

CENTRAL CALIFORNIA
EMERGENCY MEDICAL SERVICES
A Division of the Fresno County Department of Public Health

Manual:	Emergency Medical Services Administrative Policies and Procedures	Policy Number: 510.28
Subject:	Basic Life Support (BLS) Protocols	Page: 1 of 1
	HYPOTHERMIA	
References:	California Administrative Code, Title 22, Division 9, Chapter 2	Effective: 11/15/83

I. TREATMENT

- A. ABCs – Assessment and treatment.
- B. Remove cold wet clothes. Re-warm with warm blanket or sheet, and warm ambulance.
- C. Check pulse – rate and regularity. May need to check pulse for up to 1 minute.
- D. Treat shock as with hypovolemia.
- E. If in cardiac arrest, perform CPR, even if they have been in arrest for a long time. CPR should be performed until the patient can be warmed in the hospital and then reevaluated.
- F. STAT transport if altered mental status or shock.

Approved By:		Revision:
EMS Division Manager	Daniel J. Lynch (Signature on File at EMS Agency)	04/19/2005
EMS Medical Director	Jim Andrews, M.D. (Signature on File at EMS Agency)	