



# County of Fresno

## ADVISORY BOARDS AND COMMISSIONS

### Fresno County Behavioral Health Board Regular Meeting Minutes September 21, 2016

<p><u>MEMBERS PRESENT</u></p> <p>Joanne Cox Brandy Dickey John Duchscher Carolyn Evans Renee Stilson David Thorne Curtis Thornton Donald Vanderheyden David Weber Dr. Marta Obler</p>	<p><u>BEHAVIORAL HEALTH</u></p> <p>Susan Holt Kathy Anderson Karen Markland Kristi Williams Jim Ritchie Jose Conchas Paula Zapata Brian Bradley Janelle Sidney</p>	<p><u>PUBLIC MEMBERS – Continued</u></p> <p>Jorge Romero Ron Alonzo Marilyn Bamford Sharon Ross Gilbert Rivas Elena Sarmazian Scott Hollander Rachael Ensom Candice Wagenleitner Mayra Fuentes</p>
<p><u>ABSENT</u></p> <p>Anna Allen</p>	<p><u>PUBLIC MEMBERS</u></p> <p>Mark Leanhart Hector Cabrera Stan Lum</p>	<p>Fidel Garibay Daizell Obong M. Sousa Y Herrera</p>
<p><u>BOARD OF SUPERVISORS</u></p> <p>Absent</p>	<p>Lindsay R. Ray Banks Veronica De Alba Mary Lou Brauti-Minkler</p>	<p>Jolie Browar Martin Rodriguez Nancy Gorney Connie Clais</p>

#### I. Welcome and Opening Remarks

Joanne Cox welcomed everyone to the meeting and asked that everyone sign in and include their email address on the sign-in sheet. Joanne then introduced Dr. Marta Obler who was recently appointed to the Behavioral Health Board. Dr. Obler gave some background on herself and thanked the Board for the introduction.

#### II. BOS Proclamations – Suicide Prevention and National Drug and Alcohol Addiction Recovery Month

Joanne introduced Karen Markland to talk about Suicide Prevention Day and the National Drug and Alcohol Addiction Recovery Month Proclamations. Karen introduced Candice, who also talked about the Suicide Prevention walk, Lindsey, Sam, Vanessa and Guy to read a portion of the Suicide Prevention proclamation. Karen then introduced Paula Zapata to read the National Drug and Alcohol Addiction Recovery Month Proclamation. Paula introduced Brian Bradley to talk about the

Soberstock event that will take place on September 23 and 24, 2016 at Manchester Center. Brian mentioned that Henry Perea will be the guest speaker and the scheduled key note speaker is Bernie Alvarez. Carolyn stated that she was glad to see the Board of Supervisors' support these proclamations. John Duchscher stated that he was thankful for the support of DBH and thanked Brian for his efforts in organizing Soberstock with the Community Partners 4 Recovery.

### **III. Approval of Agenda**

Agenda approved with no changes.

### **IV. Approval of Minutes**

Joanne noted that changes for the minutes have been submitted for inclusion. Curt Thornton "He pointed out that the failure to provide copies of this map to BHB members had been pointed out to the Department at the BHB Executive Committee meeting last week." Curt felt that the Board should receive information that is promised. John Duchscher commented that under the SUD Committee Report for August, under Drug Court presentation, the statement by Judge Chittick was stated nicer in the minutes than what was actually said which was, "referrals will stop to their programs if they do not update the Court when clients stop going that are under Court supervision". David Weber asked for correction on the BHB Committee Future meetings should show Substance Use Disorder Committee instead of Substance Abuse Disorder. Joanne asked for approval of minutes with corrections. All approved.

### **V. Update & Program Review - DBH: Susan Holt, Deputy Director**

Susan Holt provided the DBH Update on behalf of Dawan Utecht. She started her update with SB 82 Projects which includes the Adult Crisis Residential. Susan stated that the schematic design was presented to the Board of Supervisors on September 13<sup>th</sup> and the RFP for construction is scheduled for release in October. Susan stated that the Sierra Building purchase is complete and prep work in the building is in process with the hopes of holding the October BHB meeting there. Joanne mentioned that the MHSA Public Hearing is scheduled to take place before the next BHB meeting and notices have already been sent out. Joanne asked if the BHB meeting could go to the new location in November. John motioned to keep the October meeting at Blue Sky, then at the Sierra location in November. Motion was seconded. All approved.

