

# FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

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**PROGRAM TITLE:** MHSa School Based Metro

**PROVIDER:** Dept. of Behavioral Health

**PROGRAM DESCRIPTION:** This MHSa funded program is designed to deliver outpatient mental health services to school age (K-12) students with serious emotional disturbance that have been evaluated by school administration or other designated staff that they may benefit from on-going mental health treatment. The program provides expedited mental health treatment to eligible underserved children/youth and their families. Because of transportation, payment or family challenges, these students are not able to access services in a clinic setting. We believe integrating mental health services in school is one of the mental health care delivering vehicles to improve social and emotional needs of all children while achieving academic goals. Currently the program is available in 26 school sites within Fresno, Central and Clovis Unified School Districts and staffed with 13 Mental Health Clinicians, 2 Community Mental Health Specialist, 1 Office Assist, and 1 Clinical Supervisor. The program focuses on achieving the following goals: (1) reduction in crisis services (CCAIR visits), (2) reduction in inpatient psychiatric hospitalization, and (3) improve in the following life functioning areas: family, living situation, development, social functioning, school behavior, school achievement, and school Attendance.

**AGES SERVED:** A total of 452 clients had been served during this reporting period: 208 female and 244 male, with ages range from 4 to 19 (age as of December 31, 2012).

**Children**  
 **Adult**

**TAY**  
 **Older Adult**

**DATES OF OPERATION:** September 1, 2008 to Current

**DATES OF DATA REPORTING PERIOD:** January 1, 2012 through December 31, 2012

**OUTCOME GOAL**

**OUTCOME DATA**

<ol style="list-style-type: none"> <li>1. Reduction in crisis services (CCAIR visits)</li> <li>2. Reduction in inpatient psychiatric hospitalization</li> <li>3. Improvement in life domain functioning as measured by the CANS in the following areas:               <ol style="list-style-type: none"> <li>(3.1) Family,</li> <li>(3.2) Living Situation,</li> <li>(3.3) Developmental,</li> </ol> </li> </ol>	<p><b>Indicators</b></p> <ol style="list-style-type: none"> <li>1. <b>Clients requiring crisis (CCAIR) services (7/2011 – 12/2012)</b> <ul style="list-style-type: none"> <li>• 43 of 452 clients had crisis services with a total of 58 crisis visits prior to receiving services.</li> <li>• 25 (4%↓) of 452 clients had crisis services with a total of 61 (less than 1%↑) crisis visits after receiving services.</li> </ul> </li> </ol>
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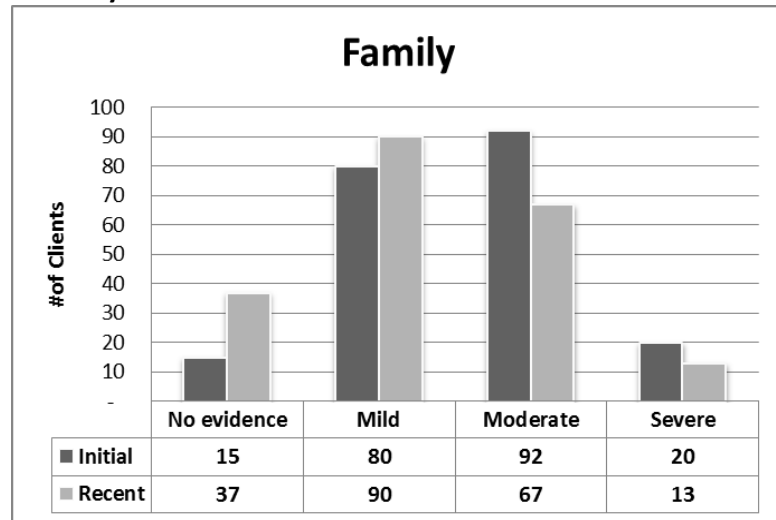
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- (3.4) Social Functioning,
- (3.5) School Behavior,
- (3.6) School Achievement, and
- (3.7) School Attendance.

**DEPARTMENT RECOMMENDATION(S):** Based on outcome measurements reported, the Department recommends continued MHSA Funding for the School Based - Metro program for FY 2013-14.

## CANS Tables

### 1. Family



### 2. Clients requiring acute inpatient hospitalization (7/2011 – 12/2012)

- 12 of 452 clients had inpatient visits with a total of 140 inpatient days prior to receiving services.
- 11 (0.2%↓) of 452 clients had inpatient visits with a total of 136 (0.1% ↓) inpatient days after receiving services.

