



### Fresno County Behavioral Health Board Regular Meeting Minutes November 16, 2016

<u>MEMBERS PRESENT</u>	<u>BEHAVIORAL HEALTH</u>	<u>PUBLIC MEMBERS –</u>
Anna Allen	Dawan Utecht	<u>Continued</u>
Joanne Cox	Susan Holt	J. Romero
Brandy Dickey	Janell Sidney	Stan Lum
John Duchscher	Kristi Williams	C. Chapman
Carolyn Evans		Jennifer Ruiz
Marta Obler	<u>PUBLIC MEMBERS</u>	Jacquie Anderson
David Thorne	Ana Maria Cuellar	Martin Rodriguez
David Weber	Veronica Bautista	Minda Murphy
Renee Stilson	Mark Leanhart	Mitch Collins
Curtis Thornton	Carrie S.	Rachael Ensom
Donald Vanderheyden	Jose Manjarrez	Chris T.
	Lucky S.	Brenda Kent
<u>ABSENT</u>	Vanessa Sandoval	Brooke Frost
	David Tan	Zia Vang
<u>BOARD OF SUPERVISORS</u>	Sharon Ross	
Absent	Myra Fuentes	
	Gilberto Rivas	

#### I. Welcome and Opening Remarks

Joanne Cox welcomed everyone to the Behavioral Health Board meeting's new location. She announced all future BHB meetings will take place at the Sierra location, which will be occupied by Behavioral Health in the near future.

It was announced that David Thorne will be graduating from Peer Support. David said it was a good group; teacher Chris realized how deep class really was. The group was well received; the instructors were very compassionate.

Joanne announced that Larry Jorgensen recently passed away; he was a former Mental Health Board member. Joanne asked if any board members wished to share some of their memories of Larry. Curt Thornton said that Larry was meaningful with his words and was a good member. Carolyn Evans added that she served with Larry; she described him as a stabilizing force.

Joanne announced that a rough draft of the Annual Report was given to Behavioral Health Board members for their review. The report will be discussed and finalized within the next few months.

## **II. Approval of Agenda by Board**

The agenda was corrected to read Sierra building, not Dakota Building. Agenda accepted as with corrections.

## **III. Approval of Minutes from October 19, 2016 Meeting**

Minutes accepted as written.

## **IV. Cultural Diversity Guest speakers: Success Stories**

### **A. Christina Alejo –Holistic Cultural & Education Wellness Center**

Anna Maria Cuellar of the Holistic Cultural & Education Wellness Center (HCEWC) discussed the services they provide to the community. The organization is on its fifth year; they are funded by the Department of Behavioral Health through the Mental Health Services Act. HCEWC provides culturally and linguistically appropriate education, training, and linkage services to un-served and underserved individuals and groups who may typically not seek traditional Western (clinically based) mental health services. They currently provide 120 activities per year and tend to approximately 3,000 clients annually. Cultural Brokers provide services in Spanish, Hmong, Lao, Khmer, and English. HCEWC also holds women's support group meetings every Wednesday from 10:00 AM to 12:00 PM. They have approximately 5,000 learning opportunities.

Stories were shared by two consumers, Ms. Bautista and Ms. Moreno. Both stated that the experience and support they've received from HCEWC have been positive not just for them, but also for their families. It has given them the tools, encouragement and strength to make positive changes in their lives. They both look forward to helping and connecting with other consumers.

### **V. Presentation on inventory and clients' needs survey – Harder & Co.**

Jacquie Anderson presented on behalf of Harder & Co. The PowerPoint presentation / update on the client survey was made to provide a progress update, present early finding from the Client Housing Survey and Client and Operator Focus Groups; discuss future data collection / analysis and final report.

Jacquie stated though they have delved deep into the data, they have more data collection ahead of them. It took a little more time on the client survey as they wanted to ensure the data was accurately collected from the consumers.

In addition to the Client Survey, they also held Key Stakeholder Interviews and Client and Operator Focus Groups. From the client survey's, they received over 1200 responses. A breakdown of demographics of the individuals was included as well as timelines and tasks. A separate survey was done for family members who were responding for minors or as family members of consumers. Housing stability was listed as one of the areas of interest. Questions such as how long they lived in their current residence; if they want to move or continue living in their current housing situation or move to a more stable living situation. One of the issues many face is housing stability as well as costs associated with moving.

Curt Thornton asked about the Housing Inventory map. Jacquie stated they are attempting to collapse

the maps. The goal is to have a broad map that covers Fresno County; currently they only have a map of the city of Fresno.

Carolyn Evans asked if families were given an opportunity to state what type of housing they wanted for their loved ones. Jacquie stated the focus groups delved into that; they are trying to get an idea if assistance is needed. NAMI has participated in the conversations.

Board and Cares were included in the survey as well. It was noted that greater coordination and further training in mental health is needed to better understand the clients / residents they serve. Room and Board providers also feel ill equipped. Carolyn added that training was provided several months ago to Board and Care and Room and Board providers.

