



DRAFT

FRESNO COUNTY BEHAVIORAL HEALTH BOARD Community Forum and Regular Meeting Minutes December 16, 2015

<u>MEMBERS PRESENT</u>	<u>BEHAVIORAL HEALTH</u>	<u>PUBLIC MEMBERS - CONTINUED</u>
Donald Vanderheyden Carolyn Evans Joanne Cox John Duchscher Curt Thornton Brian Conway Renee Stilson David Weber Francine Farber	Dawan Utecht Maryann Le Susan Holt Karen Markland Doua Lor Jill Shepherd Kathy Anderson Bob Wilson, RISE Team Rita Mehia, RISE Team Jorge Raye	Marisa Romero Phaly Khoun Scott Hollander, TPOCC Rachael Ensom, TPOCC TAY Stan Lum, Patient Rights Advocate Sharon Ross, TPOCC Ryan Banks, TPOCC Dauzeiu O, TPOCC Greg Hodges Barbara Breen Elizabeth Escoto, Vista Mitch Collins, FSP Brenda Kent, Kingsview Vanessa Sandoval Diasha Goins
<u>ABSENT</u> David Thorne	<u>PUBLIC MEMBERS</u> Kristi Williams Tyrone Allen Sr. Brandy Dickey LeeAnn Skorohod, Exodus Luana Murphy, Exodus	
<u>BOARD OF SUPERVISORS</u> Katie Campbell, BOS Assistant		

- I. Call to Order and Opening Remarks – Chair Joanne Cox
 - A. Chair Joanne Cox called the meeting to order at 2:30 pm. She mentioned that there will be several opportunities today for public comment which allows the public to address the board and noted that all comments are welcome. She announced that BHB David Weber has agreed to participate on the RFP Panel for the Crisis Stabilization Center.
 - B. Success Story presented by Clinical Supervisor Rita Mehia who briefly explained the work of the RISE team and the population served. She introduced Case Manager Bob Wilson who explained that RISE stands for Recovery, Inspiration, Support, and Empowerment and noted his appreciation for the resources made available to make a difference in the lives of others. He then introduced Ernst B who shared his personal life story and poem as a result of the services provided through RISE.

- II. Approval of Agenda
Motion to move the matter of Election and Installation of Officers to the end of the agenda.
Motion carried: All accepted.

- III. Approval of Minutes
Staff Secretary identified that minor corrections were received electronically and the November 16th meeting minutes amended. All accepted minutes with changes.

- IV. Update and Program Review from Department of Behavioral Health – Director Dawan Utecht
Director Dawan Utecht commented that the success stories are inspiring and wished everyone a Merry Christmas and Happy New Year. She presented an update on new services and identified the projected opening for the Kingsburg Healing Center is February and plans for an open house are projected toward the end of January.

Regulatory Legislative: Update included AB1194 which changes the 5150 statute and allows consideration of 'historical course in determining eligibility for 5150 application and is not limited to consideration of 'imminent harm.' No changes in forms will be used; however, the department will provide updated education to designated writers. Changes go into effect January 2016.

Contract Highlights: The posting of the RFP for the Crisis Stabilization Unit. The bid closes January 26, 2016. Director Utecht reported BOS approved the extension for SUD prevention services and approved the contract for BlueSky/Youth Empowerment services.

Program Review: Director Utecht clarified that there are no plans to eliminate DBT (Dialectical Behavioral Therapy) however the team will be deployed throughout the system with the goal to have high two fidelity DBT practitioners within each program so other staff can access and be informed of DBT practices. Director Utecht further identified the specific components of DBT and indicated that in anticipation of additional funding, more staff will participate in the comprehensive training in an effort to meet the goal and objectives of DBT as the treatment has been found to be very effective. Discussion on the criteria necessary to receive DBT treatment and the recovery approach clarified that as the department continues to close gaps in the system of care, an emphasis on providing evidenced-based resources to staff is priority.

- V. Old Business
None reported.

VI. New Business

- A. Annual Report: Discussion on the thoroughness of the report and the appreciation of the efforts made to compose it. Motion by BHB member John Duchscher to accept the report as amended. Motion seconded by BHB member Francine Farber. No public comment noted. **Motion carried: 8:0**
- B. BHB Orientation AdHoc Committee: Chair Cox called for volunteers to organize and facilitate a committee in an effort to update the BHB member orientation binders. BHB members Carolyn Evans, Curt Thornton, and Renee Stilson volunteered. Chair Cox requested an update on efforts at the January meeting.
- C. Suggestions for Future Board Agenda Items: BHB member Carolyn Evans suggested a program review of the RISE program. BHB member John Duchscher suggested a report on the co-occurring disorders of those ages 10-13 in foster care, as he feels this is a underserved/misunderstood group.
- D. **Election and Installation of 2016 Officers:** Staff secretary identified the nominated slate to include Joanne Cox, Chair; Curt Thornton and John Duchscher, Vice Chair, and Francine Farber, Secretary.

Candidate statements made. Nominee Curt Thornton withdrew from the nomination and noted that the current slate would be efficient in their roles encouraging them all to value and participate in the BHB Executive meetings. Nominee Joanne Cox commented that she

is looking forward to the New Year and excited about the changes and the opportunity to become a stronger board while advocating for wellness and recovery.

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Nominee John Duchscher noted his 30 years of experience in mental health and co-occurring disorders, he felt that system has come a long ways brining mental health and substance use disorders together however there is still a ways to go as the old rules still apply. He identified that continued change is eminent and appreciates the efforts of the BHB and hopes to better inform others as thing move forward. Nominee Francine Farber identified that while her role is quite limited, she values the participation and is specifically appreciative of the efforts of the staff secretary, Sandra Seely.

