

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

PROGRAM TITLE:

Cultural-Based Access/Navigation System (CBANS)
Peer Support Specialist

PROVIDERS:

1. Centro La Familia Advocacy Services, (CLFAS)
2. Fresno American Indian Health Project (FAIHP)
3. Fresno Interdenominational Refugee Ministries (FIRM)
4. Kings View
5. Sarbat Bhala Incorporated (SBI)
6. West Fresno Family Resource Center (WFFRC)

PROGRAM DESCRIPTION: Prevention and early intervention program aimed at reducing risk factors and stressors, building protective factors and skills, and increasing social supports across all age groups, through individual and group peer support, community awareness, and education provided in culturally sensitive formats and contexts.

POPULATIONS SERVED:

- CLFAS:** Hispanics (non-English speaking and English Speaking), rural West Fresno County
- FAIHP:** American Indian
- FIRM:** Faith-Based Non-Profit; Southeast Asians, Slavic, and African refugees
- Kings View:** Homeless and mentally ill
- Sarbat Bhala:** Punjabi
- WFFRC:** African American; Latino/Hispanic; and Homeless populations.

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AGES SERVED:

- | | |
|--|---|
| <p>x Children</p> <p>x Adult</p> | <p>x TAY</p> <p>x Older Adult</p> |
|--|---|

DATES OF DATA REPORTING PERIOD:

January 1, 2014 – June 30, 2015

DATES OF OPERATION:

Kings View CBANS	July 1, 2013	FIRM	October 1, 2011
Sarbat Bhala	April 24, 2014	CLFAS	October 1, 2011
WFFRC	October 1, 2011	FAIHP	October 1, 2011

AVERAGE COST PER CLIENT:

\$120.49

(Based on Actual Expenditures from Jan 2014 through June 2015.)

Provider	Jan - June 2014	FY 14/15	18 month Total
Centro	\$55,783.81	\$90,925.50	\$146,709.31
FAIHP	\$38,927.78	\$67,729.99	\$106,657.77
FIRM	\$33,565.61	\$77,531.52	\$111,097.13
KV	\$38,648.67	\$60,854.26	\$99,502.93
Sarbat	\$13,134.10	\$71,754.32	\$84,888.42
WFFRC	\$32,923.89	\$64,536.67	\$97,460.56
Total Cost for CBANS Programs:			\$646,316.12
Participants:			5364
Cost Per Client:			\$120.49

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GOAL

*Reduction in Consumer Stressors
Increase in Consumer Wellness*

DATA

- 5364 unique clients
- 1226 clients participated in survey
 - 58% reported positive change in stress level

Increase Consumer Coping Strategies

- 62% of clients reported increased sense of hope

PHQ-9 Patient Depression Questionnaire (given pre/post;
measures frequency and severity of depression)

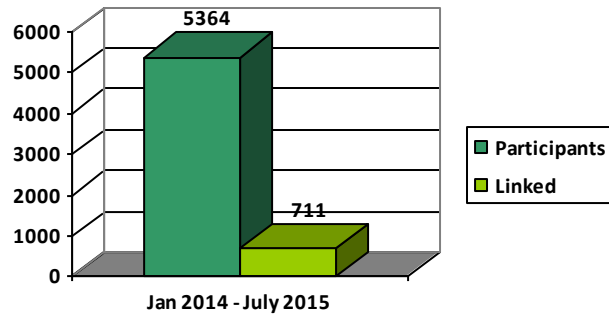
- consumers reduced their tallied score by an average of 1.5.
- maintaining their level of stressors
- no increase of depression risk factors.

Increasing Awareness of Mental Health

- 500+ activities
- reaching over 120,000 consumer, family member, and community

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Table 1



DEPARTMENT RECOMMENDATION(S):

This contract terminates on June 30, 2016 and is in the process of an RFP for services to continue effective July 1, 2016. Considerations for expansion, include, but are not limited too enhanced collaboration with the SB 82 Rural Triage Program to reach and serve those in rural Fresno County that are underserved. In addition, this program expansion aligns with the Behavioral Health Integrated Access Work Plan #1 and Community Defined Practices Work Plan #4 in that it has the potential to provide the “right service at the right time in the right location” thereby ensuring “that persons have the greatest opportunity for recovery...”

Expansion details and recommendations to be vetted through MHSA Annual Update process in 2016, dollar increase to be considered during the stakeholder process to enhance rural capacity and new un/underserved populations not currently being served by a Cultural-Based Access/Navigation System (CBANS) Peer Support Specialist. Current recommendation is to continue with the service and proceed to RFP and subsequent contract.