

# FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

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**PROGRAM TITLE:** Youth Empowerment Center (YEC)

**PROVIDER:** Kings View Corporation

**PROGRAM DESCRIPTION:** YEC-beginning in October 2010, Kings View started to provide services to children and youth and TAY populations through youth empowerment centers in various communities in the County. The youth empowerment centers' aim is to empower children and youth in combating the early signs of mental illness and establishing healthy approaches to decision making, leadership and life choices.

**AGES SERVED:**

**X Children  
Adult**

**X TAY  
Older Adult**

**DATES OF OPERATION:** October 2010 -present

**DATES OF DATA REPORTING PERIOD:** Jan-Dec. 2012

<b><u>OUTCOME GOALS:</u></b>		<b><u>OUTCOME</u></b>	
<b><u>DATA:</u></b>			
1. Grades will have improved from the prior year for 50% of those attending weekly groups. <u>Definition:</u> Youth who actively participated in weekly groups		2011	2012
	Active Youth	27	64
	Improved	16	39
	% of Improvement	59%	61%
	Total Improved Subjects	Not Collected	For the 39 youth there were 112 improved

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<p>(actively as defined by attending at least 50% of the groups per month) and who turned in their report cards at the beginning of the semester and at the end. Success is measured by youth improving their letter grade one level in one or more subjects.</p>			<p>subjects of one grade letter or more for an average of almost 3 improved subjects per youth.</p>
<p>2. Consumer participation will improve by 50%.</p>	<p>Of all unduplicated youth that attended the support groups, 64 met the active criteria and turned in their reports cards. Success ranged from a low of 15% at one site to 100% success or better at two other sites. Tollhouse is not represented as none of the youth met the report card criteria.</p> <p>See Table below for site specific details.</p> <p>In 2012 1,352 satisfaction surveys were completed with a 94% satisfaction with the groups and activities. This is compared to a 98.5% satisfaction with 369 satisfaction surveys in 2011. The</p>		

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	decrease can be explained by the almost 4 times as many surveys conducted this year than last year.
3. 2,400 enrolled youth and families to be served	5,716 youth and family contacts occurred with 556 groups held at 6 sites around the county. 196 different individuals came to groups. See YEC comparison chart below.
4. Participation in wellness and recovery activities	There was a 75% increase in overall participation over 2011 with a 38% increase in groups conducted over 2011 as well.
5. Increase the amount of direct face to face hours with children/youth in the program. This time is/can be in structured groups, special projects, and 1:1 time with child/youth and designated support groups.	Time study conducted for 2012 on face to face time including group time, 1:1 and designated support groups was 46%. We anticipate with the additional focus on older youth that the face to face time will increase even more for 2013.
6. Increase the volume and type of services for adolescent group (14-17).	Please see below strategies we have already implemented at our 6 sites to increase group participation by older youth since Jan. 2013.

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<p>This may be done through additional types of or styles of programming that is more engaging to this age group.</p>	
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## Yearly 2012 Statistical Charts for Youth Empowerment Centers

<b>CALENDAR YEAR</b>	<b>Jan-Dec 2011</b>	<b>Jan-Dec 2012</b>	<b>11-12 Comparison</b>
ACTIVE YOUTH	***	793	*** Not collected in 2011
TOTAL YOUTH	3,270	5,716	75% Increase
UNDUPLICATED YOUTH	440	196	45% Decrease*
GROUPS CONDUCTED	403	556	38% Increase

\*In 2012 we calculated unduplicated youth more accurately than when we first started; thus a decrease.

