



# County of Fresno

## ADVISORY BOARDS AND COMMISSIONS

### FRESNO COUNTY BEHAVIORAL HEALTH BOARD Regular Meeting Minutes October 21, 2015

<u>MEMBERS PRESENT</u>	<u>BEHAVIORAL HEALTH</u>	<u>PUBLIC MEMBERS</u>
Carolyn Evans Francine Farber Joanne Cox David Weber John Duchscher Donald Vanderheyden David Thorne Renee Stilson	Dawan Utecht Maryann Le Susan Holt Karen Markland Joseph Rangel Doua Lor	Stan Lum, Pt Rights Advocate Gilbert Rivas, Kingsview Jorge Romero, Kingsview Mitch Collins, TPOCC Doug Schorling, TPOCC Daisell Obong, TPOCC Veronica DeAlba, TPOCC Jane McCoy, Bunny Mixer Rachael Ensom, TPOCC Ryan Banks, TPOCC Leon Hoover, Kingsview
<u>ABSENT</u> Curt Thornton Brian Conway	<u>PUBLIC MEMBERS</u> Rhonda Moore Kristi Williams Chris Roup, NAMI MaryLou Brauti-Minkler, NAM Elizabeth Escoto,, TPOCC Mark Leanhart, Westcare Chris Torres, CentroLaFamilia	
<u>BOARD OF SUPERVISORS</u> Absent		

#### I. Call to Order and Opening Remarks – Chair Joanne Cox

- A. Chair Joanne Cox welcomed members and spoke to the hope of overcoming stigma and obstacles on the road to wellness and recovery for our clients and for those we interact with daily. She noted that the BHB meeting is an opportunity to share information and learn from each other and most importantly to support and respect each other throughout the journey.

In addition, Chair Cox encouraged public comment and noted that if any one wishes to speak on a matter that may or may not appear on the agenda, they may do so at the end of the meeting during Public Comment.

Chair Cox reminded those BHB members who have not already submitted their updated Bio's to the BHB Secretary Francine Farber to do so. She also reminded the BHB members and community present of the upcoming Community Forum calendared to take place during the first hour of the BHB meeting in November.

Mental Health First Aid training is available for the BHB members and all encouraged to partake in the training. If interested, contact BHB Chair Cox for further information.

Chair Cox announced the plans to celebrate Cultural Diversity at the next BHB meeting. She also called for nominations of individuals who could be honored during this time and that nominations could be submitted to DBH Staff Secretary Sandra Seely. All nominations will be reviewed and a finalist will be honored at the November BHB meeting.

B. DBH Division Manager Karen Markland briefly shared the success of a collaboration between the department, Kingsview, and NAMI in presenting a seven hour training to law enforcement. She introduced Captain Kunzler and Ronda to share their experience and exposure. Ronda M. shared her experience with mental illness and maniac episodes and the periods in between requiring hospitalizations and was grateful that law enforcement was receptive to hearing the training and was happy to be a part of it. Captain Kunzler reported that he was tasked by law enforcement to arrange 20 hours of training before the end of the year and wanted to include training on mental illness. His preference was to have the training interactive vs PowerPoint driven and Karen Markland and Chris Roup from NAMI began to put together a seven hour training that included real-life experiences from clients, peer support, family members and veterans. Over 189 participated in the training to include various law enforcement officers throughout the county. Feedback after the training was diversified with most having a better understanding of the human-backing to mental illness. In addition, more training has been requested. Captain Kunzler concluded his report by noting that the end result of the training was exactly what they set out to achieve.

II. Approval of Agenda

Agenda accepted as written.

III. Approval of Minutes

Minutes from September 16, 2015 meeting accepted as written.

IV. Update and Program Review from Department of Behavioral Health – Director Dawan Utecht

**Construction Services:** Director Utecht reminded all that the SB82 projects are all related to crisis. She reported that the BOS approved moving forward with an architect on the Adult Crisis Residential project and that opening is planned for early 2017. In addition, she reported that contract for the rural triage contract has been awarded to Kingsview in which the focus for service will first occur on the east side of Fresno and that services for the west side will commence in the coming months.

