



County of Fresno

ADVISORY BOARDS AND COMMISSIONS

Fresno County Behavioral Health Board Regular Meeting Minutes December 21, 2016

<u>MEMBERS PRESENT</u>	<u>BEHAVIORAL HEALTH</u>	<u>PUBLIC MEMBERS –</u>
Joanne Cox Brandy Dickey John Duchscher Carolyn Evans Renee Stilson David Thorne Curtis Thornton Donald Vanderheyden David Weber Dr. Marta Obler Anna Allen	Susan Holt Joseph Rangel Janell Sidney James Ritchie <u>PUBLIC MEMBERS</u> Ron Alonzo Mitch Collins Mark Leanhart Veronica De Alba Liz Escoto Hector Cabrera Ryan Banks Stan Lum	<u>Continued</u> Daizell Obong Alex Castanon Brook Frost Jolie Brower Ana Monreal Sharon Ross
<u>BOARD OF SUPERVISORS</u> Absent		

I. Welcome and Opening Remarks

Chair Joanne Cox welcomed everyone to the BHB regular meeting. This is the 2nd meeting held at the Sierra Building.

II. Approval of Agenda

Agenda approved as written.

III. Approval of Minutes

Marta Obler's recommendations will be added to the 2017 BHB Recommendations.

The November 16th minutes were approved with corrections.

IV. Update & Program Review – Department of Behavioral Health – Dawan Utecht, Director

A. Post-election impacts

Dawan discussed the potential impact; the possibility of the Affordable Care Act's (ACA) being repealed or changed. There are various campaigns that discuss the impacts of repealing ACA. In Fresno County there is approximately \$10 million annually that comes in through the expansion of Medi-Cal. All costs such as the Realignment fund is now being paid by the Federal Government. It is unknown what changes may occur; however, there are discussions and strategizing occurring across the state.

B. Adult Crisis Residential:

Ground breaking occurred; construction bids received. The contract is anticipated to go the BOS in January 2017, after which construction can proceed. Further, the 16 bed adult residential crisis facility located on northeast corner of Kings Canyon site, will be complete in 2017. Lastly, DBH is anticipated to occupy the 2nd floor of the Sierra building in spring 2017.

C. Sequential Intercept Mapping

Contract for software program was approved and is going to the BOS in January 2017. Primary care agreement is anticipated to be presented in February 2017; still at negotiating phase.

D. Housing Assessment

The final report is expected to be completed in January 2017. A review with Harder & Company will be held to ensure all the elements are covered.

E. Drug Medi-Cal Redesign

Still on target for Implementation Plan; anticipated for spring 2017. This is one of the potential items at risk if the ACA is repealed or federal funding is revoked. Nonetheless, DBH will move forward as planned.

F. De-carceration/Stepping-Up

A draft report was submitted and reviewed. Dawan presented the Multi-Agency Access Program (MAP) at its current stage. Public Research Associates is working on Intercept Zero, the stage prior to an individual's getting into crisis. The work under Sequential Intercept Mapping (SIM) is to divert individuals from jail who require mental health and/or substance use disorder services.

Three action plans:

- 1) Develop a coordinated crisis response program. Part of the goal of that is to maximize the utilization of law enforcement field clinicians; determine a need to add additional resources in the metro area for that purpose and to incorporate the mobile units developed by American Ambulance specializing in behavioral health.
- 2) Coordinated re-entry – doing everything from conducting screenings as the individual enters the jail to hand-off upon being released from jail.
- 3) Divert to What? – Upon determining the individual's service needs, the individual is presented with the resources, and given the opportunity to engage with the resource.

G. Reaching Recovery

Implementation continues with Full-Service Partnerships.

H. Dialectical Behavior Therapy (DBT)

DBT is a specific type of cognitive behavioral treatment; it was developed to address chronically suicidal individuals often with border personality disorder. Research has shown that it is effective in treating a wide range of other disorders such as substance dependence, depression, post-traumatic stress disorder (PTSD), and eating disorders. The components of DBT include skills training group, individual therapy, phone coaching, and a consultation team. When this first began, it was implemented in a different way. The department is committed to imbed practitioners in all Adult Service programs; the goal is to have two high fidelity practitioners available and for other staff to learn the concepts and deliver DBT in board and care. Currently it is provided across county operated programs. DBH is working with the endorsed institute that developed DBT, to bring formal training to Fresno in order to develop additional practitioners across the system in 2017. The plan is also to include some the current contract providers and provide them training.

I. Teen Suicide

The number of suicides in Fresno County to date is at 14; this does not include attempted suicides. Dawan stated that she is committed to work with other providers and agencies at the forefront of addressing the issue. There is an evidence based way on how media should and should not address suicide. Dawan has been in contact with various reporters and educating them on the concept. Therefore, customized guidelines on how the media should address the issue, was prepared and will be provided to them. Dawan also has been in contact with Dr. Brar who has studied cluster suicides and also will be involved in the efforts. Stan Collins and Jana Sczersputowski are part of the Each Mind Matters statewide concepts and are experts. A school survey is in development; upon completion it will go out to all school districts superintendents and principals after the first of the year. Public health joined in the survey and provided input. A countywide suicide prevention committee is in development. It is a unique opportunity to offer a coordinated approach.

