

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES - Attachment A

PROGRAM TITLE: Assertive Community Treatment (ACT)

PROVIDER: EMQ FamiliesFirst

PROGRAM DESCRIPTION: The ACT team, a Full Service Partnership, provides a wide range of mental health and rehabilitation services to Serious Emotional Disturbed (SED) youth, who are at risk of involvement with the juvenile justice system who have been through traditional service delivery, aged 10-18 and their families. Services include individual and family therapy, case management, substance abuse, educational and vocational support, and psychiatric services. EMQ FamiliesFirst has served 120 unique clients during FY15. Forty-seven youth were admitted and thirty-seven youth were discharged during this period, 33 youth were discharged with a length of stay greater than 60 days. EMQ FamiliesFirst has served 120 unique clients during Jan-June 2015. Forty-seven youth were admitted and thirty-seven youth were discharged during this period, 33 youth were discharged with a length of stay greater than 60 days.

Note: There are more outcome goals and outcome data included in this report than those identified by the Department's Outcomes Committee to provide more information on the performance of this program.

AGES SERVED:

Children
 Adult

TAY
 Older Adult

DATES OF OPERATION:

August 25, 2009 – Current

DATES OF DATA REPORTING PERIOD:

July 01, 2014 – June 30, 2015

OUTCOME GOALS:

- 1. Reduce incidents of incarcerations for consumers on probation.** The number of arrests, citations, and probation violations experienced during the twelve month period prior to program entry is compared to the number experienced during the three month period prior to discharge.

OUTCOME DATA:

FY15: 100% of youth with no incarcerations at Time 1 had no new incarcerations at Time 2; 53% of youth decreased their number of incarcerations. (Source: CEDE Days in Custody)

Jan-June 2015: 100% of youth with no incarcerations at Time 1 had no new incarcerations at Time 2; 44% of youth decreased their number of incarcerations. (Source: CEDE Days in Custody)

FY15: 96% of youth with no probation violations at Time 1 maintained at zero probation violations at discharge; 25% of youth decreased their number of probation violations. (Source: CEDE Probation Violations)

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- Jan-June 2015:** 92% of youth with no probation violations at Time 1 maintained at zero probation violations at discharge; 33% of youth decreased their number of probation violations. (Source: CEDE Probation Violations)
- 2. Youth and Caregivers will report an improvement in youth's social and emotional well-being.**
- FY15:** 53% of youth improved their social functioning. (Source: CANS 5+: LDF Social Functioning) 31% of youth improved their emotional well-being. (Source: CANS 5+ CBEN Domain)
- Jan-June 2015:** 60% of youth improved their social functioning. (Source: CANS 5+: LDF Social Functioning) 37% of youth improved their emotional well-being. (Source: CANS 5+ CBEN Domain)
- 3. Reduce incidents of inpatient psychiatric hospitalizations for consumers enrolled in the program.** The number of hospitalizations experienced during the twelve month period prior to program entry is compared to the number experienced during the six month period prior to discharge.
- FY15:** 86% of youth decreased or maintained (at zero) their number of psychiatric hospitalizations. (Source: OMS)
- Jan-June 2015:** 94% of youth decreased or maintained (at zero) their number of hospitalizations. (Source: OMS)
- 4. Youth will exhibit emotional and behavioral improvement, increase pro-social behavior, and improve adult/youth relationships.** Child and Adolescent Needs and Strengths (CANS) scale to measure improvement in this area.
- FY15:** 19% of youth improved on their total CANS scores as measured by the calculating average total CANS score during program participation and at discharge. (Source: Total CANS Score)
- Jan-June 2015:** 15% of youth improved on their total CANS scores as measured by the calculating average total CANS score during program participation and at discharge. (Source: Total CANS Score)

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5. **Youth will be able to live in a stable home setting** (includes the home of birth or adoptive parents, a foster home, a relative's home, or living independently).

