



County of Fresno

ADVISORY BOARDS AND
COMMISSIONS

FRESNO COUNTY BEHAVIORAL HEALTH BOARD

Wed., November 15, 2017

1925 E. Dakota Ave.,

Fresno, CA 93726

Regular Meeting Minutes

<u>MEMBERS PRESENT</u>	<u>BEHAVIORAL HEALTH</u>	<u>PUBLIC MEMBERS –</u> <u>Continued</u>
Brandy Dickey	Susan Holt	Elizabeth Escoto
Carolyn Evans	Kathy Anderson	Fidel Gaibay
Renee Stilson		MaryLou Brauti-Minkler
David Thorne	<u>PUBLIC MEMBERS</u>	I. Gallardo
Curtis Thornton	Christina Alejo	Cynthia Rocha
Dr. Marta Obler	Devoya Mayo	Veronica DeAlba
John Duchscher	Margarita Rocha	Brenda Kent
David Weber	Rondy Earl Packard, Jr.	Ryan Banks
Katie Lynn Rice	Jasmin Sierra	Mitch Collins
Anna Allen	Harmit Kaur	Rosio Laguna
Francine Farber	Jennifer Saldana	Tammy F.
	David Eric Lopez	Lee Ann S.
<u>MEMBERS ABSENT</u>	Gilberto Rivas	Trina Frazier
Donald Vanderheyden	Allison Burke	Scott Hollander
	Jorge Romero	Jose Manjarrez
<u>BOARD OF SUPERVISORS</u>	Herb Winnett	Cruz Avila
Sal Quintero (not present)	Jean Rousseau	Sara Miranda
	Toni K.	Trish Small
	Stan Lum	Brent Pottes
	Tracy Weld	Kristi Williams

I. Welcome and Opening Remarks

Meeting was called to order at 2:32 PM.

Chair John Duchscher presented Tina Young with a certificate of appreciation for her assistance during 2017. John also announced that Director of Behavioral Health, Dawan Utecht was presented with a Health and Human Services Hero award for 2017.

II. Approval of Agenda by Board

Agenda approved as submitted.

III. Approval of Minutes from February 15th and March 15th, 2017

Minutes for September 20, 2017 and October 18, 2017 were approved.

John informed the group the Substance Use Disorder Prevention Evaluation Update will be given as part of the Department Behavioral Health (DBH) Program Review and Update.

IV. Update & Program Review – Department of Behavioral Health – Deputy Director Susan Holt

Approved Contracts

Primary Care Integration contract was approved by the Board of Supervisors. The first Federally Qualified public health clinic is Clinica Sierra Vista. Consumers will be able to receive services for physical health, mental health and substance disorders in one location.

Crisis Residential Treatment (CRT) Facility Operator was approved. Stars Behavioral Health was selected to operate the CRT upon completion of construction, anticipated after the first of the year.

Holistic Cultural and Wellness Center (HCWC)

As noted during the Mental Health Services Act Plan Update during the October 18th public hearing, the department acknowledged there was a faulty link to the Fiscal Year (FY) 2015 /16 outcomes for the HCWC. Problems occurred as the county was going through changes of its web platform. The link was corrected the following day. Further, Director Dawan Utecht sent the information and updated link to the Behavioral Health Board (BHB).

Deputy Director Susan Holt offered to take questions from the BHB or provide a more detailed report in December. As a caveat, the department requires contracted programs to report outcomes. HCWC has exponentially met and exceeded all objectives.

Multi-Agency Access Program (MAP)

Described as a one-stop shop for helping individuals identify various needs that they may have across multiple domains. By helping individuals with those domains, it presents a unique opportunity to connect them with needed services to be well and succeed. Susan added MAP is not a new program. Initially it was started and funded by the City of Fresno and West Fresno and run by the Poverello House; the operation and funding by DBH only began in April 2017.

Volumes and locations are growing monthly. Program Outcomes are reported after the fiscal year and one year of operation. Each funded MAP point is under contract with DBH. They utilize the Universal Screening Tool; it is a multi-domain needs assessment that was created by using Evidenced Based questions and some questions were made-up as it made sense for the people being served. While the department continues to work on MAP Points, simultaneously it will also work on gaining affiliates. Entities will not be required to have a contractual agreement to receive funding, but will be able to utilize the screening tool through a business associates agreement.

Program Review: Urgent Care Wellness Center (UCWC) / Access

The Urgent Care Wellness Center is an outpatient treatment that serves as a starting point, which provides services such as assessment, treatment planning, individual and group counseling, and linkage to community resources.

Activities include wellness groups, vetting full service partnership (FSP) referrals; 1370 evaluations and liaison services to community partners. Assist consumers to engage in individual case management before they begin to receive services. The 1370 evaluation is a statute that refers to individuals that are misdemeanant defendants, but found incompetent to stand trial, also referred to as Mentally Incompetent to Stand Trial (MIST). MIST services are provided to the persons that fall under MIST, supporting them as they gain competency to stand trial. It is a residential program.

