

# FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES - 2015

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**PROGRAM TITLE:** STASIS - Permanent supportive Housing (PSH)  
**PROVIDER:** Turning Point (TP) of Central California Inc.

**PROGRAM DESCRIPTION:** STASIS is a TP PSH program that provides 28 beds of permanent supportive housing to Department of Behavioral Health (DBH) clients that are homeless and living with a severe mental illness. STASIS is a multi-family apartment complex that provides two-bedroom furnished housing units, meets HUD's Section Eight standards and is centrally located in Fresno for client accessibility to community services. The STASIS housing program is the result of a Housing and Urban Development (HUD) grant which TP has been able to continually secure since 2003. In collaboration with TP, the DBH provides an annual cash match for the HUD grant (financed with Mental Health Realignment funds) that enables TP to meet the HUD grant requirements. The annual cash match by DBH (\$76,102) equates to 13% of the overall annual STASIS budget (\$585,773) and allows DBH to utilize STASIS as a housing option for DBH clients at a significantly reduced rate of \$8.34 per day per client. STASIS offers 24 hour per day staffing to help meet the needs of the residents. The services offered are; crisis intervention, medication monitoring, life skills, budgeting, appointment reminders, etc. The primary goal is to allow the resident to have a safe environment and to live as independently as possible.

**AGES SERVED:**

- |                                           |                                      |
|-------------------------------------------|--------------------------------------|
| <input type="checkbox"/> Children         | <input type="checkbox"/> TAY         |
| <input checked="" type="checkbox"/> Adult | <input type="checkbox"/> Older Adult |

**DATES OF OPERATION:** Feb. 2003 - present

**REPORTING PERIOD:** January 1, 2014 to June 30, 2015

During the reporting period, 53 DBH clients were provided with housing. On a nightly average, 25 DBH clients were housed at STASIS. All clients developed an Individualized Service Plan (ISP) with a STASIS Resident Advisor and referrals are made to the appropriate resources in the community. STASIS is involved in the 25 CITIES initiative to end homelessness. Of special note, during the reporting period STASIS housed two DBH clients that have a history of overutilizing 911 and other emergency services. STASIS staff was able to work with both clients decreasing their need for emergency services and the 911 call system.

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## GOAL

## DATA

### GOAL 1 - RESIDENTIAL STABILITY

Objective  
80% of all residents will maintain their residency on an on-going basis.

100% of residents maintained their residency.

Objective:  
75% of all residents will achieve a reduction in the number of days out of residence due to hospitalization or incarceration.

75% of all residents achieved a reduction in numbers of days hospitalized or incarcerated.

Objective:  
50% of all residents will achieve a reduction in intensive or crisis mental health services.

80% of all residents achieved a reduction in intensive crisis services.

### GOAL 2 - INCREASED SKILLS AND/OR INCOME

Objective:  
100% of residents entering the program will access resources to which they may be entitled within 3 months of initial residency.

100% of the residents accessed services within their initial 3 months of residency.

Objective:  
80% of all residents will voluntarily participate in life skills activities on a weekly basis to promote self-sufficiency.

100% voluntarily participated in life skills activities weekly.

Objective:  
100% of all residents will participate in one socialization activity per month.

100% of the residents participated in one activity per month.

Objective:  
25% of all residents will have gainful employment or be attending school.

30% of residents have gained employment or are attending school.

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## GOAL 3 – ACHIEVEMENT OF GREATER SELF-DETERMINATION

Objective:

100% of all residents will have completed an Individualized Service Plan (ISP) that outlines their immediate goals and long terms goals within the tenant’s first week of residency.

100% of residents completed an ISP within their first week of tenancy.

Objective:

80% of all residents will meet at least 2 goals included within their ISP.

80% of all residents completed at least 2 goals within their ISP.

Objective:

85% of all residents will develop at least one new enhancement to their social support system (family, friends, peers).

100% of residents developed an enhancement to their social support system.

Objective:

60% of all residents will participate in peer support network or tenant council.

80% of all residents participated in peer support or tenant council.

Department recommendations:

Based on outcome and contract measurements reported, the Department recommends continuing MHSA funding for this program for FY 2015-16.

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