



**Fresno County Behavioral Health Board  
Regular Meeting Minutes  
October 19, 2016**

<p align="center"><u>MEMBERS PRESENT</u></p> <p>Anna Allen Joanne Cox Brandy Dickey John Duchscher Carolyn Evans Marta Obler David Thorne David Webber Renee Stilson</p> <p align="center"><u>ABSENT</u></p> <p>Curtis Thornton Donald Vanderheyden</p> <p align="center"><u>BOARD OF SUPERVISORS</u></p> <p>Absent</p>	<p align="center"><u>BEHAVIORAL HEALTH</u></p> <p>Susan Holt Kathy Anderson Betty Brown Duke Ramshaw Preet Sanghera Stacy Van Bruggen</p> <p align="center"><u>PUBLIC MEMBERS</u></p> <p>Marilyn Bamford Leon Hoover Fidel Garibay Lee Ann Skorohod Veronica De Alba Marisol Zamora Brenda Kent Lori James Daizell Obong Maria Roger Martin Rodriguez</p>	<p align="center"><u>PUBLIC MEMBERS – Continued</u></p> <p>Cassy Abbott Mary Lou Brauti-Minkler Brooke Frost Chris T. Alyssa Neri Rodney Earl P.</p>
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### I. Welcome and Opening Remarks

Joanne Cox welcomed everyone to the meeting. She advised attendees of future subcommittee meetings as well as the location for the November Behavioral Health Board (BHB) meeting, which will be held at the Sierra building / Auditorium at 1925 E. Dakota Ave., Fresno.

### II. Approval of Agenda by Board

Agenda approved as written.

### **III. Approval of Minutes from September 21, 2016 Meeting**

Joanne called for a correction to the minutes under New Business (page 4, line 6). The correction will reflect that nominations will be accepted in October and November.

### **IV. MHSA Annual Update**

#### **A. Summary and Overview – Karen Markland**

Karen summarized the information provided during the Public Hearing session that occurred from 1:30 – 2:30 on September 21, 2016 regarding the MHSA Annual Update for FY 2015/16 and 16/17. The purpose was to share the Annual Update; the 30 day public posting concluded on October 12, 2016. During that time comments and input were received, however, they were determined to be geared more towards clarification, edits and other opportunities to ensure that the reader understands what the programs are doing. The annual update this year will include the addition of two new programs, deleting one and enhancing 14. The deletion is a documented action item; it was a partnership with San Joaquin Valley College, Training Psychiatric Physician Assistants program, which they no longer have. Not discussed in the hearing, was the 30 plus “Keep” programs that are identified through the MHSA update that will be maintained with their current staffing, budget, who they are serving, and the means of which they are served. During the hearing, input was provided which will be added to the document and will be included in the submission of the final plan.

#### **B. Discussion and Recommendations by the Behavioral Health Board**

Joanne asked for comments from the board. David Webber stated he appreciated the presentation provided by Karen and testimonials from stakeholders. Karen stated there will be an opportunity for the board to review the final document; the plan will be reposted on the DBH website on Monday, October 24th, however, it will be identified as draft until it’s approved by the Board of Supervisors (BOS). It will also be available by hard copy. The final draft will be recommunicated and is scheduled to be presented to the BOS by mid-November.

Joanne asked for a motion to accept the MHSA Annual Update, Executive Summary FY 15/16, FY 16/17. Carolyn Evans motioned; John Duscher seconded the motion – motion approved; no oppositions.

### **V. Mental Health Oversight Advisory Council –MHOAC: Guest Speakers**

#### **A. Reneeta Anthony – Fresno Housing Authority Commissioner**

Reneeta Anthony worked and retired from Fresno County after 30 years of service; she worked in various capacities and departments. She also served on the Mental Health and NAMI boards. She is currently the Executive Director of A3 Concepts, LLC.

