



County of Fresno

ADVISORY BOARDS AND COMMISSIONS

FRESNO COUNTY BEHAVIORAL HEALTH BOARD Regular Meeting Minutes September 16, 2015

<u>MEMBERS PRESENT</u>	<u>BEHAVIORAL HEALTH</u>	<u>PUBLIC MEMBERS</u>
Carolyn Evans Francine Farber Joanne Cox David Weber Brian Conway John Duchscher Donald Vanderheyden David Thorne Curt Thornton Renee Stilson <u>ABSENT</u> Linda Grubb <u>BOARD OF SUPERVISORS</u> Absent	Dawan Utecht Maryann Le Susan Holt Karen Markland Doua Lor Leonard Ramirez James Ritchie Pam Hanemoto Gabe Gomez Kelley Juhrend Kathy Anderson Duke Ramshaw Okie Lewis Stephanie German <u>PUBLIC MEMBERS</u> Scott Hollander, TPOCC Leann Gouveia, Fresno SOS Guy Williams Randy Procknow Debbie Lopez	Myra Fuentes, Kingsview Marylou Brauti-Minkler Ron Alonzo Greg Hodges Veronica DeAlba, TPOCC Valeria Martinez Paulina Gutierrez Stan Lum Bonita Mixter Ryan Banks, TPOCC Jolie Browar, Exodus recovery Mitch Collins, TPOCC Rachael Ensom, TPOCC Deanne Kivett, MHS Chris Torres, CentroLaFamilia Vanessa Sandoval Martha Crawford, Crestwood Denise Lancaster, NAMI Christina R, NAMI Ryan Smith, Kingsview Virginia Gurdado

- I. Call to Order and Opening Remarks – Chair Joanne Cox
 - A. Chair Joanne Cox welcomed members and encouraged public comment to occur at the end of the meeting.
 - B. Division Manager Karen Markland reported that the Board of Supervisors proclaimed September as Suicide Prevention and National Recovery Month. Ms. Markland shared the success of an individual who called in on the Central Valley Suicide Hotline resulting in success in that not only were the individual's needs met, he gained value of the services available. Both proclamations were read aloud by Guy W., Debra L., Randy R., and Leanne Gouveia. Ms. Gouveia announced the upcoming annual Survivors of Suicide walk/fundraiser to be held on September 26, 2015.
- II. Approval of Agenda
Agenda accepted as written.
- III. Approval of Minutes
Minutes from August 19, 2015 meeting accepted as written.

IV. Update and Program Review from Department of Behavioral Health:

Director Dawan Utecht referenced the statewide efforts of suicide prevention through the Joint Powers Authority that most counties participate in and highlighted how the department has utilized and enhanced the local efforts within the community. She reflected on various activities Fresno has engaged in during the last reporting period.

Administrative Update: The Adult Crisis Residential project has been held up due to technical issues and the requirement for the Department to go through facility planning. Director Utecht indicated that she would continue to keep the BHB updated as the project moves forward. She reported the purchasing efforts of the Sierra Building are moving forward and that the purchase agreement is being finalized, however noted the negotiations will include a time limited leaseback agreement for Community Medical Center to utilize the first floor of the building. Anticipated closing date of the purchase is early next year. Director Utecht indicated there was no change in the projected opening of the Kingsburg Healing Center, a 44 bed MHRC operated by Crestwood and indicated its opening is tentatively planned for early 2016.

Regulatory/Legislative Updates: Director Utecht reported that a lot of people are involved in the implementation of the DSM/ICD-10 with the goal of the Department to be fully implemented by October 1, 2015.

Community Collaborations: Efforts on the Multiagency Access Program (MAP) continue and include work on the toolkit, community screening tool and shared database. These areas are being defined so that information can be provided to any entity in an effort to provide access to community members. The community screening tool is being refined and data is being collected to identify the effectiveness of a shared database. Director Utecht reported that MAP has good community representation and a lot of work continues going into this program.

Justice involved services continue to work on the shared database. Director Utecht reported that the redesign of the specialty courts is complete with four clients that have accepted treatment. She acknowledged the work of Judge Hilary Chittick and her team as the redesign was a big project with many details to figure out particularly engaging individuals to partake in serves that are not court ordered with an emphasis on getting clients to access services.

