

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

PROGRAM TITLE: MHSA Perinatal Program

PROVIDER: Department of Behavioral Health

PROGRAM DESCRIPTION: The Perinatal program provides outpatient mental health services to pregnant and postpartum teen, adults and their infants. The short term mental health services include outreach, prevention and early intervention identification through screening, assessment and treatment. This program is staffed with two Public Health Nurses to evaluate and provide preventive services to mother and baby. Services are open to women who experience first onset of mental disorders during the period, pregnancy and up to a year postpartum.

AGES SERVED:

Children
 Adult

TAY
 Older Adult

DATES OF OPERATION: April 5, 2010 to Current

DATES OF DATA REPORTING PERIOD: Jan-Dec, 2012

OUTCOME GOAL

OUTCOME DATA

1. Improvement in the level of Functioning:

Client's score on the Level of Care Utilization System (LOCUS) Instrument administered upon intake, 6 months and discharge.

Average LOCUS:

Initial : 16 (High Intensity Community Based Services, Level 3)

Discharge: 14 (Recovery Maintenance & Health Management, Level 1)

2. Reduction in risk factors and/or stressors – Client's score on the PHQ9 screening instrument is administered upon intake, 6 months and discharge.

PHQ 9 is linked to the DSM IV, used to determine acuity of care and triage.

Average PHQ 9:

Initial: 14 (Major Depression, Mild)

Discharge: 8 (Mild symptoms)

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DEPARTMENT RECOMMENDATION(S): Based on outcome measurements reported, the Department recommends continuing MHSA funding for this program for FY 2013-14.

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