The MHSOAC was created by voter-approved Proposition 63, the Mental Health Services Act (MHSA), in 2004. The 16 member Commission represents different sectors of society, including law enforcement, labor, education, mental health, and individuals and family members with lived experience of mental illness. Reneeta discussed the commissions responsibility and the funding for Proposition 63 (the MHSA) – where it comes from and how it’s spent.

Proposition 63 encompasses five components:

1. Community services and Supports (CSS)
2. Prevention and Early Intervention (PEI)
3. Innovation (INN)
4. Capital Facilities and Technological Needs (CFTN)
5. Workforce, Education, Training (WET)

Further, Proposition 63 provided on-time funds (\$400 million) for housing, projected to result in upwards of 2,500 units of permanent support housing for individuals with serious mental illnesses. Counties have been able to leverage almost \$3 billion through unique collaborations through government agencies at the state, local and federal levels.

The mission of MHSOAC is to provide vision, leadership, and collaboration to their clients, family members and underserved communities; to ensure Californian's understand mental health is essential to overall health. Further, they will hold mental health systems accountable, provide oversight to eliminate disparities, promote wellness, recovery and resilience; and ensure positive outcomes for individuals living with serious mental health illnesses, and their families. Innovation is one of the most important community programs afforded to MHSOAC fund; the MHSOAC reviews each county's innovation program plan.

The information provided about MHSOAC can be found on the <http://mhsoac.ca.gov/>.

The 2nd presentation focused the next great need in California. Since 2014, there have been 4,000 prisoners released from California prisons. With the release of prisoners, local law enforcement is dealing with issues, such as lack of capacity. Further, after the passage of Proposition 47 (Safe Neighborhoods and Schools Act) in November 2014, certain offenses such as drug possession and thefts of property valued under \$950 are no longer felonies but misdemeanors.

In Los Angeles (LA) County, the Sheriff's Department is seeing an increase in the number of offenders that enter the jail system who require some type of mental health treatment. The jail systems are not equipped to treat mental health offenders.

To help address the issues, LA County launched the Criminal Justice Mental Health Advisory Board. They established the Office of Diversion and Reentry in summer 2016 to reduce the number of mental health prisoners; added the Mental Evaluation Unit. Officers are able to identify and link mental health clients to services instead of booking them into jail. Though, there's still a need for re-integration into community; have need for jobs, housing.

#### **B. Lynne Ashbeck—Vice President, Population Health & Community Engagement, Community Medical Centers**

Lynne Ashbeck joined the commission in April 2016. Lynne was happy to report that the Central Valley has two seats on the commission. Her seat on the commission is in the spot of Health Plan. Lynne noted a couple of important observations: not all communities are the same and it's important to remember as plans are made; secondly, her interest in area of innovation grants is to focus on timeliness of grant awards. When you look at the process of how the innovation funds are awarded, there's an issue getting it through the Board of Supervisors or County procurement process within two years thus the program is no longer innovative. She suggests that the funds with a caveat that the County needs to move the process forward in a timely fashion.

Carolyn asked what the role is of the MHSOAC with regards to the MHSA update. Reneeta stated it will go to the commission staff for review and will advise the commission of their findings. Lynn added that all innovation plans go directly to commission. Primarily the MHSOAC is to oversee the spending of the funds and that the mental health system being made better.

## **VI. Update & Program Review – Department of Behavioral Health – Dawan Utecht**

Dawan Utecht discussed notable legislative passages and vetoed bills. The passed bills include:

AB 1554/SB819: Powdered Alcohol  
AB 1748/SB 482: various opiate related  
SB 1174: Children; prescribing patters  
SB 1291: Specialty mental health: Minor/Non-minor Dependents  
AB 1299: Specialty mental health services  
SB 884: Special education: mental health services  
AB 59: Assisted Outpatient Treatment Program (AOT)

Vetoed:

AB 1300: Involuntary commitment

Federal: CARA (Comprehensive Addiction Reform Act) – awaiting full/adequate funding.

Discussion on construction / new services update included the approval from the BOS for construction bids for the Adult Crisis Residential on October 18, 2016.

The Sierra building is coming along; the November Behavioral Health Board meeting will be held at the Sierra location.