### 3. CANS administered on 207 clients or 46%

#### 1. Family

	Initial	Recent	Var.	
No evidence	7%	18%	11%	CANS administered reflects a 16% drop in moderate and severe category combined.
Mild	39%	43%	5%	
Moderate	44%	32%	-12%	
Severe	10%	6%	-3%	

#### 2. Living Situation

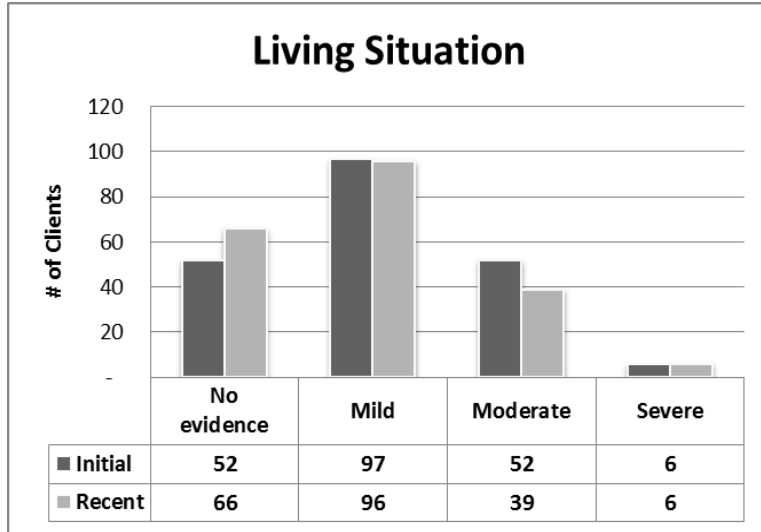
	Initial	Recent	Var.	
No evidence	25%	32%	7%	CANS administered reflects a 6% drop in moderate category.
Mild	47%	46%	0%	
Moderate	25%	19%	-6%	
Severe	3%	3%	0%	

#### 3. Developmental

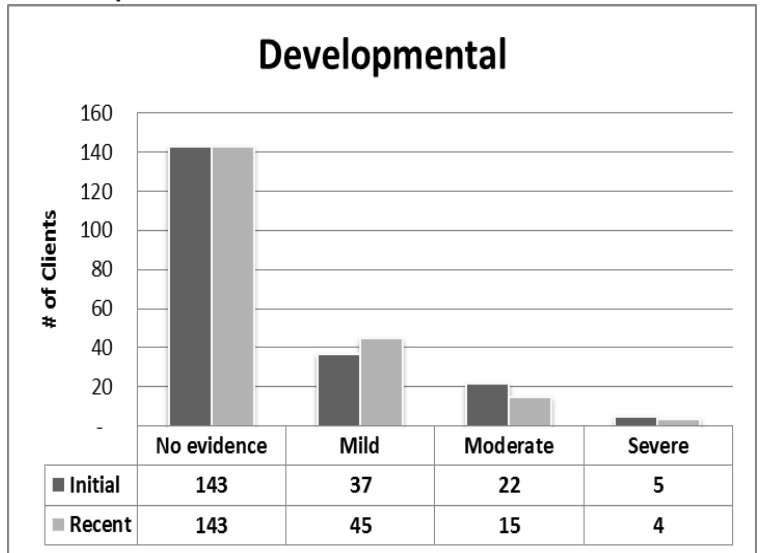
	Initial	Recent	Var.	
No evidence	69%	69%	0%	CANS administered reflects a 4% drop in moderate category.
Mild	18%	22%	4%	
Moderate	11%	7%	-3%	
Severe	2%	2%	0%	

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## 2. Living Situation



## 3. Developmental



## 4. Social functioning

	Initial	Recent	Var.	
No evidence	11%	28%	17%	CANS administered reflects a 17% drop in mild, moderate, and severe category.
Mild	37%	33%	-4%	
Moderate	37%	29%	-8%	
Severe	15%	10%	-5%	

## 5. School Behavior

	Initial	Recent	Var.	
No evidence	24%	42%	18%	CANS administered reflects an 18% drop in mild, moderate and severe category.
Mild	36%	31%	-5%	
Moderate	29%	20%	-9%	
Severe	11%	7%	-4%	

