

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

PROGRAM TITLE: Community Gardens-HTCC **PROVIDER:** Fresno Interdenominational Refugee Ministries (FIRM)

PROGRAM DESCRIPTION: Geographically dispersed existing or new enhanced Horticultural Therapeutic Community Centers (HTCC) throughout Fresno County serving approximately 80 families/520 individuals annually who suffer from symptoms of early onset non-serious mental illness (non-SMI) and who are un-served/under-served.

AGES SERVED:

Children

TAY

Older Adult

DATES OF OPERATION: March 8, 2011-present

DATES OF DATA REPORTING PERIOD: Jan – Dec 2012

OUTCOME GOAL

- 1) Covered Shelter Development, including seating and Bulletin Boards/Displays

- 2) Land Preparation & Farming/Gardening of traditional Crops generational/family gardening

- 3) Designated Liaison/Coordinator

OUTCOME DATA

- 1) Each of FIRM's 5 sites has completed construction of covered shelters, including seating and bulletin displays. Security, lighting, parking, and restroom facilities are available at all sites.

- 2) Each site is an operational garden at various stages of planting and harvesting traditional crops, such as various greens, onions, tomatoes, squash, and herbs.

- 3) Each site has a designated Coordinator to oversee garden/site operations and activities. Coordinators meet regularly with Program Managers and County staff to discuss operational issues, progress and events involving the HTCC gardeners and community outreach/education/awareness.

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OUTCOME GOAL

- 4) Community Engagement & Linkage; tours; Social Supports for underserved families

- 5) Community Outreach; knowledge of and access to Care options

- 6) Community Activities (e.g.: informal peer-to-peer Discussions regarding stigmatization; informal support/ Rehab groups; cultural activities/practices)

