

**CENTRAL CALIFORNIA**  
**EMERGENCY MEDICAL SERVICES**  
A Division of the Fresno County Department of Public Health

Manual:	Emergency Medical Services Administrative Policies and Procedures	Policy Number: 510.29
Subject:	Basic Life Support (BLS) Protocols	Page: 1 of 1
	<b>FROSTBITE</b>	
References:	California Administrative Code, Title 22, Division 9, Chapter 2	Effective: 11/15/83

I. TREATMENT

- A. ABCs – Assessment and treatment.
- B. Do not allow re-freezing. (Do not thaw if serious danger of refreezing exists.)
- C. Gradually warm extremities.
- D. Immobilize extremity and pad between fingers and toes.
- E. Do not rub. Protect from further trauma.
- F. Consider and treat hypothermia.

Approved By:	<b>Daniel J. Lynch</b>	Revision:
EMS Division Manager	(Signature on File at EMS Agency)	<b>04/19/2005</b>
EMS Medical Director	<b>Jim Andrews, M.D.</b>	
	(Signature on File at EMS Agency)	