Director Utecht confirmed that the purchasing agreement for the Sierra Building has been completed and that escrow will close March 1, 2016. She reported that there will likely be minor renovations before any move-in will occur and reminded the community that a section of the building will be leased back to Community for a year or so. She reported that the Kingsburg Healing Center operated by Crestwood is projected to open in February 2016.

**Regulatory Update:** AB403 is legislation that phases out group homes for foster youth and will shift this service to short-term residential treatment facilities however this imposes licensing requirements for these facilities and will be a phase-in type approach. Timeline is unknown as there remains to be a lot of discussion at the state level to develop resources. AB848 is something the community lobbied for as it allows onsite medical physician in residential SUD facilities supporting the care of the whole person. Billing details are still being worked out. BHB member Carolyn Evans asked if these services will be allowed in medical detox as well. Director Utecht responded that these services will always remain in a hospital setting. Lastly, AB1194 quietly got approved and is a change in 5150 statute in which removes the imminent danger component of a 5150; work is still being done at the state level relative to the criteria however this legislation will go into effect on January 1, 2015 and will be carried out by law enforcement and field clinicians.

**Community Collaborations:** Director Utecht reported ongoing efforts to refine the toolkit and community screening tool for the Multiagency Access Program (MAP). She reported the biggest challenge is the shared database. However, continued efforts continue to establish MAP points for the justice involved and recommendations for use of AB109 were brought forward to the Community Correction Partnership (CCP), approval pending. In addition to the MAP collaborations, Director Utecht reported that the redesign of the specialty courts that began on September 14<sup>th</sup> reflected that 25% eligible individuals are showing up and of the 25%, the majority are accepting voluntarily accepting the services. However, the bigger question posed is what about the other 75% of which recommendations are methodically being considered to address this population as the goal is to engage the client into voluntarily participate in the process.

BHB member John Duchscher questioned what assessment was being used in the drug court. DBH Division Manager Joseph Rangel identified that a hybrid of ASAM criteria was being used. Mr. Duchscher encouraged that the assessment is not based on the counselor perception. Director Utecht also noted that while this assessment is a modified tool, providers will be involved in the brainstorming of the final product. Mr. Duchscher also concurred that addressing the need for a shorter-time frame is necessary to get folks into treatment.

**Contract Highlights:** Behavioral Health Board (BHB) bylaws passed by the BOS on October 13<sup>th</sup>. The contract for the inpatient psychiatric hospital (PHF) will be going before the BOS on November 17 and will necessitate a big transition as the contract reflects a change in provider from Crestwood to Exodus. An RFP is out for the services that BlueSky currently provides.

**Program Review:** Director Utecht reported that this month will be a slightly different approach on the program review with a focus on the Client Review and Advisory Committees (RAC). She reported that the purpose of these committees provide DBH with feedback from clients relative to ways to improve service delivery. In addition, RAC allows committee members to participate in department subcommittees in which the feedback is used as guide for future changes and improvements. Committees are comprised of existing and former adult clients and family members who currently receive or have received specialty mental health services as part of the Fresno County Mental Health Plan. DBH peer support staff also participate where appropriate. Director Utecht reported there are currently three RAC in place and that expansion of the committees are being considered both geographically, culturally and family based. She reported that the Adult RAC committee meets monthly and DBH peer support staff co-facilitates the group with an average attendance of 12-14 individuals. Types of activities and input by the Adult RAC include input to developing/implementing/improving access to services, input regarding "In-reach & "Outreach" to community, stigma reduction, and taking part in the evaluation of potential tools being considered for reaching recovery. She noted this group is an excellent source of volunteers at community events. Director Utecht reported on the second RAC which is for the transition aged youth (TAY) population. This group started in January 2015 and meets monthly with 8-10 members consistently in attendance. This committee provides feedback on how ways to reduce stigma and is currently in the process of implementing a job skill straining for the Spring of 2016 that is geared toward the TAY population. The TAY RAC played a significant role in the recent successful art hop last month. The third Rural RAC is geared toward the rural communities and is co-facilitated by DBH and Turning Point. Director spoke to two meetings that have taken place (Coalinga and Selma) with a good turnout and unique issues identified at each. For the Rural RAC, these meetings will occur quarterly at various rural locations.