- 7) Community leaders' participation

OUTCOME DATA

- 4) See the following Attachments:
A: HTCC FIRM Outcome Summary Report

- 5) See the following Attachments:
A: HTCC FIRM Outcome Summary Report

- 6) See the following Attachments:
A: HTCC FIRM Outcome Summary Report

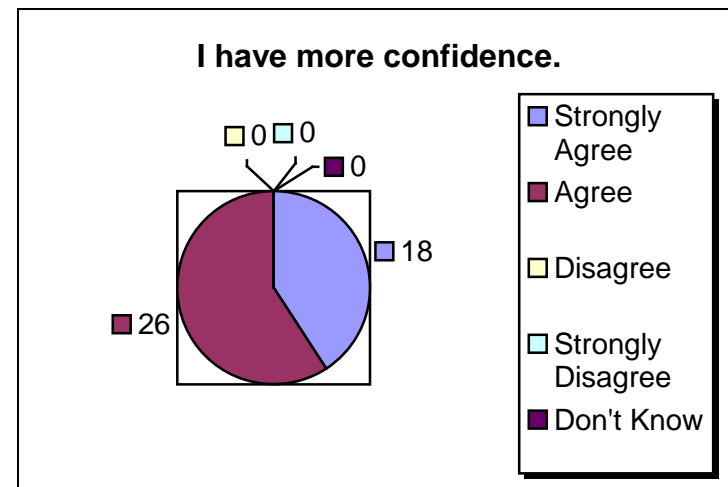
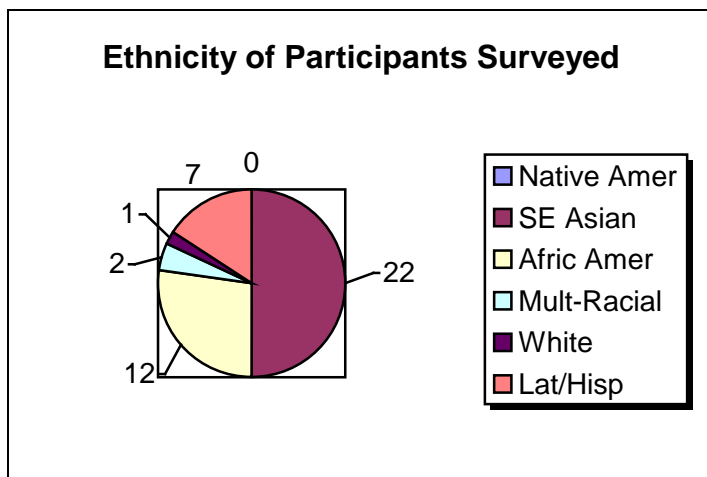
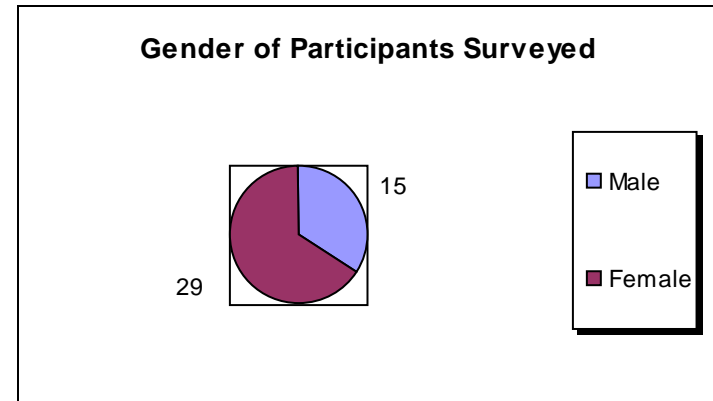
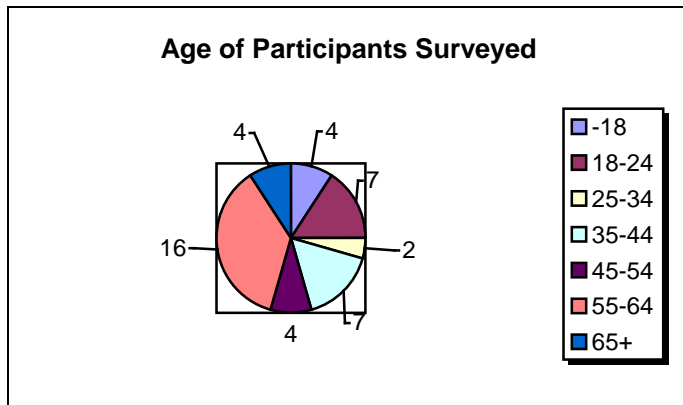
- 7) See the following Attachments:
A: HTCC FIRM Outcome Summary Report

DEPARTMENT RECOMMENDATION(S):