## 6. School Achievement

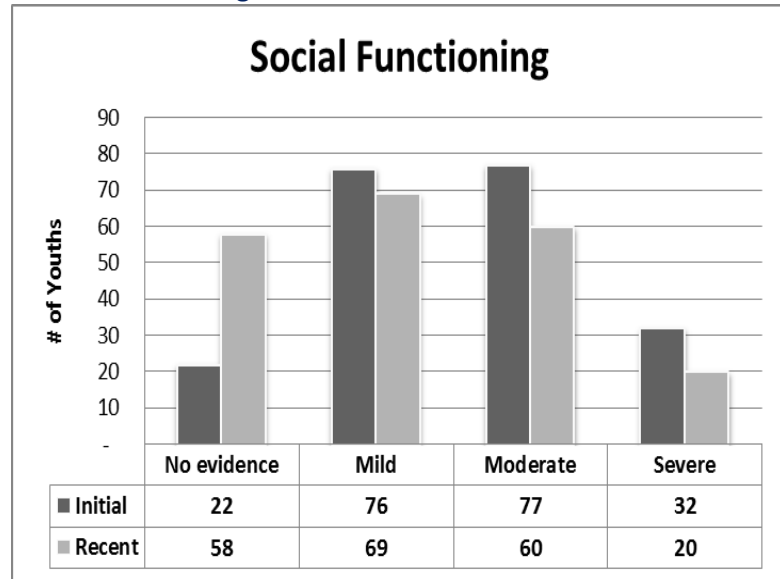
	Initial	Recent	Var.	
No evidence	19%	27%	8%	CANS administered reflects a 14% drop in moderate and severe category.
Mild	36%	42%	6%	
Moderate	34%	25%	-9%	
Severe	11%	6%	-5%	

## 7. School Attendance

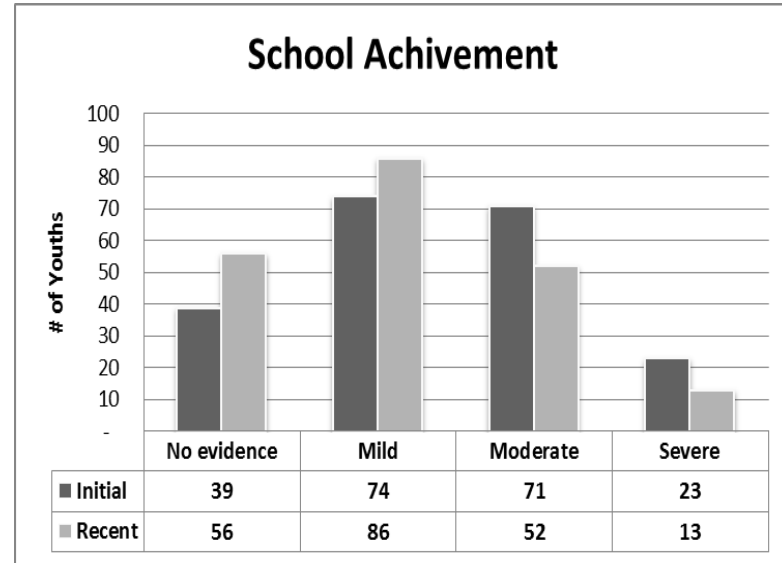
	Initial	Recent	Var.	
No evidence	57%	66%	9%	CANS administered reflects a 11% drop in mild, moderate and severe category.
Mild	26%	22%	-4%	
Moderate	12%	6%	-6%	
Severe	6%	5%	-1%	

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## 4. Social functioning



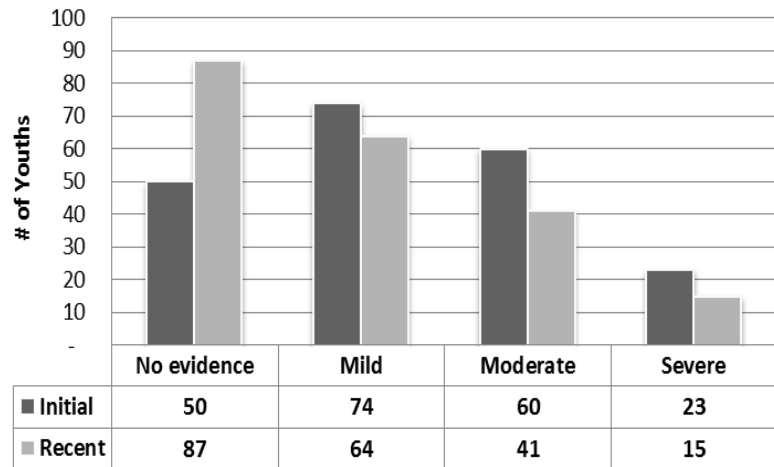
## 6. School Achievement



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## 5.School Behavior

### School Behavior



## 7.School Attendance

### School Attendance

