

FRESNO COUNTY MENTAL HEALTH PLAN

OUTCOMES REPORT- Attachment A

PROGRAM INFORMATION:

Program Title:	Community Garden - Horticultural Therapeutic Community Center (HTCC)	Provider:	Fresno American Indian Health Project (FAIHP)
Program Description:	Community Gardens - HTCC is a prevention and early intervention program aimed at reducing risk factors and stressors, building protective factors and skills, increasing social supports, and reducing stigma across all ages in culturally sensitive, linguistically appropriate format.	MHP Work Plan:	3-Culturally and community defined practices Choose an item. Choose an item.
Age Group Served 1:	ALL AGES	Dates Of Operation:	July 13, 2015 - present
Age Group Served 2:	Choose an item.	Reporting Period:	July 1, 2016 - June 30, 2017
Funding Source 1:	Prevention (MHSA)	Funding Source 3:	Other, please specify below
Funding Source 2:	Early Intervention (MHSA)	Other Funding:	FAIHP Match

FISCAL INFORMATION:

Program Budget Amount:	\$37,500.00	Program Actual Amount:	\$37,179.27
Number of Unique Clients Served During Time Period:	406		
Number of Services Rendered During Time Period:	52 events		
Actual Cost Per Client:	\$91.57		

CONTRACT INFORMATION:

Program Type:	Contract-Operated	Type of Program:	Other, please specify below
Contract Term:	July 13, 2015 - June 30, 2020	For Other:	Prevention and Early Intervention (PEI)
		Renewal Date:	July 1, 2020

Level of Care Information Age 18 & Over:

Level of Care Information Age 0- 17:

The Level of Care information above does not apply to this contracted program.

TARGET POPULATION INFORMATION: Children, transition age youth, adults, other adults and families

Target Population: FAIHP provides services to the American Indian and Alaska Native people residing in Fresno County. FAIHP serves a client population representative of over 120 tribes across the nation, currently residing in Fresno County

CORE CONCEPTS:

- **Community collaboration:** individuals, families, agencies, and businesses work together to accomplish a shared vision.
- **Cultural competence:** adopting behaviors, attitudes and policies that enable providers to work effectively in cross-cultural situations.
- **Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services:** adult clients and families of children and youth identify needs and preferences that result in the most effective services and supports.
- **Access to underserved communities:** Historically unserved and underserved communities are those groups that either have documented low levels of access and/or use of mental health services, face barriers to participation in the policy making process in public mental health, have low rates of insurance coverage for mental health care, and/or have been identified as priorities for mental health services.
- **Integrated service experiences:** services for clients and families are seamless. Clients and families do not have to negotiate with multiple agencies and funding sources to meet their needs.

Please select core concepts

embedded in services/ program:

(May select more than one)

Community collaboration

Cultural Competency

Integrated service experiences

Individual/Family-Driven,
Wellness/Recovery/Resiliency-
Focused Services

Please describe how the selected concept (s) embedded :

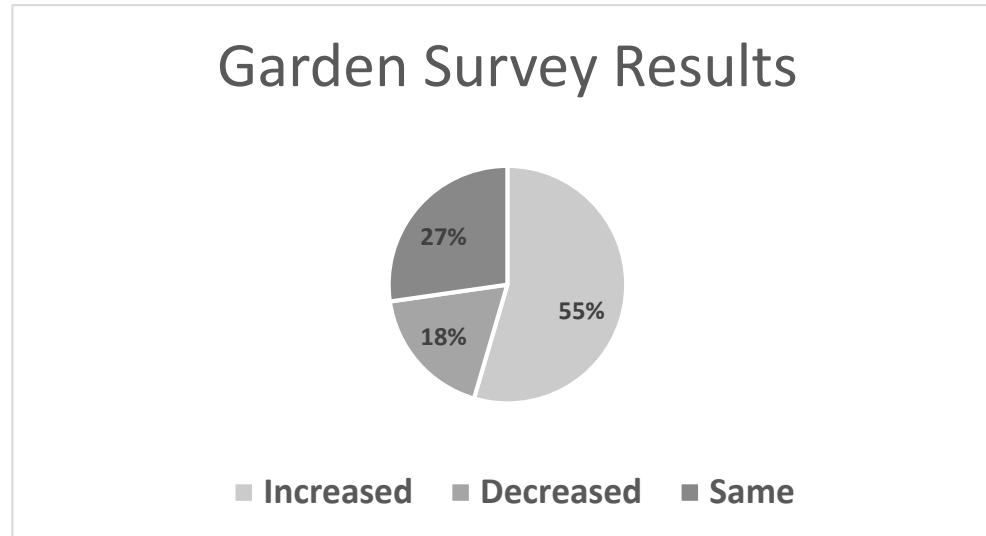
FAIHP has worked with many organizations in order to service the target community. This year, FAIHP collaborated with “Many Lightnings American Indian Legacy Center, INC., North Fork, Sierra Tribal Consortium, West Care, California Basket Weavers Association, Discovery Center, and many members of the community. All services are based on a community needs assessment conducted by FAIHP with the Native community. The garden, or Native American Garden, has approximately 26 varieties of plants at various stages of growth including live oaks, willows, elderberries, wild rose, wild grape, white sage, red bud, black walnut, deer grass, sedge, coyote bush, manzanita, sour berries, and many other Native plant species. Plantings are available to the Native community and other visitors to the garden site for the purpose of harvesting for food, basketry, medicines, tools, crafts, shelter, and other uses practiced by the ancestors of the land for generations. FAIHP has designated a coordinator to oversee the Native American Garden’s site operations and activities. The coordinator works with FAIHP’s behavior health staff, collaborates with Native and non-Native organizations, tribes, and schools to schedule sessions, events, and programs of wellness at the garden site.

PROGRAM OUTCOME & GOALS

- **Must include each of these areas/domains:** (1) Effectiveness, (2) Efficiency, (3) Access, (4) Satisfaction & Feedback Of Persons Served & Stakeholder
- **Include the following components for documenting each goal:** (1) Indicator, (2) Who Applied, (3) Time of Measure, (4) Data Source, (5) Target Goal Expectancy

FAIHP held the first Sobriety GONA (Gathering of Native Americans) in May 2017 at the Native American Garden. FAIHP piloted a survey with garden participants and asked them several general questions regarding their mental well-being, connectedness, and the event.

1.) Effectiveness: The survey results indicated that participants felt more connected to their culture, felt they could express themselves, felt more confident, and felt they had a sense of direction.



2.) FAIHP did not survey participants on efficiency measures. For this project, FAIHP collaborated with North Fork, West Care, and Sierra Tribal Consortium.

3.) Access - The survey asked participants their zip code to make sure the garden site was accessible to the community. On average, FAIHP Community Garden is 9.5 miles away from the people serviced. Community members have expressed that the view of where the garden is located makes it worth the travel.

4.) Satisfaction & Feedback of Persons Served & Stakeholders: Participants were asked for feedback about the event. Participants said, "I like being connected with Mother Nature and being able to connect with others". Others liked "hearing from our elders and all of our Native people being together". When asked what they liked least about the event, they mentioned, "Nothing, make it longer" and "Make this event more days".

FAIHP will continue to work with the Department to develop outcomes as well as target goal expectancies in the next reporting cycle.