### YEC Jan-Dec 2102

<b># of Youth:</b>		<b>Jan.</b>	<b>Feb.</b>	<b>March</b>	<b>April</b>	<b>May</b>	<b>June</b>	<b>July</b>	<b>Aug.</b>	<b>Sept.</b>	<b>Oct.</b>	<b>Nov.</b>	<b>Dec.</b>	<b>Total:</b>
<b>Tollhouse</b>	<b>duplicated</b>	63	62	68	47	75	52	51	47	38	29	24	9	565
	<b>unduplicated</b>	0	0	0	1	0	0	0	1	0	1	2	0	5
	<b>male</b>	19	21	32	24	33	13	18	23	22	13	13	8	239
	<b>female</b>	44	41	36	24	42	39	33	25	16	17	13	1	331
	<b>active members</b>	8	9	7	4	12	10	8	9	5	5	5	2	84
	<b>average daily attendance</b>	7	8	7	6	8	8	6	8	5	6	7	3	6.5833
	<b># of meetings</b>	9	8	9	8	9	7	8	6	7	5	4	3	83
<b>FIRM</b>	<b>duplicated</b>	107	93	133	126	151	131	121	105	127	141	132	90	1457
	<b>unduplicated</b>	5	0	4	5	1	0	6	0	8	0	0	1	30
	<b>male</b>	92	75	102	93	103	92	91	72	83	87	78	54	1022

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	female	20	18	35	38	49	39	36	33	52	54	54	37	465
	active members	12	11	15	17	19	18	15	17	15	16	16	13	184
	average daily attendance	12	12	15	15	18	16	14	15	16	16	17	13	14.917
	# of meetings	9	8	9	9	9	8	9	7	8	9	8	7	100
<b>Firebaugh</b>	duplicate	68	48	61	84	93	55	93	108	123	136	110	124	1103
	unduplicate	0	1	2	4	1	3	2	3	0	1	1	3	21
	male	61	41	55	88	94	58	87	94	102	118	95	110	1003
	female	7	8	8	0	0	0	8	17	21	19	16	17	121
	active members	7	4	6	10	9	7	13	13	17	15	13	19	133
	average daily attendance	8	6	7	9	9	7	10	11	15	15	14	18	10.75
	# of meetings	9	8	9	9	11	8	9	10	8	9	8	7	105
<b>West Fresno Boys/Girls Club</b>	duplicate	74	63	67	77	52	65	52	60	65	78	52	47	752
	unduplicate	6	1	2	5	2	14	14	0	2	5	5	1	57
	male	27	15	14	21	11	27	19	19	13	23	17	12	218
	female	53	49	55	61	43	52	47	41	54	60	40	36	591
	active members	6	6	8	13	9	5	10	7	10	9	8	8	99
	average daily attendance	11	10	9	9	9	11	11	8	10	9	8	7	9.3333
	# of meetings	7	6	7	9	6	8	6	8	7	9	7	7	87
<b>Raisin City Elementary School</b>	duplicate	46	90	122	140	108	77	49	78	87	170	102	115	1184
	unduplicate	7	8	7	3	0	5	1	9	2	12	3	0	57
	male	20	60	86	110	94	54	32	51	39	99	57	63	765
	female	33	38	43	33	14	28	18	36	50	83	48	52	476
	active members	5	12	16	23	15	10	10	11	14	20	18	20	174
	average daily attendance	7	14	16	16	14	9	10	7	13	18	18	16	13.167
	# of meetings	7	7	8	9	8	9	5	8	7	10	6	7	91

