

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

PROGRAM TITLE:

Community Gardens -
Horticultural Therapeutic Community Center (HTCC)

PROVIDERS:

Fresno Center for New American (FCNA)
Fresno Interdenominational Refugee Ministries (FIRM)
Sarbat Bhala Incorporated (SBI)

PROGRAM DESCRIPTION: Community Gardens – HTCC is prevention and early intervention program aimed at reducing risk factors and stressors, building protective factors and skills, and increasing social supports and reduce stigma across all age in culturally sensitive linguistically appropriate format.

Target Populations (not all-inclusive and/or exclusive)

FCNA: Hmong.

FIRM: Hmong & Lao/Southeast Asians, Slavic-Ukrainian, African American, Hispanic

Sarbat Bhala: Punjabi

Each garden site is open to all cultural groups

AGES SERVED:

Children
 Adult

TAY
 Older Adult

DATES OF OPERATION:

FNCA & FIRM – 3/8/2011
SBI – 3/8/2012

DATES OF DATA REPORTING PERIOD:

January 2014-June 2015

NOTE: Cost Per Client Is On Page 5.

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

GOAL

ALL PROVIDERS:

Covered Shelter

Active culturally relevant garden

Designated Liaison/Coordinator

Community Outreach; knowledge of and access to options Community Activities (e.g.: informal peer-to-peer Discussions re. stigmatization; inform support/ Rehab placed groups; cultural activities/practices)

DATA

Each Provider has completed covered shelter, installed bulletin board, and increased seating. Bulletin boards are being updated with relevant information on a daily basis.

Each site is an operational garden at various stages such as of planting and harvesting. The gardens are operated with water-wise drip irrigation systems and include drought tolerant crops.

- **60%** reduction in water usage

Each site has a designated Coordinator to oversee garden/site operations and activities.

- **908** Unique Clients Served
- **4,061** Services Provided
- **234** training
- **85** Community Outreach/Media related activities

Table A

<i>Programs</i>	<i>Unique Clients Served</i>	<i>Services Provided</i>	<i>Training</i>	<i>Outreach Community/Media</i>
FCNA	368	1488	176	57
FIRM	250	1373	25	20
SBI	290	1200	33	8
Total:	908	4061	234	85

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

GOAL

Physical/mental improvements in the well-being

DATA

Self-Wellness Survey

- **67%** (average) Strongly Agreed they had an improved sense of well-being.

(See **Table B** for each providers survey outcomes – below)

(See **Graph A** for Average off all programs – below)

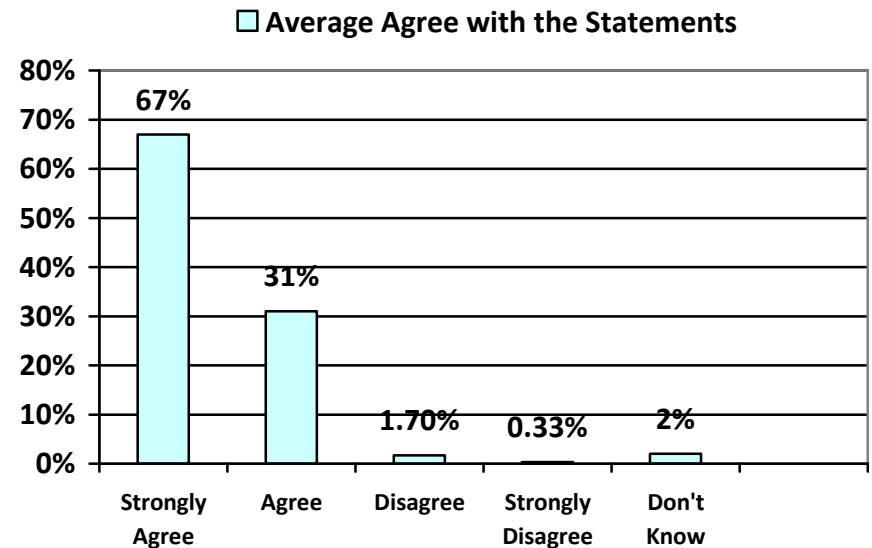
The following statements were asked:

- I have more confidence...
- I feel more involved in my neighborhood...
- I spend more time with my family...
- I don't feel alone...
- I feel better about myself...
- I know where to go for help...
- I am better able to express myself to others...
- I learned ways to cope with stress...
- I am more physically active...
- I think less about suicide...