Public Comment: Martin Rodriguez asked if it is known what percentage covers Room and Board providers. It was noted that the number is not representative of all providers. The purpose of the focus group is to highlight challenges consumers face and also to get an idea of the deeper issues. Of interest and concern, is that some of the room and board providers are not aware of the issues individuals with mental health face or why they move from place to place.

Curt added items of action that should be looked at now:

- 1) Is it the operator's view that clients are bouncing around or the client's view?
- 2) Issues surrounding physical conditions and cleanliness in Board and Care and Room and Board have been brought forth before. The question is what can be done. It should be considered as we move into the final report.

David Weber asked what 'Other' (slides 10 & 11) represents as the percentage indicated is high. It was stated that Harder & Co. will delve deeper into that area; however, some of it represents transitional housing, institutionalization, inpatient programs, incarceration, psychiatric facilities, etc.

Brandy Dickey referenced page 17; she stated in her experience and knowing consumers, there are serious issues in the Room and Board and Board and Care facilities with such things as cleanliness, stolen items, bed bugs, fighting, and violence. She added that case managers don't go out to look before referring or helping place consumers. It's a matter that needs to be addressed.

Director Dawan Utecht stated that some of the issues raised will emerge as the process moves forward, allowing the issues to be addressed. However, if it is the request of the Board, that the survey go it will add significantly more time to complete the process. The results thus far from the survey have been informative for the department.

Curt stated when the final report is submitted, if the department is satisfied it should move forward.

Post-Election Impacts - Dawan reported with recent results of the presidential election, there's been a significant amount of talk about what might occur with the Affordable Care Act (ACA). ACA had a tremendous effect on mental health and those incarcerated; in that it helped them to get services and also helped to design programs. However, if anything should occur it would be at least a year until changes are put into effect as it will have to be part of the budget process, thus giving time to advocate for those in need.

Sierra building is coming along, it's anticipated that DBH will occupy the second floor by spring

2017; first floor will be occupied later in the year. The plan is to relocate some services from the Kings Canyon offices to Sierra and / or Heritage. Community Hospital will continue to provide some services until the end of their lease, approximately at the end of next calendar year.

Dawan discussed upcoming contracts within the department; these include the Fresno County MAP and Primary Care. Further, there are various existing contracts that the department is trying to expand. With regards to department projects, the final assessment is anticipated to be complete in January 2017. The plan is to take the report and develop concrete plans.

Dawan discussed the recent De-carceration / Stepping Up Initiative and action planning process which came from the recent Sequential Intercept Mapping work session. The session was held on October 25th and 26th. Dawan stated it was well attended; there were representatives from various county departments, local law enforcement agencies, American Ambulance, the Courts, other community / partnering agencies, and some consumers.

From that work session three action plans are in development:

**1.) Crisis Intervention Team (CIT)** - Work from the CIT will include doing a data collection survey with the Fresno Madera Police Chiefs Association (FMPCA) to find out how many law enforcement officers will need CIT training. **2.) Re-entry process** - the Re-entry process will help to determine for someone involved in the criminal justice system, how to identify a person that needs mental health services, and what services they need. **3.) Divert to What?** - The goal is to divert individuals that need mental health services out of criminal justice system; referring them to the appropriate services and ensuring they are sent or referred to a suitable place.

It's going to be a long process, one that DBH and other agencies are committed to.

Update & Program Review – Department of Behavioral Health – Dawan Utecht, Director  
CBANS (Cultural Based Access Navigation and Peer Support) was the program review for November. The reporting period is July 1, 2015 to June 30, 2016. CBANS has operated since 2011 and is currently made up of five entities:

- 1) Centro La Familia Advocacy Services (CLFAS) - Latino
- 2) Fresno American Indian Health Project (FAIHP) – American Indian
- 3) Fresno Interdenominational Refugee Ministries (FIRM) - Southeast Asian
- 4) Kings View, Sarbat Bhala, Inc. – Punjabi; Homeless and mentally ill
- 5) West Fresno Family Resource Center (WFFRC) – African American;, Latino

The target population is the unserved or underserved. Each provider specializes in specific cultures; however, their doors are open to people of all cultures.

The outcome data reflects approximately 60% of individuals surveyed reported having a positive change in stress level. Approximately 83 % of individuals surveyed reported an increased sense of hope within a six month timeframe. Lastly, approximately 79% of individuals surveyed reported an increase in healthy behavior practices and better coping strategies.

Though program goals are being met and there are positive results, there's room for improvement and there's a need to expand with additional resources.

## **VI. Old Business**

### **A. Discussion & Review of written outcomes/CBANS Programs by board members**

No comments received.

### **B. Report Site Visit: BHB mixer with CBANS programs**

The site visit for November consisted of a mixer between BHB and CBANS providers. The mixer was held at the Sierra building, with booths set-up for the various providers which allowed them to display posters, handouts and other material related to their organization. Providers were available to answer questions and discuss the various services they provide to the community.

