Having type 1 or type 2 diabetes can mean you are also at risk for serious complications from the flu.

> When you get your flu shot, you protect yourself and those around you.

My doctor just told me I have diabetes. She also said, "Get a flu shot!" I heard her loud and clear. I'll get vaccinated.

For more information, visit: http://www.cdc.gov/flu



U.S. Department of Health and Human Services Centers for Disease Control and Prevention