Susan stated that the Multi-Agency Access Point (MAP) Expansion is targeted to go before the Board of Supervisors for approval on November 11, 2016 and the protocols and universal screening tool is being worked on.

### **Contract Highlights**

Susan stated that the Primary Care Integration RFP has been sent out and bids have been received. Susan stated that once selections have been made, contracts will be taken to the Board of Supervisors in the near future. Susan stated that an analysis is in process of various contracts to expand access key areas.

## **Department Projects**

Susan stated under the Housing Assessment, client surveys will begin in October which will include adults in and out of County services, family members of clients, youth who are able to complete on their own and caregivers for youth and adolescent. Susan stated that the Drug Medical Redesign is continuing and stakeholder meetings have been taking place. De-Carceration/Stepping-Up Initiative, Sequential Intercept Mapping Intercepts 2 through 5 will be held October 25th and 26<sup>th</sup>. Reaching Recovery needs level instrument is currently being used in our Adult System and will be going out to our full service partnership with the goal of using this tool within our entire adult population. John asks on the Stepping Up Initiative, what happens with the 911 calls in Fresno County. Susan stated that in Fresno County, the emergency response dispatch screens the calls to determine who to send out based on the jurisdiction and when a behavioral health issue has been identified, law enforcement field clinician are dispatched to help the situation. DBH add more information regarding reaching recovery explanation to PowerPoint presentation for next month. Carolyn stated she would like to see the five levels of care in Reaching Recovery, a clear definition of the levels of care and what the difference between each level. Susan stated that more information can be include during future slide presentations. Curt stated, "Harder's timeline showed that the client surveys would be completed in September, not starting in October. Because of this and the map not being furnished on time, as promised, he expressed concern that Harder will not be submitting their Final Report in November as their timeline indicates." Susan clarified that significant data has been collected but this is specific to the Assessment. The full report should be provided possibly in November, but a presentation will be scheduled. Susan reported that the MHSA Annual Plan has been posted and will be presented at the October BHB meeting with the goal of having the Plan presented to the Board of Supervisors in November.

## **Program Review – Comprehensive Addiction Program**

Susan began the Program Review on the Comprehensive Addiction Program (CAP) has been in services for 25 years and is located on Whitesbridge Avenue. CAP is a licensed residential treatment program open 24 hours seven days a week. CAP provides residential detoxification services, which is a 14 day detox with days 1-3 detoxification, days 4-14 residential stabilization. Once clients complete detox they are referred to other residential or outpatient programs if needing longer treatment services. Susan covered demographic information and completion rates of clients that are admitted into CAP. David commented that prevention is necessary early on, and asked what the county is doing to begin to address early age of use. Susan stated that the California Health Collaborative and the Youth Leadership Institute provide peer-to-peer prevention services. John mentioned a survey that was provided 12 years ago showing the age of first alcohol use at 9.5 years of age. Susan stated during intake, meth was the primary drug of addiction for admission to CAP. Susan moved to information on CAP's residential services which provide long-term residential for Alcohol and SUD treatment services, and Family Focus Prevention Services. David commented that he appreciated the fact that the Department sends the information in advance. Susan stated that the Department will continue to provide this information and apologized for any prior oversight. Carolyn commented that the

aftercare component at CAP was a concern of hers. Susan mentioned that the Drug MediCal redesign recognizes the continuum of care to include an aftercare component for the client. Kathy Anderson will check to see if aftercare will be added to the RFP. John stated that the length of stay is the test to see if anyone will remain in recovery. Susan mentioned that the Department is looking for evidence-based recovery tools for SUD recovery.

#### VI. Old Business

Joanne asked the Board if they had any comments from the CAP site visit. David appreciated the program review with the site visit. Joanne stated that the plan is to continue coordination of site visit with program reviews.