FY15: A majority of youth (89%) In-Home at Time 1 were discharged to a stable In-Home setting at Time 2. (Source: CEDE Predominant Living Situation)

Jan-June 2015: A majority of youth (87%) In-Home at Time 1 were discharged to a stable In-Home setting. (Source: CEDE Predominant Living Situation)

FY15: A majority of youth (100%) in an Out-Of-Home setting at Time 1 were discharged to a stable In-Home setting at Time 2. (Source: CEDE Predominant Living Situation)

Jan-June 2015: A majority of youth (100%) in an Out-Of-Home setting at Time 1 were discharged to a stable In-Home setting. (Source: CEDE Predominant Living Situation)

6. **Academic Performance Will Improve.** Child and Adolescent Needs and Strengths (CANS) scale to measure improvement in this area. Improvement is measured by comparing youth's score for the "School Achievement" item during program participation to youth's score prior to discharge. "School Achievement" is determined by rating the youth's grades or level of academic achievement.

FY15: When measuring change of "School Achievement" scores, 45% of youth improved their score. (Source: CANS 5+ School Achievement)

Jan-June 2015: When measuring change of "School Achievement" scores, 33% of youth improved their score. (Source: CANS 5+ School Achievement)

7. **School Attendance Will Improve.** School attendance is assessed for the twelve month period prior to program entry and for the six month period prior to discharge. School attendance is determined by parent/caregiver reports as well as staff observation.

FY15: 82% of youth maintained regular attendance. (Source: CEDE Average Weekly Attendance)

Jan-June 2015: 85% of youth maintained regular attendance. (Source: CEDE Average Weekly Attendance)

FY15: 67% of youth improved their school attendance from Time 1 to Time 2. (Source: CEDE Average Weekly Attendance)

Jan-June 2015: 100% of youth improved their school attendance from Time 1 to Time 2. (Source: CEDE Average Weekly Attendance)

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8. Youth Will Stay Out of Trouble - Decrease Suspensions and Expulsions from School. The number of suspensions and expulsions experienced during the twelve month period prior to program entry is compared to the number experienced during the last 6 months of program participation.

FY15: 77% of youth decreased or maintained (at zero) their number of suspensions/expulsions.

Jan-June 2015: 73% of youth decreased or maintained (at zero) their number of suspensions/expulsions.

