



# County of Fresno

ADVISORY BOARDS AND COMMISSIONS

## FRESNO COUNTY BEHAVIORAL HEALTH BOARD

Wednesday, August 16, 2017 at 2:30 PM

Department of Behavioral Health

1925 E. Dakota Avenue - Fresno, CA 93726

### MINUTES

<p><u>MEMBERS PRESENT</u></p> <p>Brandy Dickey          Carolyn Evans          David Thorne          Curtis Thornton          Donald Vanderheyden          Anna Allen          John Duchscher          Katie Lynn Rice</p> <p><u>BOARD OF SUPERVISORS</u></p> <p>Sal Quintero</p> <p><u>MEMBERS ABSENT</u></p> <p>David Weber          Marta Obler          Renee Stilson</p>	<p><u>BEHAVIORAL HEALTH</u></p> <p>Dawan Utecht          Susan Holt          Brian Bradley</p> <p><u>PUBLIC MEMBERS</u></p> <p>Veronica DeAlba          Jose Manjarrez          Christine Edmondson          Carrie Smithson          Marylou Brauti-Minkler          Stan Lum          Mitch Collins          Rosio Laguna          Angela Lozano          Gilberto Rivas</p>	<p><u>PUBLIC MEMBERS –</u></p> <p><u>Continued</u></p> <p>Mayra Fuentes          Ana Monreal          Jane McCoy          Fidel Garibay          Connie Clays          Chris Roup          Caroline Ahlstrom</p>
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#### I. Welcome and Opening Remarks

##### A. Success stories

An announcement on Soberstock XII was made by Brian Bradley, an employee of Behavioral Health, also a leader with Community Partners 4 Recovery, the organization responsible for putting on Soberstock. This year’s event will be held at Eaton Plaza from Friday, September 29th and goes through Sunday, October 1st. There will be food and informational booths, a car show, and carnival rides. This year’s speaker will be Anna Harvey. Organizations interested in registering to have a booth display or individuals interested in purchasing Soberstock t-shirts may contact Bradley at (559) 600-9168.

In recognition of National Alcohol and Drug Addiction Recovery Month, a proclamation will be read at the Fresno County Board of Supervisors Meeting on Tuesday,

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September 12th.

If interested in learning more about the Community Partners 4 Recovery, meetings are held every other Tuesday at the Fresno County Hispanic Commission.

## **II. Approval of Agenda by Board**

Agenda approved as submitted.

## **III. Approval of Minutes from July 19, 2017**

Minutes approved.

## **IV. Update & Program Review – Department of Behavioral Health – Director Dawan Utecht**

### Legislation

AB 1250 – The bill would put significant prohibitions and bureaucratic requirements for provided services. The California Behavioral Health Directors Association (CBHDA) and various providers oppose this bill. There will be a press conference on August 17<sup>th</sup> at Clinica Sierra Vista.

AB 451 – The bill would require mental health facilities to provide emergency services though they may not be adequately equipped to do so. Opposed by CBDHDA.

### Contract Highlights

Primary Care Integration: Will go to the Board of Supervisors (BOS) in late August. The contract will provide screening for substance use and mental health disorders, giving an opportunity to have needs identified as well as early intervention.

RFP for Crisis Residential Treatment Facility Operator will also go to the BOS in September. The construction project is on-going, hope to have facility open by early next year.

### Department Projects

Drug Medi-Cal Redesign: Plan was approved the state, now awaiting Federal approval. Upon approval, information on timelines will be shared and roll-out.

De-carceration / Stepping Up: The focus continues to be on a Coordinated Crisis Response. The pilot project program will include a partnership between urban area law enforcement and field clinician. Some members of the team and Department of Behavioral Health (DBH) Division Managers will visit a similar program in Tucson, AZ. They will see how their crisis team responds to crisis, how they gather data; further case management services will be added. Kick-off date is to be announced.

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Suicide Prevention: The collaborative and work groups continue to meet and do the work needed. On September 12<sup>th</sup> there will be a proclamation at the BOS to recognize September 10<sup>th</sup> through 16<sup>th</sup> as Suicide Prevention Week.

### Mental Health Services Act Update

Phase 1 of the update includes collection of stakeholder input gathered from individuals attending routine stakeholder meetings using meeting forms. There will also be focus groups. Feedback from these meetings will help to identify specific needs. The focus groups will meet in September; the information will be added to the DBH website.

The MHSA Plan will be brought to the Behavioral Health Board (BHB) on October 18, 2017.

### Housing: Master Adult Placement Agreement

A meeting will be held at the end of August. This past July, a new Master Agreement for Transitional Residential Services was approved by the BOS. The agreement allows for a maximum of \$25 million over five fiscal years.

Quarterly meetings will be held with board and care owners and Community Care Licensing (CCL). The department notified board and care providers of the desire to establish a tiered service range within the new Master TRSP/STRSP Agreement that would match the service intensity level required by mental health clients.

The work group will look into implementing a similar plan for room and boards. However, since there are no licensing requirements for room and boards, the work group will develop a plan to ensure the level of services are acceptable for the clients served.

Laura's Law: The law was implemented in 2003 in Nevada County and just over 100 adults have received services, since 2008. The law requires hospitalization of individuals that frequent emergency services for mental health services if they do not voluntarily receive treatment. However, it does not require forced medication. The law is currently implemented by 17 counties and requires judicial involvement. A small percentage of the cases are referred to court. Most counties that implement the law, pilot the program first.

Counties, such as Fresno County, that haven't implemented the law must ensure they have the services available

At this time, the department will continue to review and increase / expand services in order to ensure accessible services are available for consumers in need and compel individuals to utilize the services available. DBH's focus is to reduce the time it takes to receive services, increasing capacity and programming.