In addition to the redesign of the specialty courts, Director Utecht reported that a representative from Santa Clara County presented their unique situation with how they provide services under the drug Medi-Cal redesign. She reported that it will be likely that Fresno County will utilize an outside consultant in an effort to successfully operate under the statewide drug Medi-Cal redesign.

Program Review: Pathways to Recovery has been operating since 1999 and serves pregnant and parenting women and those without children. Services were expanded in 2006 to include DSS Welfare to Work Mental Health program and have evolved to serving both men and women. As a result, four programs now make up the Pathways to Recovery. First is the Substance Use Track, a program focusing on stopping the use of alcohol and other drug use and developing a wellness and recovery plan while learning to parent and enhance life skills. In addition, the program addresses trauma that may have occurred in the lives of the women in the program. Director Utecht reported that in FY14-15, 106 participated in the program and 36 were successfully discharged, 13 individuals were referred to another program. Statistics indicate that criminal justice involvement was down 15% and arrests were down 33% for those participating in the program.

The Co-Ed Mental Health Track is the program developed for the Department of Social Services Welfare to Work recipients. The program is a two-phase program both 90 days that focuses on reducing or eliminating symptoms, wellness and the development and application of life skills. FY14-15 statistics reflected that 115 clients were served, 32 clients obtained employment and 45 are going to school.

The third program is CORE and is a program for women and men living with a co-occurring disorder. This program provides intensive treatment services with a focus of wellness and recovery. In FY14-15, 15 clients participated in this track.

The Family Development Center (FDC) is an on-site therapeutic children's program that began in 2009. The target population is children ages 0-6 and their families exposed to trauma and/or in recovery from substance use, co-occurring and mental illness who are participating in the Pathways to Recovery. FDC is a licensed facility and is accredited by the National Association for the Education of Young Children. In FY14-15, 717 children attended the center; all experienced an improvement in attachment, initiative, self-regulation and decreased behavioral concerns. The center is an example of treating people in a holistic manner. Director Utecht reported on a side that while Reading and Beyond provides services for children at the Heritage Campus, the same services are being considered for those who receive services at the UMC Campus.

BHB member John Duchscher commented the Pathways to Recovery program is a one-of-a-kind program in Fresno and that it is the only non-contracted program. However, Director Utecht reported that with Medi-Cal re-design, changes could be in the future and recognized the efforts and passion of Clinical Supervisor Les Lucas in keeping focus on the clients we serve and the possibility of their recovery.

Contract Highlights: Director Utecht reported that on September 1, 2014, the BOS deferred the architectural consultant agreement for the Adult Crisis Residential Facility. As a result, the Department will be working with General Services and will provide an update when available. She also reported that on September 22, 2015, an item for the Katie A. Expansion and MHSA 3-year Plan will be going to the BOS for approval. She indicated that she is making rounds with the BOS to answer any questions.

Operational Planning: In an effort to move forward with its operational planning, the Department intends to utilize the MHSA 3-year plan as a springboard to a broader operational plan. Currently, data is being gathered to identify gaps in our service delivery and how to fill them (i.e. technical, adaptive, short-term, long term). Once identified, sub plans will be created and applied to the five work plans previously presented. Director Utecht reported that the work plans will include all services provided by the Department and not just those funded with Prop 63 funds. It is the goal to establish key priorities for where the department is headed and referenced the golden thread concept.

V. Old Business

A. Approval of BHB By-Laws: Chair Cox reported that changes to the conflict of interest and quorum sections were made as a result of recommendation by County Counsel. She called for a motion to accept the changes and by-laws as written.

ACTION: BHB member Curt Thornton motioned to accept the drafted bylaws. BHB member Donald Vanderheyden seconded the motion. There was not further discussion or public comment. **Motion carried 9:0.**

- B. Site Visit Report: Division Manager Stacy Vanbruggen gave a tour of the DBH Outpatient Programs located on the UMC Campus. Comments from the BHB members included the amazement of the programs offered and noted the refreshing focus on customer service and the development of a sense of wellness that was noted throughout the areas. The presence of trained volunteers and a client-centered environment was appreciated. BHB member Brian Conway acknowledged the commitment and passion of the staff in raising the quality of care.