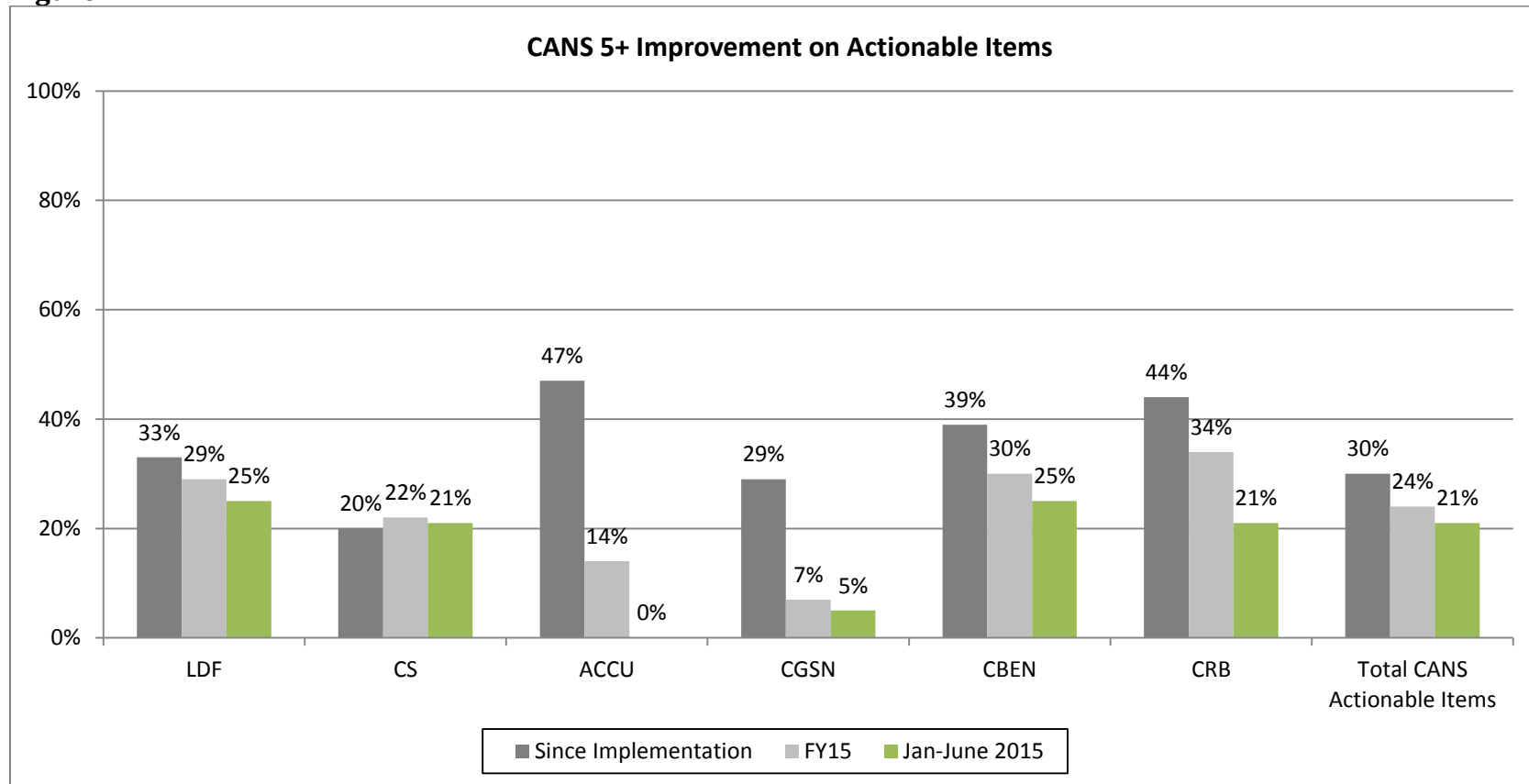
9. Improve Functional Stability and Reduce Need for Crisis Care - Decrease Exodus Visits. The number of Exodus visits for crisis care experienced during the twelve month period prior to program entry is compared to the number experienced during the six month period prior to discharge.

FY15: 86% of youth decreased or maintained (at zero) their number of Exodus visits.

Jan-June 2015: 89% of youth decreased or maintained (at zero) their number of Exodus visits.