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<b>Orange Cove Boys/Girls Club</b>	duplicated	10	58	53	52	32	31	32	37	33	48	41	32	459
	unduplicated	7	5	1	0	3	2	1	0	2	3	2	0	26
	male	7	27	22	19	16	8	8	9	8	12	13	7	156
	female	10	36	32	33	19	25	25	28	27	39	30	25	329
	active members	5	8	7	6	5	5	4	4	5	7	6	4	66
	average daily attendance	5	8	6	6	5	4	4	4	5	5	6	5	5.25
	# of meetings	3	8	8	9	7	8	7	10	7	9	7	7	90
<b># of Unduplicated Youth</b>		<b>25</b>	<b>15</b>	<b>16</b>	<b>18</b>	<b>7</b>	<b>24</b>	<b>24</b>	<b>13</b>	<b>14</b>	<b>22</b>	<b>13</b>	<b>5</b>	<b>196</b>
<b>Total Youth</b>		<b>393</b>	<b>429</b>	<b>520</b>	<b>544</b>	<b>518</b>	<b>435</b>	<b>422</b>	<b>448</b>	<b>487</b>	<b>624</b>	<b>474</b>	<b>422</b>	<b>5716</b>
<b>Total Active Members:</b>		<b>43</b>	<b>50</b>	<b>59</b>	<b>73</b>	<b>69</b>	<b>55</b>	<b>60</b>	<b>75</b>	<b>83</b>	<b>80</b>	<b>74</b>	<b>72</b>	<b>793</b>
<b>Gender Total- Male</b>		<b>226</b>	<b>239</b>	<b>311</b>	<b>355</b>	<b>351</b>	<b>252</b>	<b>255</b>	<b>268</b>	<b>267</b>	<b>352</b>	<b>273</b>	<b>254</b>	<b>3403</b>
<b>Gender Total-Female</b>		<b>167</b>	<b>190</b>	<b>209</b>	<b>189</b>	<b>167</b>	<b>183</b>	<b>167</b>	<b>180</b>	<b>220</b>	<b>272</b>	<b>201</b>	<b>168</b>	<b>2313</b>
<b>Total # of Groups</b>		<b>44</b>	<b>45</b>	<b>50</b>	<b>53</b>	<b>50</b>	<b>48</b>	<b>44</b>	<b>49</b>	<b>44</b>	<b>51</b>	<b>40</b>	<b>38</b>	<b>556</b>
<b># of Youth referred to MH</b>		<b>0</b>	<b>4</b>	<b>4</b>	<b>1</b>	<b>7</b>	<b>3</b>	<b>0</b>	<b>2</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>22</b>

**I. active members=** attends over half of monthly/total mtgs.

**II. Average daily attendance=** add duplicate and unduplicate, divide that # by # of mtgs

**III. # of mtgs=** # of times groups meet per month. Reflects: Furlough day, parent/teacher conference, Staff Training, Special Events.

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**Grade Improvements by Individual Subject**

**Totals for All Sites**

Dates Collected: Aug 2012-Dec 2012

**Raisin City**

**Firebaugh**

**FIRM**

<b>1. Total Active Youth</b>	<b>20</b>
<b>2. Total Youth w/grade improvements</b>	<b>3</b>
<b>Of 20 total youth, 3 have grade improvements</b>	
<b>Total Subjects Improved</b>	<b>7</b>
<b>Improvement Percentage</b>	<b>15%</b>

<b>1. Total Active Youth</b>	<b>19</b>
<b>2. Total Youth w/grade improvements</b>	<b>15</b>
<b>Of 19 total youth, 15 have grade improvements</b>	
<b>Total Subjects Improved</b>	<b>61</b>
<b>Improvement Percentage</b>	<b>79%</b>

<b>1. Total Active Youth</b>	<b>13</b>
<b>2. Total Youth w/grade improvements</b>	<b>8</b>
<b>Of 13 total youth, 8 have grade improvements</b>	
<b>Total Subjects Improved</b>	<b>8</b>
<b>Improvement Percentage</b>	<b>62%</b>



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**Orange Cove**

**West Fresno**

<b>1. Total Active Youth</b>	<b>4</b>
<b>2. Total Youth w/grade improvements</b>	<b>5</b>
<b>Of 4 total youth, 5 have grade improvements</b>	
<b>Total Subjects Improved</b>	<b>11</b>
<b>Improvement Percentage</b>	<b>125%**</b>

<b>1. Total Active Youth</b>	<b>8</b>
<b>2. Total Youth w/grade improvements</b>	<b>8</b>
<b>Of 8 total youth, 8 have grade improvements</b>	
<b>Total Subjects Improved</b>	<b>25</b>
<b>Improvement Percentage</b>	<b>100%</b>

\*\* 5 Youth turned in report cards for the semester, of which only 4 were “active”, thus the higher than 100% improvement.