VI. New Business

- A. Board Business/Procedures: All BHB members received the W&I Code and information from the Attorney General's office prior to the meeting that provided clarification on the agenda preparation and role of the BHB Executive Committee. BHB member Curt Thornton also provided a background on agenda requirements that included the code requirement for meeting agendas for public agencies. In addition, he referenced the Brown Act and the requirements for posting of such agendas. However, he noted the Brown Act did not specifically address the requirements in which the agenda is to be developed. He further noted that agendas must be published in advance; they cannot be prepared at the meeting itself. While the BHB has an item approving the agenda at the beginning of their meetings, the only thing that can be done is deleting an item, moving the order in which items are heard, or presenting an emergency item, which must be done according the Code requirements. Mr. Thornton also noted that the Code does not allow for vague, broad agenda items. The items must provide at least some detail as to what the item will be about. For example, a broad "board business" item would not be appropriate. If an item is dealing with board business it should specify what board business is being addressed. Moving forward, Mr. Thornton noted that the BHB Executive Committee is where the meeting agenda is developed and this was consistent with past practices and history of the board. Chair Cox announced that the Executive Committee was open to the public and appreciated the research and presentation that Mr. Thornton had provided. There was no further discussion on the role of the Executive Committee or agenda preparation however Mr. Duchscher did question when officer elections would occur. Chair Cox responded that elections occur in December with the new officers taking responsibility in January.
- B. Behavioral Health Board Appointments: Chair Cox appointed BHB member Curt Thornton as Member at Large on the BHB Executive Committee and BHB member Carolyn Evans as Chair of the Children's Committee as BHB member David Weber had to step down.
- C. Next Site Visit: WestCare Sober Living calendared for October 14, 2015. Details to follow.
- D. Public Events: Announcements for Soberstock and Fresno Survivors of Suicide Loss Run/Walk was made. Additional information made available on the back table. Community members were encouraged to attend events.
- E. Community Forums: Community members were encouraged to attend the upcoming forums calendared in Kerman on Monday, September 28, 2015, in Kingsburg on Thursday, October 8, 2015 and on Wednesday, November 18, 2015 at BlueSky.

VII. Public Comment

Division Manager Karen Markland announced additional events calendared in October to recognize October as mental illness awareness month and committed to forwarding additional information about these events.

Public member Greg Hodges commented on the rights of people and the LPS Act put into effect in 1972. As a result, he commented on the increased prison population and stated that he did not agree with the 5150 law and questions the long-term effect over someone getting well.

Public member Virginia brought up concerns she has about her son and the relationship with the FSP that he is in. Due to the nature of the matter, she was deferred to meet with staff at the end of the BHB meeting.

Director Utecht announced that in early November, the Oversight Accountability Commission will be holding a community forum in Fresno. Stakeholders and the public will be invited to come and share their thoughts and concerns. Additional informational will be provided when available.

VIII. Adjournment

The meeting adjourned at 4:03 PM. The minutes were recorded by Sandra Seely, Executive Assistant of the Department of Behavioral Health and submitted to the BHB Executive Committee.

FUTURE MEETINGS

Executive Committee/Membership Committee Joanne Cox, Chair
Usually 1st Monday at 11:30 AM Blue Sky Wellness Center
Monday, November 2, 2015 @ 11:30 AM

Adult Services Committee Carolyn Evans, Chair
Usually 1st Monday @ 10:00 AM Blue Sky Wellness Center
1617 E. Saginaw, Fresno
Monday, November 2, 2015 @ 10:00 AM

Children's Services Committee Carolyn Evans, Chair
Usually 4th Thursday @ 9:00 AM Sierra Resource Center
2025 Dakota, 2nd Floor, Fresno
Thursday, September 22, 2015 @ 9:00 AM

Justice Committee Joanne Cox, Chair
Bimonthly 2nd Monday @ 1:00 PM Blue Sky Wellness Center
Monday, November 2, 2015 @ 1:00 PM

Substance Abuse Disorder Committee John Duchscher, Chair
Usually 1st Wednesday @ 10:00 AM Fresno County Elections Training Room
4525 East Hamilton Avenue
Wednesday, November 4, 2015 @ 10:00 AM

Behavioral Health Board Blue Sky Wellness Center
Usually 3rd Wednesday @ 2:30 PM **Wednesday, November 18, 2015 @ 2:30 PM**