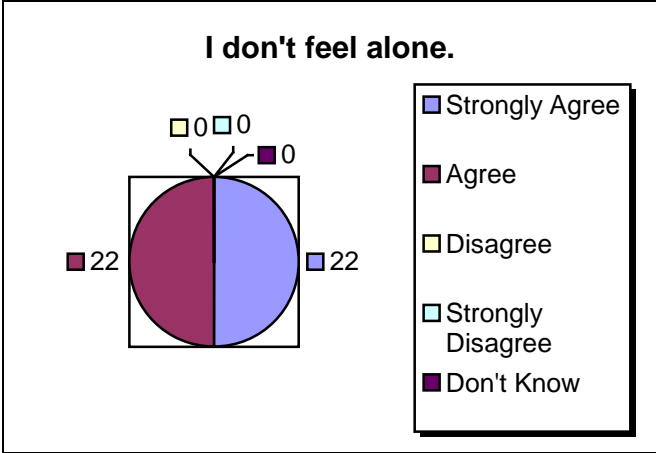
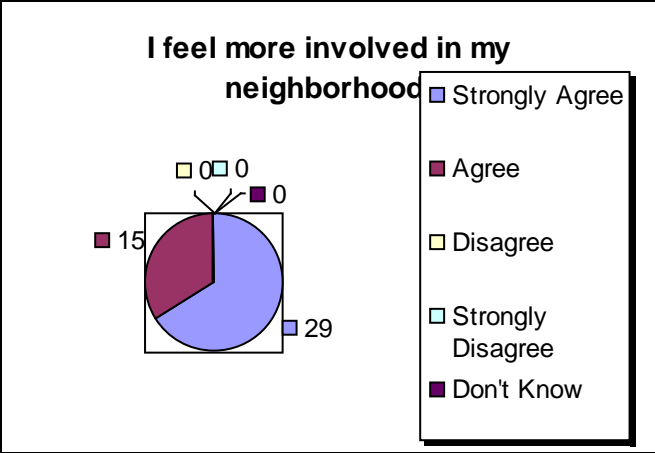
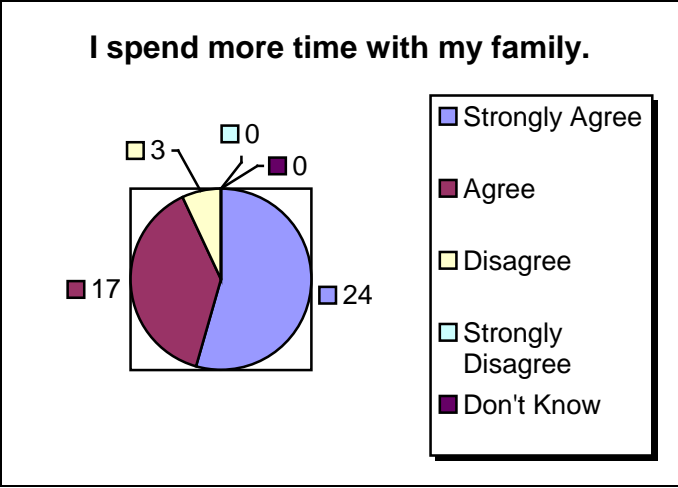
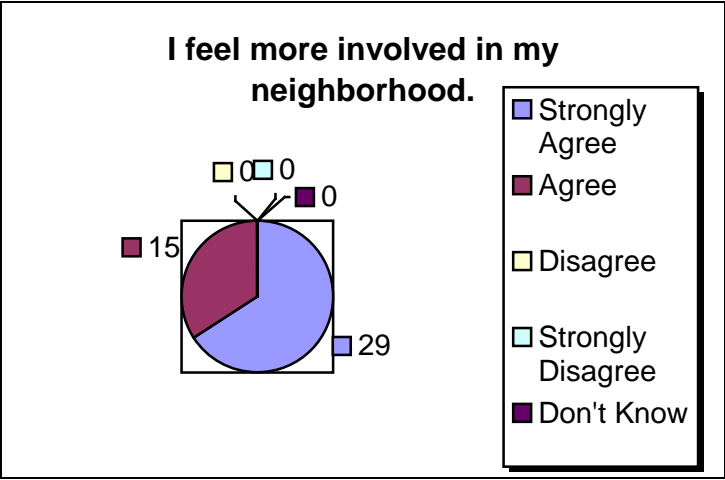
Based on outcomes and contract measurements reported, the Department recommends continuing MHSA funding for this program for FY 2013-14.