UCWC was launched in July 2008. The reporting period was for July 1, 2015 to June 30, 2016. Reports on the outcomes are given for the previous year to allow the department to vet the data. The monthly average of clients seen is 301; however, it was noted that not all services are billable. As previously mentioned, UCWC provides wellness and screening; those services are not billable. The monthly average of billable / treatment services are 1,044. Annual billable services are 12,533, for this reporting year. The bulk of billable services are assessments. The assessment helps determine necessary level of care and treatment.

Substance Use Disorder Prevention Evaluation Update: 'Youth Alcohol & Drug Prevention in Fresno County'

The presentation given by Allison Burke and Tracey Weld of LPC Consulting Associates, Inc. LPC is a program and research firm from Sacramento and external evaluators for Fresno County Youth Alcohol and Drug Prevention Initiative. LPC has been the evaluator for Fresno County since 2010. The evaluation findings covered 2016 / 17, first year of the project.

The goals selected are cover the Strategic Prevention Plan for 2015 to 2020. The goals were selected by community stakeholders and data gathered at the local level. The strategic prevention plan outlines an evaluation of the community's efforts to reduce alcohol, marijuana, and the misuse of prescription and over-the-counter drugs, with the goal of reducing substance use among youth ages 10 – 25. The current strategic prevention plan has expanded to include children younger than 10 and through the college years.

Theory of Change is comprised of Prevention Projections and Prevention Activities. The goal is for Prevention Activities to lead to behavioral change and reduction in use of drug and alcohol. Further, the expectation of Prevention Activities will lead to an increase in knowledge among youth and the community.

Evaluation Approach

- Process Data – Activity Forms, Databases and Quarterly Data Dashboards
The dashboards allow the activity groups to see the outcome of their work and if it is aligning with their goals.

- Formative Data – Interview with youth participants & program staff

This approach will assist the groups in ways to improve their programs and give recommendations for future work.

- Outcome Data – Countywide survey (8th, 9th & 11th grade students)
Fresno County Student Insights Survey (FCSIS)
The survey was created to measure the outcomes of the activities.

Prevention Project groups:

- Friday Night Live (FNL) administered by Youth Leadership Institute.
The focus of FNL is to reduce alcohol use.
- Performing Above the High (PATH) administered by California Health Collaborative (CHC)
The focus of PATH is the reduce marijuana use.
- Lock It Up Project (LIU) administered by CHC
The focus of LIU is to reduce misuse of prescription and over-the-counter drugs.

The Prevention Project has reached 27 unique locations in Fresno County; not included in the provider locations is the Y'ALL Chapter, which falls under the FNL.

The data reflects that a majority of the clubs met or exceeded their objectives; there are only a few that have not met or partially met their objectives.

The Insight Survey, that is a countywide survey will be administered through the grant cycle (2016-2020). Responders to the 20 question survey include 8th, 9th and 11th graders at schools with prevention programs. The baseline covered in this year's survey is considered the baseline for 2016/17. The results of the survey are shared countywide and school site levels. The survey is only given to school sites that will participate in the programming for the full four years of the grant.

Sixteen of the twenty schools receiving programming participated in the survey; four schools were unable to participate in the survey for various reasons. There were a total of 6,397 surveys received or 40%.

Short-term and Intermediate Outcomes

Short-term outcomes are reflective of the first year, each program focused on increasing reach. The outcomes reported for 2014/15 were used as a baseline in that the same providers ran the programs.

- FNL's short-term goal was to increase the number of youth receiving educational services in Fresno County by 5%. They exceeded the goal, reaching 13,840 / increase to 15%.
- PATH's goal was also to increase the number of youth receiving education services by 5%. However, due to changes in the current programmatic funding cycle, they were unable to reach their goal.
- LIU's goal was to increase participation in campaigns to reduce youth access to

- prescription and over-the-counter drugs by 5%. They exceeded their target, reaching 16,590 / increase to 33%.
- The overall goal of 5% across the county exceeded expectations by 2%.

Intermediate Outcomes reported on are from this year and will be used a baseline to compare to next year's outcomes.

- FNL's intermediate goal is to increase the number of adults receiving educational services in Fresno County by 10%. The number of parents reached is 71.
- PATH's intermediate goal is also to increase the number of adults in receiving educational services in Fresno County by 10%. The number of adults reached is 423.
- LIU's intermediate

Short-term, Intermediate and Long-term Outcomes

Outcomes for the short-term are reflective of the first year and were focused on reach. 2014-15 outcomes were used as baseline as the programs were run by the same providers. FNL and LIU exceeded their targeted outcomes; PATH did not reach its target due to changes in the programmatic approach in the funding cycle. However, the overall goal exceeded the target.