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## Program Review: Functional Family Therapy and Bright Beginnings for Families

Comprehensive Youth Services (CYS) is the provider for Functional Family Therapy (FFT). The program provides Parent-Child Interaction Therapy (PCIT) for Bright Beginnings for Families (BFFF). The program is a short-term, early intervention model. The focus is on the child's environment that may be contributing to child's behavior.

The target population is youth, ages 11 – 18, who have disruptive behaviors, family conflict, and / or risk of involvement in the justice system, and their families. An evaluation conducted by MHSA found that the FFT program effectively prevents escalation of mental illness. The program has been in operation since April 2007.

An amendment to the FFT Agreement was approved July 2017, that included an increase to the contract budget, an increase off full time staffing positions, and expanded services to parents and caregivers, as needed.

Bright Beginnings for Families (BBFF) is a Community Services and Support Children's Full-Services Partnership program. BBFF is a collaborative partnership between CYS, Uplift Family Services, and Exceptional Parent Unlimited. The target population is youth, ages 2 – 8 and their parents. PCIT provides coached sessions between children and parents, intended to teach parents specific skills during interactive play with the child. Further, it provides interactive skills to parents to assist in building resiliency.

Bright Beginnings has been operational since September 2007. The goal of this program is to improve parent child-relationship, decrease child behavior problems with an increase in prosocial behaviors, increase parenting skills, including positive discipline, and decrease parenting stress.

An amendment to the BFF Agreement was approved in July 2017. The changes to CYS's portion includes an increase to the annual contract budget, an increase of full-time staffing positions, and extended treatment services to parents and caregivers, as needed.

Board members shared their concerns regarding the dropout rate of Bright Beginnings and FFT. In an effort to assist families that participate in the programs, DBH offers families transportation. Bright Beginnings is a program conducted in the home; unfortunately, this might be deterrent to some families. Further, the programs require a lot of work from the families participating. DBH will research and report on comparative numbers and the program's strategies for reducing the number of dropouts.

## **V. Old Business**

### **A. Site visit: Comprehensive Youth Services (CYS)**

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Members who attended the site visit of CYS gave positive remarks about the staff's passion and commitment to those they serve. Though the program does not offer substance use disorder treatment, they can refer clients out.

**B. Approve site review form**

The board reviewed the site review form. A motion and second was made to approve the form with changes. Motion approved.

**C. Community Forums (Sept. 9<sup>th</sup> and Oct. 18<sup>th</sup>)**

The next BHB forum will be held on Saturday, September 9<sup>th</sup> at the Sanger Community Center at 11:00 AM. The forum will include a panel and is open to the public.

The last forum is scheduled for Wednesday, October 18<sup>th</sup> at 2:30 PM; to be held in lieu of the regular BHB meeting. It will begin after the Public Hearing of the Mental Health Services Act (MHSA) Plan.

**VI. Letter to Central Valley Opioid Coalition**

The letter drafted by Curt Thornton was presented and approved by the BHB. The letter will be reviewed one last time for any necessary corrections or edits, and signed by Chair John Duchscher and mailed to the Central Valley Opioid Coalition.

**VII. New Business**

**A. Future site visits**

The BHB will visit the Blue Sky Wellness Center in September. The BHB would like to visit the Multi-Agency Access Point (MAP) Program at the Poverello House.

**B. Alcohol sales (possible letter to City Council) RE: July 30<sup>th</sup> Fresno Bee article**

The BHB discussed a Fresno Bee article published on July 30<sup>th</sup> regarding the number of alcohol licenses issued in Fresno County. The article stated Fresno has the highest concentration of retail stores licensed by the state to sell beer, wine and liquor – more stores per 10,000 residents than Los Angeles, San Diego, San Jose or San Francisco.

The BHB agreed to write a letter to the Fresno City Council, Fresno Police Department and Fresno County Board of Supervisors outlining the Board's concerns and desire to meet and discuss the situation with community leaders.

**VIII. Committee Reports**

**A. Adult Services**

Guest speakers from Exodus Psychiatric Health Facility (PHF) and Community Behavioral Health Center attended the meeting. They discussed individuals being released early without discharge plans; however, noted that early discharge doesn't necessarily mean the individual is not stable. Services and beds are lacking. They discussed the need for high-level Board and Care homes that could

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provide supervision and care after discharge. Residential Crisis Center has these services; however, there are only 16 beds. The committee is pleased to hear DBH is working with board and care operators on proposed guidelines and educating them more about the clients they serve.

**B. Children's Services**

No meeting in July. There will be a spokesperson from foster care at the September 24th meeting.

**C. Justice Services**

The next meeting is scheduled for Monday, November 13, 2017.

**D. Substance Use Disorders**

John requested to disband the SUD committee. The providers will continue to meet and keep up communication with the department. Members of the public have rarely attended the meetings since the committees inception; there are no updates or work that comes from the group. Though the recommendation is to disband, matters surrounding SUD will not receive any less attention. Any future concerns or matters that need to be addressed can be done during committee and / or BHB meetings.

**E. Other reports or announcements**

Supervisor Quintero announced the Carnival event being held on September 9<sup>th</sup> at the Mosqueda Grounds. The event is open to the public. They hope to see many families with elementary school children. There will be information booths, games, food, petting zoo, and raffle prizes.

**IX. Public Comment**

Comments regarding Laura's Law was made by Marylou M., Connie C., and Gilberto R.

**X. Meeting adjourned at 4:23 PM.**

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