Joanne stated that she enjoyed the event; it gave her an opportunity to speak with representatives of the various agencies / organizations. Anna Allen added that she also enjoyed the mixer; she stated being a minority, it was nice to relate culturally. Renee Stilson stated it was very educational. One of the things she learned is that Fresno County will be receiving 500 Syrian refugees within the next month. She added that BHB needs to start thinking about that added population.

### **C. Nomination of Behavioral Health Board Officers**

Final nominations are as follows:

- ~ John Duchscher – Chair
- ~ Carolyn Evans – Vice Chair
- ~ Brandy Dickey – Secretary

David Weber withdrew from the nomination as Secretary.

Curt made a motion to close the nominations. David W. seconded the motion. Motion to close the nominations carries.

## **VII. New Business**

### **A. Recommendations to the Board of Supervisors**

It was agreed that the BHB would meet in January to hold a workshop to further discuss and decide on the 2017 BHB Recommendations. In addition to BHB members, community members will also be allowed to participate. The anticipated date is January 7, 2017. A facilitator will be sought.

Renee added that as discussed during the November Executive meeting, the BHB should work with DBH to collaborate and work towards common goals.

A motion was made to begin the process, which includes receiving input from the public, both in writing or orally; followed up with the workshop in January in order to adopt a list.

Curt motioned to approve; David W. seconded the motion; motion carries.

### **B. Other suggestions:**

No comments on this item.

## **VIII. Committee Reports**

### **A. Adult Services**

Carolyn reported on the Adult Services Meeting held in November. She stated that the committee decided they will be more inclusive in their discussions. Further housing options were also discussed. Of note, Cedar Heights is a private site that provides on-site support 24 /7; Mental Health Systems now provides supportive housing with staff during the day for their FSP clients; Turning Point operates Stasis that provides on-site supportive services. Room and Board providers are seeking more support from case managers.

The next meeting, scheduled for December 5, 2016 at Blue Sky Wellness Center, will include a presentation from DBH on the supportive services provided at the Renaissance Housing projects.

### **B. Children's Services**

The Children's Services Committee received a presentation on the AccessLine from Tonya Rivas of Exodus. As of September 1, 2016, the AccessLine was made available to the community. The previous system was an answering service, which often took three to four days for the consumer or their family member's calls to be returned. Exodus provides licensed staff who follow a script to appropriately triage the calls. A language line is also available to the triage staff when needed. The number of incoming calls increased from 4.6 to 12.8 per day; calls average 6 to 45 minutes. DBH is in the process of surveying consumers.

The next Children's Services Committee meeting will be held at Uplift Family Services on Thursday, November 17th at 9:00 AM.

### **C. Justice Services**

The Justice Committee met on November 14th. Carolyn Ahlstrom of Corizon was a guest speaker. She explained the nuances of Tarasoff and its use at the Juvenile Justice Campus (JJC.) Rick Virk, Director for Corizon will attend the next Justice meeting.

Dawan Utecht also addressed the group. She discussed the recent Sequential Intercept Mapping work session DBH held on October 25th and 26th. There is a lot of work lying ahead as the process moves forward.

The next Justice meeting is scheduled for Monday, January 9, 2017 at 1:30 PM. It will be held at Blue Sky Wellness Center.

### **D. Substance Use Disorders Service**

John discussed the purpose of subcommittees, their purpose or responsibility to BHB. He noted that currently one BHB member is chairing two committees. Joanne added that the state has certain mandates for the BHB, such as the requirement for an executive committee; however, there is no rule or requirement for subcommittees. Though there is a consensus that goals should be set for or by the subcommittees.

SUD providers discussed UA testing and the resources for that test. The indication is that they are minimal in Fresno Co. The committee also received an update on the DMC Waiver activities; the fourth focus group concluded their process. They were given great input. The next stakeholder meeting will be held on November 7th in Tollhouse.

Crystal Johnson reported on Prop 47. The statute is not to support serious criminal activity, but meant to assist individuals who have a substance use disorder. It also assists in reducing felony charges to misdemeanor or expunged. It applies to adult and juveniles.

December 7<sup>th</sup> will be the annual potluck; therefore, the provider meeting will end at 10:30AM. The next SUD meeting is scheduled for Wednesday, December 7, 2016 at 10:30 AM at the University of California Center.

**E. Other reports or announcements:**

Marta Obler announced a community benefit program put on by Kaiser. She further added that in 2017-2018, they are going to work towards putting a lot of emphasis on mental health. If your organization is working on mental health or wellness programs, has questions on funding, or needs assistance establishing related programs please contact Marta Obler.

Brandy Dickey announced that there will not be a Cultural Diversity meeting in November.

Kings View will be hosting a Thanksgiving dinner on Nov. 21st for youth.

**IX. Public Comment**

No comment

**X. Adjournment**

Meeting adjourned at 4:25PM.