Table B

Programs	Completed Surveys	Strongly Agree	Agree	Disagree	Strongly Disagree	Don't Know
FCNA	64	60%	35%	2%	0%	4%
FIRM	63	56%	38%	3%	1%	2%
SBI	50	75%	20%	0%	0%	0%
Average Agree with the Statements		67%	31%	1.7%	.33%	2%

Graph A



FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

GOAL

Consumer Rating

DATA

Consumer Rating Survey was conducted to provide satisfaction of the garden programs.

- **39.45%** (average) reported services were Excellent.

(See **Table C** for each providers survey outcomes – below)

(See **Graph B** for Average off all programs – below)

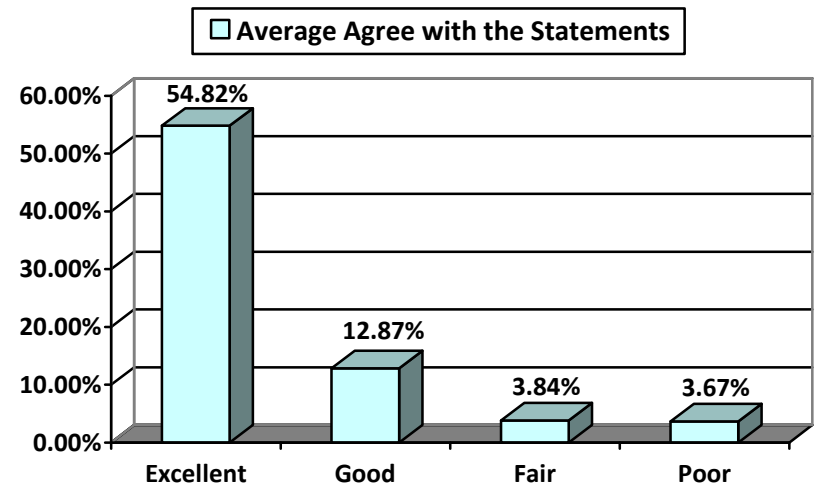
The following were on the survey:

- **Overall Experience**
- **Location**
- **Equipment**
- **Resources**
- **Food Produce**
- **Management**
- **Helpfulness Staff**
- **Knowledgeable Staff**
- **Social Atmosphere**
- **Eat More Tradition Food**

Table C

Programs	Completed Surveys	Excellent	Good	Fair	Poor
FCNA	64	44.60%	14.00%	5.10%	3.00%
FIRM	63	34.30%	18.50%	3.10%	8.00%
SBI	50	85.56%	9.11%	3.33%	0.00%
<i>Average Agree with the Statements</i>		54.82%	12.87%	3.84%	3.67%

Graph B



FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

COST PER CLIENT

Average Cost per Client: \$290.17

Average Cost per Service: \$ 64.88

Note: These costs do not include many thousands reached &/or impacted through 85 community/media events or 234 trainings.

Provider	Jan - June 2014	FY 14/15	18 month Total
FIRM	\$48,617.13	\$96,131.00	\$144,748.13
Sarbat	\$17,646.19	\$34,650.15	\$52,296.34
FCAN	\$25,935.81	\$40,492.43	\$66,428.24
Total Cost for Community Gardens HTCC	\$263,472.71		
Unique Participants:	908		
Cost Per Client	\$290.17		

DEPARTMENT RECOMMENDATIONS

The HTCC Master Agreement was approved effective July 1, 2015, and will terminate on June 30, 2020 (following the original contract terms from March 2011 through June 30, 2015). With this new term, a new provider, Fresno American Indian Health Project, was added to serve the American Indian population, and West Fresno Family Resource Center (WFFRC) became a direct contracted provider rather than as a sub-contractor to Fresno Interdenominational Refugee Ministries (FIRM), bringing this program up to 5 providers. It is recommended that this program continue services as designed, but be considered for expansion under the upcoming MHSA Annual Update.