Director Utecht also reported on the Workforce Integration Support and Education (WISE) program that is funded by the OSHPD. She reported that the goal of the program is to help employers in California's public mental health system recruit and retain consumer and family members through genuine workforce integration. She noted that it is nice to have state recognition on the need for integration and that this is consistent with the wellness and recovery culture that DBH is building. A success story is scheduled to be shared at January's BHB meeting.

**Mental Health Services Oversight and Accountability Commission (MHSOAC) Public Forum:** Director Utecht announced that the MHSOAC is scheduled to facilitate a community forum on November 5, 2015 to discuss the impact and progress of MHSA in Fresno County. DBH Division Manager Karen Markland identified that there will be breakout session in which county providers, clients, policy makers, etc can participate in. In addition, Ms. Markland announced that there will be a pre-meeting facilitated by California Association of Mental Health Peer Run Organizations (CAMHPRO) which is an opportunity for clients to network and receive resources/information. Signups can be done at the back table.

V. Old Business

- A. Update on BHB By-Laws: Chair Cox reported that the bylaws were approved and the members had been sent via email the final version. She noted that if down the road, changes needed to be made, that could happen however, she announced the BHB is now official and all can move on.
- B. Site Visit Report: Two BHB members participated on the site visit to West Care Sober Living on October 14, 2015. BHB member Carolyn Evans commented that it seemed to be a wonderful program however noted there were 8 empty beds and wonder if it was underutilized.
- C. Soberstock Report: BHB member John Duchscher reported that the event was successful and thousands attended. He appreciated the community partner collaborations and noted they were already moving forward in planning next year's event. Chair Cox reported that the BHB was present with a table and that approximately 175 people stopped by. She too appreciated the involvement of the community.
- D. Community Forum Report: BHB member Francine Farber noted the purpose of the forums is to gather the community together to identify if they are happy with the services and what services are needed. Specific to Kerman, BHB member Farber noted that it was identified that the many in the community are not aware of the services available in their own rural communities and that more outreach is needed. She did comment on the female law enforcement officer present who reported that she had received mental health training and subsequent refreshers which was really nice to hear. BHB member Renee Stilson spoke to the need for more outreach in the rural communities as well however found it refreshing to see clients of Turning Point participating in their own health care. Comments specific to the Kerman Community Forum included the need for substance use disorder services, services for children and teens, and the lack of peer support groups as well as the limited of services available in Spanish. Mr. Duchscher commented that the county has previously attempted to provide Spanish only services in the rural areas however were unsuccessful in getting participation.

BHB member Donald Vanderheyden spoke to the Community Forum in Kingsburg and noted that the people in attendance were generous and kind however there was not a big turnout. BHB member David Weber commented on the presence of the Chief of Police and was pleased at his openness in terms how to increase access in the community. BHB Carolyn Evans commented the community expressed concern for integrated, communication and outreach efforts as well as the lack of a medical detox facility. Overall, the community forums provided a great perspective from the community in terms of accessing and navigating the service delivery system. Appreciation by the BHB for the materials/resources the DBH Deputy Director Susan Holt provided at the forum.

#### VI. New Business

- A. Next Site Visit: Holistic Cultural Center on November 12, 2015 @ 10:00 Am.
- B. Community Forum: Chair Evans announced the first hour of the BHB meeting on November 18, 2015 will be dedicated to the Community Forum. All encouraged to participate.
- C. BHB Nominations for 2016 Officers: The current slate of nominees included Joanne Cox for Chair and Francine Farber for secretary. BHB member Farber nominated Renee Stilson as Vice Chair however nomination was not accepted at that time.
- D. Suggestions for Future Board Agenda Items: Chair Cox reviewed current suggestions to include learning more about the Teen Challenge Ranch, WISE, and patient right advocacy. A suggestion made by BHB member Farber to learn more about the program for emotional students facilitated by Fresno Unified School District was provided. No other suggestions noted.

