

PROGRAM INFORMATION:

Program Title:	Living Well Program (LWP) - Culturally Competent & Linguistically Accessible Outpatient Specialty Mental Health Services and Clinical Training Services	Provider:	Fresno Center for New Americans
Program Description:	<p>The Living Well Program (LWP) is a culturally competent, linguistically accessible community-based program that provides outpatient specialty mental health services to South East Asian (SEA) adults in Fresno. The LWP also provides clinical training and supervision of students that are obtaining required hours for licensure, thereby increasing the capacity of licensed SEA mental health professionals in our community.</p>	MHP Work Plan:	3-Culturally and community defined practices
Age Group Served 1:	ADULT	Dates Of Operation:	July 1, 2013, - June 30, 2018
Age Group Served 2:	OLDER ADULT	Reporting Period:	July 1, 2015 - June 30, 2016
Funding Source 1:	Com Services & Supports (MHSA)	Funding Source 3:	Choose an item.
Funding Source 2:	Medical FFP	Other Funding:	Click here to enter text.

FISCAL INFORMATION:

Program Budget Amount:	\$495,121	Program Actual Amount:	\$477,450.90
Number of Unique Clients Served During Time Period:	157 consumers		
Number of Services Rendered During Time Period:	4142 services		
Actual Cost Per Client:	\$3,041.09		

CONTRACT INFORMATION:

Program Type:	Contract-Operated	Type of Program:	Outpatient
Contract Term:	July 1, 2013 to June 30, 2018	For Other:	Culturally Competent & Linguistically Accessible Outpatient Mental Health Services and Clinical Training Services
		Renewal Date:	July 1, 2018

Level of Care Information Age 18 & Over: [Medium Intensity Treatment \(caseload 1:22\)](#)

Level of Care Information Age 0- 17: [Choose an item.](#)

TARGET POPULATION INFORMATION:

Target Population: [Southeast Asian adults and older adults in Fresno County.](#)

MHSA CORE CONCEPTS:

Please select MHSA core concepts embedded in services/ program: Please describe how the selected concept (s) embedded :

(May select more than one)

[Recovery/Resiliency Orientation](#)

[Click here to enter text.](#)

[Cultural Competence Orientation](#)

[Community Collaboration](#)

[Choose an item.](#)

PROGRAM OUTCOME GOALS:

- 1) [Increase access to outpatient specialty mental health services from 74 SEA consumers to 95 consumers monthly during the term of this Agreement and in the preferred language of the consumer. This shall be measured by the number of consumers per month that are treated by FCNA and tracking the preferred languages of the mental health services that are provided to each SEA consumer;](#)
- 2) [Increase number of mental health professionals of SEA descent qualified for licensure through hours earned within FCNA's clinical training/supervision program. During each of the five \(5\) annual terms of this Agreement, a minimum of four \(4\) student interns shall enter and complete, or show satisfactory progress towards completion of, required clinical hours or completion of the intern program. This shall be measured by the number of hours accumulated by students and by the number of students that obtain valid California licensure in their respective field that have completed the required hours within FCNA's clinical training/supervision program;](#)
- 3) [Evidence of improved access of services for all consumers engaged in program;](#)
- 4) [Within 30 days of a consumer's enrollment in program, provide evidence of a plan of care developed in the consumers' preferred language, approved, authorized and signed by the consumer;](#)
- 5) [Within 90 days of being enrolled in the program, 100% of consumers who did not have SSI will have completed applications to receive SSL FCNA program will provide this data to MHSA on a monthly basis by the 10th of each month regarding SSI status;](#)

- 6) Within six months of being enrolled in the program, 100% of consumers will have documented linkages to a Primary Care Physician;
- 7) Those consumers engaged in services shall have zero (0) days of homelessness after being enrolled in the program, unless consumer declined housing assistance. FCNA will notify MHSA manager or designee of consumer's decline and document accordingly. FCNA must have clear documentation of efforts to house consumers in appropriate setting; and
- 8) 90% of those engaged in services will not access higher level of care.

PROGRAM OUTCOME DATA/INDICATORS:

- 1) LWP was contracted to serve 95 Southeast Asian consumers. For the fiscal year July 1, 2015 to June 30, 2016. Lowest number of consumers per month was 103 and highest was 118. There was an average of 111 Southeast Asian consumers for this fiscal year;
- 2) For the fiscal year July 1, 2015 to June 30, 2016, 4 staff and students have met this goal:
 - a. Others - 3 Master level Rehab Counselors pending approval to collect their 3,000 hours toward licensure to becoming Licensed Professional Clinical Counselor (LPCC).
 - b. Undergraduate Social Work students - 4 volunteer students who majors or have an interest in the mental health field were field placed in our program for this Fall 2015 semester.
- 3) LWP was contracted to serve 95 Southeast Asian consumers. For the fiscal year July 1, 2015 to June 30, 2016, our lowest consumers per month was 103 and highest was 118. We have an average of 111 Southeast Asian Consumer for this fiscal year. This same period, rendered a total of 4,142 services and over 193,970 units of services. Generated over \$504,650.47 back to the County.
- 4) 100% of consumers enrolled in the program had a completed POC within the 30 days.
- 5) 0% of consumers within 90 days of enrollment had completed SSI applications, due to having mild to moderate psychological conditions that would not make them eligible for SSI benefits under psychological disorders alone or in combination with their physical illness.
- 6) 100% of consumers met this goal.
- 7) 100% of consumers did not report any days of homelessness.
- 8) For the fiscal year July 1, 2015 to June 30, 2016, only two consumers (2%) went to ER for care relating to psychological problems.

DEPARTMENT RECOMMENDATION(S):

Click here to enter text.