

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

PROGRAM TITLE: Assertive Community Treatment (ACT) **PROVIDERS:** EMQ FamiliesFirst

PROGRAM DESCRIPTION: The ACT team, a Full Service Partnership, provides a wide range of mental health and rehabilitation services to SED youth, who are at risk of involvement with the juvenile justice system who have been through traditional service delivery, aged 10-18 and their families. Services include individual and family therapy, case management, substance abuse, educational and vocational support, and psychiatric services. EMQ FamiliesFirst has served 169 youth from January to December 2012. Eighty-one youth were admitted and 72 youth were discharged during this period. As a Full Service Partnership (FSP) program under the Community Services and Supports component (CSS) of the Mental Health Services Act (MHSA), the program is required to submit Key Event Tracking into the State Data Collection Report (DCR). DCR data gathered for this report are based solely on clients who were active participants during the calendar year 2012. These results are identified under the outcome data section for incarcerations and hospitalizations.

Note: There are more outcome goals and outcome data included in this report than those identified by the Department's Outcomes Committee to provide more information on the performance of this program.

AGES SERVED:

- | | |
|--|---|
| <input checked="" type="checkbox"/> Children | <input checked="" type="checkbox"/> TAY |
| <input type="checkbox"/> Adult | <input type="checkbox"/> Older Adult |

DATES OF OPERATION: August 25, 2009- Current **DATES OF DATA REPORTING PERIOD:** Jan-Dec 2012

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OUTCOME GOALS:

1. Reduce incidents of incarcerations for consumers on probation. The number of arrests, citations, and probation violations experienced during the twelve month period prior to program entry is compared to the number experienced during the six month period prior to discharge.

2. Youth and Caregivers will report an improvement in youth's social and emotional well being.

3. Reduce incidents of inpatient hospitalizations for consumers enrolled in the program. The number of hospitalizations experienced during the twelve month period prior to program entry is compared to the number experienced during the six month period prior to discharge.

OUTCOME DATA:

96% of youth decreased or maintained (at zero) their number of arrests, citations or probation violations. Based on the DCR data for said reporting period active participants showed a 96% reduction in Juvenile Hall/jail days when comparing baseline date to current experience (from **968 to 39 days**).

Consumer satisfaction data was collected during the one-week Fresno County Satisfaction Survey collection period (August 20-24, 2012). The raw data was submitted directly to the county and in turn to the State for data analysis. Detailed data has not been received from the State at this time.

100% of youth decreased or maintained (at zero) their number of hospitalizations. Based on the DCR data said reporting period active participants showed a 100% reduction in hospitalization days when comparing baseline data to current experience (from **148 to 0 days**).

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4. Youth will exhibit emotional and behavioral improvement, increase pro-social behavior, and improve adult/youth relationships. Child and Adolescent Needs and Strengths (CANS) scale to measure improvement in this area.

76% of youth improved on their total CANS scores as measured by the calculating average total CANS score during program participation and at discharge.

5. Youth will be able to live in a stable home setting (includes the home of birth or adoptive parents, a foster home, a relative's home, or living independently)

A majority of youth (67%) were discharged to a stable home setting.

6. Academic Performance Will Improve

Child and Adolescent Needs and Strengths (CANS) scale to measure improvement in this area. Improvement is measured by comparing youth's score for the "School Achievement" item during program participation to youth's score prior to discharge. "School Achievement" is determined by rating the youth's grades or level of academic achievement.

When measuring change of "School Achievement" scores, 17% of youth improved their score, 69% maintained, and 14% declined from initial measure to discharge. The percentage of youth who improved in 2012 was 17% higher than in 2011. There are some contributing factors at discharge which negatively impacted these results (e.g., incarceration, run away).

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7. *School Attendance Will Improve*

School attendance is assessed for the twelve month period prior to program entry and for the six month period prior to discharge. School attendance is determined by parent/caregiver reports as well as staff observation.

91% of youth improved their school attendance or maintained regular attendance.