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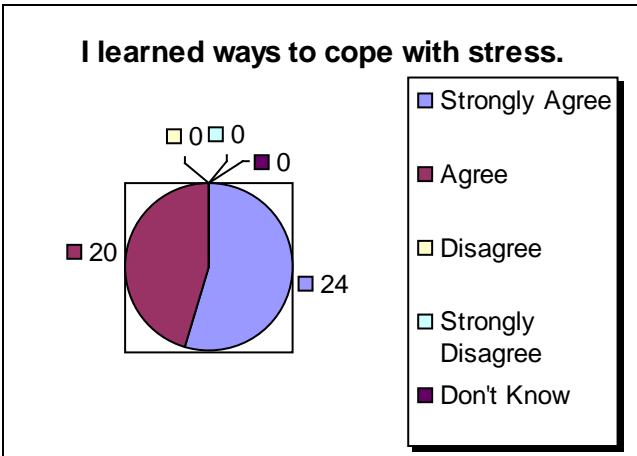
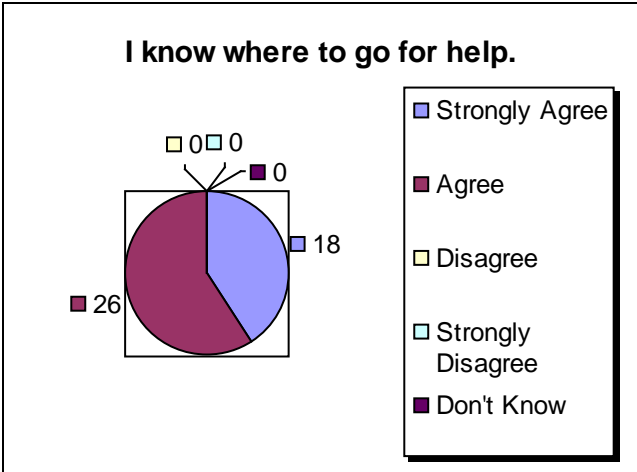
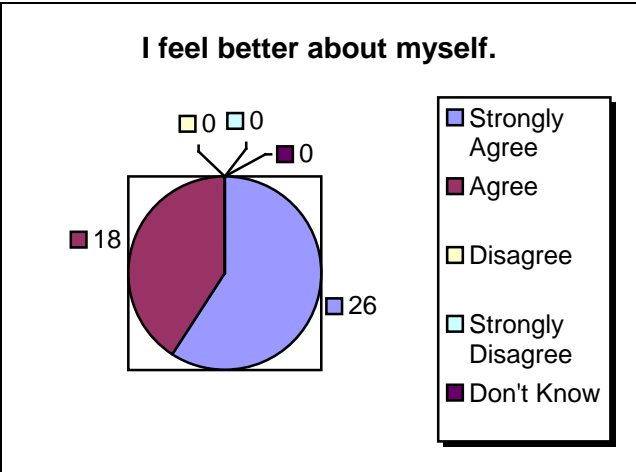
The following charts depict feedback obtained from 69 surveyed , with 44 responses received from HTCC garden participants regarding the impact