

**PROGRAM INFORMATION:**

<b>Program Title:</b>	Cultural-Based Access/Navigation and CBANS	<b>Provider:</b> FIRM	Centro La Familia Advocacy Services. Fresno American Indian Health Project, Fresno <b>Interdenominational Refugee Ministries</b> , and West Fresno Family Resource Center (formerly West Fresno Health Care Coalition)
<b>Program Description:</b>	The CBANS program is a prevention and early intervention program aimed at reducing risk factors and stressors, building protective factors and skills, and increasing social support across all age groups, through individual and group peer support, community awareness, and education provided in culturally sensitive formats and contexts.	<b>MHP Work Plan:</b>	1–Behavioral Health Integrated Access
<b>Age Group Served 1:</b>	CHILDREN	<b>Dates Of Operation:</b>	July 1, 2015-June 30, 2016
<b>Age Group Served 2:</b>	ADULT	<b>Reporting Period:</b>	July 1, 2015 - June 30, 2016
<b>Funding Source 1:</b>	Prevention (MHSA)	<b>Funding Source 3:</b>	Other, please specify below
<b>Funding Source 2:</b>	Early Intervention (MHSA)	<b>Other Funding:</b>	Click here to enter text.

**FISCAL INFORMATION:**

<b>Program Budget Amount:</b>	\$73,746	<b>Program Actual Amount:</b>	\$73,746
<b>Number of Unique Clients Served During Time Period:</b>	111		
<b>Number of Services Rendered During Time Period:</b>	From July 1 2015 to June 30, 2016, FIRM has engaged with over 1,539 individuals, participated in 96 community outreaches, completed 34 workshops, had 22 media outreaches and continuously engaged with the community to help educate them about mental health in their own language.Click here to enter text.		
<b>Actual Cost Per Client:</b>	\$664.38		

**CONTRACT INFORMATION:**

<b>Program Type:</b>	Contract-Operated	<b>Type of Program:</b>	Outpatient
			Outpatient

**Contract Term:** [October 11, 2011 – June 30, 2016](#)

**For Other:** [Click here to enter text.](#)

**Renewal Date:** [July 1, 2016](#)

**Level of Care Information Age 18 & Over:** [Traditional Outpatient Treatment \(caseload 1:80\)](#)

**Level of Care Information Age 0- 17:** [Outpatient Treatment](#)

**TARGET POPULATION INFORMATION:**

**Target Population:** [Unserved or underserved including African America, Latino/Hispanic; Native American; South East Asian; and Homeless populations.](#)

**MHSA CORE CONCEPTS:**

**Please select MHSA core concepts embedded in services/ program:**

*(May select more than one)*

[Community Collaboration](#)

[Integrated Service Experience](#)

[Cultural Competence Orientation](#)

[Recovery/Resiliency Orientation](#)

**Please describe how the selected concept (s) embedded :**

[Efforts to develop new or enhanced resources within the individuals community. Enabling people to increase control over their health by increasing access to basic needs. Empowering people to recognize and reduce their stressors thereby increasing their sense of self efficacy. Planned learning experiences leading to acquisition of information and skills leading to better health decisions.](#)

**PROGRAM OUTCOME GOALS:**



**OUTCOME GOAL**

**Goal 1: Increase in consumer wellness**

**Outcome 1:**

The Wellness outcome measures the overall wellness of the consumer on their confidence of state and mind and community resources within their surroundings. There is a scale of 1 to 6 of which if consumers score higher, the consumer is more knowledgeable and confident in themselves.

There were a total of 111 cases being worked on during the reporting period.

**The initial assessment:**

88% of consumers measured between 0-3

12% of consumers measured between 4-6

**A follow up assessment at time of discharge or after six months:**

8% of consumers measured between 0-3

92% of consumers measured between 4-6

The majority of the consumers continue to come in for services and advocacy work. They also continued to come in for support groups and monthly workshops.

**Goal 2: Needs from consumer**

**Outcome 2**

The Needs (Stressors) assessment assesses what a consumer needs as they enroll for services. Consumers are assessed if they need food, clothing, personal needs, language translation, medical needs, social support and other needs on how the program can support them. In the beginning, most needed social support, advocacy services and referrals. As each consumer exited and were assisted with services that were applied to them, they exited the program with their needs satisfied. There were referrals that were made, advocacy services that were met, and social support for the consumer. When an individual was exited after services, they still came back for other services that were needed due to the trust that they gained from the staff.

**Goal 3: Increasing Awareness of Mental Health**

**Outcomes 3:**

**FIRM continues to outreach providing awareness of mental health. During the year, there have been 34 workshops presented in the Hmong and Lao language for the community with over 1,611 attendees. There have been 96 different community outreaches with over 1,500 participants that received information. FIRM has also made 32 media presentations (Hmong TV/Radio & Laotian radio) that have reached just over 100,000 viewers/listeners. FIRM actively engages in monthly meetings and also continues to focus on work with the community relating to mental Health**

Click here to enter text.

**DEPARTMENT RECOMMENDATION(S):**