### **Contract Highlights**

#### **MAP**

The contract for the Multi-Agency Access program, which was discussed during the public hearing, will be presented to the BOS in November. The contract includes software programing; it is a universal screening tool that will be used to screen for needs across many domains, including physical health, mental health, substance use disorder, housing, transportation, etc. The first piece of the software is the screening tool and making it a web-based tool that can be easily accessed. Second piece of the software will be a data base. The database will score individuals that are screened, whether they were linked to services, and if over time, their needs were met. There are multiple pieces, what's being discussed is the physical locations for the map points, later there will be companion pieces.

#### **Primary Care Integration**

Bids to RFP were received; this will be a slower and more methodical process. Trying to change, improve, and enhance on the process on how clients are screened by their primary care physician for mental health illness and substance use disorder. Physicians will be asked to contemplate offering services for substance use disorder or mental health on-site, adjacent or how referrals are done.

Various contract expansions to address access in key areas – analyze

Reviewing existing contracts, some were discussed in the annual update in terms of looking to expand in areas where there are wait lists or delays in getting care.

## Department Projects

- **Housing Assessment**

The survey just finished; timelines are being met. The client survey was changed slightly; therefore, the final report will be slightly behind schedule, in terms of days not weeks. Upon receipt of the final report, the finding will be brought back BHB. The report is expected to be finalized in November.

- **Drug Medi-Cal Redesign**

- Stakeholder meetings in process

Dawan presented to the Fresno Madera Police Chiefs Association, as part of the presentation she also discussed the work on the Stepping Up Initiative and Decarceration Initiative. Also, she reminded everyone the department is conducting a re-do of the Sequential Intercept Mapping (SIM), next week. Partners from law enforcement, crisis services and consumers will attend. This approach will assist in identifying where there could be an opportunity to provide services in lieu of incarceration or re-incarceration when an individual with mental health may experience an intercept; further, to ensure that people's needs are met in the proper setting.

### **Reaching Recovery**

Part of the Reaching Recovery Implementation with the contracted partners, not just internally, is being done with the Full Service Partnerships. Some consent items that go before the BOS may include slight amendments which include access to Avatar.

### **Access Line**

The Access Line had a soft opening in September. Previously the line was operated by an entity that also provided access to the Department of Social Services; demographic information was taken, clients were referred, and provided basic information. As part of the contract with Exodus Stabilization Unit, included was a 24-hour Access Line. It gives the ability to help those in need of crisis services. A review of the numbers since the line was set-up reflects an increase in calls. The important part is having the ability to link people to services; further Exodus can access the electronic health record, thus a way to ensure that an individual receives the services they need upon referral.

## **VII. Old Business**

### **A. Discussion & Review of written outcomes/Perinatal Program by board members**

The Perinatal program started in 2010; through the course of the collaborative it was agreed that women with mental health issues that were pregnant would receive treatment. Through the development of this program, adults and teens receive services for postpartum, and services for their infants. Services can be provided at the beginning, during and one-year after child birth.

Staff include: Mental Health Clinicians, Case Managers, Public Nurses and Psychiatrist.

Services are funded through MHSA Prevention, MHSA Early Intervention, MHSA Community Services and Supports and Medi-Cal FFP. The core concepts include recovery/resiliency orientation, cultural competency orientation, community collaboration, client/family driven program, and integrated service experience.

The outcome goals are for the client to return to the level of functioning prior to pregnancy and prevent decompensation resulting in a high level of care or chronic mental health problem.

### **B. Report Site Visit: Fresno County DBH Perinatal Program**

Joanne stated she very impressed with the program; services may also be offered to men in the future. David Webber added that it's an excellent facility which will create better access, which may include transportation. Of note: this is program has a clinician for infant mental health. Services are for all mental health illness; referrals can come from physicians or client self-referral. Marta Obler added that in next few years there will be an increase in tele-psychiatry.

### **C. Housing Assessment Harder & Company draft report**

Covered by Dawan during her report.

