesses work together to accomplish a shared vision.
- **Cultural competence:** adopting behaviors, attitudes and policies that enable providers to work effectively in cross-cultural situations.
- **Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services:** adult clients and families of children and youth identify needs and preferences that result in the most effective services and supports.
- **Access to underserved communities:** Historically unserved and underserved communities are those groups that either have documented low levels of access and/or use of mental health services, face barriers to participation in the policy making process in public mental health, have low rates of insurance coverage for mental health care, and/or have been identified as priorities for mental health services.
- **Integrated service experiences:** services for clients and families are seamless. Clients and families do not have to negotiate with multiple agencies and funding sources to meet their needs.

Please select core concepts embedded in services/ program:

(May select more than one)

Cultural Competency

Community collaboration

Integrated service experiences

Access to underserved communities

Please describe how the selected concept (s) embedded :

PROGRAM OUTCOME & GOALS

- **Must include each of these areas/domains:** (1) Effectiveness, (2) Efficiency, (3) Access, (4) Satisfaction & Feedback Of Persons Served & Stakeholder
- **Include the following components for documenting each goal:** (1) Indicator, (2) Who Applied, (3) Time of Measure, (4) Data Source, (5) Target Goal Expectancy

Contracted services were suspended from July 2016 to April 2017 due to a non-operational garden site that did not have water to support plant growth. In order to not disrupt services to about 150 on-going clients and lose the previous gain in establishing mental health discussion in the community, Sarbat continued to provide opportunities for clients to meet at the site and temple through special events, safety workshops, and educational presentations during this period. The community garden has been able to reduce stigma and discrimination in the community; a few years ago, the temple would not allow garden or discussion about mental health near its facility. After lengthy planning, discussion and

posting process with the community, Sarbat requested and received approval by the County to relocate to a new site that is also near the temple. Program budget was used to develop the land at the new site to support a community garden and included purchase of a shelter and installation of irrigation. Sarbat's garden reopened contracted services in July 2017.

Sarbat Bhala will work with the Department to develop outcomes as well as target goal expectancies in the next reporting cycle.