

PROGRAM INFORMATION:

Program Title:	Transition Age Youth (TAY)	Provider:	Department of Behavioral Health
Program Description:	<p>The Department of Behavioral Health (DBH) Transition Age Youth is a new program which serves Medi-Cal beneficiaries ages 17 through 24 whom live within Fresno County and who require specialty mental health treatment services. The mission of DBH-TAY is to assist young adults in making a successful transition into adulthood, and more specifically, to provide mental health services which help the young adult to reach personal goals in the areas of employment, education, housing, personal adjustment and overall functioning in the community. Services include mental health assessment, person-centered planning, therapy, case management, psychiatric services and crisis intervention. Person-centered planning is used to assist the young adults in setting and achieving goals across transitional life domains. Staff works together with teachers, rehabilitation specialists, child welfare staff, and others in the community who are involved in the young adult’s life. The young adult is supported in reaching his/her goals by involving parents and significant others in the treatment process. Youth are encouraged to develop supportive social support systems and linkage is provided to other community resources for appropriate services such as employment, education and medical services. The current staffing for the program includes Mental Health Clinicians and Community Mental Health Specialists (also known as case managers).</p>	MHP Work Plan:	4-Behavioral health clinical care
Age Group Served 1:	TAY	Dates Of Operation:	May 2012 - Current
Age Group Served 2:		Reporting Period:	July 1, 2015 - June 30, 2016
Funding Source 1:	Realignment	Funding Source 3:	
Funding Source 2:	Medical FFP	Other Funding:	

FISCAL INFORMATION:

Program Actual Amount: \$512,246.20
 Number of Unique Clients Served During Time Period: 451
 Number of Services Rendered During Time Period: 4,962
 Actual Cost Per Client: \$1,135.80

TARGET POPULATION INFORMATION:

Target Population: The target population for TAY is young adults from the ages of 17-24.

PROGRAM OUTCOME GOALS:

The program goal is to empower, instill hope, encourage responsibility, reduce symptoms and encourage participants to be an active part of their own transition to independence.

PROGRAM OUTCOME DATA/INDICATORS:

1. Crisis Services- Number of clients with crisis services had a slight decrease of 1% when compared to last year’s outcomes. The recurrence of crisis services also experienced a decrease of 1%.

Crisis Services

TAY	FY 15-16 (07/15-06/16)	Monthly Average	Percent of Clients	14-15 (01/14-06/15)	Monthly Average	Percent of Clients
# of Clients w/Crisis Services	104	9	23%	87	5	24%
# of Clients with recurrence of crisis services	34	3	8%	35	2	9%
# of Unique Clients Served	451			369		

2. Hospitalization- Compared to prior year's outcomes, the number of clients hospitalized decreased by 4%. Consecutive period of hospitalization reduced by 2%. Over the last period a hospitalization notification system has been developed in the electronic medical records which can alert the practitioner to respond to the changing status of the client enabling them to intervene early in the discharge process and work in a timelier manner to prevent rehospitalizations.

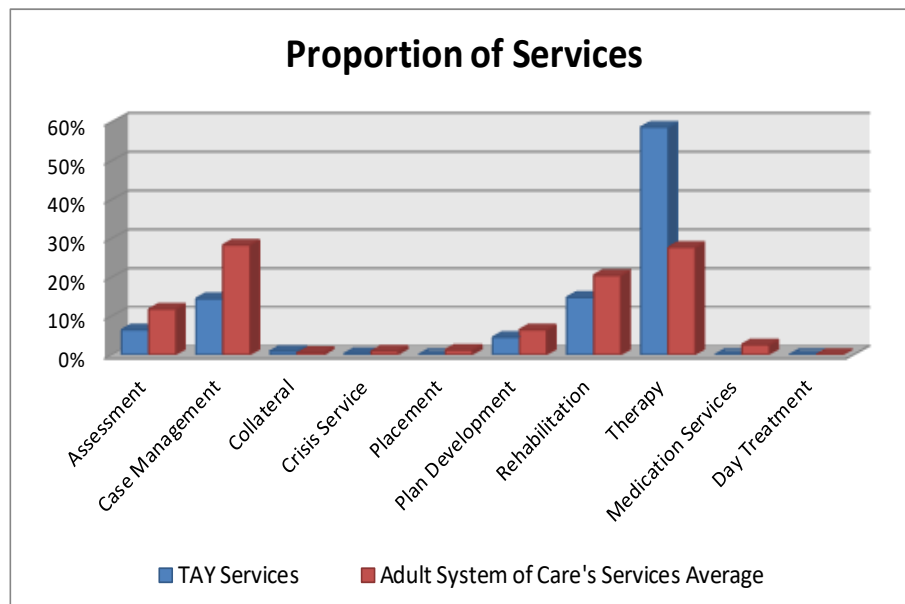
Hospitalization

TAY	FY 15-16 (07/15-06/16)	Monthly Average	Percent of Clients	14-15 (01/14-06/15)	Monthly Average	Percent of Clients
# of Clients Hospitalized	59	5	13%	61	3	17%
# of Days of Hospitalization	616	51		694	39	
# of Clients with more than one consecutive period of hospitalization	19	2	4%	23	1	6%
# of Unique Clients Served	451			369		

3. Clients being serviced by TAY received mostly therapy and rehabilitation services. This is consistent with the Transition to Independence Process (TIP) model and Cognitive Behavioral Therapy for psychosis (CBTp) model that are both evidence based practices for this program. The program is in year two of three as it relates to TIP training. With increased staffing in this program and increased education and training there should continue to be decreases in crisis stabilization and hospitalization.

Crisis services were pulled from Exodus cost center in Avatar from July 2015 through June 2016. This data was pulled on July 27, 2016 and reflects real time data. Crisis recurrence is defined as more than one 23 hour period visit at those locations.

Hospitalization data was pulled on July 27, 2016 and reflects real time data. Client counts may have changed due to Avatar corrections. Data was pulled from Crestwood PHF, Exodus PHF and hospitals in Avatar.



DEPARTMENT RECOMMENDATION(S):

The Department recommends continuing funding for the TAY program for FY 2016-2017.