

PROGRAM INFORMATION:

Program Title:	First Onset Team (FOT)	Provider:	Department of Behavioral Health
Program Description:	The First Onset Team provides mental health services to adult with severe mental illness (SMI) populations who have been identified as experiencing a first onset of mental illness with psychosis within the last 365 days. The program consists of a team that provides psychiatry, therapy, case management, and peer support services in a collaborative manner with a appropriate collaborative client driven model that seeks to engage the client in a way that is meaningful and relevantto him/her and expedited mental health services. Referrals are generated through and received from various agencies, programs, hospitals and individuals. Outreach efforts involve educating the public in the availability of First Onset Program services, reducing stigma via education and presentations, and program explanation to potential referring sources and consumer contact.	MHP Work Plan:	4-Behavioral health clinical care
Age Group Served 1:	ADULT	Dates Of Operation:	March 2010 - Current
Age Group Served 2:	TAY	Reporting Period:	July 1, 2015 - June 30, 2016
Funding Source 1:	Prevention (MHSA)	Funding Source 3:	
Funding Source 2:	Early Intervention (MHSA)	Other Funding:	

FISCAL INFORMATION:

Program Actual Amount:	\$423,932.59
Number of Unique Clients Served During Time Period:	151
Number of Services Rendered During Time Period:	1,475
Actual Cost Per Client:	\$2,807.50

TARGET POPULATION INFORMATION:

Target Population: The target population for the FOT is a client who has experienced an initial psychotic break within the last year. The program serves clients from the age range of 18-40, however the vast majority of the clients who experience the first break are within the ages of 18-28.

MHSA CORE CONCEPTS:

<p>Please select MHSA core concepts embedded in services/ program: <i>(May select more than one)</i> Recovery/Resiliency Orientation</p> <p>Client/Family Driven Program</p>	<p>Please describe how the selected concept (s) embedded :</p> <p>A recovery/resiliency orientation is embedded in all aspects of program delivery. This is reinforced in the evidence supported and evidenced based treatment models that are utilized in all aspects of service delivery.</p> <p>Embedded in service delivery to all clients are initial and ongoing collateral and family sessions with clients. Also included is a once a month collateral group for family members/caregivers that provides both education and support.</p>
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PROGRAM OUTCOME GOALS:

The First Onset Team is a multi-disciplinary team consisting of a psychiatrist, clinicians, case managers and peer support staff. A wide range of services is provided that includes such services as medication management, individual, family collateral and group therapy. Case management, individual and group rehabilitative services are provided. Also provided by FOT is education about mental health symptoms, treatment and stigma.

PROGRA OUTCOME DATA/INDICATORS:

1. Crisis Services- Compared to last year’s outcomes, clients with crisis services increased to 30%. Recurrence of crisis services decreased to 9%. Such a decrease may in part be due to increased staffing during the latter half of this reporting period. The increase may be due to the increased focus on treating clients with Severe Mental Illness.

Crisis Services

First Onset Team	FY 15-16 (07/15-06/16)	Monthly Average	Percent of Clients	14-15 (01/14-06/15)	Monthly Average	Percent of Clients
# of Clients w/Crisis Services	45	4	30%	45	3	17%
# of Clients with recurrence of crisis services	13	1	9%	29	2	11%
# of Unique Clients Served	151			269		

2. Hospitalization- The number of clients hospitalized decreased by 11% when compared to last year’s outcomes. Clients with consecutive period of hospitalization saw a decrease of 8%. Such a decrease may in part be due to increased staffing during the latter half of this reporting period, the adjustment of caseload sized to a therapeutic level, and the ongoing education and training provided including a multi-year training in the Transition to Independence Process (TIP) and and eight month training series in Cognitive Behavioral Therapy for Psychosis (CBTp) Also, within the period, an automated hospitalization notification system was developed in the electronic medical record that alerted staff to hospitalization allowing them to respond more promptly reducing the likelihood of rehospitalization.

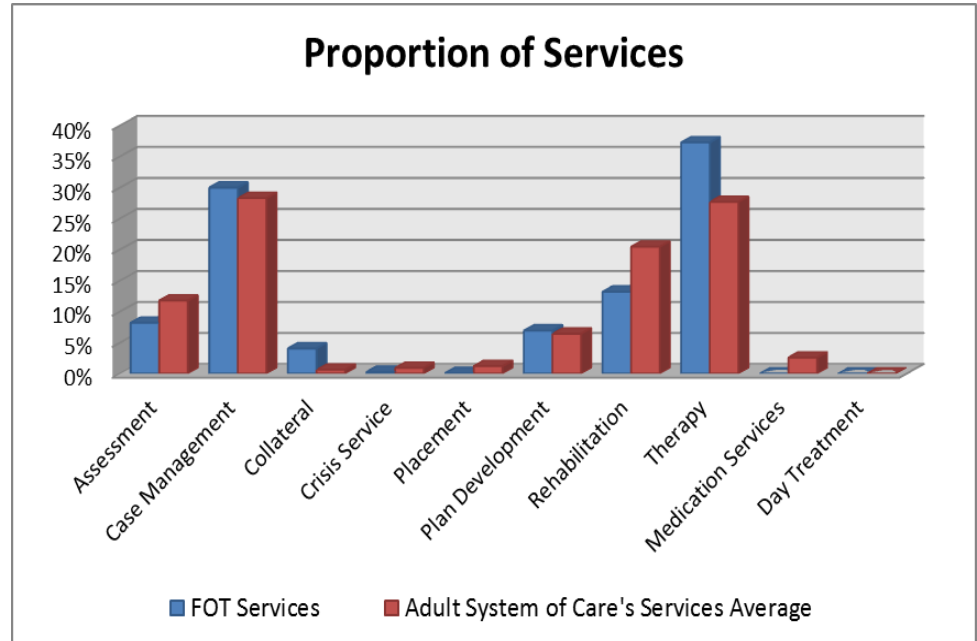
Hospitalization

First Onset Team	FY 15-16 (07/15-06/16)	Monthly Average	Percent of Clients	14-15 (01/14-06/15)	Monthly Average	Percent of Clients
# of Clients Hospitalized	33	2.8	22%	88	5	33%
# of Days of Hospitalization	352	29.3		611	34	
# of Clients with more than one consecutive period of hospitalization	13	1.1	9%	45	2.5	17%
# of Unique Clients Served	151			269		

Crisis services were pulled from Exodus cost center in Avatar from July 2015 through June 2016. This data was pulled on July 27, 2016 and reflects real time data. Crisis reoccurrence is defined as more than one 23 hour period visit at those locations.

Hospitalization data was pulled on July 27, 2016 and reflects real time data. Client counts may have changed due to Avatar corrections. Data was pulled from Crestwood PHF, Exodus PHF and hospitals in Avatar.

- 3. Clients mainly received therapy and case management services by FOT.



DEPARTMENT RECOMMENDATION(S):

The Department recommends continuing funding for the FOT program for FY 2016-2017.