Public comment included Director Utecht's appreciation for the BHB and is hoping the board will find new ways to work collaboratively. BHB member Donald Vanderheyden appreciates all and wished all a Merry Christmas and Happy New Year. BHB member Carolyn Evans appreciates the willingness of the Officers to take on additional responsibility and leadership of the board. She commented that she is very hopeful that the BHB will be more inclusive of substance use disorders and appreciates both BHB members John Duchscher and Brian Conway for their expertise.

Action: BHB member Brain Conway motions to accept the slate as noted. BHB member David Weber seconds the motion. No further public comment or discussion.

Motion carried: 8:0

VII. Committee Reports

Adult Services: Chair Carolyn Evans reported the continuing efforts to define ways to improve the quality and quantity of Room & Boards (R&B). Ideas include identifying the challenges with running a R&B and the suggestion to develop relationships with the R&B providers in an effort address the issues. In an effort to move forward she called for BHB members to partake in a small group; BHB members Curt Thornton, Renee Stilson, and Joanne Cox came forward.

Children's Services: Chair Carolyn Evans identified there was no meeting in November. The meeting calendared for December 17th would be held at EMQ Families First. The agenda was to include an update on the Katie A program, inpatient placement of children under 12 years of age, and the presentation and approval of the long-awaited Health Information and Exchange brochure.

Justice Services: Chair Joanne Cox announced that the next meeting is scheduled on January 11, 2016 and discussion on the Stepping Up Initiative is on the agenda.

Substance Use Disorders Committee: Chair John Duchscher reported that the recent meetings have been well attended and occur on the first Wednesday of each month. The annual December meeting included a successful potluck and appreciated the participation of the providers. Public is welcome to attend.

VIII. Public Comment

Public member identified that the BHB website needed to be updated.

Public member Jill S shared her recent participation at community forum specific to how peers can have their voices heard at the local level and commented that attending and speaking out at the BHB meetings was an appropriate venue to do so.

Public member Jack commented on the recent efforts of suicide prevention in the Punjabi community and is pleased to see the progress.

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Public member Tyrone commented that he too had attended the recent community forum and was looking forward to becoming an active champion in an effort to give others a voice. He identified that the forum identified how client values can be incorporated into the community planning process at both the state and local levels.

Public member Diasha G also spoke to the value of the community forum. She commented on the discussion of room and boards and how the limited regulations create hardships and lack of structure for the facilities and is looking forward to additional discussion on the matter. BHB member Curt Thornton encouraged her to be a part of the dialogue as her personal experience would be most helpful.

Public member Greg H, a family member commented on the successful community forum held last month and how grateful he was to attend and have input. He wondered if there was going to be any follow up and was looking forward to being kept informed. BHB member Curt Thornton commented that he admired his participation and encouraged him as his advocacy was not just for his son but for others.

Director Utecht commented that subsequent to the recent community forum, the behavioral health directors put together a few priorities to include crisis response, housing, medical and redesign. She commented that while these issues are all complex they are being recognized and the right focus is being placed on them both at the state and local levels.

Division Manager Karen Markland thanked the members of the public for their comments and referenced a training provided by CAMPRO that will continue to educate those on how to advocate for services. She announced that on January 7, 2016, a brainstorming session is being scheduled in an effort to define ways in which our community can bring awareness to others. In addition, she announced that through statewide programming, the Directing Change campaign has been extended to all programs as well as to schools. She noted that additional information would be made on this exciting opportunity for others to create a PSA on suicide prevention, stigma reduction and culture.

Brenda Kent commented that she is most encouraged by the collaborative efforts and mutual respect shown today and is hopeful for our clients.

BHB member David Weber thanked all for sharing ideas, information, and personal perspective. All of which will lead to positive change, growth and a healthy climate for those we serve.

BHB member Carolyn Evans commented that it was wonderful to hear all of the public comment and encouraged public members to apply for BHB membership.

IXI. Adjournment

The meeting adjourned at 3:55 PM. The minutes were recorded by Sandra Seely, Executive Secretary of the Department of Behavioral Health and submitted to the BHB Executive Committee.

FUTURE MEETINGS

<u>Executive Committee/Membership Committee</u> Usually 1st Monday at 11:30 AM	Joanne Cox, Chair Blue Sky Wellness Center Monday, February 1, 2016 @ 11:30 AM
<u>Adult Services Committee</u> Usually 1st Monday @ 10:00 AM	Carolyn Evans, Chair Blue Sky Wellness Center 1617 E. Saginaw, Fresno Monday, February 1, 2016 @ 10:00 AM
<u>Children's Services Committee</u> Usually 4th Thursday @ 9:00 AM	Carolyn Evans, Chair Sierra Resource Center 2025 E. Dakota, 2 nd Floor Thursday, January 21, 2016 @ 9:00 AM
<u>Justice Committee</u> Bimonthly 2nd Monday @ 1:00 PM	Joanne Cox, Chair Blue Sky Wellness Center Monday, March 14 2016 @ 1:00 PM
<u>Substance Use Disorder Committee</u> Usually 1st Wednesday @ 10:00 AM	John Duchscher, Chair Fresno County Elections Training Room 4525 East Hamilton Avenue Wednesday, February 3, 2016 @ 10:00 AM
<u>Behavioral Health Board</u> Usually 3rd Wednesday @ 2:30 PM	Blue Sky Wellness Center 1617 E. Saginaw Avenue, Fresno Wednesday, February 17, 2016 @ 2:30 PM