#### VII. New Business

Joanne stated that Soberstock, was covered earlier in the meeting but reminded everyone of the date which is September 23 and 24, 2016. Joanne then mentioned that the next site visit will be the Perinatal Program – Infant Mental Health on October 11th, 2:00 pm. Joanne stated that the MHSA Public Hearing will be conducted prior to the BHB meeting on October 19 and will start at 1:30 pm. Joanne announced that the Board needs new officers, Chair, Vice Chair and Secretary. Joanne stated that nominations will be accepted in October and November; elections will conclude in December. Joanne stated that she will be sending out the descriptions of each position.

#### VIII. Committee Reports

Adult Services Committee- Carolyn stated that a presentation was given from Exodus on the DBH Access Line, which is a 24/7 line and the number is (800) 654-3937. The Access line is for information and referral. Carolyn mentioned that non-English language services are available. Carolyn stated that next month's topic will be board and care housing.

Children's Services Committee – Carolyn stated that the Committee worked on understanding the Continuum of Care Reform Act and had Foster Family Agencies in attendance. The Committee also talked about supportive housing for the TAY population. Carolyn stated that the next meeting will be September 22<sup>nd</sup> at 9:00 am at the Senior Resource Center, and will be hearing about the services offered by Uplift.

Justice Committee – Joanne stated that Dawan Utecht spoke on the De-Carceration/Stepping up Initiative. Joanne stated that next meeting will be on November 14<sup>th</sup>. Joanne stated that all of the committees are open to attend, stated that the dates are posted online then gave the following: Executive Committee 11:30 am, first Monday of the month along with the Adult Services Committee at 10:00 am, location is Blue Sky Wellness Center, Children's Services Committee held on the fourth Thursday at 9:00 am at the Senior Resource Center, Justice Committee, second Monday, every other month at 1:30 pm at Blue Sky, SUD Committee first Wednesday at 11:00 am at various locations and the BHB meeting is on the third Wednesday .

## SUD Committee

John reported that the provider meeting and SUD committee have been split up. He is hoping that the provider meeting will provide minutes from their meeting instead of a verbal update. Last month, Judge Chittick gave a presentation on the Drug Court. John stated that the public are always welcome to attend. John also mentioned that SUD providers will be participating at Soberstock and that it is an open event.

## Other Reports

### **IX. Public comment**

Janelle Sidney announced that the R U OK MatterYouth Forum for ages 14-25 and will be held at CART in Clovis on October 29<sup>th</sup> from 9:00 am to 1:00 pm; register at [mhsa@co.fresno.ca.us](mailto:mhsa@co.fresno.ca.us). Kathy Anderson provided additional information regarding the DMC waiver process and has identified topics for the focus groups in 2<sup>nd</sup> and 3<sup>rd</sup> week of November. DBH needs consumer input at the Stakeholder meetings; a list of dates has been provided. Kathy also mentioned that a survey is being developed to be used if people are unable to attend any of the Stakeholder meetings. Mary Lou with NAMI announced their Harvest Moon Gala, November 4<sup>th</sup>, honoring Judge Hillary Chittick for her efforts in the Behavioral Health, Veteran's and Drug Courts. Mary Lou announced a new course being offered called Home Front starting October 5, which is a 6 week course available to families of veterans, who suffer from issues from military service, such as PTSD, anxiety or depression disorders. NAMI offers free courses and provides an annual walk and gala that helps support various courses. Joanne suggested that all the Board members should join NAMI. Candice Wagenleitner, Executive Director of Break the Silence, announced their Out of the Darkness Walk and will be partnering with AFSP to raise awareness on suicide prevention. John asked when events are held, are they open to all age groups; the response was "yes." Candice announced that Break the Silence will be hosting their first faith-based mental health support group for peers and loved ones called Fresh Hope and will be held on October 12<sup>th</sup> at the Woodward Park Baptist Church, 7:00 pm to 8:30 pm.

### **X. Adjournment**

Meeting was adjourned at 3:57 pm