of the HTCC program on their lives and garden logistics.



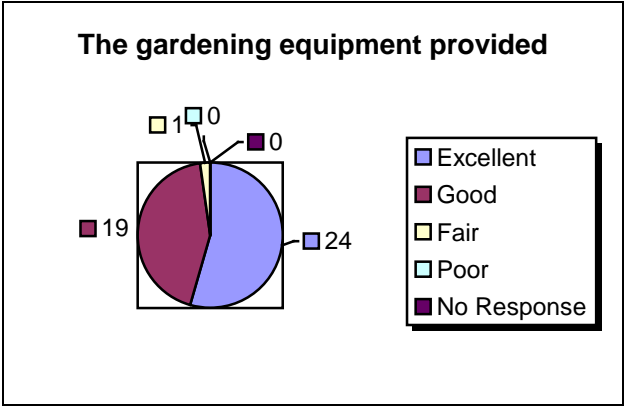
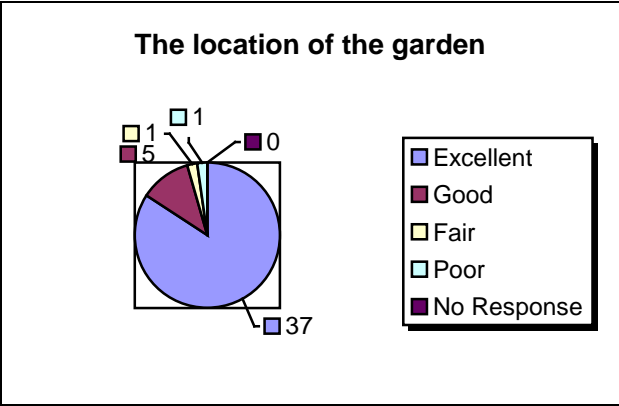
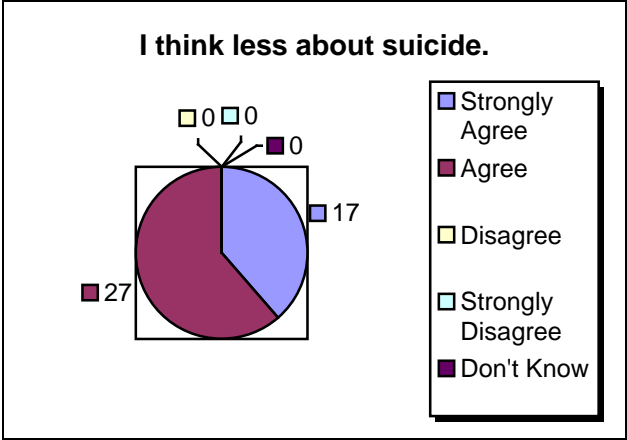
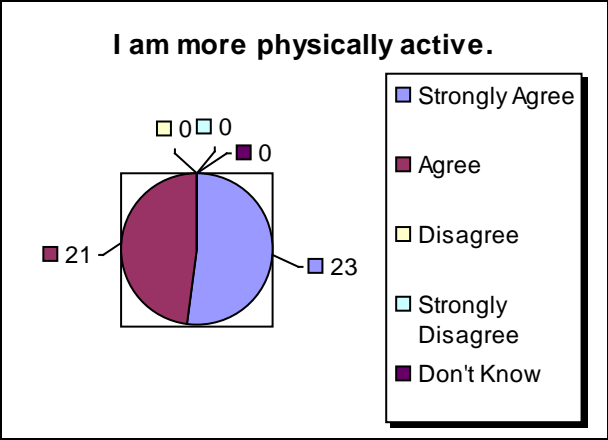
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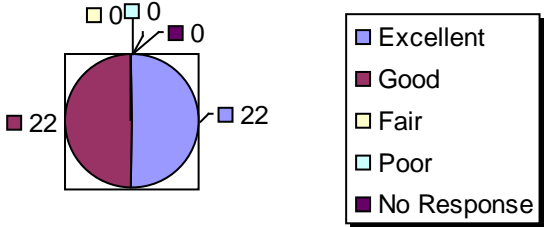


