

MANAGED CARE

NOVEMBER 2012



THANKSGIVING BOUNTY

Therapeutic Behavioral Services

Therapeutic Behavioral Services, or TBS for short, is a type of mental health service available for children and young people, under 21 years of age who have serious emotional problems.

TBS staff persons work one-to-one with clients to reduce severe behavior problems with the primary goal of preventing clients from needing to go to a higher level of care, such as a group home for children and young people with very serious emotional problems.

If the client is already living in a group home a TBS staff person can work directly with the client so the client may be able to move to a lower level of care, such as a foster home or even back home with their family. TBS can help the client and their family, caregiver or guardian learn new ways of controlling problem behavior and ways of increasing the kinds of behavior that will allow the client to be successful in life.

The client, the TBS staff person, and the family, caregiver or guardian will work together -- very intensively -- for a short

period of time, until the client no longer needs TBS.

Therapeutic behavioral services are very goal directed, so the client will have a specific and individualized TBS care plan that identifies what type of therapeutic activities the client, the family, caregiver/guardian, and the TBS staff person will do during TBS, and when and where therapeutic behavioral services will occur.



TBS staff work with clients in the settings where clients are likely to need help developing more appropriate behaviors. This includes home, foster home, group home, school, day treatment program and other areas in the community.

REQUIREMENTS TO ACCESS TBS

If you believe your client would benefit from TBS, there are only 3 basic requirements for making a referral for a 30-day trial of TBS services.

- Client must be under 21 years old
- Client must have Full-Scope Medi-Cal
- Client must already be receiving psychotherapeutic services from a County credentialed provider.

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That's it. It's that simple. Really! That's all there is to it! That is all that is required to make a referral for an initial 30-day trial of TBS services. After the initial 30 day trial of TBS, the client's progress will be assessed to determine if the client qualifies for an extension of TBS services and if warranted, the client may continue with treatment.

TBS is designed to be an adjunct to the therapy you are already providing for your client. The purpose of TBS is to add to other mental health services. It does not take the place of them.

For more information, contact Jonathan Halverstadt at Managed Care: jhalverstadt@co.fresno.ca.us or call (559) 600-4645.

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Really!**

PROVIDER FORMS

Are you using the most current forms for your documentation? Check here to make certain that you have the most current forms. These are Word documents that are best used on your computer, as there are pull-down menus for some items. Not computer-savvy? Give us a call and let us see if we can help you utilize these tools to help make your job easier and your audits successful.

- ◆ [Assessment Form](#)
- ◆ [Reassessment Form](#)
- ◆ [Plan of Care](#)

DOCUMENTATION HELPFUL HINTS: POC

Here are just a few helpful hints that will help you to stay successful with the documentation requirements in Managed Care: The Plan of Care (POC) needs to demonstrate that the consumer was involved in the development of the treatment plan. Make certain that both the clinician and the consumer sign and date the POC. Any changes that are made to the POC need to be initialed and dated by both the clinician and the consumer. Most billable services cannot be billed for until the POC is signed and dated by both the clinician and the consumer. The upper right hand corner of the POC form has a place to type/write in the amount of time and billing code for the development of the POC – information that needs to be documented on the POC. The initial POC is good for one year, but you may write a new POC when the clinical picture has changed to the degree that a new POC is warranted. Even if the clinical picture has not changed, you will still need to write a new POC annually in order to bill for services. These are just a few of the things you will want to make certain that you address in your POC documentation.

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PROVIDER RELATION SPECIALISTS

Managed Care currently has two Provider Relation Specialists here to help serve you: Arlene Liles and Christina Hernandez. When you have questions about anything having to do with interfacing with Managed Care, Arlene or Christina are the first persons to contact. If they don't have the information you need at their fingertips, they will get you in touch with the right person who can help you. Call them at (559) 600-4645.

BILLING CODES

Billing codes actually changed a few years ago, but some clinicians are still using old billing codes. Here is a table of the old codes for psychotherapists and the new codes to use in their place. This table is not intended to be complete. If you need additional billing codes, please contact your Provider Relation Specialist and they will make certain that you have the most up-to-date information.

Service	Old Code	New Code
Individual Assessment	X9504F	3
Plan Development	X9504	159
Individual or Family Therapy (30 minutes)	X9600F	83
Individual or Family Therapy (60 minutes)	X9601F	83
Group Therapy	X9506F	82
Collateral	X9543F	150
Case Management	X9205F	205
Rehabilitation	X9055	158

WE WOULD LIKE TO HEAR FROM YOU

What questions do you have for Managed Care? Are there questions about audits? Billing? Documentation? We'd love to hear from you. Chances are someone else has the same question and would like to get an answer. Please forward questions you would like to have answered in the next newsletter to Jonathan Scott Halverstadt at jhalverstadt@co.fresno.ca.us or FAX your questions to Jonathan at (559) 600-4646.

Managed Care Holiday Schedule

In celebration and observance of the Thanksgiving holiday, Managed Care will be closed on Thursday, November 22 and Friday, November 23rd. We wish you and your family a wonderful Thanksgiving.