

# FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

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**PROGRAM TITLE:** Co-Occurring FSP

**PROVIDER:** Turning Point

**PROGRAM DESCRIPTION:** The Co-Occurring Disorders Program (CDP) provides outpatient mental health services based on the ACT model to a minimum of 60 adults and older adults who suffer from severe mental illness as well as substance abuse addiction. Consumers are most often homeless or are at risk of homelessness, are frequent users of crisis services (hospitals, ambulances, etc.) and are frequently incarcerated. Co-Occurring Disorders Program provides recovery-oriented, integrated, co-occurring related services, using innovative interventions to reduce admissions into inpatient facilities and/or jails. The program provides non-traditional services out in the consumer's own environment to assist them in increasing independence by modeling and implementing coping strategies consumers can use in times of crisis. The goal of the program is to support each consumer in identifying their own support system, assist them in increasing financial independence, stabilize mental health and substance abuse related behaviors, link consumers to appropriate community resources for additional support, identify stable housing, and improve overall wellness through one-on-one case management services, group, and individual therapy.

**AGES SERVED:**

Children  
 Adult

TAY  
 Older Adult

**DATES OF OPERATION:** July 21, 2009 - current

**DATES OF DATA REPORTING PERIOD:** Jan-Dec 2012

**Who We Served in 2012:**

Total FSP referrals received: 33

Total Successful Engagement from Referrals: 24 (9 refused services or could not be tracked down)

Total FSP clients served: 79 (total clients served in the year of 2012)

Total FSP clients currently receiving services: 64 (# of clients on caseload on December 31, 2012)

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## Current Demographics in 2012:

Caucasian: 46

Latino: 16

African American: 12

Asian: 3

Native American: 1

Indian: 1

## OUTCOME GOAL

## OUTCOME DATA

Reduce incidents of inpatient psychiatric hospitalizations

Y1 100% reduction

Y2 71% reduction

Y3 45% reduction

Reduce incidents of homelessness.

Y1 100% reduction

Y2 97% reduction

Y3 92% reduction

Reduce incidents of incarcerations.

Y1 100% reduction

Y2 90% reduction

Y3 86% reduction

Consumers will be able to work towards moving to a lower level of care within the county/community based system

(The reduction in LOCUS scores reflects progress in stabilizing at risk behaviors in the Consumers.)

January 2012 – Dec 2012

13% reduction in LOCUS scores

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## Reduction of LOCUS Scores:

**Total \*PAF LOCUS Score = 423**

**Total 6 month LOCUS Score= 369**

**Total Locus Reduction= 54 (13% reduction)**

PAF is the Partnership Assessment Form given to FSP clients when they are first admitted into the program. The LOCUS provides an objective measure to help determine consumer service needs. It also provides a way to measure consumer progress and treatment outcomes. A higher score indicates a higher level of service need.