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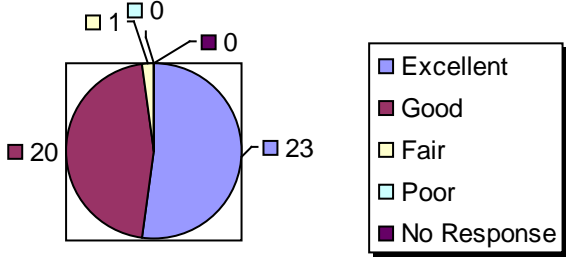


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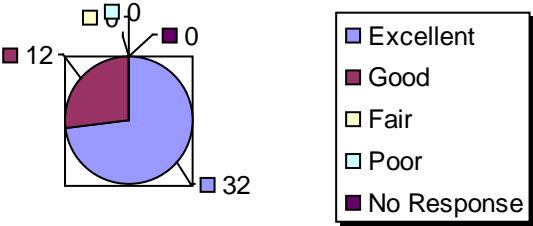
The quality of the garden resources (soil, water, etc)



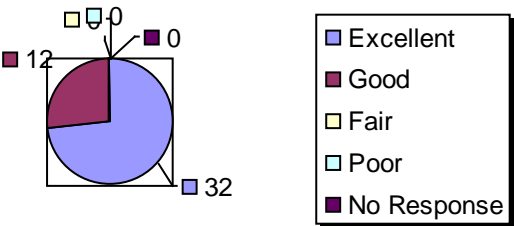
The variety of food produced



Organization/Management of the garden

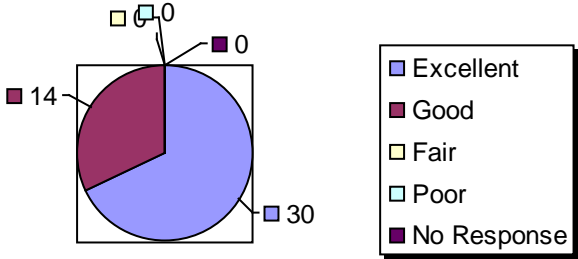


The helpfulness of staff/volunteers

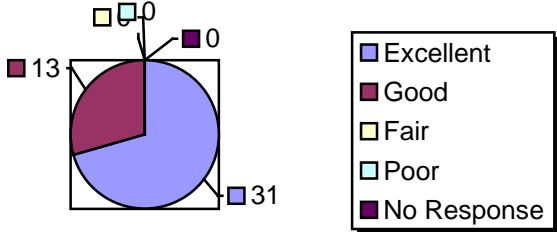


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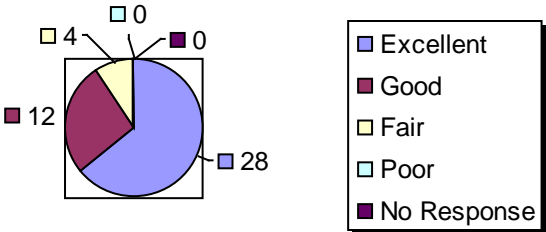
The knowledge of staff/volunteers



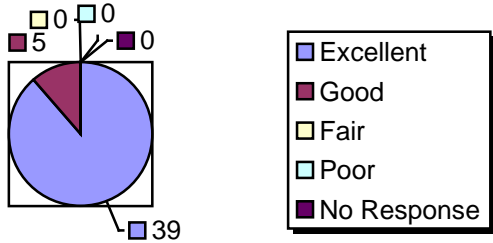
The social atmosphere of the garden



I eat more foods that are traditional for my culture/family background.



Rate your overall experience working in the HTCC Garden.



Report Period: January 2012 – December 2012

Number of Gardens: 5

Populations Served: Slavic, Lao, Hmong, Mien, Cambodian, Hispanic, African American, and Anglo

Ages Served: All ages (pre-school children through seniors)

Number of Events: 63+ (9,000+ community members reached)

Types of Events: Gardening (80 families/520 individuals/1,092+ community members)

- Planting/Harvesting the Garden (ongoing)
- Misc Garden Meetings
- USDA Garden Meetings

Community Meetings & Conferences

- Various Community Meetings (w/Mayor, City Counsel, Neighborhood, etc)
- Metro Ministries Community Garden Conference
- Family/Consumer Mini-Forum (MH Testimonies)
- PICO Community Organizing & Leadership Conferences
- Cultural Diversity Committee
- BHC City Planning, Education, and Community Strategy

Community Outreach

- KBIF Radio Hour (weekly)
- Site Tours
- Garden Festivals
- Christmas Festival
- Community Leadership Celebration
- Friends’ Nights
- Outreach Trips to Nevada, Redwood City and Sacramento
- SE Asian Voter Information Events
- We Connect Health Event
- NAMI Walk
- Lao and Hmong New Year Outreach
- Lao Volleyball Tournament
- Health Fairs: Cesar Chavez Adult School, Zimmerman Boys and Girls Club, Tehipite Middle School
- Zoo Boo

Mental Health Services

- Anxiety Disorders Workshops
- Depression Workshops
- Postpartum Depression in Hmong Women
- Stress Workshop
- Anger Management
- Social Support
- Gang Prevention
- Coping Skills
- 1 on 1 Participant Interviews
- Hmong Suicide Prevention

- Lao Holistic Health Workshop
- County Mental Health Services Workshop
- Mental Health Benefits and the Affordable Care Act Workshop
- Diabetes and Mental Health Workshop
- Healthy Lifestyle and Mental Health Workshop
- Lao Cultural Understanding Workshop
- Hmong Domestic Violence Workshop
- Mental Health in the USA Workshop
- Mental Health Services, Home Workshop
- Yang Clan MH Workshop Alcohol/Drug Abuse, Child Abuse, Suicide Prevention, Stress and Depression

Surveys

- Community Garden Outcomes Survey
 - 44 surveyed
 - 54.5%/24 Asian Pacific Islander
 - 27.3%/12 African American
 - 2.3%/1 White
 - 15.9%/7 Hispanic
 - Of the 44 surveyed the average of those who believe the HTCC Program has improved their life skills/outlook:
 - 49.1%/21.6 “Strongly Agree”
 - 50.9%/22.4 “Agree”