



ARTIST CREDIT: DOWNTOWN COMMUNITY ARTS COLLECTIVE

MANAGED CARE



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FCMHP Documentation Refresher Trainings

Many of our established providers that have been serving Medi-Cal beneficiaries have seen changes, updates, and new requirements over the past several years when documenting clinical services with their clients. We are grateful for your energy, time, and professionalism! To assist you with staying up-to-date with our FCMHP documentation standards, we are

offering a series of Summer Documentation Refresher Trainings here at Managed Care. These free, two-hour trainings are scheduled for:

Thursday, June 26 @ 1:00PM

Tuesday, July 22 @ 9:00AM

Friday, August 22 @ 9:00AM

Please contact Dee Howell, PRS, at our Managed Care main line, (559)600-4645 to sign up or for more information.

NAMI Provider Education Program Starting June 19

The National Alliance on Mental Illness (NAMI) Fresno will be presenting in conjunction with CALMHSA and the Fresno County Department of Behavioral Health its Provider Education Program this summer. This is a *free* five-session course designed for mental health workers and professionals.

This course reflects a new knowledge base—the “lived experiences” of people coping with a mental illness or caring for someone who lives with a mental health disorder. The course helps providers realize the hardships that families face and appreciate the courage and persistence it takes to live with and recover from a mental illness. Some topics that will be covered include: basic principles of secondary prevention, intervention, and clinical strategies for responding to psychological trauma; emotional adjustment and defensive coping

strategies; and recovery as a conscious choice and action.

The NAMI Provider Education Program will be Thursdays from 9:30 to 12:30, the mornings of 6/19, 6/26, 7/10, 7/17 and 7/24. To register, call the NAMI office at (559)224-2469.



Billing Reminders

⇒ 2013-14 Fiscal Year close is here. *Be sure to get your claims in early this month*, as the DBH Business Office will be closed for 2 weeks which may result in delays for processing your claims.

⇒ Be sure to *sign your claims* before mailing them in to us for processing.

⇒ Please be sure that you are using *minutes* in the duration box #24G on the CMS 1500 form. Claims with “units” instead of minutes will be returned for corrections.

⇒ Make sure you are using the current *procedure codes* from the FCMHP fee schedule. Should you need a copy of the newly updated FCMHP fee schedule please call your PRS at 559-600-4645.

Managed Care Reminders

Clinic Face Sheets

Whether you are a new individual or group contracted provider, or your practice is established and growing, alerting us that you have a new client is important!

Just a reminder that a FCMHP *Clinic Face Sheet* must be faxed to the Managed Care—main fax is (559)455-4633 or (559)600-4646—every time you open (or re-open) a client for services. Without a *Clinic Face Sheet* received, there could be a significant delay in processing claims.

Re-Credentialing Packets

Keeping your information up-to-date! Re-credentialing packets for many of our existing FCMHP providers will be going out this month. If you receive a packet, we ask that you complete it and return the FCMHP re-credentialing forms (along with the requested copies of professional license, insurance, etc.) within 2 weeks. You will be notified once your re-credentialing is completed.



ICD-10 and DSM-5 Changes and Implementation: October 1, 2015

One of the most critical components of documentation is an appropriate mental health diagnosis. Currently, Medi-Cal recognizes mental health disorders requiring treatment using **DSM-IV-TR** criteria with a full 5-Axis diagnosis, accompanied by an **ICD-9-CM** code placed prominently in front.

DSM-5

On May 20, 2013, the American Psychiatric Association (APA) issued the fifth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5), it's first full revision from the DSM-IV since 1994. The DSM-5 contains both the current ICD-9-CM diagnostic codes and upcoming ICD-10-CM diagnostic codes in parenthesis next to each mental health disorder. Though some practitioners in private practice have already begun utilizing the DSM-5, most third party payers (private insurance companies as well as California's Medi-Cal system and Medicare) have not transitioned yet, resulting in confusion in the mental health field. For those providers working with Medi-Cal beneficiaries, documentation of diagnosis using DMS-IV-TR criteria is still required.

What is ICD?

Most mental health professionals are first introduced to the DSM—and tasked with memorizing it! - in graduate school; the same is not always said about the ICD. The *International Classification of Diseases (ICD)* is a publication of the World Health Organization (WHO) of which the United States is a Member State. The purpose is to provide a standardized system of reporting data which supports WHO in the collection and analysis of health related data including morbidity and mortality. Mental health

disorders were first included in the ICD-6 in 1949, and by 1952, the APA developed the first DSM to incorporate these identifications and classifications of mental health disorders in its own clinical manual to use in the United States.

Currently, Fresno County Mental Health Plan (FCMHP) organizational contracted providers and county programs enter **DSM-IV-TR** diagnostic codes and a "crosswalk" in Avatar—the County's Electronic Medical Records system—converts these to **ICD-9 CM** codes for proper billing to the State and other payers. Individual and group contracted providers submit CMS 1500 claim forms with the same diagnostic information.

What is changing?

Though transition to ICD-10-CM codes was originally announced to occur this year, the federal government recently postponed the original October 1, 2014 requirement date for a full year, with the entire health care system in the U.S. now planning to implement ICD-10-CM codes beginning October 1, 2015.

By October 1, **2015**, FCMHP contracted providers/staff **must** utilize **DSM-5** and **ICD-10-CM** code sets when providing diagnoses. The transition to ICD-10-CM is a requirement by the federal government for everyone covered by the Health Insurance Portability Accountability Act (HIPAA). DBH will use this extended time to strategize several staff trainings and other projects to ensure proper implementation of these new code sets.

Your FCMHP Provider Relations Specialists

To better serve your Managed Care needs, the Provider Relations Specialists (PRS) have been assigned to serve providers based on alphabetical listing. If your last name/group name begins with:

- A-H** Arlene Liles – arliles@co.fresno.ca.us
- I-Q** Dee Howell – dchowell@co.fresno.ca.us
- R-Z** Mark Golden – mgolden@co.fresno.ca.us

All our fabulous PRS' can be contacted through our main Managed Care office phone line, 559-600-4645.

Compliance Communication

Central Compliance Officer:

Elizabeth Vasquez MBA, CHC

(559) 600-6728

evasquez@co.fresno.ca.us

3133 N. Millbrook Ave. Rm. #9
Fresno, CA 93703

Anonymous Compliance Hotline: available 24/7
888-262-4174

[Fresno County Compliance Web page](#)

Where can I find ICD-10 CM codes?

The DSM-5 includes a list of the ICD-10 CM codes in the appendix section of the manual, with ICD-10 CM codes in parentheses next to the ICD-9 CM codes indicated next to mental health disorders throughout the chapters in section II of the manual.

What is FCMHP doing to prepare for DSM-5 and ICD-10 CM changes?

FCMHP is pursuing solutions to ensure our electronic health record and billing system (Avatar) will be ready to process these new code sets.

FCMHP will continue to participate in various county/state committees in order to stay on the forefront of changes to our DHCS Mental Health Plan contract, and changes to State regulations or guidelines as a result of this federally required ICD-10 CM transition. These changes to DHCS contracts and State regulations must occur

first before use of the DSM-5 can be fully implemented.

What actions in my documentation should I take?

Continue including DSM-IV-TR criteria with a complete 5-Axis diagnosis in all documentation, as it is still a required component to establish medical necessity for Medi-Cal beneficiaries. If you have not acquired a copy of the DSM-5, or attended a DSM-5 course, don't hesitate! Do it soon.