AB 2246 is new legislation which requires schools to develop suicide prevention policies and implementation plans to educate staff on symptoms of suicide. Each Mind Matters already is involved and is providing training in other counties. On-site support also will be offered to the community; further staff will be available to offer expert assistance by cell phone if a crisis should occur. Toolkits are being offered that will assist with such as things as talking with parents, schools, etc.

J. Department priorities for 2017

- Develop Housing Plan based on outcome of Housing Assessment; apply for grant funding through No Place Like Home to support efforts
- Follow through on action plans from sequential intercept mapping work with the goal of reducing incarceration of individuals with mental illness and substance use disorders
- Submit an implementation plan for Drug Medi-Cal redesign with the state for approval
- Complete remodel of Kings Canyon campus and fully occupy Sierra building
- Complete construction of crisis residential treatment facility
- Support expansion of Kingsburg Healing Center by 20 beds
- Fully implement expansion of existing contracts to increase access, capacity and reduce wait times

- Fully implement reaching recovery tools to enable better care coordination, better identify gaps in capacity and facilitate right care right time for all clients
- Respond to any challenges to Affordable Care Act, including changes in funding

Curt Thornton asked that if among the DBH priorities, there is one or more priorities that need the support of BHB? Dawan does not anticipate at this point having any obstacles while presenting matters, such as the Housing Plan. However, if repeal or changes should occur to ACA, there may be a need to ask for alternative or general fund dollars to help offset costs for services such as those for substance use disorders. Should that happen, things may need to be done differently. DBH may need the support of BHB in that effort.

V. Old Business

A. Recommendations to BOS

Joanne Cox stated that the BHB also will develop recommendations, which will be discussed at a future workshop.

B. Workshop: Saturday, January 7, 2017, 9AM to 1PM, Sierra Building

Community members are welcome to attend the workshop and / or provide their input. The workshop is scheduled for January 7, 2017 at 9:00 AM.

C. Approval of the 2016 BHB Annual Report

Curt motioned to approve the Annual Report; Carolyn Evans seconded the motion. Motion to approve the 2016 Annual BHB Report was approved. The report will be placed on the agenda at future BOS meeting.

VI. New Business

A. Update Behavioral Health Board Brochure/need new mini bios

Joanne asked for each BHB member to review the current BHB brochure, specifically bios of each member. She asked them to review and update their bios; new BHB members need to provide their bios. A new brochure will be developed to include new BHB members as well as update the information contained in the brochure.

B. Election of BHB Officers

Joanne made a motion to accept by acclamation: John Duchscher for Chair, Carolyn Evans for Vice Chair and Brandy Dickey for Secretary. A motion to accept new officers was made, seconded by David Weber.

Joanne was thanked by the BHB for her work as Chair. She was presented with a gift basket from the board.

C. Comments/Remarks New Chair

Joanne turned the gavel over to John D.; he thanked Joanne for her work on the Annual Report and for all her work as Chair; he also thanked the board for all they have done and looks forward to working with them and the department.

VII. Committee Reports

Adult Services

Carolyn reported that a report was received from Karen Markland on the supportive services that are provided to clients at Renaissance Housing; she also discussed different models of housing that could include supportive services. Stacy Van Bruggen provided an update on DBT. Everyone seemed satisfied about the services being offered; reportedly, those in the original team also are satisfied. No meeting in Jan.; next is February 6, 2017.

Children's Services

The discussion continues for continuum of care reform; work with foster care agencies is being done to ensure they are in compliance with timelines. DBH provided updates on the Youth Wellness Center; services are still being provided, though the program needs to be brought up-to-date.

Children's Services Committee will not meet in December; the next is scheduled for January 26th.

Justice Services

Guest speaker, Caroline Ahlstrom of Corizon discussed the nuances of Tarasoff and its use at the Juvenile Justice Campus (JJC.) Rick Virk, Director for Corizon at JJC, will attend the next Justice meeting.

Dawan Utecht also presented. She discussed the presidential post-election results, and possible changes to the Affordable Care Act. She also discussed the Sequential Intercept Mapping work session held in October and the future work for SIM.

Substance Use Disorders Service

A Christmas potluck was held by the SUD committee and provider meeting. John stated that new members are welcome for all committees; information or questions on the various committees can be discussed with board members. At next SUD meeting they will be discussing a grant for Prop 47.

Other reports or announcements:

Joseph Rangel of DBH stated there will be a meeting on January 4, 2017 to discuss the Prop 47 grant. Stakeholder's meeting begins at 9:30 AM. The meetings will be held at UC Merced satellite office located on Shaw Ave. Public can join the meeting at 11:00 AM. An announcement will go out. The grant is competitive, and can be used for mental health or substance use disorder treatment. After the stakeholder meeting a presentation will be made to an advisory committee. The due date of the grant application is February 21st. In the past BHB has been asked for support for grant proposals; during the January BHB meeting the board may elect to support the proposal.

Carolyn thanked the department for holding and inviting her to a holiday staff party at Metro. Clients were welcomed to attend. It was an amazing experience; there was a large turnout. It was a wonderful experience for all.

John thanked Brandy for taking the secretary position.

VIII. Public comment

Public comment was held; none received.

IX. Adjournment

Meeting adjourned at 3:27 PM.