#### VII. Committee Reports

**Adult Services:** Chair Evans reported that the committee continues to explore ways to support vendors and managers of board & care homes to include arranging a Mental Health First Aid training of which not many attended. However, the committee is motivated to find ways to increase their education and working toward the goal. She reported that there are tentative plans to host a community forum specific to developing successful board & care, room & board, and sober living homes for the community. Director Utecht did clarify that it was not department's purview to oversee or regulate board & care homes. Deputy Director Susan Holt reported that the regulation oversight is provided by Community Care Licensing however the department is committed to looking at a comprehensive housing plan. Chair Evans noted the goal of these efforts was to identify quality places for clients to live and that efforts of the committee will continue. Public member from Westcare commented they use board & care homes however they do not contact but will bring a list to the next meeting.

**Children's Services:** Chair Evans reported the meeting in September took place at the Lighthouse for Children in which they received a tour of the new building and learned about the services provided. Next meeting on October 22 at the Sierra Resource Center.

**Justice Services:** Chair Joanne Cox announced the next meeting is calendared for Monday, November 9<sup>th</sup> at 1:30 and will be at BlueSky.

**Substance Use Disorders Services:** Chair John Duchscher reported the committee meets the first Wednesday of every month and is typically two parts to provide a front discussion and a provider-based discussion. This will allow providers an opportunity to email questions prior to the meeting in which staff will prepare to respond. He encouraged the providers to submit agenda items and is hoping the meetings will be more fruitful.

A brief discussion on the Medi-Cal redesign process and how providers are dealing/treating those with co-occurring disorders. Director Utecht reported that while the waiver for these services has not been implemented in Fresno County the process is like a three-headed monster and will include an comprehensive stakeholder process and expansion of programs. However, the department is currently integrating substance use disorder knowledge and ensuring a thorough screening process on the traditional mental health side of services. Furthermore, adult mental health has established a co-occurring consulting group.

VIII. Public Comment

Public Member MaryLou Brauti-Minkler announced the NAMI Winter Gala, a dinner dance fundraiser held on December 4, 2015. The honored guest is Barbara Anderson, Fresno Bee Reporter who has featured articles on mental health services, funding, family stories, and stigma.

BHB member David Weber thanked DBH Division Manager Karen Markland for the success story and noted it was very powerful and wondered if any law enforcement member present at the training would testify to the impact the training had. Knowing that many officers left transformed and better prepared to assist the community with mental illness was commendable.

IXI. Adjournment

The meeting adjourned at 4:20 PM. The minutes were recorded by Sandra Seely, Executive Assistant of the Department of Behavioral Health and submitted to the BHB Executive Committee.

**FUTURE MEETINGS**

<u>Executive Committee/Membership Committee</u> <b>Usually 1<sup>st</sup> Monday at 11:30 AM</b>	Joanne Cox, Chair Blue Sky Wellness Center <b>Monday, December 7, 2015 @ 11:30 AM</b>
<u>Adult Services Committee</u> <b>Usually 1st Monday @ 10:00 AM</b>	Carolyn Evans, Chair Blue Sky Wellness Center 1617 E. Saginaw, Fresno <b>Monday, December 7, 2015 @ 10:00 AM</b>
<u>Children's Services Committee</u> <b>Usually 4<sup>th</sup> Thursday @ 9:00 AM</b> <b>NEW DATE DUE TO HOLIDAY</b>	Carolyn Evans, Chair Sierra Resource Center 2025 Dakota, 2 <sup>nd</sup> Floor, Fresno <b>Thursday, December 17, 2015 @ 9:00 AM</b>
<u>Justice Committee</u> <b>Bimonthly 2<sup>nd</sup> Monday @ 1:00 PM</b>	Joanne Cox, Chair Blue Sky Wellness Center <b>Monday, January 11, 2015 @ 1:00 PM</b>
<u>Substance Abuse Disorder Committee</u> <b>Usually 1<sup>st</sup> Wednesday @ 10:00 AM</b>	John Duchscher, Chair Fresno County Elections Training Room 4525 East Hamilton Avenue <b>Wednesday, December 2, 2015 @ 10:00 AM</b>
<u>Behavioral Health Board</u> <b>Usually 3rd Wednesday @ 2:30 PM</b>	Blue Sky Wellness Center <b>Wednesday, December 16, 2015 @ 2:30 PM</b>