Intermediate outcomes for this year will be used as a baseline / comparison for next year's and 2020, respectively. The goal of FNL and PATH is to increase the number of adults receiving educational services in Fresno County by 10%. LIU's intermediate goal is to reduce the frequency misuse of prescription and over-the-counter drugs of high school students by 5%.

The data collected for long-term outcomes is reflective of this year. The outcomes from this year will be used as a baseline for next year and through 2020.

Plans & Recommendations for FY 2017/18

Plans for the second year include early reminders to implement the Insight Survey and asking the county to educate schools that may be hesitant to participate, as well as giving legitimacy to the program.

Further recommendations include collaboration and joint prevention events. Though this is occurring, there is a need to increase collaboration by co-facilitating town hall meetings and maximizing resources. This year providers are holding quarterly meetings to collaborate on activities and pushing collaboration forward.

V. Old Business

A. Site visit: Multi-Agency Access Program (MAP) and DBH Metro

MAP

Members that attended the tour reported on the tremendous amount of work being done; however, noted an increase in staff is necessary, extended hours and larger workspace.

Metro

Members that attended reported the visit went well. It gave members a review of the Urgent Wellness center.

B. Discussion of October 18th Community Forum

Though it went well, more attendance and participation from the consumers, family members and community members is desired. More effort needs to be made commit to bringing in more participation.

C. Nomination of Behavioral Health Board Officers

- Chair – Carolyn Evans
- Vice Chair – Brandy Dickey
- Secretary – Curt Thornton

Additional nominations made:

- John nominated Katie-Lynn Rice for Secretary; Katie accepted the nomination.
- Brandy Dickey nominated David Weber for Chair; however, due to work and family commitments he is unable to accept nominations.

Voting will be held during the December 2017 meeting.

D. Outcomes on Holistic Center

Curt Thornton provided a handout he developed to BHB members with information on the Holistic Wellness Center (HCW). The handout included a summarization of data that was included in the MHSA (Mental Health Services Act) Annual Update on page 111, items 1 to 13. Further, concern was expressed about the vetting and background process.

It was noted that the outcomes reported are the outcomes required by contract held with Behavioral Health and approved by the Board of Supervisors and the contractor. The outcomes included in the link are the contract outcomes. A further review of the spreadsheet will be done in order to provide an accurate response. In terms of vetting and background checks, background checks are not required of any contractor. Contractors of the Holistic Center do not refer consumers to alternative healers; as per the contract, they provide a list of healers that have been gone through the vetting process. The contract with HCW is not a treatment program nor are alternate healers treatment providers for specialty mental health services.

E. Housing Update

Concern was expressed about the slow progression of housing. Some confusion of what the board wants in terms of a monthly update. What specific action has been taken with regards to MHSA housing funds?

Housing is a complex issue and among the department's top priorities. To recap, a member of the BHB is also a member of the Housing Task Force. The task force addresses permanent supportive housing, developing a contract for room and boards through an independent agency that will help vet and give the 'Good House Keeping' seal of approval.

It was noted that it has been a long time since a housing project has moved forward and a long time since any new housing has been made available with MHSA funds. The department seems to address general housing issues; however, a request for a three-minute specific report is being requested.

It was noted that updates are made during the department's monthly review.

Curt acknowledged DBH's progress on some housing, but was hoping to see progress specific to Permanent Supportive MHSA housing each month. Curt then made a motion to receive a monthly report on Permanent Supportive MHSA Housing for one year, beginning next year. Motion seconded by Renee Stilson; Brandy Dickey abstained.

Public comment on this motion was held and received.

Voting resulted in a tie among the members; motion fails.

A motion was made by Francine to receive quarterly reports on Permanent Supportive MHSA Housing beginning with December 2017 for one year; motion seconded by Marta Obler.

Public comment held.

Motion passed.

F. Follow-up on letters to City Council RE: Alcohol Licenses and Central Valley Opioid Coalition RE: Lock It Up Program

Concerns expressed is there has been no response to either letter sent to the City of Fresno and Board of Supervisors. It was noted the city and county received both letters from the BHB. The item will be carried over to the December meeting for further discussion.

VI. New Business

- A. Future site visits: There will be no site visit for December 2017

VII. Committee Reports

- A. Adult Services
- B. Children's Services
- C. Justice Services
- D. Other reports or announcements

Due to time, committee reports will be carried over to the December BHB meeting.

VIII. Public Comment (Any person wishing to address the Board will be limited to 5 minutes or less according to the time available and the number of those wishing to address the Board)

Held; none received.

IX. Adjournment

Meeting adjourned at 4:25 PM.

This meeting is open to the public under the Ralph M. Brown Act.