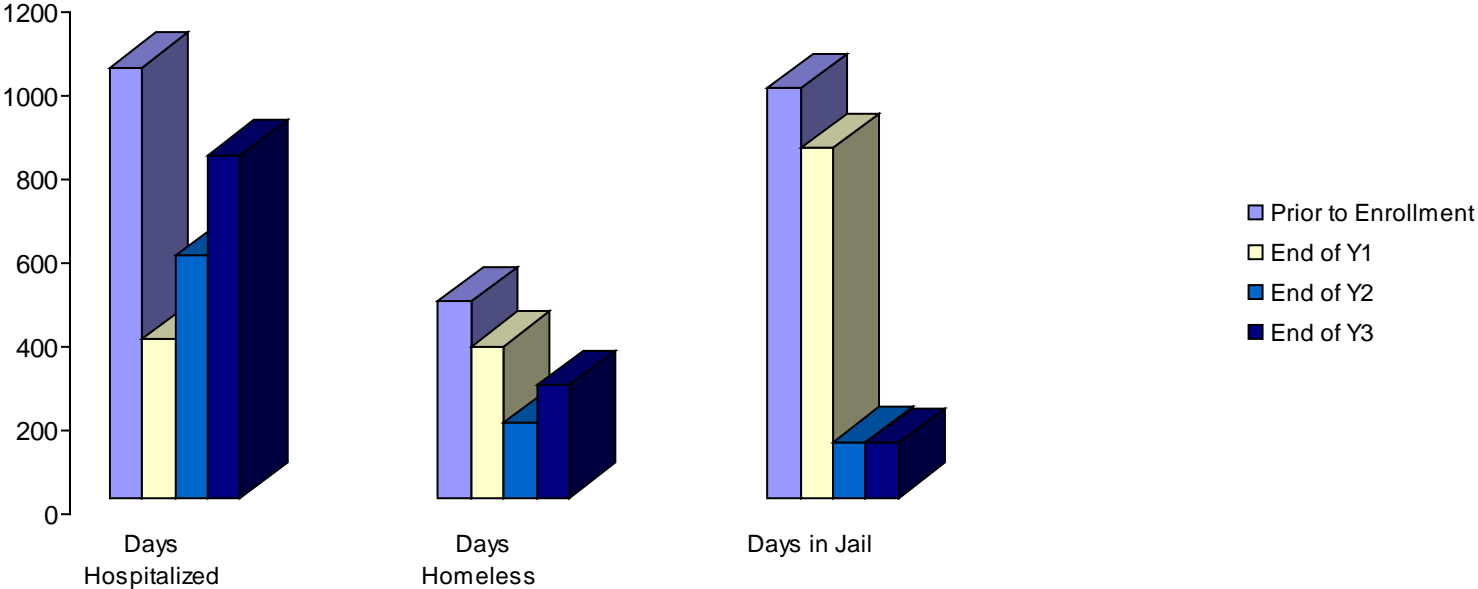
**DEPARTMENT RECOMMENDATION(S):** Based on outcome and contract measurements reported, the Department recommends to continue MHSA funding for this program for FY 2013-14.

See pages 4-5 for charts

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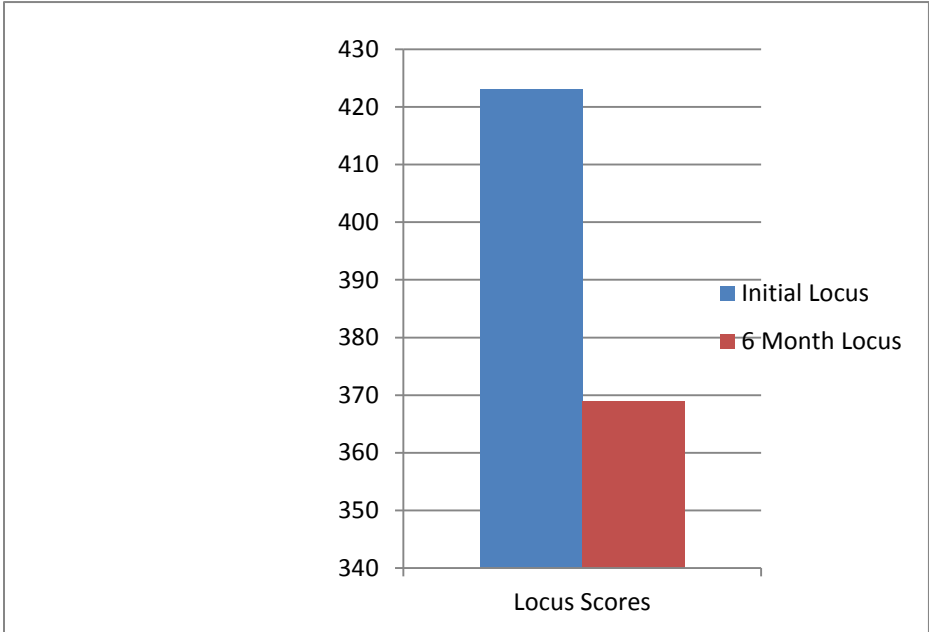
**Co-Occurring FSP Comparison of Consumers' Outcomes Prior to and Since Enrollment**



Approximately 60 clients are seen at any given time

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Locus Scores