### **D. Nomination of Behavioral Health Board Officers**

Nominations were made for the following:

- ~ John Duchsher nominated for Chair (by Carolyn)
- ~ Carolyn Evans nominated for Vice Chair (by Brandy)
- ~ Brandy Dickey as Secretary (by Anna Allen)
- ~ David Webber as Secretary (by John Duchsher)

Nominations close in November; elections will be held in December.

## **VIII. New Business**

### **A. New goals and recommendations to the Fresno County Board of Supervisors, and process for developing goals**

Last year goals were set in open meeting in which 10 – 15 items were discussed and narrowed down.

Last year's top three goals included:

1. Move forward with permanent supportive housing project in 2016
2. Make additions to field crisis response service to provide 24 /7 service
3. Establish a residential, co-occurring for serious mental illness substance use disorder treatment

John commented as an advisory group there's a need to ensure that BHB is collaboration with the County, with regards to goals.

Carolyn added that it's a good idea to have a list of recommendations, though timelines should not be put on the goals, rather leaving it on the list until it's accomplished.

Each member was asked to review the list and discuss at the next Executive Meeting.

### **B. Discuss goals and purpose of subcommittees**

John discussed the importance of the subcommittees having goals and objectives, and written responses. Joanne added, due to state mandates, that she will research what's required by and can be done by the subcommittees. John the committees need to have goals, for example the Justice Committee can report back to board as to what's taking place. Board members need to think about who can chair these committees, currently there is one BHB member chairing various committees. Further, it would benefit the BHB if they reported out at meetings.

## **IX. Committee Reports**

### **A. Adult Services**

This month Adult heard from two board and care providers. Learned about Crestwood Bridge, however it's a transitional housing to help clients integrate into the community. Also, heard from Filmore Christian Gardens, more traditional board and care, and primarily serves conservatees. Providers agree that substance abuse disorders are a big issue for the mental health clients as well as lack of activities and job employment are detriment to recovery. Crestwood Bridge does provide activities and assists with some employment services. However, for most board and care it's not economically feasible. They need support from the county by providing other opportunities for residence.

Next month the committee asked to hear from Harder and Co., however that hasn't been confirmed. Dawan asked they present the report to the entire BHB.

### **B. Children's Services**

Children's Committee works with Standards and Foster Care Oversight Committee. Last month heard from Uplift family services; they have a number of contracted programs for children including wrap around, ADA, foster care, and an assertive community treatment program for families with children ages 10-18 with serious mental illnesses, and also Bright Beginnings for children with serious behavioral issues.

Thursday, Oct. 27<sup>th</sup>, Exodus will present on their Access Line; also having a young person give his testimony / success story of the TAY program.

### **C. Justice Services**

Next meeting is November 14th at Blue Sky.

### **Substance Use Disorders Service**

This committee has become a split session, part of the session is the provider meeting – treatment and prevention group. They meet the first Wednesday of the month from 9:30 - 10:45; SUD committee meets 11:00 – 12:00. The issue at this time is receiving the meeting minutes prior to the BHB meeting. The recent meeting was a presentation of an update to the Dashboard.

The committee discussed growing their own certified drug and alcohol counselors, wants to look at doing that again. With regards to training, one of the providers is looking at providing / sponsoring training to become certified it costs \$3,000, that's an added issue to address.

### **Other reports or announcements:**

Joanne added that the Executive Board meeting will be November 7<sup>th</sup> at Blue Sky, directly following the Adult Meeting. The BHB meeting will take place on November 16, the address is 1925 E. Dakota Ave., Fresno, 93726.

## **X. Public Comment**

Jim Rice, President of NAMI

The mission is to give hope and improve quality of life through support, education and advocacy. Lead by Chris Roupe; Nami has 15 signature programs. All programs are offered free of cost, however, can't offer without support – grateful for support they receive. Function will be held on Friday, November 4<sup>th</sup> to honor Judge Chittick. The tribute will be delivered by Lynn.

## **XI. Adjournment**

Meeting was adjourned at 4:25 pm