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## Strategies for Increasing Older Youth Group Attendance

Strategies for Attracting 14-17 year old youth	Strategies for Implementing Group Growth	01-10-13 to 03-07-13 # of Youth: 13-18 year old
<ul style="list-style-type: none"> <li>-Music</li> <li>-Community Projects</li> <li>-Community service hours</li> <li>-Leadership Academy</li> <li>-Sports tournaments</li> <li>-Pizza Garden</li> </ul> <p>Possible Projects</p> <ul style="list-style-type: none"> <li>-Fundraisers for field trips (Firebaugh)</li> <li>-Possible garden (Tollhouse)</li> <li>-Can and clothes drive for</li> </ul>	<p><b>I. Firebaugh</b></p> <ol style="list-style-type: none"> <li>1. Working with older youth on organizing a mini carnival for younger youth/community</li> <li>2. Meeting additional days, beyond our regular two days a week.</li> <li>3. Currently working with Nancy Vaca at Firebaugh, City Mangers' office</li> </ol> <p><b>II. Raisin City:</b></p> <ol style="list-style-type: none"> <li>1. Created flyers for outreach to; 13-18 yr old.</li> </ol>	<p><b>Total # Youth between 13-18 yrs old: 45</b></p> <p><b>Firebaugh: 12 youth</b></p> <p>13yr old: 3 14yr old: 5 15yr old: 2 16yr old: 1 17yr old: 1</p> <p><b>Raisin City: 5 youth</b></p> <p>13yr old: 4 14yr old: 1</p>

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<p>homeless FIRM -Game sport tournaments -RC Firebaugh soccer game</p> <p><b>Incentives</b></p> <p>-Community Service hours available for high school students -15 hours/month = \$ 20 gift card - 10 hours/month = \$10 gift card -\$5 Wal-Mart gift card= Report card, Progress Report, Bring a friend, Perfect Attendance</p>	<p>2. Sent 300 flyers to all parents at Raisin City Elementary.</p> <p>3. Distributed flyers in after school program</p> <p>4. Outreached to 13/yr. old 8<sup>th</sup> graders.</p> <p>5. Planned movie night</p> <p>6. Older youth will have their own group time</p> <p>7. Met w/principal Mr. Sandoval , he has made van available for transportation</p> <p><b>III. Orange Cove:</b></p> <p>1. Several strategy meetings with site partner, ie outreach to older youth</p> <p>2. Distribution of outreach flyer for last five weeks to nearby community</p> <p>3. Plan parent information meetings, ie New youth group for their older youth.</p> <p>4. Planning series of simple healthy cooking groups once a month</p> <p>5. Met w/Mr. Gutiérrez, Principal at high</p>	<p><b>Orange Cove: 13 youth</b> 13yr old: 11 16yr old: 1 18yr old: 1</p>
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	<p>school, he’s working on approval for group on campus</p> <p><b>IV. FIRM:</b></p> <ol style="list-style-type: none"> <li>1. Brainstorming w/youth on how to get older siblings involved</li> <li>2. Revising flyers &amp; contracts for older leadership group</li> <li>3. Special outreach to volunteers</li> <li>4. Older youth are inviting friends who are in need of volunteering hours</li> <li>5. Planning block party to introduce program to parents and youth in the community near FIRM</li> </ol> <p><b>V. West Fresno:</b></p> <ol style="list-style-type: none"> <li>1. Met with site partners, Christ White &amp; Tommy, strategizing, i.e. meeting for older youth, leadership training</li> <li>2. Working on increasing attendance by handing out flyers within West Fresno community</li> </ol> <p><b>VI. Tollhouse:</b></p> <ol style="list-style-type: none"> <li>1. Met with site partner Charlie Alvary,</li> </ol>	<p><b>FIRM: 4 youth</b>          13yr old: 2          15yr old: 2</p> <p><b>West Fresno: 6 youth</b>          14yr old: 5          15yr old: 1</p> <p><b>Tollhouse: 5 youth</b>          13yr old: 3</p>
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	<p>i.e. starting phase 2 of program, strategizing on growing older youth participation</p> <p>2. Contacted Janelle regarding Tollhouse interest in garden, she is waiting for board approval</p> <p>3. Current youth are inviting older siblings and friends within the community</p>	<p>15yr old: 2</p> <p><b>Breakdown by Age Total:</b></p> <p><b>13yr old: 23</b>  <b>14yr old: 11</b>  <b>15yr old: 7</b>  <b>16yr old: 2</b>  <b>17yr old: 1</b>  <b>18yr old: 1</b></p>
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**DEPARTMENT RECOMMENDATION(S):** Based on outcome and contract measurements reported, the Department recommends continuing MHSA funding for this program for FY 2013-14.