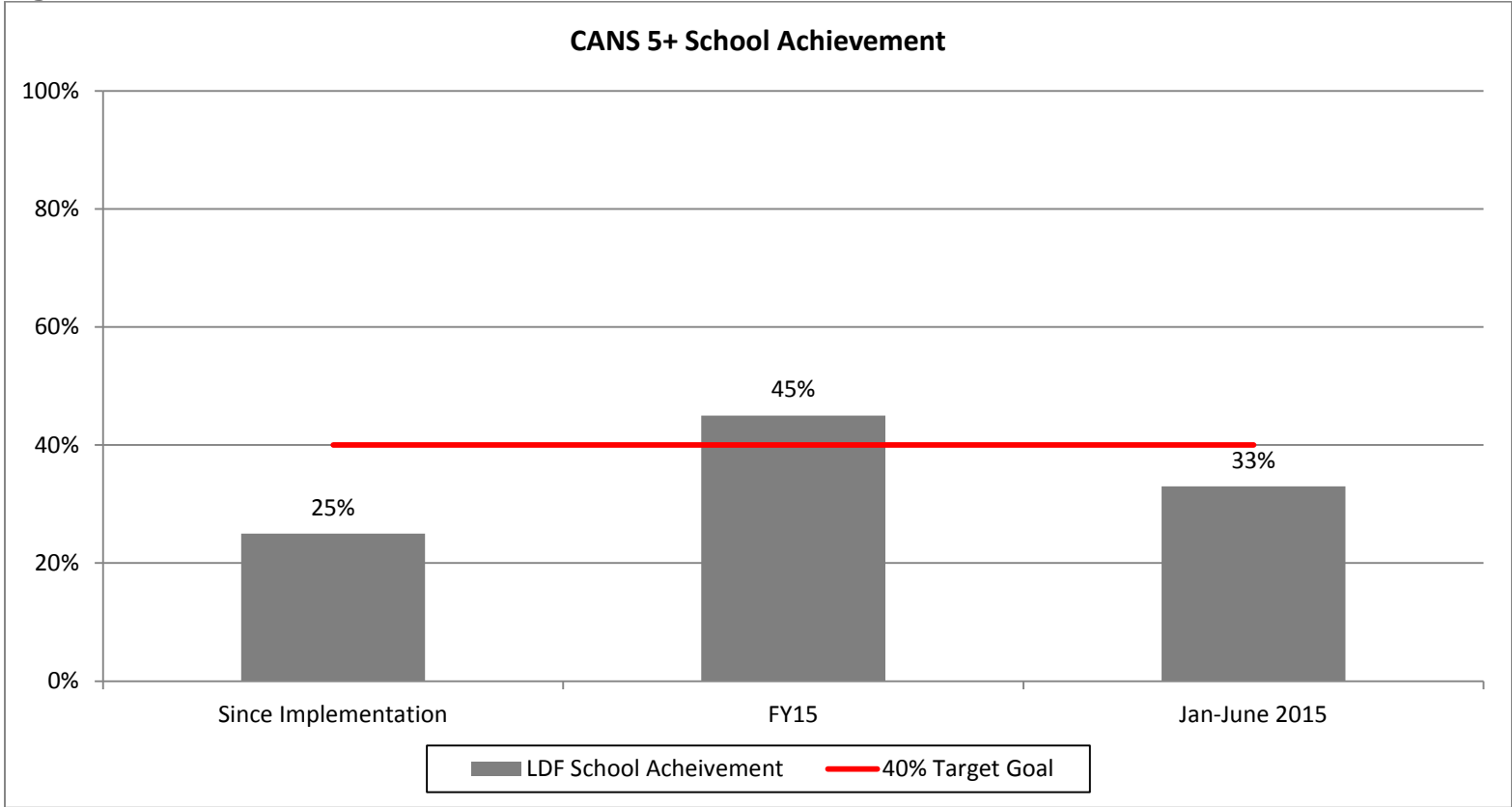
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Figure 1



Source: CANS 5+ (07/15/2015). Notes: (1) n=number of discharged youth with paired data; (2) LOS of discharged youth is 60+ days; (3) Actionable items are those with a rating of 2 or 3. (4) Paired data: Time 1= Admit or 3 months timeframe, Time 2=Discharge or timeframe closest to discharge; (5) Improvement is defined as an actionable rating (2,3) at Time 1 to non-actionable rating (0,1) at Time 2. (6) LDF (Since Inception: n=204; FY15: n=31; Jan-June 2015: n=19), CS (Since Inception: n=212; FY15: n=30; Jan-June 2015: n=19), ACCU (Since Inception: n=40; FY15: n=4; Jan-June 2015: n=2), CGSN (Since Inception: n=155; FY15: n=18; Jan-June 2015: n=10), CBEN (Since Inception: n=207; FY15: n=29; Jan-June 2015: n=19), CRB (Since Inception: n=122; FY15: n=18; Jan-June 2015: n=13), Total CANS (Since Inception: n=216; FY15: n=32; Jan-June 2015: n=20).

Figure 2



Source: CANS 5+ Extract 07/15/2015. Notes: (1) n=number of youth with actionable items at Time 1; (2) Since implementation LDF School Achievement (n=213); (3) FY15 LDF School Achievement (n=32); (4) Jan-June 2015 LDF School Achievement (n=20); (5) Agency Target.

DEPARTMENT RECOMMENDATION(S):