8. *Youth Will Stay Out of Trouble - Decrease Suspensions and Expulsions from School*

The number of suspensions and expulsions experienced during the twelve month period prior to program entry is compared to the number experienced during the last 6 months of program participation.

79% of youth decreased or maintained (at zero) their number of suspensions/expulsions.

9. *Improve Functional Stability and Reduce Need for Crisis Care - Decrease Children's Crisis Assessment and Intervention and Resolution (CCAIR) Visits*

The number of CCAIR visits experienced during the twelve month period prior to program entry is compared to the number experienced during the six month period prior to discharge.

98% of youth decreased or maintained (at zero) their number of CCAIR visits.

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DEPARTMENT RECOMMENDATION(S): Based on outcome and contract measurements reported, the Department recommends continuing MHSA funding for this program for FY 2013-14.

See page 6 – 7 for tables/figures.

Figure 1 – CANS Improved or Maintained by Domain

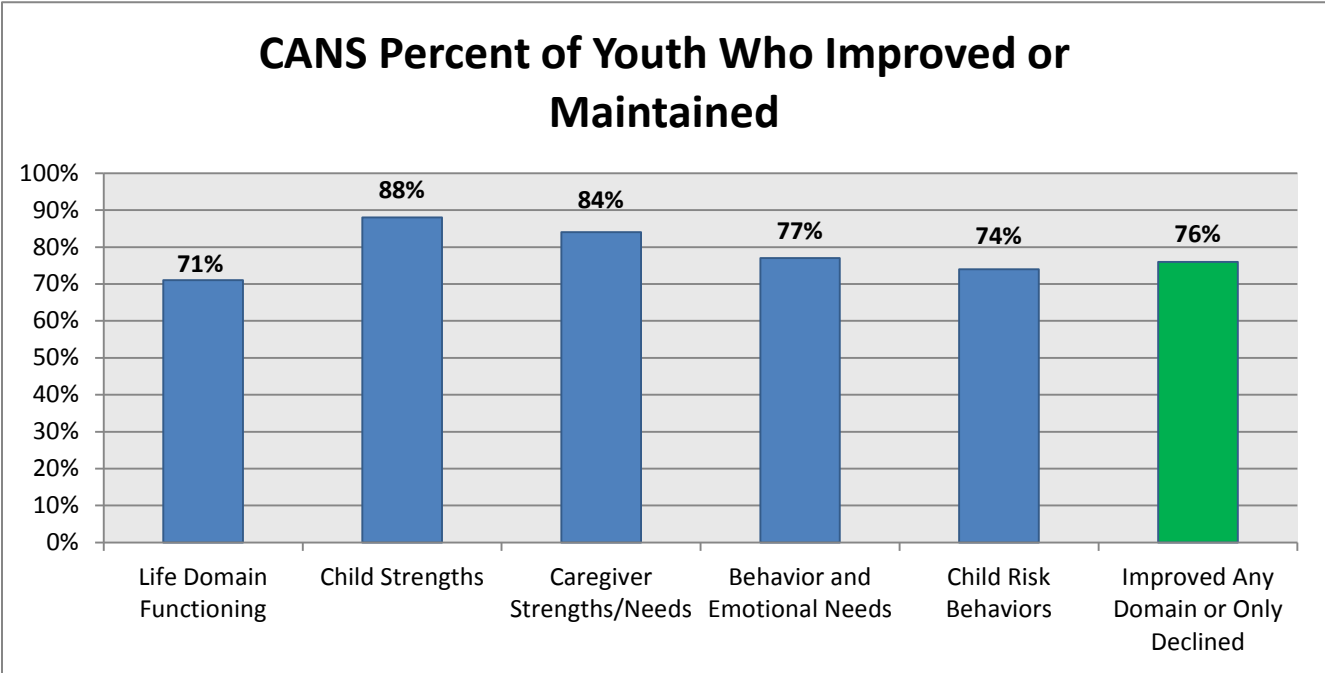


Figure 2 - CANS Academic Performance

